

My Girl



Choreographer: Peter & Chama Gomez Berthoud, CO 80513
Record: Web Site: <http://www.InSyncDancers.org>
Download Link: E-mail: peterandchama@insyncdancers.org **Date:** 02/28/2010 v3
YouTube Video: The Temptations: The Definitive Collection Track 2 **Time:** 02:44
Footwork: <http://www.youtube.com/watch?v=ItRwmqYEUr8>
Rhythm: <http://www.youtube.com/watch?v=4P1x7Yy9CXI&feature=related>
Sequence: Opposite unless noted (Woman's footwork in parenthesis)
2010 RAL Rumba Unphased 4
(Rumba Scoot, Temptation Slide, Temptation Taps)
Intro – AB – Bridge – CA – Ending

Meas Intro

1- 4 WAIT 2 MEAS.;; TEMPTATION TAPS;;;

- 1-2 **[Wait 2 meas.]** M has hands beh his back and his L ft free, W has R ft free. Wait 2 meas.;;
3-4 **[Temptation Taps SQQQ&QQQ]** Press ball of L ft in front, -, cross L to the side of the R ft & press toes to floor, uncross L and press ball of L ft in front of R ft, step bk L twds COH trn 1/8 RF; Kick R/stp in plc R, step in place L, sd & fwd R;

Part A

1- 8 FENCE LINES w/ARM SWEEP;;; SPOT TRN; CHASE PEEK-A-BOO;;;

- 1-4 **[Fence Lines]** XLIF of R, rec R to fc, sd L, -; XRIF of L, rec L to fc, sd R, -; XLIF of R, rec R to fc, sd L, -; **[Spot Trn]** Trn LF to fc LOD fwd R, cont LF trn to fc RLOD fwd L trn LF to fc ptr, sd R, -;
5-8 **[Chase Peek-a-Boo]** Fwd L trn RF 1/2, rec R, fwd L (Bk R, rec L, fwd R), -; Rk sd R, rec L, cl R, -; Rk sd L, rec R, cl L, -; Fwd R trn LF 1/2, rec L, fwd R (Fwd L, rec R, bk L), -;

9- 16.5 CHASE;;;; TIMESTEPS 3X;;; SD, - CROSS BREAK; in 4-

- 9-12 **[Chase]** Fwd L trn RF 1/2, rec R, fwd L (Bk R, rec L, fwd R), -; Fwd R trn LF 1/2, rec L, fwd R (Fwd L trn RF 1/2, rec R, fwd L), -; Fwd L, rec R, bk L (Fwd R trn LF 1/2, rec L, fwd R), -; Bk R, rec L, fwd R -;
13-16.5 **[Timesteps 3x]** XLIB of R, rec R, sd L, -; XRIB of L, rec L, sd R, -; XLIB of R, rec R, sd L, -; **[Sd, - Cross Break in 4]** Sd R, -, XLIF of R, rec R; Sd L, rec R -

Part B

1- 8 FLIRT to FAN;; ALEMANA from FAN;; CUDDLES 3X;; UARM TRN;

- 1-4 **[Flirt to Fan]** Fwd L, rec R, sd L (Bk R, rec L, fwd R turn LF to Varsouvienne pos) -; Bk R, rec L, sd R lead W to fan (Bk L, rec R, sd L trn RF to face RLOD in fan pos), -; **[Alemana from Fan]** Fwd L, rec R, cl L (Cl R, fwd L, fwd R comm RF swivel to fc ptr), -; Comm 1/8 RF trn Bk R, rec L trn 1/8 LF, Sd R blend to CP (Cont RF trn to DLOD/COH fwd L trn RF 1/2, fwd R cont RF trn to fc ptr, Sd L blend to CP), -;
5-8 **[Cuddles 3x]** Sd L with RF upper bdy trn to lead Idy to open out, rec R with R arm tension to lead Idy to ret to fc, cl L (Swiveling up to 1/2 RF bk R with free arm out to sd op up to 1/2, rec L, trng LF fwd & sd R to CP with R arm on M L shldr), -; Sd R with LF upper bdy trn to lead Idy to open out, rec L with L arm tension to lead Idy to ret to fc, cl R (Swiveling up to 1/2 LF bk L with free arm out to sd op up to 1/2, rec R, trng RF fwd & sd L to CP with L arm on M R shldr), -; Sd L with RF upper bdy trn to lead Idy to open out, rec R with R arm tension to lead Idy to ret to fc, sm sd L raising lead hnd (Swiveling up to 1/2 RF bk R with free arm out to sd op up to 1/2, rec L, trng LF fwd & sd R to fc ptr raise lead hnd), -; **[Uarm Trn]** Under jnd lead hnds trn slightly RF bk R, rec L trn to fc ptr, sd R (Cross L in frt of R under, lead hnds comm. RF trn 1/2, rec R cont trn fc ptr, sd L), -;



Part B cont.

