Rhythm/Phase: Rumba, Phase 3+1 [Alemana]
Choreographers: Jack and Sharie Kenny, 2620 Crestmoor Ct. Arlington, TX 76016
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Release Date: February 28, 2016
Music: "The Sea In Autumn" - Alessandro Olivato (Pop, Instrumental version)
Album: Vulcano Latino
Download: casa-musica.de
Time/Speed:
   - Speed: 46 in DM (about +2.2%) or to suit
Footwork:
   - Opposite throughout (Lady as noted in parentheses).
   - Timing: QQS unless otherwise noted, reflects actual weight changes.
Degree of Difficulty: Easy - Can be used as an Instructional Rumba
Sequence: Intro, A, B, A, C, B, Ending

INTRODUCTION

1-4  WAIT THRU LEAD-IN MATERIAL AND 2 MEAS;;  CUCARACHA 2X;;
1-2 {Wait} M fc Wall with lead ft free - no hands joined - wait thru lead-in material & 2 measures ;;
3-4 {Cucaracha 2x} Sd L with partial wt, rec R, cl L, - ; Sd R with partial wt, rec L, cl R, - ;

PART A.

1-4  1/2 BASIC;  SPOT TURN;  SHOULDER TO SHOULDER 2X;;
1  {1/2 Basic} Check fwd L, rec R, sd L, - ;
2  {Spot Turn} Swiveling 1/4 LF on left foot step fwd R turning 1/2 LF, rec L turning 1/4 LF to fc prtnr, sd R, - ;
3-4 {Shoulder to Shoulder 2x} Fwd L to BFLY SCAR pos DRW, rec R, sd L to BFLY-wall, - ;
   Fwd R to BFLY BJO pos DLW, rec L, sd R to BFLY-Wall, - ;

5-8  FENCELINE;  CRABWALKS;;  FENCELINE;
5  {Fenceline} In BFLY-Wall Cross lunge thru R twd RLOD with bent knee, rec R to fc prtnr, sd L, - ;
6-7  {Crabwalks} Toward LOD XRIF, sd L, XRIF, - ; sd L, XRIF, sd L - ;
8  {Fenceline} In BFLY-Wall Cross lunge thru R twd LOD with bent knee, rec L to fc prtnr, sd R, - ;

9-12  NEW YORKER;  UNDERARM TURN;  SHOULDER TO SHOULDER;  SPOT TURN;
9  {NY} Thru L with straight leg to LOP pos fc RLOD, rec R to fc prtnr, sd L to end fc Wall, - ;
10  {UA Turn} Check bk R leading W to turn RF, rec L, sd R, - ;
   (Swiveling 1/4 RF on rt foot step fwd L turning 1/2 RF, rec R turning 1/4 RF to fc prtnr, sd L, - ;)
11  {Shoulder To Shoulder} Repeat Part A. meas. 3 ;
12  {Spot Turn} Repeat Part A. meas. 2 ;

13-16  CHASE;;;
13-16 {Chase} Fwd L comm 1/2 RF turn, rec fwd R, fwd L, - ; Fwd R comm 1/2 LF turn, rec fwd L, fwd R, - ;
   Check Fwd L, rec R, bk L, - ; Check Bk R, rec L, fwd R, - ;
   (Check Bk R, rec L, fwd R, - ; Fwd L comm 1/2 RF turn, rec fwd R, fwd L, - ;
   Fwd R comm 1/2 LF turn, rec fwd L, fwd R, - ; Check Fwd L, rec R, bk L, - ;)

PART B.

1-4 ALEMANA;;  HAND TO HAND 2X;;  
1-2 {Alemana}  With lead hands joined low Fwd L, rec R, cl L with lead hands high palms touching, - ;  
(Bk R, rec L, fwd R swiveling sl RF to fc M's left sd, - ;)  
(Bk R, rec L, sd R to BFLY, - ;)  
(Fwd L twd M's left sd trng RF to fc Wall, Fwd R trng RF to fc prtnr, sd L, - ;)  
3-4 {Hand To Hand 2x}  Swiveling LF on rt foot step Bk L to Open pos-LOD, rec R to fc prtnr, sd L, - ;  
Swiveling RF on left foot step Bk R to LOP pos-RLOD, rec L to fc prtnr, sd R to BFLY, - ;

5-8 FULL BASIC;;  NEW YORKER;  WHIP;  
5-6 {Basic}  Check fwd L, Rec R, sd L, - ;  
Check bk R, Rec L, sd R, - ;  
7 {NY}  Repeat Part A. meas. 9 ;  
8 {Whip}  Bk R comm 1/4 LF turn, rec fwd L turning 1/4 to fc Wall, sd R, - ;  
(Fwd L outside M on his left sd, fwd R turning 1/2 LF, sd L, - ;)

9-12 FENCELINE 2X;;  OPEN BREAK;  WHIP;  
9-10 {Fenceline 2x}  Repeat Part A. meas. 5 and 8 ;;  
11 {Op Break}  With lead hands joined rock apart L ext rt arm out w/ palm down, rec R lowering rt arm, sd L, - ;  
12 {Whip}  Repeat Part B. meas. 8 to end M fc Wall ;

