Neutron Dance

Choreographer: Mark & Shelley Hilburn, 6125 Edgewater Terrace, Sebring, FL 33876
Phone: (863) 655-2774 / email: mehilburn@earthlink.net

Music: "Neutron Dance" by the Pointer Sisters, Contact choreographer as music is slowed and shortened
Rhythm: Quick Step  Phase V + 1  Footwork: Opposite or as noted
Sequence: Intro - A - B - Br - A - B - C - Inter - Br - A - C - Inter - D - End

INTRO

MEAS
1-4
WAIT ;; RAISE ARMS TO BFLY ;;
1-2  Wait in Op position facing Wall ;;
3-4  Slowly raise arms to BFLY Wall ;;

5-8
TRAVELING SAND STEPS (SLOW) ;;:
SS SS  5-6  Swvl RF on R tch L toe to instep of R ft, - , swvl LF on R ft sd L, - ; Swvl RF on L ft tch R heel to floor toe pointed to DRW, - , swvl LF on L ft XRIF, - ;
SS SS  7-8  Repeat measures 1 thru 4 above.

9-12
TWISTY VINE (SLOW) ;;:
SS SS  9-10  Sd L, - , XRIB of L, - ; Sd L, - , XRIF of L, - ; *blend to a loos CP over these measures.
SS SS  11-12  Sd L, - , XRIB of L, - ; Sd L, - , XRIF of L, - to BJO DLW;

13-16
STROLLING VINE ;;:
SS QQS  13-14  [Strolling Vine]  Sd L, - , turning RF on L XRIB to SCAR fc DRW, - ; Turning LF sd L, cl R to L, sd L completing LF turn to CP COH, - ;
SS QQS  15-16  Sd R, - , turning LF on R XLIB to BJO fc DRC, - ; Turning RF sd R, cl L to R, sd & fwd R completing RF turn to CP DLC, - ;

PART A

1-4
FORWARD TO QUARTER TURN AND PROGRESSIVE CHASSE ;;:
SS QQS  1-2  Fwd L, -, fwd R turning RF 1/8 to fc WALL, - ; Continuing RF rotation Sd L, cl R to L, sd L to fc DRW, - ;
QQQ SS  3-4  Bk R beginning LF rotation, -, sd L, cl R to L; Sd & fwd L, -, fwd R outside of partner to BJO DLW, - ;

5-8
TIPSY TURNS ;; FWD,,CHK,; FISHTAIL ;
QQQS QQS  5-6  [Tipsy Turns]  Fwd & sd L turning RF w/L sway, cl R to L, cont RF trn correcting sway bk L to fc DRC, - ;
                      Cont RF trn sd R w/R sway, cl L to R, cont RF trn correcting sway fwd R to CP DLC, - ;
SS  7  [Fwd,,Chk]  Fwd L, -, fwd R to BJO with checking action, - ;
QQQQ  8  [Fishtail]XLIB of R, sd R, fwd L, lock RIB of L;

9-12
TWO LEFT TURNS ;; SLOW HOVER TO BJO AND FWD to ;;
SQQQ SQQ  9-10  [Two Left Turns]  Fwd L comm LF trn, -, fwd & sd R cont LF trn, cl L to R to CP RLOD; Bk R comm LF trn, -, bk & sd L, cl R to L to CP DLW;
SS SS 11-12  [Slow Hover to BJO and Fwd]  Fwd L, -, fwd & sd R, rotate slight RF; Fwd L to CBJO/DLW, -, fwd R, - ;

13-16
RUNNING FORWARD LOCKS ;; MANUVER ; IMPETUS TO SEMI ;
QQQQ QQQS 13-14  [Running Forward Locks]  Fwd L, lock RIB of L, fwd L, fwd R; Fwd L, lock RIB of L, fwd L in CONTRA BJO DLW, - ;
SQQ  15  [Manuver]  Fwd R outsd ptr comm RF trn, -, fwd & sd L cont RF trn, cl R to L completing RF trn to end CP RLOD;
SQQ  16  [Impetus to Semi]  Bk L trng RF, -, cl R to L cont RF trn on L heel transferring wgt to R, cont bdy trn RF sd & fwd L to SCP DLC (W fwd R outsd ptr trn RF, -, sd & fwd L trn RF brush R to L, trn RF sd & fwd R to SCP);
PART B

1-4 **THRU, TCH.; ROLL 3 ; FRONT VINE 4 ;**

SS SQQ 1-2 **{Thru, Tch.; Roll 3;}** Thru R loosening from SCP, -; swiveling RF on R foot to face partner tch L toe to instep of R foot, -; Sd & fwd L commencing LF rotation, -; fwd & sd R continuing LF rotation, small bk & sd L completing rotation to face partner and WALL ;

SSSS 3-4 **{Front Vine 4 ;}** XRIF of L, -; sd L, -; XRB of L, -;sd L, -;

