Ninon

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Music: Götz Alsmann CD: Zirkus available as CD or download from various shops

Rhythm/Phase: Cha Cha Cha Phase IV

Footwork: opposite except where indicated (W footwork in parentheses)

Sequence: Intro-A-B-B*-A-C-B-End

Version: 1.0, July 2011

Intro

1-4

WAIT; WAIT; CIRCLE CHA::

Waist; Wait; OP LOD wait 2 measures;;

{circle cha::} Circ LF twd COH (W circ RF twd Wall) L,R, L/R; Cont LF circ (W RF circ) twd ptr R, L, R/L, R to Bfly Wall;

Part A

1-4

BASIC:: SPOT TRN 2x::

{Basic} In Bfly fwd L, rec R, sd L/clR, sd L; Bk R, rec L, sd R/cl L sd R;

{Spot trn} XiIF of R (bth XiF) commencing RF trn (W LF), rec R con trn to fc ptr, sd LOD L/cl R sd L to BFLY Wall;

{Spot trn} XRiF of L (bth XiF) commencing LF trn (W RF), rec L con trn to fc ptr, sd R/LOD R/cl L sd R to BFLY Wall

5-8

BRK BK TO OP LOD; AIDA; SWITCH X; CRAB WK ENDING;

{Brk bk to op} Trng LF (W RF) to fc LOD rk bk RLOD L, rec R, fwd LOD L/kiRiF of L, fwd R;

{Aida} thru LOD R, sd L trn RF (W LF) bk LOD R/ki LiF of R (bth Li kiF), bk R to in slight bk-to-bk pos;

{Switch X} Swvl LF (W RF) on R ft and rk sd LOD to BFLY WALL, rec R, X L (bth XiF)/sd R, X L (bth XiF); {Crab wk ending} sd R, X L (bth XiF), sd R/cl L, sd R;

9-12

START CHASE-DOUBLE-PEEK-A-BOO:::

{Start Chase-double-peek-a-boo} Rk fwd twd Wall L and trn ½ RF to fc COH, rec R, fwd twd COH L/kiRiF of L, fwd L (W rk bk twd WALL R, rec L, fwd twd COH R/kiLiF of R, fwd R); Rk sd LOD R, rec L, cl R/sip L, sip R (W rk sd LOD L, rec R, cl R/sip R, sip L); Rk sd LOD L, rec R, cl R/sip R, sip L (W rk sd RLOD R, rec L, cl R/sipL, sip R); Rk fwd twd COH R and trn ½ LF to fc WALL, rec L, fwd twd WALL R/ki LiF of R, fwd R (W rk fkwd twd COH L) trn ½ RF to fc WALL, rec R, fwd twd WALL L/kiRiF of L, fwd L);

13-16

FINISH CHASE-DOUBLE-PEEK-A-BOO:::

{Finish Chase-double-peek-a-boo} Rk sd RLOD L, rec R, cl L/sip R, sip L (W rk sd LOD R, rec L, cl R/sip L, sip R); Rk sd LOD R, rec L, cl R/sip L, sip R (W rk sd LOD L, rec R, cl R/sip R, sip L); Rk fwd twd COH L and trn ½ RF to fc COH, rec R, fwd twd COH L/kiRiF of L,R, fwd L; (W rk fwd twd WALL R trn ½ LF to fc COH, rec L, fwd twd COH R/ki LiF of R, fwd R); Rk fwd twd COH R and trn ½ LF to fc WALL, rec L, fwd twd WALL R/ki LiF of R, fwd R (W rk fwd twd COH L, rec R, bk twd WALL L/kiRiF L, bk L);

Part B

1-4

FENCE LINE; WHIP; SAND STEP TWICE::

{Fence Line} in Bfly Wall XiF of R (bth XiF), rec R, sd LOD L/cl R, sd L; XiRiF of L (bth XiF), rec L sd RLOD R/cl L, sd R;

{Whip} Bk R trng LF, rec L to fc COH, sd LOD R/cl L, sd R (W fwd L stepping outsd M on his L sd commencing LF trn, sd R COH cont LF trn to fc Wall, sd LOD L/cl R, sd L) to BFLY COH;

{Sand Step} in Bfly tch L toe to the instep of R, tch the L heel to the instep of R, x LiF (bth XiF)/sd R, X LiF;

{Sand Step} touch R toe to the instep of L, tch the R heel to the instep of L, X RiF (bth XiF)/sd L, X LiF;
5-8 ½ BASIC: UNDERARM TURN; LARIAT;;
(½ Basic) in Bfly COH rk fwd L, rec R, sd L/cl R, sd L;
(Underarm Turn) Xrib of L raising jnd ld hnds, rec L, sip R/L, R (W XliF of R trng ½ RF undr jnd ld hnds, rec R cont RF tm to fc M, sd LOD L/cl R, L to M's R sd) to end w/ ld hnds still jnd and ready to pass ov'r M's hd w/ W to R of M;
(Lariat) Rk sd RLOD L, rec R, in place L/R, L (W cirl RF around the M, fwd R/L, R; Rk sd LOD R, rec L, in place R/L, R (W cont cirl around M L, R, L/R L to Bfly COH);

