INTRODUCTION

1-4  WAIT 1; ROCK & RECOVER; ROLL 3 to LUNGE; ROCK RECOVER FORWARD to SEMI;
1  [Wait 1] Opn fc DLW 2 ft apart trail ft free pnt side;
2  [Rk Rec SS] Rk sd R,-, rec L fc DLW, -;
3  [Roll 3 QQS] Fwd R comm RF (LF) roll DRW, sd L cont roll, trn RF (LF) soft lunge sd R fc DLW;
4  [Rk Rec SQ] Rk sd L,-, rec R blend to semi, fwd L semi DLC;

PART A

1-8  FEATHER; OPEN TELEMARK; IN& OUT RUN;; WING; DIAMOND TURN 1/2 ; QUICK DIAMOND 4;
1  [Feather SQQ] Fwd R,-, slight trn LF fwd L, fwd R bjo DLC (fwd L trn LF,-, sd & bk R, bk L bjo);
2  [Open Telemark SQQ] Fwd L trn LF,-, sd & fwd R trn LF (lady heel trn), sd & fwd L in semi DLW;
3-4  [In & Out Run SQQSQ] Thru R trn RF,-, sd & bk L trn RF, sd & bk R to bjo bkng DLW; bk L in bjo trn RF,-, sd & fwd R small step LOD trn RF, sd & fwd L in semi DLC;
5  [Wing SQQ] Fwd R body trn LF,-, cont body trn LF, tch L to R sdcr DLC (fwd L crv LF, fwd R cont crv LF, body trn LF fwd L to sdcr chng);
6-7  [Diamond Turn 1/2 SQQSQ] Fwd L bjo trn LF,-, sd & bk R bjo trn LF, bk L bjo backing DLW; bk R trn LF mom cp,-, sd & fwd L to bjo DRW, fwd R bjo DRW;
8  [Qk Diamond 4 QQQQ] Fwd L bjo trn LF, sd & bk R bjo trn LF, bk L bjo backing DRC; bk R trn LF cp bkng DRC;

9-16  OVERSWAY & RECOVER dlc; OPEN TELEMARK: FEATHER; 3 STEP; NATURAL TURN; OPEN IMPETUS; PROMENADE WEAVE;;
9  [Overway & Recover SS] Trn LF sd & fwd L cp soften knee slhlt body trn LF shpe rght look over lad's head (lady look well lft) ,- rec R rise slight body trn RF to cp fc DLC;
10  [Open Telemark SQQ] Fwd L trn LF,-, sd & fwd R trn LF (lady heel trn), sd & fwd L in semi DLW;
11  [Feather SQQ] Fwd R,-, slight trn LF fwd L, fwd R bjo DLW (fwd L trn LF,-, sd & bk R, bk L bjo);
12  [3 Step SQQ] Fwd L trng LF to cp DLW,-, fwd R on heel to toe slight right sd lead, fwd L toe heel to cp DLW;
13  [Nat Turn SQQ] Trn RF fwd R,-, trn RF sd & bk L slight sway rght, bk R to cp bkng LOD;
14  [Op Impetus SQQ] Com RF trn bk L,-, trn RF on L heel cl R, cont body trn RF sd & fwd L to semi DLC (fwd R,-, trn RF sd & fwd L trn RF brush R to L, sd & fwd R in semi DLC);
15-16  [Prom Weave SQQQQQQ] Thru R,-, fwd L trn LF, sd & bk R to bjo bkng LOD; bk L in bjo, bk R to cp trn LF, sd & fwd L DLW to bjo, fwd R in bjo DLW;

PART B

1-8  HOVER dlc; OPEN NATURAL; OUTSIDE CHANGE to SEMI; CROSS PIVOT to SDCAR; CROSS HOVER to SEMI; FOXTROT WEAVE to SEMI;; WHIPLASH;
1  [Hover SQQ] Blind CP fwd L,-, sd & fwd R body trn LF, sd & fwd L in semi DLC;
[Open Nat SQQ] Thru R DLC trn RF,-, sd & bk L trn RF slight sway right (fwd R), sd & bk R to bjo bkng DLC;

[Outside Chnge Semi SQQ] Bk L in bjo,-, bk R to cp trn LF, sd & fwd L to semi DLW;

