MY WAY

Choreo: Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music: Teichiku TFC-5008 CD Track 11
or available from choreographer on MP3 file or others
e-mail: d-do@tcp-ip.or.jp
Rhythm: Slow Two Step Phase IV + 1 [Triple Traveler] + 1 [Sweetheart Switch]
Sequence: Intro - A - B - C - B - C - Ending
Timing: SQQ unless noted by side of measure

Speed: 25 MPM [10% Tempo Up]
Footwork: Opposite except where noted
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INTRO

1 - 4 WAIT: FWD W DEVELOPE: W OUTSD ROLL TO FC: TIME STEP:
1 {Wait} Bfy Bjo Wall trail ft free wait 1 meas;
2 {Forward W Develope} Fwd R oustd ptr chkg, hold, hold
(W bk L, bring R ft up to insd of L knee, extend R ft fwd);
3 {W Outside Roll To Face} Bk L to fc Wall raise jnd lead hnds to lead W to underarm roll, sd R,
XLIF (W fwd R comm roll RF under jnd lead hnds [outside roll], bk L cont roll, fwd R cont roll
to fc ptr);
4 {Time Step} Sd R with body lower hnds extended sd palms up, XLIB (W XRIB) rise on toe,
rec R blend to CP;

[hereafter same body rise & lower action i.e. S with lower, Q with rise, Q with flat]

PART A

1 - 4 BASIC:: OPEN BASICS::
1-2 {Basic} In CP sd L,-, bhd R, rec L; sd R,-, bhd L, rec R;
3-4 {Open Basics} Sd L to Left Half Open,-, XRIB, rec L; sd R to Half Open,-, XLIB, rec R to Bfy;

5 - 8 LUNGE BASIC; W INSD ROLL; M OUTSD ROLL; LUNGE BASIC;
5 {Lunge Basic} Sd L with lunge action,-, rec R, thru L;
6 {W Inside Roll} Sd R release trail hnds and raise jnd lead hnds to lead W to underarm roll, XLIF,
sd R (W sd L comm roll LF under jnd lead hnds [inside roll], bk R cont roll to fc ptr, sd L)
end LOP Fcg Wall;
7 {M Outside Roll} XLIF comm roll LF under jnd lead hnds [M’s outside roll], bk R cont roll,
fwd L cont roll to fc ptr blend to Bfy (W XRF), sd L, XRF) end Bfy Wall;
8 {Lunge Basic} Sd R with lunge action,-, rec L, thru R pick W up to fc LOD;

9 - 12 L TRN w/INSD ROLL OVTRND TO BK TRAVELING X CHASSE 3X TO FC:;
9 {Left Turn With Inside Roll Overturned} Comm trn LF XLIF raise lead hnds to lead W to
insd roll, sd R twd DLC, XLIF cont trn to fc RLOD (W bk R comm insd roll,-, fwd L twd
DLC cont roll, bk R cont roll to fc ptr) end Low Bfy RLOD;
10-12 {Back Traveling Cross Chasse 3 Times To Face} Sd & bk R twd DLC,-, sd & bk L twd DLW
with L shoulder lead, XRF (W sd & fwd L twd DLC,-, sd & fwd R twd DLW with R shoulder
lead, XLIF); sd & bk L twd DLW,,-, sd & bk R twd DLC with R shoulder lead, XLIF
(W sd & fwd R twd DLW,-, sd & fwd L twd DLC with L shoulder lead, XRF);
sd & bk R twd DLC trn LF to fc DLW,-, sd & fwd L twd LOD, XRF
(W repeat meas 10 Part A) end Low Bfy Wall;
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(Continued)

13 - 16 **OPN BRK; WHEEL 6:: BASIC END:**
13 {Open Break} Sd L to LOP Fcg,-, rk apt R free trail hnd extended sd palm down, rec L;
14-15 {Wheel 6} Tog R to Bolero Bjo Pos,-, wheel RF fwd L, R to fc COH: L,-, R, L to fc Wall;
16 {Basic Ending} Blend to CP repeat meas 2 Part A;

**PART B**

1 - 4 **SWITCHES:: TRNG BASIC::**
1-2 {Switches} Cross in front of W sd L to Left Half Open,-, fwd R, fwd L;  fwd R,-, fwd L, fwd R (W fwd R,-, fwd L, fwd R;  cross in front of M sd L to Half Open,-, fwd R, fwd L);
3-4 {Turning Basic} Blend to CP sd & fwd L trn upper body RF to fc RLOD,-, rec R trn 1/4 LF with slip pivot action, sd & fwd L cont trn to fc COH (W sd R,-, fwd L trn 1/4 LF with slip pivot action, sd & bk R cont trn to fc ptr);  repeat meas 2 Part A end CP COH;

