No Sacrifice At All

Choreographer: Alex & Jennifer Kennedy  7 Magnolia Avenue, Rosehill, Papakura. 2113   New Zealand
Phone: [09] 298 6673   E-mail: kennedy.aj@xtra.co.nz

Music: STAR -527CD  “Sacrifice” 25 Top Rumbas Dance & Listen DLD 1089 Track 6
Phase: IV+2 [Open Hip Twist & Tornillo Wheel]
Released: September 2011 [8th Spring Festival Victoria, Australia]  Speed: As Per CD
Footwork: Opposite unless Woman’s footwork and/or position is shown in parentheses
Rhythm: Rumba  Time: 2.33
Sequence: Intro A B C D [1-15] End

INTRODUCTION

1-4  WAIT 2 MEAS;;  HALF BASIC;  FAN;
1-2 In B’Fly Facing The Wall Wait 2 Measures;;
3  Fwd L, rec R, Sd L,;
4  Bk R, rec L, Sd R,; (W fwd L, sd & bk R trng LF, bk L leaving the right extended fwd with no weight,;)

PART A

1-4  START A HOCKEY STICK; /Check It/ CUCARAH TWICE;;  FINISH THE HOCKEY STICK;
1  Fwd L, rec R, cl L,; (W cl R, fwd L, fwd R,;)
2-3  Sd R, rec L, cl R,;  Sd L, rec R, cl L,;
4  Bk R, rec L, fwd R trng RF following the Woman,; (fwd L, fwd R trng LF to fc ptr, sd & Bk L,;)

5-8  ALEMANA;;  AIDA;  SWITCH CROSS;
5-6  Cross L in front comm. ¼ trn on crossing foot, rec fwd L trng ¼ to complete trn, sd R,; (W Fwd L outside man on his left side, fwd R comm. LF trn, sd L,;)
7  Thru L, sd R comm. LF trn, bk L cont LF feg LOD,; (W thru R, sd L comm. RF trn, bk R cont RF trn,;)
8  Trng RF to fc ptr sd R checking bringing jnd hnds thru, rec L, XRIFL,; (W trng LF to fc ptrn sd L checking bringing jnd hnds thru, rec R, XLIFR,;)

9-12  SIDE WALKS;;  FORWARD BASIC;  WHIP;
9-10  Cross L in front comm. ¼ trn on crossing foot, rec R complete trn to face partner, step side L,;
11  Fwd L, rec R, bk L,;
12  Bk R comm. ¼ LF trn, rec fwd L trng ¼ to complete trn, sd R,; (W Fwd L outside man on his left side, fwd R comm. LF trn, sd L,;)

13-16  SPOT TURN TWICE;;  FORWARD BASIC;  WHIP;
13-14  Cross L in front comm. ¼ trn on crossing foot, rec R complete trn to face partner, step side L,;
15  Fwd L, rec R, bk L,;
16  Bk R comm. ¼ LF trn, rec fwd L trng ¼ to complete trn, sd R,; (W Fwd L outside man on his left side, fwd R comm. LF trn, sd L,;)

Part B & C over......
PART B

1-4 TIME STEPS TWICE;; [To A Hand Shake] FLIRT TO A FAN;;
1-2 Cross L behnd R, rec R, sd L,-; Cross R behnd L, rec L, sd R,-; [To A Hand Shake]
3-4 Fwd L, rec R, sd L,-; (Bk R, rec L, fwrd R swvl a ½ LF to Varsouviene pos,-) Bk R, rec L, sd R,-;
   (W bk L, rec R swvl a ¾ RF, bk left leaving the right extended fwrd with no weight,-)

5-8 HOCKEY STICK;; SHOULDER TO SHOULDER TWICE;;
5-6 Fwd L, rec R, cl L,-; Bk R, rec L, fwrd R trng RF following the Woman,-;
   (W cl R, fwr L, fwrd L, fwr R trng LF to fc ptr, Sd & Bk L,-)
7-8 In B’Fly fwr L to SCAR pos, rec R to fc, sd L,-; Fwr R to BJO pos, rec L to fc, sd R,-;

PART C

1-4 OPEN HIP TWIST; FAN; ALEMANA;; [Overturned For Lady]
1 Chck fwr L, rec R, cl L,-; (W Bk R, rec L, fwr L tward man with tention in right arm which causes
   woman to swivel ¼ RF on R on count of “and”, -)
2 Bk R, rec L, sd R,-; (W fwr L, sd & bk R trng LF, bk L leaving the right extended fwrd with no weight,-)
3-4 Fwd L, rec R, cl L ld W to trn RF,-; Bk R, rec L, sd R,-; (W cl R, fwr L, fwr R comm. RF swvl to
   fc ptrn,-; cont RF trn undr jnd ld hnds fwr L, cont RF trn fwrd R, sd L to fc wall,-) [Overturned For Lady]

5-8 CUCARACHAS TWICE;; BASIC;; [Lady Turn To Face]
5-6 Sd L, rec R, cl L,-; Sd R, rec L, cl R,-;
7-8 Fwr L, rec R, sd L,-; Bk R, rec L, sd R,-; (W fwr L, rec L trn LF ½, sd R,-; fwr L, rec R, sd L,-)

9-12 FENCILINE; THROUGH SERPIENTE;; FENCILINE;
9 In B’Fly Cross lunge thru L with soft knee action looking in the direction of the lunge, rec R trng to fc ptrn,
   step sd L,-;
10-11 Thru R, sd L, bhnd R, fan L counter clockwise; bhnd L, sd R, thru L, fan R counter clockwise;
12 In B’Fly Cross lunge thru R with soft knee action looking in the direction of the lunge, rec L trng to fc ptrn,
   step sd R,-;

13-16 NEW YORKER TWICE;; FENCILINE TWICE;;
13-14 Step thru L, rec R to fc ptr, sd L,-; Step thru R, rec L to fc ptr, sd R,-;
15-16 In B’Fly Cross lunge thru L with soft knee action looking in the direction of the lunge, rec R trng to fc ptrn,
   step sd L,-; In B’Fly Cross lunge thru R with soft knee action looking in the direction of the lunge, rec L
   trng to fc ptrn, step sd R,-;

Second Time Through Part C Just 1 x Fenceline; Only For The ending.

Part D over.....
PART D

1-4 OPEN BREAK; TORNILLO WHEEL;; CUCARACHA;
1 Bk L to LOP feg pos while extending free arm up and palm out, rec R, sd & fwd L blend to BJO feg DRW,;
2-3 Curving fwd R, fwd L, fwd R,; Curving fwd L, fwd R, cl L,; (W bring left foot to right knee looking well to the left and staying on the R toe throughout the 2 measure figure,;)
4 Sd R, rec L, cl R,;

5-8 CHASE WITH PEEK ‘O’ BOO;;; [Joining Lead Hands]
5-8 fwd L rel hnds & trng ½ RF, rec R, cl L,; (W bk R, rec fwd L, cl R,;)
  sd R look over L shldr, rec L, cl R,; sd L look over R shldr, rec R, cl L,;
  fwd R trng ½ LF, rec L, cl R,; (W fwd L trng ½ RF, rec R, cl L,;)

PART C [1-15] [To 1 x FENCELINE;]

END

1 THROUGH TO AN AIDA & HOLD;
1 Thru R, sd L comm. RF trn, bk R cont RF trn,; (W Thru L, sd R comm. LF trn, bk L cont LF trn,;