5-8 **THRU, TCH.; ROLL 3 ; FRONT VINE 4 ;**

SS SQQ 5-6 **{Thru, Tch.; Roll 3;}** Repeat measures 1-2 of part B

SSSS 7-8 **{Front Vine 4 ;}** Repeat measures 3-4 of Part B blending to loose CP

* Second time through ends in SCP

BRIDGE

1-4 **POINT CLOSE 3 TIMES ;;; POINT TCH ;**

SS 1 Pt R toe toward RLOD swaying toward pointed toe, -; close R to L correcting sway, -;

SS 2 Pt L toe toward LOD swaying toward pointed toe, -; close L to R correcting sway, -;

SS 3 Pt R toe toward RLOD swaying toward pointed toe, -; close R to L correcting sway, -;

SS 4 Pt L toe toward LOD swaying toward pointed toe, -; tch L to R correcting sway, -;

PART C

1-4 **WING ; TURN LEFT,, RIGHT CHASSE,,,SLOW OUTSIDE SPIN to BJO;;**

S (SQQ) 1 **{Wing}** Thru R,-; tch L to R, (thru L commencing LF turn,,- continue LF turn fwd R toward COH, continue LF turn fwd L outside ptr) to SDCAR DLC ;

SQQS 2-4 **{Turn Left,,Right Chasse,,,}** Fwd L turning 1/8 LF,,- sd R, cl R to L; Sd and back R turning 1/8 LF to BJO DRC,,-

SSS **{,SLOW OUTSIDE SPIN,,,}** with strong RF rotation small bk L with toe in turning 1/4 RF,,- Fwd R to LOD heel to toe continuing RF turn,,- bk R to BJO DRW,,- (fwd R around man,,- Clo L to R for toe spin,,- fwd R outside of ptr,,-);

5-8 **V-6 ;; HAIRPIN ; RUNNING FINISH ;**

QQS SQQ 5-6 **{V-6}** Bk R, lk LIF R, bk R,-; Bk L,-, bk R turning LF, sd and fwd L to BJO DLW;

SQQ 7 **{Hairpin}** Fwd R commencing RF Turn,,- fwd L continuing RF turn with strong left side stretch, fwd R swiveling into tight CBMP facing almost DRC;

SQQ 8 **{Running Finish}** Bk L commencing RF turn,,- sd and fwd R toward LOD continuing RF turn, fwd L to CBMP DLW;

INTERLUDE

1-4 **FWD TO DOUBLE LOCK AND CHECK ;; STEP, FLICK 3 TIMES AND RECOVER ;;**

SQQ QQS 1-2 **{Fwd to Double Lock and Check}** Fwd R,-; fwd L, lock RIB L; Fwd L, lock RIB L, fwd L with checking action,,-;

S&S&S S&S 3-4 **{Step, Flick 3 Times and Rec}** Bk R flicking L heel in front of R,-; fwd L flicking R heel behind L,-; Bk R flicking L heel in front of R,-; rec L,-;

5-8 **FWD TO DOUBLE LOCK AND CHECK ;; STEP, FLICK 3 TIMES AND RECOVER ;;**

Repeat measures 1 thru 4 above.
PART D

1-4 MANUVER ; BK,, SD, FWD CHECK ; BACK TO HOVER CORTE ; BACK HOVER SEMI :
SQQ 1 {Manuver} Fwd R outsd ptr comm RF trn, -, fwd & sd L cont RF trn, cl R to L completing RF trn to end CP DRW;
SQQ 2 {Back, Side, Fwd Check} Bk L,-, sd R, fwd L to SDCAR with checking action;
SQQ 3 {Hover Corte} Bk R commencing LF turn,-, sd & fwd L with hover action, rec R to BJO DLW;
SQQ 4 {Bk Hover Semi} Bk L,-, sd & bk R leading W to turn to SCP, rec L to SCP DLW;

5-8 2 SLOW SWIVELS ;; SWIVEL PICKUP ; LADY SHIMMY ;
S S 5-6 {2 Slow Swivels} Fwd R leading W to swivel LF on L foot (fwd L swiveling LF 1/2 on L foot) to CBMP ; Bk L leading W to swivel RF on R foot (fwd R swiveling RF 1/2 on R foot) ;
S 7 {Swivel Pickup} Fwd R leading W to swivel LF on L foot ,-, tch L to CP DLW,;
(QQQQ) 8 {Lady Shimmy} Man has no weight change (Swivel hips RF taking weight onto R foot, swivel hips LF taking weight onto L foot, swivel hips RF taking weight onto R foot, swivel hips LF taking weight onto L foot) ;

End

1-4 4 PROGRESSIVE TWINKLES ;;;
SQQ SQQ 1-2 {4 Progressive Twinkles} Fwd L turning LF 1/4 to fc DLC,, sd R, cl L; Fwd R turning RF 1/4 to fc DLW,, sd L, cl R;
3-4 Repeat measures 1 and 2 above; End in CP DLW;

5-7 QUICK AROUND THE WORLD ; CONTRA CHECK with SHIMMY ;
S 5 {Quick Around the World} Lead W to roll head and shoulders quickly in a small clockwise circle ;
S 6-7 {Contra Check with Shimmy} Check fwd L in CBMP slightly flexing knee with strong R side lead,-,-,;
Ladies shimmy shoulders as music fades out on words 'Neutron Dance";