5 - 8 **UNDERARM TRN; RONDE LARIAT; W OUTSD ROLL:: BASIC END:**
5 {Underarm Turn} Sd L raise jnd lead hnds palm-to-palm,-, XRIB, rec L;  (W sd R,-, XLIF trn 3/4 RF under jnd lead hnds, rec fwd R cont trn to fc ptr);
6 {Ronde Lariat} Blend to CP sd & fwd R between W’s feet trn upper body RF to lead W to ronde CW,-, swivel LF on R under raised jnd lead hnds to LOP RLOD, hold (W sd L ronde R CW,-, XRIB, sd & fwd L to fc RLOD);
7 {W Outside Roll} Comm trn LF XLIF,-, sd & fwd R, XLIF cont trn to fc Wall (W fwd R comm outsd roll,-, bk L cont roll, fwd R cont roll to fc ptr) end CP Wall;
8 {Basic Ending} Repeat meas 2 Part A with pick W up to fc LOD;

9 - 12 **TRIPLE TRAVELER::; BASIC END:**
9-11 {Triple Traveler} Fwd L comm LF upper body trn to lead W to M’s left side raise lead hnds to lead W to insd roll,-, fwd R, fwd L (W bk R comm insd roll,-, cont trn fwd L twd LOD cont roll, bk R cont roll to fc LOD) end LOP LOD;
   fwd L spiral LF under jnd lead hnds,-, fwd L, fwd R (W fwd L,-, fwd R, fwd L) end LOP LOD;
   fwd L bring jnd hnds down and back in a continuous circular motion to lead W to outsd roll,-, sd & fwd R to fc ptr, XLIF (W fwd R comm outsd roll,-, bk L cont roll, fwd R cont roll to fc ptr) end CP COH;
12 {Basic Ending} Repeat meas 2 Part A;

13 - 16 **R TRN w/OUTSD ROLL:: BASIC END; FALWY RONDE w/ROLL OUT TO FC::**
13 {Right Turn With Outside Roll} Crossing in front of W sd & bk L to fc RLOD,-, sd & bk R almost XIB trn 1/4 RF lead W to twirl, XLIF to fc ptr (W fwd R comm outsd roll,-, sd L cont roll, sd R cont roll to fc ptr) end CP Wall;
14 {Basic Ending} Repeat meas 2 Part A;
15-16 {Fallaway Ronde With Roll Out To Face} Blend to Bfly sd L ronde R CW (W CCW),-, XRIB comm roll LF (W RF), fwd L twd LOD cont roll;  bk R cont roll to fc ptr & Wall,-, sd L, thru R blend to Bfly Wall;

**PART C**

1 - 4 **TWISTY BASICS W WRAP TRANS:: SWEETHEART RUN 2X::**
1-2 {Twisty Basics To Wrap W Transition} In Bfly sd L,-, XRIB (W XLIF), rec L;
**SQQ**
   sd R raise jnd lead hnds to lead W to trn LF,-, XRIB, rec R (W sd L,-, XRIF trn 3/4 LF under jnd lead hnds, rec L/cl R) end Wrapped Pos fc LOD both L ft free;
3-4 {Sweetheart Run Twice} [same footwork] Fwd L,-, R, L;  R,-, L, R;

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5 - 8  SWEETHEART SWITCH: W ACROSS: W SYNC OUTSD ROLL: FRONT VINE 3:

5  {Sweetheart Switch} In Wrapped Pos comm trn RF reach sd & fwd L across W cont trn to
Left Wrapped Pos fc LOD (W comm trn RF sm step sd L cont trn to fc LOD), fwd R, L;

6  {W Across} Sm step fwd R extend wrapped arm to allow W to across M
(W sd & fwd R across M to Wrapped Pos fc LOD), fwd L, R;

7  {W Syncopated Outside Roll} Fwd L,-, raise jnd lead hnds to lead W to outsd roll trn slightly RF
(SQ&Q) XRIF, sd & fwd L (W fwd L,-, outsd roll R/L, R to fc ptr) end Bfly Wall;

8  {Front Vine 3} Thru R,,-, sd L, bhd R;

9 - 12  SPOT TRN; VINE 6:: BASIC END:

9  {Spot Turn} Sd L,-, release hnds XRIF trn 3/4 LF, fwd L cont trn to fc ptr end Bfly Wall;

10-11 {Vine 6} Sd R,,-, bhd L, sd R; thru L,,-, sd R, bhd L;

12  {Basic Ending} Repeat meas 2 Part A;

REPEAT PART B

REPEAT PART C except end Bfly Wall

END

1 - 3  SYNC VINE; PROM SWAY; OVRSWAY:

SQ&Q 1  {Syncopated Vine} In Bfly sd L,-, bhd R/sd L, thru R;

SS 2  {Promenade Sway} Blend to SCP sd & fwd L stretch body upward to look over jnd lead hnds,-,
relax L knee,,-;

SS 3  {Oversway} Gradually stretch left sd look ptr (W stretch right sd look well left),,-;

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