NIAGARA

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Record: "Niagara" CD: RIMINI OPEN VOL.13 (Ball of Fire)/PRANDI track 4
Rhythm: Waltz ph V+1 (Fallaway Ronde & Slip) time: 3’17”
Speed: As on CD Date: November 2016 Ver.1.0
Footwork: Opposite, directions for man(lady as noted)
Sequence: Intro · A · B · C · Inter · A · B · C · Ending

Meas

INTRO

1~4 SCP/LOD trail foot free for both Wait; Thru Prom Sway; Chg Oversway;
Fallaway Ronde & Slip(CP/DC);

1 SCP/LOD trail foot free for both Wait 1 meas:

12~
2 (Thru Prom Sway) Thru R, sd & fwd L stretch left sd look over joined lead hand, –;

3 (Chg Oversway) Relax L knee keeping R leg extended, slight LF trn stretch L sd of
body, cont sway & look W(W look L);

4 (Fallaway Ronde & Slip) Rec R ronde L CCW(W CW), XLIB and rise commence LF trn,
slip R bk cont LF trn on ball of R end to OP/DC;

Meas

PART_A

1~8 OP Telemark; Chair & Slip; Double Rev Spin(CP/DW);
Chg of Direction(CP/RDC); Contra Ck & Switch; Curved Feather;
Bk Passing Chg; Box Finish(CP/DC);

1 (OP Telemark) Fwd L commence LF trn, sd R cont LF trn, sd & slightly fwd L to
end SCP/DW(W bk R commence LF trn bring L beside R with no weight, cont LF trn
on R heel and change weight to L, sd & fwd R);

2 (Chair & Slip) Thru R relax right knee, rec L commence LF trn, slip R bk cont LF trn
on ball of R(W thru L relax left knee, rec R, swivel LF on R fwd L) end OP/DC;

12~
3 (Dbl Rev Spin) Fwd L commence LF trn, cont trn sd R, spin LF on ball of R bring L
foot under body beside R no weight fc DW(W bk R commence LF trn, cl L to R heel
trn cont LF trn heel to toe/sd & slightly bk R cont trn, cont body trn XLIB of R);

4 (Chg of Direction) Fwd L, fwd R right shoulder lead and LF trn, cont LF trn draw L to
R and brush CP/RDC;

5 (Contra Ck & Switch) Commence upper body LF trn flexing knees with strong R side
lead ckl rwd L, rec R commence strong RF trn leaving left foot almost in place, cont
strong RF trn rec L knees CP/DW;

6 (Curved Feather) Fwd R commence RF trn, left sd strech cont RF trn sd & fwd L, cont
RF trn fwd R fc RDW;

7 (Bk Passing Chg) Bk L, right shoulder lead bk R right sd stretch, bk L contra Bjo;

8 (Box Finish) Bk R commence LF trn, cont LF trn sd L, cl R fc DW;

9~16 Hover Telemark; OP Nat; Outsd Swivel; Whiplash; Outsd Chg to Bjo;
Manuv; Spin Trn; Box Finish(CP/DC);

10 (OP Nat) Fwd R commence RF trn, cont RF trn sd L fc RDC, bk R contra Bjo;

11 (Outsd Swivel) Bk L in CBMP lead W RF swivel, XRIF of L no weight(W fwd R in CBMP, swivel
RF on ball of R) SCP/LOD, –;

12 (Whiplash) Thru R, lead W pickup turning body LF, cont body trn(W thru L, swivel LF on
L fc partner and pt sd R, cont body trn) Bjo/RDW;

13 (Outsd Chg to Bjo) Bk L, bk R trning LF, sd & fwd L(W fwd R, fwd L trning LF, sd & bk
R) to Bjo/RDW;

14 (Manuv) Fwd R(W bk L) commence RF trn, cont RF trn sd L, cl R CP/LOD;

15 (Spin Trn) Bk L pivot 1/2 RF, fwd R between woman’s feet heel to toe cont RF trn
fc DW, sd & bk L(W fwd R between man’s feet heel to toe pivot 1/2 RF, bk L cont
RF trn brush R to L, sd & fwd R);

16 (Box Finish) Bk R commence LF trn, cont LF trn sd L, cl R fc DC;
PART B

1~8

OP Rev Trn; Hover Corte; Outsd Spin; Manuv; OP Impetus;
Weave 6 to Bjo; Manuv;

1 (OP Rev Trn) Fwd L commence LF trn, sd R & bk cont LF trn, right side stretch bk L twd LOD in contra bjo;
2 (Hover Corte) Bk R commence LF trn, sd L cont LF trn and body stretch, cont LF trn Bjo/DW rec bk R twd RDC;
3 (Outsd Spin) Prepare to lead W outsd partner commence body trn to right with right sd lead bk L small stp 3/8 RF trn, fwd R heel to toe cont 3/8 RF trn, cont 1/4 RF trn sd & bk L to end CP/DW (W commence body trn to right with left sd lead fwd R outsd partner heel to toe, cl L to R on toe 5/8 RF trn between 1 and 2, cont 3/8 RF trn fwd R between M's feet);
4 (Manuv) Fwd R (W bk L) commence RF trn, cont RF trn sd L, cl R CP/RLOD;
5 (OP Impetus) Bk L commence RF trn, cl R cont RF trn (heel trn). SCP/DC fwd L (W fwd R heel to toe pivot 1/2 RF, sd & fwd L cont RF trn around man brush R to L, fwd R);
6~7 (Weave 6) Fwd R, fwd L commence LF trn to CP, cont LF trn sd & bk R fc RDC;
7 Bk L twd DC contra Bjo, bk R cont LF trn CP, cont LF trn sd & fwd L contra Bjo/DW;
(W fwd L, LF trn sd R to CP, cont LF trn sd & fwd L & btw Bjo; fwd R contra Bjo, L twd DC cont LF trn to CP, & bk R contra Bjo);
8 (Manuv) Fwd R (W bk L) commence LF trn, cont RF trn sd L, cl R CP/RLOD;

