NO MORE BOLEROS

Choreographer: Koy & John Prestridge
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Music: “No More Boleros” Steve Carse, MP3, Album “No More Boleros (in edit)"
www.tradebit.com/filedetail.php/79901185-no-more-boleros-inedit
Rhythm: Bolero RAL Phase 5 + 1 Unphased (Three Circular Spirals)
Footwork: Opposite except as noted

Timing: SQQ Except as noted
Dance Level: Average

MEAS: INTRODUCTION

1 – 2  Cuddles Pos, M FC WALL, LD FT FREE FOR BOTH, WAIT THRU INTRO NOTES HIP LIFTS L&R;
1  [Hip Lift] Sd L bringing R ft to wgted ft, -, with slight pressure on R ft lift R hip, lower R hip;
2  [Hip Lift] Sd R bringing L ft to wgted ft, -, with slight pressure on L ft lift L hip, lower L hip;

PART A

1 – 14 Cuddles 2X:: BASIC:: Hip Rocks 2X [TO A HANDSHAKE]; Shdw Brk [FC RLOD]; ½ Moon::
OP BRK; Cross Bdy; Shdw Ny’R; Bolerro WLKS 6::

1 – 2  [Cuddles] Sd L with L sd stretch giving W slight L sd lead to op W out, -, sd R with R sd stretch, rec L chg to L sd stretch placing R hnd on W’s R shldr blade leading W to CP (W sd R with R sd stretch trn’g ½ LF, -, bk L with L sd stretch extnd free arm out to sd, rec R chg to R sd stretch trn’g ½ R fc place L hnd on M’s R shldr blending to CP); sd R with R sd stretch giving W slight R sd lead to op W out, -, sd L with L sd stretch, rec R chg to R sd stretch placing L hnd on W’s L shldr blade leading W to CP (W sd L with L sd stretch trn’g ½ RF, -, bk R with R sd stretch extend free arm out to sd, rec L chan’g to L sd stretch trn’g ½ L fc, place R hnd on M’s L sd stretch blending to CP);
3 – 4  [Basic] Sd L with bdy rise, -, bk R with slipping action, fwd L; sd R with bdy rise, -, fwd L with slipping action, bk R;
5 – 6  [Hip Rocks] Rk sd L rolling hip sd and bk, -, rec L with hip roll, rec L with hip roll; rec Rd sd rolling hip sd & bk, -, rec L with hip roll, rec R with hip roll [to a R-R handshake];
7  [Shadow Break] with R hnds joined sd L with bdy rise trn’g to fc RLOD M’s L arm extnd acrs W shldrs, -, bk R, rec fwd L;
8 – 9  [Half Moon] Sd R trn’g RF with R sd stretch slight “V” shape twd ptr, -, con’t trn’g R fc fwd L, rec bk R, trn’g to fc ptr (W sd L trn’g L fc with L sd stretch slight “V” shape twd ptr, -, con’t trn’g L fc slip fwd R, rec bk L to fc ptr); trn’g ¼ L fc sd & fwd L with L sd stretch, -, slip bk R shape to ptr, fwd L con’t trn’g ¼ to fc ptr (W trn’g ¼ R fc sd & fwd R raising L arm trn’g slightly away from ptr, -, slip fwd L in front of M trn’g L fc ½, bk R con’t trn’g ¼ L fc to ptr); [M fc COH W fc wall]
10  [Open Break] Sd & Fwd R with bdy rise, -, bk L lowering, fwd R; [extend M & W’s L arms to sd throughout]
11  [Cross Body] R – R handshake  Sd & bk L trn’g L fc, -, bk R with slipping action, fwd L trn’g L fc [W sd & fwd R, -, fwd L crossing in front of M trn’g L fc, small sd R];
12  [Shadow Ny’r] R-R handshake sd R with bdy rise, -, fwd L with slipping action lowering & trn’g to sd by sd pos [Bolero Walks 6][LOD] fwd L with body rise, -, fwd R, fwd L; fwd R with body rise, -, fwd L, fwd R;

PART A [MODIFIED]

1-12 Cuddles 2X:: BASIC:: Hip Rocks 2X [TO A HANDSHAKE]; Shdw Brk [FC RLOD]; ½ Moon::
OP BRK; Cross Bdy; Hip Rock;

1 – 11  Repeat Measure 1 – 11 Part A
12  [Hip Rock] Rock sd R rolling hip sd & bk, -, rec L with hip roll, rec R with hip roll;

PART B

1 -12 Trn’g Basic; [INTO A] DBL CONTRA CHK:: Aida:: Aida Line and RK 2X; Ronde to Fnc Line; Rev U/Arm TRN; Sync Hip Basic; Bolerro Walks 6::

1  [Trn’g Basic] Blending to CP wall trn’g R fc & stp sd L, -, bk R trn’g ¼ LF [slip pivot action] sd & fwd L, trn’g ¼ LF to CP COH;
4  [Aida] Sd L rise to slight open “V” shape, -, thru R, trn’g RF stp sd L;

