NOVIO

Choreographers: Michael & Diana Sheridan
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Track 7 Rhythm: RUMBA Phase: VI Timing: QQS Except as noted

Speed: slow for comfort or as received from choreographer
Footwork: Opposite or as noted Released: August, 2009
Sequence: INTRO-A-B-C-A-END

INTRO

1-4 WAIT;; HOCKEY STICK;;
1-2 Fan POS M fcng WALL – lead feet free – wait 2 measure;;
3 Fwd L, rec R, cl L (W cl R, fwd L, fwd R);;
4 Bk R Idng W to trn LF under joined lead hands, fwd L, fwd R DRW,- (W fwd L, fwd R trn LF, bk L,-);

PART A

1-4 CHK FWD. REC W SWIVEL LF & BK; LADY TURN TO LUNGE SIT LINE;
ROLL ACROSS TO LUNGE APART; W ROLL IN 2 & RONDE;
1 (SS) Slow fwd L,-,rec r,-(W bk R swvl LF to fac DRW,-,Bk L);
2 Bk L, rec R, lunge sd L fcng wall,-(W {QQ-} cl R trn RF, Fwd L LOD, lower on L to sit line & point R LOD in “L” pos);
3 Rec R trn RF raise joined lead hands, Fwd L cont trn RF, fac wall sd R to lunge,-(W {Q&QS} Fwd R/ Fwd L trn LF under joined lead hands, Bk R cont trn face wall, sd L pointing R twd floor,-);
4 Sd L, cl R, Sd L leading W to ronde clockwise,- (W {QQ-} Fwd R trn RF, Fwd & sd L cont RF turn, Ronde R clockwise to side-side POS wall,-);

5-8 W BHND SD FWD SWIVEL M HOLD & HIP ROCK; W FWD SWIVEL 2 SLOWS M HIP ROCK; W SWIVEL & FWD M QUICK HIP ROCK HOLD;
HOCKEY STICK ENDING M SYNCOPATE & SHAKE HANDS;
5 {-S}Hold & raise R arm up,-,Slow hip Rock to R,- ( W {QQS}XRIB of L, Sd L bhnd M, fwd R twd LOD bhnd M & swvl ½ RF,-);
6 {SS} Hip rocks sd L,-,sd R,- (W Fwd L swvl ½ LF,-, fwd R swvl ½ RF,-);
7 {QQ-} Hip rocks sd L, sd R, hold,- (W {SS} fwd L swvl ½ LF & kick R fwd twd DLW,-,Fwd R,-);
8 {QQ&S} Bk L, rec R/ fwd L, fwrd R & join lead hands,- (W {QQS} fwd L commence LF turn, bk R cont turn LF, bk L fcng DRC,-);

9-12 TURKISH TOWEL FACE CENTER;;; W OUT TO FACE;
9 Fwd L, rec R, sd L,-;
10 Bk R leading W to turn RF, rec L trn LF fac COH, sd R twd LOD R hands low bhnd back,-(W Fwd L commence RF trn under joined R hands, fwd R cont RF turn under joined R hands moving behnd M, sd L to face COH behnd M and on M’s L side R hands joined behind M’s back, L hands joined high,-);
11 Bk L, rec R, sd L sliding IF of W,-(W fwr R, rec L, sd R behind M,-);
12 Bk R releasing L hands, rec L leading W to come fwd & trn LF, sd R fcng COH and join lead hands,-(W Fwd L commencing LF trn, fwrd & sd R cont LF trn to face M, sd L & join lead hands fcng wall,-);

13-16 ADVANCED ALEMANA FACE WALL;; CUDDLE 2 TIMES;;
13 Fwd L, rec R, sd L trn RF,- (W Bk R, rec L, fwr R commence RF trn,-);
14 XRIB of L cont trng to fac wall, sd L, cl R to L,-(W Fwd L trng RF under joined lead hands, fwr R cont RF trn, fwr L trng to face M & COH,-);
15 Sd L, rec R, cl R,-(W trn RF ½ to fac LOD & stp bk R, rec L, fwr R trn LF ½ to fac M,-);
16 Sd R, rec R, cl R,-(W trn LF to fac RLOD & stp bk L, rec R, fwr R twd LF ½ to fac M,-) to cuddle embrace POS wall;

PART B

1-4 OPEN BREAK TO NATURAL TOP 3 FACE LINE;; ROPE SPIN;;
1 Bk L, rec R, sd & fwr L trn RF to fac RLOD,-(W Bk R, rec L, trn ¼ RF sd R fcng LOD,-);
2 XRIB of L trng RF, sd L cont RF trn to fac LOD, cl R leading W to spiral RF,-(W Sd L commence RF trn, XRIF of L cont RF trn, sd & fwrd L & spiral RF under joined lead hands,-);
PART B cont.

