NATASHA

Choreographers: Takao & Setsuko Ito
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Record: "Natasha" CD: Very Ballroom Vol 3
Rhythm: Waltz ph IV+2 (Royal Spin, R Turning Lk)
Speed: As on CD
time: 2'51"
Date: May 2017

Footwork: Opposite, directions for man(lady as noted)
Sequence: Intro · A · A · B · Amod

INTRO
1~8 Facing Partner & Wall trail foot free for both Pt Bk Wait & 2 meas:
Stp Bk Raise Arms; Stp Fwd Slow Spin; Sync Tog to CP; R Lunge & Hold;
Rec Slip; Chg Of Direction(CP/DC);

PART A
1~8 OP Rev Trn; Hover Corte; Royal Spin; Manuv; OP Impetus;
Weave 6 to BJÖ; Manuv;

9~16 Spin Trn Overtrn; R Trning Lk; Chair & Slip; OP Telemark;
Thru Prom Sway; Chg Oversway; Rec to Whisk; Slow Sd Lk(CP/DC);
-23 15 (Rec to Whisk) Hold, rec R, XLIB of R SCP/LOD;
16 (Slow Sd Lk) Thru R, sd L lead W pickup, slightly LF trn XLIB of L (W thru L commence LF trn, cont LF trn sd R, cont trn XLIB of R) fc DC;

Meas PART B
1~ 8 Diamond Trn;;; OP Telemark; OP Nat(handshake); W Sync Twirl fc DC; Ck Fwd W Develop;
1– 4 (Diamond Trn) Fwd L commence LF trn, sd R cont LF trn, bk L to Bjo/RDC;
   Bk R cont LF trn, sd L cont LF trn, fwd R ck action to Bjo/RDW;
   Ck Fwd L commence LF trn, cont LF trn sd R, cont trn XLIB of R; FC COH sd R/cl L, sd & fwd R fc DC(W fwd R commence LF trn bring L beside R with no weight, cont LF trn on R heel and change weight to L, sd & fwd R);
5 (OP Telemark) Fwd L commence LF trn, sd R cont LF trn, sd & slightly fwd L to end SCP/DW (W bk R commence LF trn bring L beside R with no weight, cont LF trn on R heel and change weight to L, sd & fwd R);
6 (OP Nat) Fwd R commence RF trn, cont RF trn sd L fc RDC, bk R joined handshake;
12&3 7 (Bk Chasse W Sync Twirl) Bk L commence RF trn lead W RF twirl under joined hands, fc COH sd R/cl L, sd & fwd R fc DC(W fwd R commence RF trn under joined hands, cont RF trn sd L/cont RF trn fwd R, cont trn sd & bk L fc RDC);
1— 8 (Ck Fwd W Develop) Ck fwd L, — (W bk R, L knee lift, kick L foot extend);

9~16 W Insd Trn Bolero Bjo; Wheel 3; Sync Wheel(Bjo/RDC); OP Impetus; Thru to L Whisk; Sync Unwind to R Lunge Line;; Rec Slip(CP/DC);
9 (W Insd Trn Bolero Bjo) Bk R lead W LF trn, rec L commence RF trn, cont RF trn fwd R fc DW (W fwd L commence LF trn, fwd R cont LF trn, cont trn sd & fwd L fc RDC);
10 (Wheel 3) Fwd L commence RF wheel/cont wheel R,L fc RDC;
12&3 11 (Sync Wheel) Fwd R cont RF wheel/cont wheel L,R,L,R fc RDC;
12 (OP Impetus) Bk L commence RF trn, cl R cont RF trn (heel trn). SCP/LOD fwd L (W fwd R heel to toe pivot 1/2 RF, sd & fwd L cont RF trn around man brush R to L, fwd R);
13 (Thru to L Whisk) Thru R, sd L, XLIB of L to RS SCP/RDC;
14 (Sync Unwind to) unwind RF toe on R heel on L (W fwd RF around man R,L,R,L) CP/DW weight on trail foot;
15 (R Lunge Line) Lower on R (W lower on L) keeping left sd leaving L extended, —;
-23 16 (Recover Slip) Hold, rec L straight up, LF trn on L and slip bk R fc DC;

Meas PART Amod
1~ 8 OP Rev Trn; Hover Corte; Royal Spin; Manuv; OP Impetus; Weave 6 to BJO;; Manuv;
1– 8 Repeat meas 1–8 of Part A;;;

9~17 Spin Trn Overtrn; R Trning Lk; Chair & Slip; OP Telemark; Thru to L Whisk; Sync Unwind to R Lunge Line;; Rec to Prom Sway; Chg Oversway;
9–12 Repeat meas 9–12 of Part A;;;
13–15 Repeat meas 13–15 of Part B;;;
1— 16 (Rec to Prom Sway) Rec L stretch left sd look over joined lead hand, —;
17 (Chg Oversway) Relax L knee keeping R leg extended, slight LF trn stretch L sd of body, cont sway & look W (W look L);