5  [Aida Line& Rk 2X] Cont trn’g RF to fc LOD bk R to bk to bk “V” shape, -, rk in pl L,R;
6 [Ronde to Fence Line] Fwd L with bdy rise,–, ronde R to a cross lunge thru [look RLOD], bk L;
7 [Rev U/A Trn] Sd R with bdy rise,–, cross R in front of L lowering, bk R (W sd L with bdy rise starting LF trn under jnd ld hnds,–, cross R in front lowering & trn’g ½ LF, fwd L con’t LF trn to fc ptr); [CP/COH]
8 [Syn Hip Rk s q & q] Stp sd L rolling hip sd & bk,–, sd R/L, R;
9 – 10 [Trn’g Basic] Repeat meas 1 Part B; sd R,–, fwd L chkng, bk R;
11-12 [Bolero Walk 6] Repeat Meas 13 -14 Part A

PART C
1 – 11 ½ BASIC; HORSESHOE TURN;; SHDW BRK;; HIP ROCKS;; ½ BASIC; HORSESHOE TURN;; ½ BASIC;
SYNC HIP ROCK:
1 [1/2 Basic] Repeat Meas. 3 Part A
2 – 3 [Horseshoe Turn] Stp sd & fwd R to “V” pos,–, slip thru L with chkng action [shape to ptr], rec R raising ld hnds; fwd L commencing LF trn,–, fwd R start circle wlk, fwd L con’t circle walk to fc ptr;
4 [Shdw Brk] with R hnds joined sd R to LOD trn’g ¾ LF (W RF) RLOD,–, bk L (W’s L arm extended across M’shoulders), rec R;
5 – 6 [Hip Rocks][CP] Repeat Meas 5-6 Part A
7 [1/2 Basic] Repeat Meas 1 Part A
8 - 9 [Horseshoe Turn] Repeat Meas 2 – 3 Part C
10 [1/2 Basic] [CP] Repeat Meas 2 Part A
11 [Sync Hip Rock] R-R handshake stp sd R rolling hip sd & bk,–, sd L/R, L;

PART B [MODIFIED]
1 – 10 TRN’G BASIC [INTO A]; DBL CONTRA CHK;; AIDA; AIDA LINE AND RK 2X; RONDE TO FNC LINE;
REV U/A TRN;  SYNC HIP ROCK;; TRN’G BASIC ½;  SYNC HIP ROCK;
1 – 8 Repeat Meas 1 – 8 Part B
9 [Trn’g Basic] Repeat Meas 1 Part B
10 [Sync Hip Rock] R-R handshake stp sd R rolling hip sd & bk,–, sd L/R, L;

INTERLUDE
1 – 9 OP CONTRA CK 3X;; CROSS BDY; OP CONTRA CK 3X;; CROSS BDY; BOLERO WLK 3;
1 - 3 [Op Contra Ck 3X] [R-R handshake throughout Meas 1-8] Sd & fwd R,–, fwd L acrs bdy with R shldr ld flexing knee looking at ptr, rec R (W sd & bk L,–, bk R undr bdy flexing knee looking L, rec L); sd & fwd L,–, fwd R acrs
with L shldr lead flexing knee looking at ptr, rec L (W sd & bk R,–, bk L undr bdy flexing knee looking R, rec R);
Repeat Meas 1 Interlude
4 [Cross Body] Repeat Meas 11 Part A
5 – 7 [Op Contra Ck 3X] Repeat Meas 1 – 3 Interlude
8 [Cross Bdy] Repeat Meas 11 Part A
9 [Bolero Walk 3] Repeat Meas 14 Part A

ENDING
1 – 18 TRN’G BASIC [INTO A]; DBL CONTRA CHK;; TRN’G BASIC;; AIDA; AIDA LINE & ROCK 2X; RONDE TO 
FNC LINE; REV U/A TRN; HIP ROCK; SD TCH, SD CL; FWDS STAIRS 3X;; CIRCULAR SPIRAL 3 X;;
WRP & EXTND;
1 – 3 [Trn’g Basic into Dbl Contra Chks] repeat meas 1 - 3 Part B
4 - 5 [Trn’g Basic] Repeat Meas 1 & Meas 10 Part B
6 – 9 [Aida thru Rev U/A Trn] Repeat Meas 4 -7 Part B
10 [Hip Rock] CP/w, Rock sd L rolling hip sd & bk,–, rec R with hip roll, rec L with hip roll;
11 [Sd Tch Sd Cl qqqq] [CP/w] sd R, tch L, sd L, cl R;
12 – 14 [Fwd Stairs qqqq] [CP/w] fwd L, cl R, sd L, cl R (bk R, cl L, sd R, cl L); fwd L, cl R, sd L, cl R (bk R, cl L, sd R, cl L); fwd L, cl R, sd L, cl R (bk R, cl L, sd R, cl L);
15 – 17 [CIRCULAR SPIRAL 3X] [R-R handshake] Trn’g RF stp fwd & sd L to fc RLOD leading W fwd under jnd R hnds W spirals,–, XRIB of L, sd L con’t RF trn to DLC (W spiral LF,–, fwd L, fwd R); XRIF of L con’t RF trn [lower jnd R hnds after W’s spiral,–, sd L, XRIB to fc RLOD(W fwd L & spiral RF,–, fwd R, fwd L); sd L con’t RF trn leading W fwd under jnd R hnds W spirals,–, XRIF of L fwd L (W fwd R & spiral LF,–, fwd L, fwd R);
[ends facing ptr, M fc COH]
18 [Wrp & Extnd] Bfly sd R,–, rec L, cl R (W trans in two steps sd L,–, fwd R Trn’g ½ to fc COH in wrapped pos)
in wrapped pos “Lay Back” extend L ft and arm sweep [M’s left & W’s R arms];