9~16

Spin Trn Overtrn; Q Lk Slow Lk; Bk to Slow Hinge;
Rec Hover Trans SCP; In & Out Runs; Pickup Sd Cl (CP/DC);

9 (Spin Trn Overtrn) Bk L pivot 1/2 RF, fwd R between woman's feet heel to toe cont RF trn fc RDW, sd & bk L (W fwd R between man's feet heel to toe pivot 1/2 RF, bk L cont RF trn brush R to L, sd & fwd R):
10 (Q Lk Slow Lk) Bk R with right sd lead and right sd stretch/XLIF of R, bk R, XLIF of R;
11-12 (Bk to Slow Hinge) Bk R commence LF trn, cont LF trn sd L fc DW, hold left sd stretch leading W XLIF of R: Relaxing L knee and veering R knee to sway R extend left arm,--;
(123--) (W fwd L commence LF trn, cont LF trn sd R swivel LF on R, XLIF of R; Relaxing L knee head to L,--);
13 (Rec Hover Trans SCP) Hold lead W rec, rec R, sd & fwd L twd LOD (W rec R, sd & fwd L comm in RF trn, cont RF trn sd & fwd R) SCP/LOD;
14-15 (In & Out Runs) Fwd R commence RF trn, cont RF trn sd L fc RDC, bk R (W fwd L, fwd R between M's foot, fwd L contra Bjo/RLOD: Bk L commence RF trn, fwd R between W's foot, fwd L (W fwd R commence RF trn, cont RF trn sd L fc RDC, cont RF trn sd & fwd R)SCP/LOD;
16 (Pickup Sd Cl) Thru R lead W pickup, sd L, cl R to L (W thru L commence LF trn, cont LF trn sd R, cl L to R) CP/DC;

PART C

1~8

1 L Trn; Bk Trn Chasse Bjo; Nat Hover Cross; Sync Ending (CP/DC);
OP Telemark; Thru Prom Sway; Chg Oversway; Fallaway Ronde & Slip (CP/DC);

1 (1 L Trn) Fwd L commence LF trn, sd R cont LF trn, cl L to R fc RLOD;
2 (Bk Trn Chasse Bjo) Bk R commence LF trn, cont LF trn sd L/cl R, sd & fwd L Bjo/DW;
3 (Nat Hover Cross) Fwd R commence RF trn,-- sd L cont RF trn, cont trn sd R fc DC (W bk L cont RF trn,-- cl R to L heel trn with right sd stretch, cont RF trn sd L) Scar/DC;
4 (Sync Ending) XLIF of R outsd partner, rec R/sd & fwd L, fwd R outsd partner Bjo/DC;
5 (OP Telemark) Fwd L commence LF trn, sd R cont LF trn, sd & slightly fwd L to end SCP/LOD (W bk R commence LF trn bring L beside R with no weight, cont LF trn on R heel and change weight to L, sd & fwd R);
6 (Thru Prom Sway) Thru R, sd & fwd L stretch left sd look over joined lead hand,--;
7 (Chg Oversway) Relax L knee keeping R leg extended, slight LF trn stretch L sd of body, cont sway & look W (W look L);
8 (Fallaway Ronde & Slip) Rec R ronde L CCW (W CW), XLIB and rise commence LF trn, slip R bk cont LF trn on ball of R end to OP/DC;
Meas INTERLUDE 1~ 4 Diamond Trn; (CP/DC): 1- 4 (Diamond Trn) Fwd L commence LF trn, sd R cont LF trn, bk L to Bjo/RDC; Bk R cont LF trn, sd L cont LF trn, fwd R ck action to Bjo/RDW. Fwd L commence LF trn, sd R cont LF trn, bk L to Bjo/DW; Bk R, sd L, fwd R to Bjo/DC; Meas ENDING 1~ 3 OP Telemark; Thru to Slow OP Hinge: 1 (OP Telemark) Fwd L commence LF trn, sd R cont LF trn, sd & slightly fwd L to end SCP/LOD (W bk R commence LF trn bring L beside R with no weight, cont LF trn on R heel and change weight to L, sd & fwd R): 12- 2- 3 (Thru to Slow OP Hinge) Thru R, sd & fwd L. Hold left sd stretch leading W XLIB of R (W thru L, sd & fwd R, swivel LF on R XLIB of R right hand on M’s left shoulder): —— Relaxing L knee and veering R knee to sway R extend left arm (W relaxing L knee head to L extend left arm, –):