13-16 ALEMANA;;  LARIAT;;  
13-14 {Alemana}  With lead hands joined low Fwd L, rec R, cl L with lead hands high palms touching, - ;  
(Bk R, rec L, fwd R swiveling sl RF to fc M's left sd, - ;)  
(Bk R, rec L, sm sd R, - ;)  
(Fwd L twd M's left sd trng RF to fc Wall, Fwd R trng RF to fc prtnr, sd & fwd L to fc M's rt sd, - ;)  
15-16 {Lariat}  Step in place L, R, L, - ;  
Step in place R, L, R - ;  
(Circling M clockwise under joined lead hands Fwd R, fwd L, fwd R, - ;)  
(Cont. circling M Fwd L, fwd R, fwd L to end fc prtnr, - ;)

REPEAT PART A.  1-16  1/2 BASIC;  SPOT TURN;  SHOULDER TO SHOULDER 2X;;  FENCELINE;  CRABWALKS;;  FENCELINE;  NEW YORKER;  UNDERARM TURN;  SHOULDER TO SHOULDER;  SPOT TURN;  CHASE;;

PART C.

1-4 OPEN BREAK;  SPOT TURN;  BREAK BACK TO OPEN;  PROG WALK 3;  
1 {Op Break}  Repeat Part B. meas. 11 ;  
2 {Spot Turn}  Repeat Part A. meas. 2 ;  
3 {Brk to Open}  Swiveling LF on rt foot step Bk L to Open pos-LOD, rec R, fwd L, - ;  
4 {Progr Walk 3}  Toward LOD  Fwd R, fwd L, fwd R, - ;

5-8 SLIDING DOOR 2X;;  CIRCLE AWAY & TOG;;  
5-6 {Sliding Doors}  Rk apart L, rec R rel hands, XLIF changing sides to LOP-LOD as W  XIF of man, - ;  
Rk apart R, rec L rel hands, XRIF changing sides to OP-LOD as W  XIF of man, - ;  
7-8 {Circle Away & Tog}  Separating from prtnr and moving away in a circular pattern  
Fwd L, fwd R, fwd L, - to fc RLOD ; cont circling fwd R curving toward prtnr, fwd L, fwd R, - ;

REPEAT PART B.  1-16  ALEMANA;;  HAND TO HAND 2X;;  FULL BASIC;;  NEW YORKER;  WHIP;  FENCELINE 2X;;  OPEN BREAK;  WHIP;  ALEMANA;;  LARIAT;;

ENDING

1-4 OPEN BREAK;  THRU-SIDE-CLOSE;  DIP COH AND TWIST WITH LEGCRAWL AND HOLD;;  
1 {Op Break}  Repeat Part B. meas. 11 ;  
2 {Thru-Sd-Cl}  Thru R twd LOD, sd L, cl R, - ;
Q, - - -  3-4 {Dip-Twist-Legcraw}  Blending to CP-Wall Bk & sl sd L, relaxing L knee rotate frame sl LF, - - ;  
(Fwd & sl sd R, relaxing R knee rotate with prtnr sl LF and lift left leg to brush against M's rt leg, - - ;  
Hold ;)

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NIGHT WAVES

QUICK CUES

Rumba - Phase 3+1 (Alemana)  Seq.: Intro-AB-AC-B-Ending  Choreo.: Jack & Sharie Kenny  Speed: 46 (about +2.2%)  Music: "The Sea In Autumn" - Alessandro Olivato  Album: "Vulcano Latino"  Download: casa-musica.de

INTRO: WAIT THRU LEAD-IN AND 2X (M FC WALL-NO HANDS);; 2 CUCARACHAS;;

PART A: 1/2 BASIC; SPOT TURN; SHOULDER TO SHOULDER 2X;; FENCeline;
CRABWALKS;; FENCeline; NEW YORKER; UA TURN; SHOULDER TO SHOULDER;
SPOT TURN; FULL CHASE;;;

PART B: ALEMANA;; HAND TO HAND 2X;; FULL BASIC;; NEW YORKER; WHIP;
FENCeline 2X;; OPEN BREAK; WHIP; ALEMANA;; LARIAT;;

PART A: 1/2 BASIC; SPOT TURN; SHOULDER TO SHOULDER 2X;; FENCeline;
CRABWALKS;; FENCeline; NEW YORKER; UA TURN; SHOULDER TO SHOULDER;
SPOT TURN; FULL CHASE;;;

PART C: OPEN BREAK; SPOT TURN; BREAK BACK TO OPEN; PROG WALK 3;
SLIDING DOOR 2X;; CIRCLE AWAY & TOG;;

PART B: ALEMANA;; HAND TO HAND 2X;; FULL BASIC;; NEW YORKER; WHIP;
FENCeline 2X;; OPEN BREAK; WHIP; ALEMANA;; LARIAT;;

ENDING: OPEN BREAK; THRU-SIDE-CLOSE;
DIP COH AND TWIST WITH A LEGCRAWL; AND HOLD;