9-16.5 CHASE;;;; TIMESTEPS 3X;;;; SD, - CROSS BREAK; in 4-

9-16.5 Repeat meas. 9 through 16.5 of Part A;;;;;;;

Interlude

1-4 JAZZ BOX;; TEMPTATION SLIDE;;

- 1-2 [Jazz Box] XLIF of R, -, bk R, -; Sd L, -, fwd R, -;
3-4 [Temptation Slide] Clap once then ext arms dwn and slightly out at sides w/ palms fcg up & out, sml stp fwd L bend knees & lower scooping arms in front, and rise while trng ¼ RF with hands in front off body at shldr level M looking at lady, -; Continue looking at ptr sd R/cl L clap hands, sd R/cl L clap hands, sd R/cl L clap hands, sd R/cl L clap hands;

Part C

1-8.5 RUMBA SCOOT L & R;; 2X;; CIRC WLK 6;;; CROSS BREAK in 4; KNEE POPS -

- 1-8.5 [Rumba Scoot L & R 2X] Moving fwd on diag. LOD/WALL twds ptr fwd L, cl R, fwd L trn RF, -; Moving fwd on diag. RLOD/WALL twds ptr Fwd R, cl L, fwd R trn LF, -; Repeat meas. 1-2;; [Circ Wlk 6] Wlk in full circle fwd L, -, fwd R, -; Fwd L, -, fwd R, -; Fwd L, -, fwd R, -; [Cross Break in 4] XLIF of R, rec R, sd L, rec R; [Knee Pops] Stp in pl L move R knee XIF of L, stp in pl R move L knee XIF of R -

Part A

1-8 FENCE LINES w/ARM SWEEP;; SPOT TRN; CHASE PEEK-A-BOO;;;;

- 1- 4 [Fence Lines] XLIF of R, rec R to fc, sd L, -; XRIF of L, rec L to fc, sd R, -; XLIF of R, rec R to fc, sd L, -; [Spot Trn] Trn LF to fc LOD fwd R, cont LF trn to fc RLOD fwd L trn LF to fc ptr, sd R, -;
5- 8 [Chase Peek-a-Boo] Fwd L trn RF ½, rec R, fwd L (Bk R, rec L, fwd R), -; Rk sd R, rec L, cl R, -; Rk sd L, rec R, cl L, -; Fwd R trn LF ½, rec L, fwd R (Fwd L, rec R, bk L), -;

9-16.5 CHASE;;;; TIMESTEPS 3X;;;; SD, - CROSS BREAK; in 4 -

- 9-12 [Chase] Fwd L trn RF ½, rec R, fwd L (Bk R, rec L, fwd R), -; Fwd R trn LF ½, rec L, fwd R (Fwd L trn RF ½, rec R, fwd L), -; Fwd L, rec R, bk L (Fwd R trn LF ½, rec L, fwd R), -; Bk R, rec L, fwd R -;
13-16.5 [Timesteps 3x] XLIB of R, rec R, sd L, -; XRB of L, rec L, sd R, -; XLIB of R, rec R, sd L, -; [Sd, - Cross Break in 4] Sd R, -, XLIF of R, rec R; Sd L, rec R -

Ending

1-4.5 HAND to HAND; OP CRAB WLKS;; SPOT TRN; BK WLK 2 & BOW

- 1-4.5 [Hand to Hand & QQQ] M offer trail hnd to W/trn 1/4 LF step bhd L to V-shape bk-to-bk (W take M's trail hnd/trn 1/4 RF step bhd R to V-shape bk-to-bk), rec R to fc ptr, sd L; [Op Crab Walks] XRIF of L trn upper body LF to fc LOD, trn upper body RF sd L. XRIF of L trn upper body LF to fc LOD, -; Trn upper body RF sd L. XRIF of L trn upper body LF to fc LOD, trn upper body RF sd L, -; [Spot Trn] Trn LF to fc LOD fwd R, cont LF trn to fc RLOD fwd L trn LF to fc ptr, sd R, -; [Bk Wlk 2 & Bow] Bk L, -, bk R, and bow Temptation style;