9-12 FENCE LINE; WHIP; TIME STEP TWICE;;
(Fence Line) in Bfly COH XliF of R (bth XiF), rec R, sd RLOD L/cl R, sd L; XiF of L (bth XiF), rec L sd LOD R/cl L, L R;
(Whip) Bk R trng LF, rec L to fc WALL, sd RLOD R/cl L, L (W acl R stepping outsd M on his L sd commencing LF tm, sd R WALL cont LF tm to fc COH, sd RLOD L/cl R, L) to BFLY WALL;
(Time step) X LiB of R (bth XiB) while extending bth arms out to sds, rec R, sd LOD bringing bht arms in front of chest/cl L, L R;
(Time step) X RiB (bth XiB) while extending bht arms out sdx, rec L, sd LOD R bringing bht arms in frnt of chest/cl L, L R;

13-16 ½ BASIC: SPOT TRN; HAND TO HAND TWICE;;
(½ Basic) in Bfly WALL rk fwd L, rec R, sd L/cl R, sd L;
(Spot Turn) X LiF (bth XiF) trng ½ RF, rec R contg to trn to fc ptr, sd L/cl L, L R;
(Hand To Hand) X LiB to RLOD, rec L to fc, sd R/cl L, L R to Bfly Wall;
(Hand To Hand) X RiB to LOD, rec R to fc, sd L/cl R, L R to Bfly Wall;

Part B (1-14)

Part A

Part C

1-4 ½ BASIC; WHIP INTO TRIPLE CHA BACK;; SLIDE THE DOOR;
(½ Basic) Repeat Measure 13 of B
(Whip Into Triple Cha Back)(1,2,3&4;1&2,3&4;)Bk R trng LF, rec L to fc COH, (W fwd L stepping outsd M on his L sd commencing LF tm, sd R WALL cont LF tm to fc WALL, sd RLOD blending to semi step bk RLOD R/lk LiF R (bth LiF) bkl R; trng upper body to R shldr lead bk Llk RiF L (bth LiF), Lk L; trng upper body to L shldr lead bk Rlk LiF R (bth LiF), R bkl R;
(Slide the door) Rk apt R, rec L slide beh W X RiF of R of L releasing jnd hnds/sd L, X RiF of L (W rk apt L, rec L, slid in front of M X LiF of R/sd R, LX LiF of R) to OP LOD w/o hnds jnd; of L/sd L, X RiF of L) to LOP LOD;

5-8 SLIDE THE DOOR; CIRCLE CHA;; ½ BASIC;;
(Slide the Door) Rk apt L, rec R, slid beh W X LiF of R releasing jnd hnds/sd R, L X LiF of R (W rk apt R, rec L, slide in front of M X RiF of L/sd L, X RiF of L) to LOP LOD;
(½ Basic) Repeat Meas 5 of B

8-12 WHIP INTO TRIPLE CHA BACK;; SLIDE THE DOOR; SLIDE THE DOOR;
(Whip Into Triple Cha Back)(1,2,3&4;1&2,3&4;)Bk R trng LF, rec L to fc WALL, (W fwd L stepping outsd M on his L sd commencing LF tm, sd R WALL cont LF tm to fc COH, sd LOD blending to semi step bk LOD R/lk LiF R (bth LiF) bkl R; trng upper body to R shldr lead bk Llk RiF L (bth LiF), Lk L; trng upper body to L shldr lead bk Rlk LiF R (bth LiF), R bkl R;
(Slide the Door) Rk apt R, rec L slide beh W X RiF of L releasing jnd hnds/sd L, X RiF of L (W rk apt L, rec R, slid in front of M X LiF of R/sd R, LX LiF of R) to OP RLOD;
(Slide the Door) Rk apt L, rec R, slid beh W X RiF of R releasing jnd hnds/sd L, X RiF of R (W rk apt R, rec L, slide in front of M X RiF of L/sd L, X RiF of R) to LOP RLOD;

13-14 CIRCLE CHA;;
(Circle cha) Repeat Measures 3 and 4 of Intro
Part B

End

1-4  START CHASE-DATA-PEEK-A-BOO
{Start Chase-double-peek-a-boo} Rk fwd twd Wall L and trn ½ RF to fc COH, rec R, fwd twd COH L/lik RIB of L, fwd L (W rk bk twd WALL R, rec L, fwd twd COH R/lik LiB of R, fwd R); Rk sd RLOD R, rec L, cl R/sip L, sip R (W rk sd LOD L, rec R, cl L/sip R, sip L); Rk sd LOD L, rec R, cl L/sip R, sip L (W rk sd RLOD R, rec L, cl R/sip L, sip R); Rk fwd twd COH R and trn ½ LF to fc WALL, rec L, fwd twd WALL R/lik LiB of R, fwd R (W rk fwd twd COH L tm ½ RF to fc WALL, rec R, f wd twd WALL L/lik RiB of L, fwd L);

5-8  FINISH CHASE-DATA-PEEK-A-BOO;;; POINT & ARMS UP;
{Finish Chase-double-peek-a-boo} Rk sd RLOD, L rec R, cl L/sip R, sip L (W rk sd LOD R, rec L, cl R/sip L, sip R); Rk sd LOD R, rec L, cl R/sip L, sip R (W rk sd RLOD L, rec R, cl L/sip R, sip L); Rk f wd twd COH L and trn ½ RF to fc COH, rec R, fwd twd COH L/lik RiB of L,R, fwd L; (W rk f wd twd WALL R tm ½ LF to fc COH, rec L, fwd twd COH R/lik LiB of R, fwd R); {Point & Arms UP} Point R foot down LOD and point L arm high in the air;