NO LLORES MAS CORAZON

Music: DancePlus.com Casa Musica Vol 33 Cd Luna Do Brasil – Selena
Track # 17 Time 3:43 Available from Choreographer
Rhythm: Rumba Phase: IV+2 (Adv Hokey Stick + Cont Nat Top)
Footwork: Opposite , except where (Noted)
Release Date: Dec 2013
Choreo: Jos Dierickx Beverlosestwg 14/B2 3583 Paal Belgium
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Sequence:: INTRO AA B BRIDGE AB BRIDGE END

INTRO

01-04 CP WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; CUDDLE TWICE ; ;
[Wait] CP WALL ld ft free wait 2 meas ; ; [Cuddle x 2] Sd L, rec R, cl L placing L hnd on W's R shldr blade (W trng ½ RF bk R with R arm out to sd, rec L, fwd R trng ½ LF plcg R hnd on M's L shldr), -; Sd R, rec L, cl R placing R hnd on W's L shldr blade (W trng ½ LF bk L with L arm out to sd, rec R, fwd L trng ½ RF plcg L hnd on M's R shldr), -;

PART A

01-04 OP HIP TWIST to FCG FAN LOD ; ; OP HIP TWIST to FCG FAN COH ; ;

05-06 ADVANCED HOKEY STICK / LADY SPIRAL ; ;
[Advanced Hockey Stick] [S,q,q/q,q,q,q] Fwd L, rec R trng ¼ RF, sd L (W bk R, rec L, fwd R,spiraling 7/8 LF), -; Bk R raisg ld hnds to form window, rec L trng LF 1/4, fwd R (W fwd L, fwd R & spiral 1/2 LF, bk L) to BFLY WALL, -;

07-10 NEW YORKER ; THRU SERPIENTE ; ; WHIP to COH ; ;
[New Yorker] Thru L & ¼ trng RF, [extending jnd arms in front] rec R & ¼ trng LF to fc, sd L (W Thru R & ¼ trng LF, rec L & trng ¼ RF to fc, sd R) ; [Thru Serpiente] Thru R, sd L, XRib, flair L CCW bhnd no wgt : XLib, sd R, XLif, flair L CCW no wgt to BFLY WALL ; [Whip to COH] Bk R, rec L trn LF 1/2, sd R (W fwd L, fwd R trng LF 1/2, sd L) to COH & R-HNDSHK, -;

11-14 START CROSS BODY ; INTERRUPT w/ 2 SWIVELS ; FINISH CROSS BODY ; FENCE LINE in 4 ;
[Start Cross Body] Fwd L, rec R trng LF 1/4 , sd L (W bk R, rec L, fwd R) to "L" shaped loose CP pos M fcg RLOD & W fcg WALL, - ; [Interrupt w/ 2 Swivels] [SS] Rk sd R trng body slightly LF, -, rk sd L trng body slightly RF (W fwd L swvl LF 1/2, -, fwd R swvl RF 1/2, -) still in "L" pos, - ; [Finish Cross Body] Bk R, rec L trn LF 1/4, sd R (W fwd L, fwd R trng LF 1/2, sd L) to BFLY WALL, ; [Fence Line in 4] In BFLY thruout XLif (W XRif) bendg L knee, rec R to fc ptr, sd L, cl R to BFLY WALL ; [2nd & 3rd Time : R-HNDSHK]

PART B

01-04 TRADE PLACES TWICE ; ; TRADE PLACES/W INSIDE UNDER ARM TURN ; W OUT to FC PTR & COH ;
[Trade Places x 2] Rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & COH stepping sd & bk L (W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & WALL stepping sd & bk R) joining L hnds, -; With L hnds jnd rk apt R, rec L trng ¾ LF to fc RLOD beh W then rel jnd L hnds, cont to trn ft to fc ptr & WALL stepping sd & bk R (W rk apt L, rec R trng ¼ RF to fc RLOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L) joining R hnds, - ; [Trade Places/W Insd UA trn] Rk apt L, rec R comm to pass R shldrs while trn ¾ LF and keeping R hnds jnd, cont to trn LF but slightly less than in meas 1 stepping sd L twd COH (W rk apt R, rec L, fwd R fwwd COH spiralling 7/8 LF undr jnd R hnds to end almost fcg COH), - ; [W Out to Fc] Trng bdy RF to fc COH stp fwwd twd COH R,L,R closing up (W fwwd COH L, fwd R trng ½ LF to fc WALL, sd & bk L) joining ld hnds to CP COH, -;
when it kills you, then you dance
when it hurts you, then you dance
when it burns you, then you dance
when you die, you still dance