3 Sd L, rec R, cl L,-(W mvng RF around M Fwd R, fwd L, fwd R,-);
4 Sd R, rec L, cl R,-(W continue mvng around M RF Fwd L, fwd R, fwd L trng to face M,-) end in CP LOD;

5-8 HOCKEY STICK FROM FACING;; OPEN HIP TWIST; W ROLL TO TANDEM WALL;
5 Fwd L, rec R, sd & bk L leading W to stp fwd,- (W Bk R, rec L, fwd R outside M on his R side,-);
6 Bk R commence RF trn, recov L trn RF to face DRW & leading W to trn LF under joined lead hands, fwd R,-
   (W Fwd L, fwd R trn LF under jined lead hands, bk L,-) to LOP fcng M face DRW;
7 Fwd L, recov L, cl L,- (W Bk R, recov L, fwd R & swivel RF to face LOD,-);
8 Bk R, rec L release joined hands, sd & slightly fwd R to W’s R side,-(W Fwd L commence LF trn, fwd R
   cont LF trn to face wall, sd L fcng wall IFof M,-);

9-12 NO HANDS SWEETHEART 2 TIMES;; SPOT TURN W OVER TURN TO LINE; AIDA;
9 Fwd L outside W extend R hand fwd & L hand up & back, rec R, sd L sliding bhnd W to her L side,-
   (W Bk R extend R hand straight up and L hand fwb, rec L, sd R,-) to tandem POS wall;
10 Fwd R outside W extend L hand fwb & R hand up & back, rec L, sd R,-(W Bk L extend L hand straight up
    & R hand fwd, rec R, sd L,-) to tandem POS wall;
11 Trn ¼ RF & stp Fwd L twd RLOD, trn ½ RF rec R, sd & fwd L fcng DLW,-(W trn ¼ LF & stp fwb R, rec L
    Trng a full turn LF, sd & fwd R fcng DLC,-) to OP;
12 Thru R, fwd & sd L trng RF, bk R,- (W Thru L, fwd & sd R trng LF, bk L,-) to “V” POS RLOD;

13-16 HIP ROCK 3 TO FACE; FENCE LINE; REVERSE UNDERARM TURN; SPOT TURN;
13 Rock sd L, rec R, sd L swivel LF to fac,- (W rock sd R, rec L sd R swivel RF to fac prtnr,-) LOP  fcng;
14 Chk thru R twd LOD extend R arm back, rec L to fac prtnr, sd R,- (W chk thru L extend L arm back , rec
    R to fac prtnr, sd L,-) LOP fcng;
15 Trn RF fwd L twd RLOD leading W to trn LF, rec R trng to fac, sd L,-(W fwb L twd RLOD commence LF
    trn under joined lead hands, cont underarm trn rec L, sd R,-);
16 Trn¼ LF fwb R twd RLOD, trn ½ LF rec L, trn ½ LF sd R fac prtnr,-(W trn ¼ RF fwb L twd LOD, trn ½ RF
    rec R, trn ¾ RF sd L,-) LOP fcng M facng;

PART C

1-4 THREE THREES WITH CUCARACHA ENDING TO EROS;;;;;
1 Fwd L, rec R, cl L,- (W Bk R, rec L fwb trng ¼ RF,-) to tandem POS wall;
2 Bk R, rec L cl L,- (W cl L, cl R, cl L spin LF full trn,-) tandem POS wall;
3 Sd & fwb L outside W, rec R, cl L,- (W Sd & bk R, rec L, fwb R trng ¼ RF fcng RLOD,-);
4 Bk R, rec L, fwb R,- (W Sd L cucaracha feeling, rec R trn ¼ RF, fwb L trn RF and lift R leg to eros line,-)to tight
    SCP DWR;

5-8 WHEEL 6;; OPEN OUT TO ADVANCED HIP TWIST; FAN;
5-6 Circling around W Fwd L, fwb R, fwb L,-; fwb R, fwb L, fwb R to fac wall,- (W hold eros line 2 meas as M circles);
7 Fwd L twd wall trng body RF to lead W to stp bk, rec R, cl L,-(W trng body RF bk R twd COH, rec L swivel ¼ LF,
    fwb R swivel ¼ RF to fac LOD,-);
8 Bk R, rec L, sd R,- (W Fwd L, fwb R trn LF, bk L,-)to fan POS M fcng wall;

9-14 OBLIQUE LINE; W IN TO R SHADOW; QUICK FACE & HIP ROCKS W FACE LINE POINT;
  FAN: HOCKEY STICK;;
  9 M extend R arm out to sd while stretching R side oblique muscles with slight sway of upper body twd W –
    maintain strong L arm for supporting W and hold entire measure ( W rise & swivel to fac wall on running
    R hand to knee of L leg – extend R hand straight up – extend L hip twd LOD and stretch L oblique muscles
    to give upper body a slight sway to R twd M and hold entire measure);  
10 Sd L, cl R,sd L,-(W straighten body &swivel ¼ RF & fwb R, fwb L trn RF 3/4 maintaining lead hand hold, sd R,-)to R
    shadow
    POS both facing wall with lead hands joined IF of W;
11 {&QQS}On & count do a quick hip rock shifting wt to R ft/rock sd L, rec R, rec L,- (W on & count sd L & quickly
    swivel to fac M/rock sd R, rec L, cl R swivel to fac LOD,-);
12 Repeat actions Meas 8 Part C;
13 – 14 Repeat actions measures 3 & 4 of INTRO

END

1-2+ BREAK BACK TO SCP; THRU TRN IN TO OBLIQUE LINE FACE REVERSE;
1 Trn LF to SCP bk L, rec R, fwb L twd LOD,-(W trn RF to SCP bk R, rec L, fwb R twd LOD,-);
2 Thru R commence trng RF, sd L twd LOD cont turn RF to fac RLOD, sd R to oblique line fcng RLOD with line as
   described in Meas.9-Part C,- (W thru L commence trng LF, sd R twd LOD cont LF trn to fac RLOD, sd L to oblique
   line fcng RLOD as described in Meas.9-Part C,-) HOLD