MY WAY

INTRO

1-2 Wait two meas in V bk to bk pos M fcd R SWV R L & W's R hnds jnd wt on M's R & W's L ft.;
3 Roll LF (W RF) twd ECLD L.R.L TO bfly; -;
4 Sd R, rec L, cl R, -.

PART A

1 Rl trailing hnds fcd L, rec R, sd L, -;
2 Bk R, rec L, sd R (W swv L trn 1/4 LF sd & bk R, bk R leave R extd fcd); -;
3 Fd L, rec R, cl L (W cl R, fcd L, fvd R), -;
4 Bk R, rec L, fvd R following the W (W fvd L, fvd R trng LF under jnd lead hnds to fc prtr. sd & bk L); -;
5-6 Fd L, rec R, cl L (W bk R, rec L, sd R), -; bk R, rec L, sd R (W fvd L XIF trng RF, fvd R cont trng, sd L cont trng) to sd by sd fcd ECLD R arms ext to sd M's bnd W's, -;
7 Ek Bk L, rec R, fcd L, -;
8-9 Fd L R.L.R.; L.R.L placing each ft directly in frt of supporting foot., -;
[Option: W may spiral on last kiki step]; -;
10 Rl L hnd & jn R to W's L hnd step thru R L.CD trng RF, rel hnds & jn lead hnds sd L cont RF, bk R end V bk to bk pos, -;
11 Trng LF (W RF) to fc prtr sd L check bringing jnd hnds thru, rec R, sd L, -;
12 Rl hnds XIF trng LF (W XIF trng RF) leaving L in pl, rec L trng LF (W RF) to fc prtr, sd R end BFLY fcd Wall, -;
13 Bk apt L to L.CD ext fcd arm straight up, rec R lowering free arm, sd L (W fvd R between M's ft) commence RF trn to CF ECLD, -;
14 XIF trng RF, sd L, XIF trng RF (W sd L, XIF, sd L trng RF), -;
15 sd L trng RF, XIF, sd L trng RF (W XIF, sd L, XIF, trng RF), -;
16 XIF trng RF, sd L trng RF, cl R (W sd L, XIF, sd L trng RF), end CF, -;
[Note: Full Nat Top make two complete revolutions meas 14, 15 & 16]

PART B

1 Fd L, rec R, cl L (W swv 1/2 RF on L fx bk R, rec L swv 1/4 LF, sd R swv 1/4 RF to fc ECLD), -;
2 Bk R, rec L, sd & fvd R to fc wall (W fvd L twd ECLD, fvd R trng LF, cont LF trn to fc wall in L shadow stepping slightly bk L & release hnds), -;
3 Fd L ck & trn body to left xing thigs, rec R straightening body, sd L (W bk R ck & trn body to L xing thigs, rec L straightening body, sd R slide across in frt of M), -;
4 Fd R ck & trn body to right xing thigs, rec L straightening body, sd R (W bk L ck & trn body to R xing thigs, rec R straightening body, sd L slide across in frt of M), -;
5 Fd L ck & trn body to left xing thigs, rec R straightening body, sd L (W bk R ck & trn body to L xing thigs, rec L straightening body, fvd R trng RF to fc prtr), -;
6 Rpe Meas 12 Part A;
7 Sd L, rec R, cl L plncing L hnd on W's R shldr blade (W trng 1/2 RF bk R free arm out of the sd, rec L trng 1/2 LF, cl E pl R hnd on M's L shldr), -;
8 Sd R, rec L, cl R plncing R hnd on W's L shldr blade (W trng 1/2 LF bk L free arm out to the sd, rec R trng 1/2 RF, cl L pl L hnd on M's R shldr), -;
9 Jn M's R hnd & W's L bk L (W bk R) trng LF (W RF) to fc ECLD, fvd R, rel hnds fvd L both spiral RF (W RF) jn M's R & W's L hnds, -;
10 Thru R L.CD trng RF (W LF) releasing M's R & W's L hnds & joining lead hnds, sd L ECLD cont RF trn (W LF), bk R end V bk to bk pos, -;
11 Rpe Meas 11 Part A; -;
12 Rpe Meas 12 Part A;

ENDING

Last time thru Meas 12 Part B cl L and pt R ECLD with arms out to the sd (Q, Q/s, S, -).