CHOREO: Doug & Cheryel Byrd  (423) 842-7626  
1443 Britt Lauren Way, Soddy Daisy, TN 37379
MUSIC: My Mother My Teacher My Friend
ARTIST: Owen Mac
FOOTWORK: Opposite except where indicated
RHYTHM: Fox trot
DEGREE OF DIFFICULTY: Average
SEQUENCE: INTRO AB AB INTLD C B(5-16) ENDING

MEAS:  
INTRO  
1-4  WAIT 2 MEASURES;  2 SIDE TOUCHES; DIP BACK & RECOVER;  
1-2  CP LOD wt 2 meas;  ;  
3  Sd L, tch R next to L, sd R, tch L next to R;  
ss  4  Dip bk L, -, rec R, -;  

PART A  
1-4  FORWARD RUN 2 TWICE;  2 LEFT TURNS;  ;  
1-2  Fwd L, -, fwd R, fwd L;  fwd R, -, fwd L, fwd R;  
3-4  Fwd L comm LF upper bdy trn, -, cont to trn sd & bk R, cl L;  bk R comm LF upper bdy trn, -, cont to trn sd & fwd L, comp trn cl R to WALL ;  
5-8  HOVER;  THRU CHASSE BJO;  MANEUVER;  HESITATION CHANGE;  
5-6  Fwd L, -, fwd & slightly sd R rising to ball of foot, sd & slightly fwd L to tight SCP;  thru R comm trn to fc, -, sd L/c L R, sd L to BJO ;  
7-8  Comm RF trn fwrd R, -, cont RF trn to fc ptr sd L, comp trn cl R (bk L comm a RF trn, -, sd R, cl L);  comm RF upper bdy trn bk L, -, sd R cont RF trn starting to draw L to R & cont drawing L to R over the remainder of the meas, - ;  
9-12  TELEMARK SCP;  CHAIR RECOVER FACE;  BOX ;  
9-10  Fwd L comm to trn LF, -, sd R cont LF trn, sd & slightly fwd L to end in tight SCP (bk R comm to trn L bringing L beside R w/o wgt, -, trn LF on R heel [heel trn] & chg wgt to L, sd & slightly fwr R to end in tight SCP);  ck thru R w/ lun action, -, rec L, fc R ;  
11-12  Fwd L, -, sd R, cl L ;  bk R, -, sd L, cl R ;  
13-16  TWISTY VINE 3;  MANEUVER;  SPIN TURN;  BOX FINISH;  
13-14  Sd L, -, XRib (XLif), sd L ;  comm RF trn fwrdd R, -, cont RF trn to fc ptr sd L, comp trn cl R (bk L comm a RF trn, -, sd R, cl L) ;  
15-16  Comm RF upper bdy trn bk L toe pvtg ½ RF to fc LOD, -, fwrdd R between W's feet heel to toe cont RF trn keeping L leg xnded bk & sd, comp trn sd & bk L to CP DLW (comm RF upper bdy trn fwrdd R between M's feet heel to toe pvtg ½ RF, -, bk L toe cont trn brush R to L, comp trn sd & fwrdd R) ;  bk R trng LF, -, sd L, cl R to CP DLC ;  

PART B  
1-4  DIAMOND TURN SCAR;  ;  ;  
1-2  Fwd L trng LF on the diag, -, cont LF trn sd R, bk L w/ the ptr outsbd the M in BJO ;  staying in BJO & trng LF bk R, -, sd L, fwrdd R outsbd ptr in BJO ;  
3-4  Fwd L trng LF on the diag, -, sd R, bk L w/ the ptr outsbd M in BJO ;  bk R cont LF trn, -, sd L, fwrdd R to SCAR ;  
5-8  CROSS HOVER 3x SCP;  ;  ;  PICKUP;  
5-6  Fwd L w/ slight Xing action comm to rise & beg a ½ LF trn, -, sd & slightly fwrdd R cont to rise & comp the ¼ LF trn, diag fwrdd L to BJO lowering at end of stp ;  fwrdd R w/ slight Xing action comm to rise & beg a ½ RF trn, -, sd & slightly fwrdd L cont to rise & comp the ¾ RF trn, diag fwrdd R to SCAR lowering at end of stp ;  
7-8  Fwd L w/ slight Xing action comm to rise & beg a ¼ LF trn, -, sd & slightly fwrdd R cont to rise w/ slight RF bdy trn, diag fwrdd L to SCP lowering at end of stp (fwrdd R) ;  thru R, -, fwrdd & sd L w/ LF upper bdy trn ldg W to CP, cl R to CP LOD (thru L comm LF trn, -, fwrdd & sd R in frnt of M trng LF to CP, cl L) ;
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PART B (Cont)

