NOW IS THE HOUR

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Music: Po Atarau (Now Is The Hour) by the New Zealand Singers
From the CD album Songs Of New Zealand
Available from iTunes Music Downloads

Rhythm/Phase: Waltz Phase II
Music Speed: As downloaded
Footwork: Opposite throughout directions for M (and for W where noted).
Sequence: Introduction A B A B Ending

..... INTRODUCTION (2 Measures) ..... [1 & 2] In clsd pos fng LOD with lead feet free wait 2 measures;

..... PART A (16 Measures) ..... [2] FWD WALTZES;; 2 LEFT TURNS FC WALL;; LEFT TURNING BOX BLND BFLY;;
LACE ACROSS; FWD WALTZ; LACE BACK; FWD WALTZ BFLY WALL; STEP SWING;
SPIN MANUV; 2 QTR RIGHT TURNS CP LOD;; [1 & 2] In clsd pos LOD fwd L, fwd & slightly sd R, cl L; Fwd R, fwd & slightly sd L, cl R; [3 & 4] Fwd L commence up to 1/4 lf turn, continue turn sd R diag across line of progression turning up to 1/4 lf, cl L; Bk R commence up to 1/4 lf turn, continue turn sd L toward line of progression turning up to 1/4 lf to end fng wall, cl R; [5 – 8] Fwd L commence 1/4 lf turn, complete turn sd R, cl L; Bk R commence 1/4 lf turn, complete turn sd L, cl R; Repeat measure 5 & 6 to end bfly pos fng wall;; [9] With M’s left and W’s right hnds joined and passing bfly W moving diag across line of progression ending in left open pos fng wall of progression fnd L, fnd R, cl L; [10] Fwd R, fnd L, fnd R turning 1/4 rf to fc ptrn & wall in bfly pos; [13] Toward LOD step fnd L, swing R fnd with no change of weight, -; [14] Fwd R commence rf upper body turn, continue rf turn to fc ptrn sd L, cl R; (W commence lf sp in place L, R, L to end fng LOD & ptrn;) [15 & 16] Bk L commence up to 1/8 rf turn, continue turn sd R toward line of progression turning up to 1/8 rf, cl L; Fwd R commence up to 1/8 rf turn, continue turn sd L diag across line of progression turning up to 1/8 rf ending clsd pos LOD, cl R;

..... PART B (16 Measures) ..... PROGRESSIVE BOX;; 2 LEFT TURNS FC WALL;; DIP & HOLD; MANUV; 2 QTR RIGHT TURNS CP LOD;; 1 LEFT TURN FC RLOD; BACKUP WALTZ; 2 RIGHT TURNS BFLY WALL;; BALANCE L & R;; TWIRL VINE 3; PKUP SD CL;

..... ENDING (8 Measures) ..... 2 LEFT TURNS FC WALL;; BOX BLND BFLY;; AS MUSIC BEGINS TO SLOW TWIRL VINE 3; THRU FC CL BFLY; SLOW SD DRAW CLOSE; SLOWLY STEP APART & POINT;