[Cross Pivot Scar SQQ] Trn RF thru R,-, fwd & sd L ppt RF to sdcr DLW, fwd & sd R to sdcar sway left (thru L,-, fwd R trn RF, sd & bk L to sdc);

[Cross Hvr Semi SQQ] Fwd L in sdcr lose sway body trn RF,-, fwd R btwn lady's feet to cp, RF body trn sd & fwd L to semi DLC (bk R in sdcr head left head left,-, body trn RF sd & bk L to CP, trn RF sd & fwd R to semi);

6-7 [FT Weave to Semi SQQSQQ] Thru R,-,fwd L trn LF, bk R to bjo bkng LOD; bk L in bjo,-, bk R to cp trn LF, fwd & sd L to semi DLW;

8 [Whiplash SS] Thru R no rise ppt L to DLW shape to slight lft sway,-, trn body LF to swivel lady to bjo shpe to rght sway slight rise in bjo DLW (thru R onde R ccw to bjo,-, swivel LF shape with man slight rise in bjo w/shape);

9-16 BACK HOVER to SEMI; CURVED FEATHER CHECK; BACK FEATHER; FEATHER FINISH; CHANGE of DIRECTION; REVERSE WAVE; OPEN IMPETUS;

9 [Bk Hover to Semi SQQ] Lose sway bk L in bjo,-, sd & bk R body trn RF hover action, rec sd & fwd L to semi DLW;

5 [Curve Feather Ck SQQ] Trn RF thru R,-, fwd & sd L trn RF, strng trn RF sml step fwd R to bjo DRW cking (thru L,-, slight body trn RF sd R, strng trn RF sml step bk in bjo cking);

11 [Bk Feather SQQ] Bk L slight trng body RF no head trn,-, bk R to bjo backing LOD, bk L in bjo bkng LOD;

12 [Feather Finish SQQ] Bk R trn LF,-, sd & fwd L slight LF trn, fwd R bjo DLW;

13 [Chng Dir SS] Fwd L DLW to cp body trn LF,-, fwd R on inside edge trn LF to whole foot draw L toward R to fc DLC cp slight rise ,-

14-15 [Rev Wave SQQSQQ] Fwd L trn LF,-, fwd & sd R trn LF (lady heel trn), bk L cp fc DRC; bk R,-, bk L slight left sd lead (lady heel lead) slight curve LF, bk R in cp fc RLOD;

16 [Op Impetus SQQ] Com RF trn bk L,-, trn RF on L heel cl R, cont body trn RF sd & fwd L to semi DLC (fwd R,-, trn RF sd & fwd L trn RF brush R to L, sd & fwd R in semi DLC);

END

1-8 CHANGE of DIRECTION; FORWARD RIGHT LUNGE; ROCK & RIGHT LUNGE; BACK HOVER TELEMARK dlw; CURVED FEATHER CHECK; BACK FEATHER; BACK & CHESSE to SEMI; THRU TO SLOW OVERWAY;

1 [Chng Dir SS] Fwd L DLW to cp body trn LF,-, fwd R on inside edge trn LF to whole foot draw L toward R to fc DLC cp slight rise ,-

3 [Fwd Right Lunge SS] Fwd L DLC, -, fwd R soften knee shape to right lady shape well to lft,-;

3 [Rk & Lunge SS] Rec bk L, -, rec fwd R soften knee shape to right lady shape well to lft,-;

4 [Bk Hover Telemark SQQ] Bk L com RF body trn,-, sd & fwd R rise cont body trn RF, sd & fwd L to semi DLW (fwd R trn RF,-, sd L trn RF brush R to L, sd & fwd R in semi DLW);

5 [Curve Feather Ck SQQ] Trn RF thru R,-, fwd & sd L trn RF, strng trn RF sml step fwd R to bjo DRW cking (thru L,-, slight body trn RF sd R, strng trn RF sml step bk in bjo cking);

6 [Bk Feather SQQ] Bk L slight trng body RF no head trn,-, bk R to bjo backing LOD, bk L in bjo bkng LOD;

7 [Bk Chasse to Semi SQ&Q] Bk R trn LF,-, sd & fwd L DLW/cl R, sd & fwd L in semi DLW;

8 [Thru Oversway QS-] Thru R, sd & fwd L soft knee shpe up to hi-line both look DLW lwr rght hip slght body trn LF to oversway line as music fades, - ,

Sequence: Intro, A, B, A, B(1-12), End