9-12  TELEMARK SCP; IN & OUT RUNS; THRU FACE CLOSE;

9-10  Fwd L comm to trn LF, -, sd R cont LF trn, sd & slightly fwd L to end in tight SCP (bk R comm to trn L bringing L beside R w/ no wgt, -, trn LF on R heel [heel trn] & chg wgt to L, sd & slightly fwd R to end in tight SCP); fwd R starting RF trn, -, sd & bk DLW on L to CP, bk R to BJO (fwd L, -, fwd R between M’s feet, fwd L outsd the M in BJO);

11-12  Using CBM bk L trng RF, -, sd & fwd R between W’s feet cont RF trn, fwd L to SCP (using CBM fwd R starting RF trn, -, fwd & sd L cont RF trn, fwd R to SCP); thru R, -, fc L, cl R;

13-16  WHISK; THRU HOVER BJO; BACK HOVER SCP; PICKUP;

13-14  Fwd L, -, fwd & sd R comm rise to ball of foot, XLib of R cont to full rise on ball of foot ending in a tight SCP; thru R, -, fwd L w/ slight rise, rec R to BJO (thru L, -, fwd R w/ slight rise trng LF & brush free ft to supporting ft, rec L to BJO);

15-16  Bk L, -, sd & bk R w/ a slight rise, rec L to SCP (fwd R, -, sd & fwd L w/ a slight rise trng RF & brush free ft to supporting ft, rec R to SCP); repeat meas 8 PART B;

[NOTE: 3rd time end meas 16 in SCAR]

INTLD

1-4  INTERRUPTED BOX SCAR;

1-2  Fwd L, -, sd R, cl L; bk R w/ slight RF upper bdy rotation & raising ld hnds, -, sd L ldg W to beg crvg RF undr jnd ld hnds, cl R; (bk R, -, sd L, cl R; fwd L w/ slight RF upper bdy rotation, -, crv fwd R comm full RF circ undr jnd ld hnds, crv fwd L);

3-4  Fwd L, -, sd R, cl L to CP; bk R, -, sd L, cl R to SCAR; (crv fwd R, -, crv fwd L, crv fwd R comp full RF circ to CP; fwd L, -, sd R, cl L to SCAR);

PART C

1-4  CROSS HOVER SCP; THRU CHASSE SCP; THRU FACE CLOSE; WHISK;

1-2  Repeat meas 7 PART B; thru R comm trn to fc, -, sd L/cl R, sd L to SCP;

3-4  Thru R, -, fc L, cl R; repeat meas 13 PART B;

5-8  WING; TELEMARK SCP; HOVER FALLAWAY; SLIP PIVOT;

5-6  Fwd R, -, draw L twd R, tch L to R trng upper part of bdy LF w/ L sd stretch to tight SCAR (fwd L beg to Xif of M comm trn slightly LF, -, fwd R arnd M cont to trn slightly LF, fwd L arnd M comp slight LF trn to end in a tight SCAR); fwd L outsd W comm to trn LF, -, sd R cont LF trn, sd & slightly fwd L to end in tight SCP (bk R comm to trn L bringing L beside R w/ no wgt, -, trn LF on R heel [heel trn] & chg wgt to L, sd & slightly fwd R to end in tight SCP);

7-8  Staying in SCP throughout fwd R, -, fwd L rising to ball of ft & ckg, rec on R; bk L, -, bk R comm LF trn [keeping L leg xtnded], fwd L to BJO (bk R comm LF pvt on ball of ft [thighs locked L leg xtnded], -, fwd L comp LF trn plcg L ft near M’s R ft, bk R to BJO);

9-12  CHECK FORWARD (LADY DEVELOPE); OUTSIDE SWIVEL 2x; BACK HOVER SCP; PICKUP SCAR;

9-10  Fwd R outsd ptr ckg, -, -, (bk L, -, bring R ft up L leg to inside of L knee, xtd R ft fwd); bk L w/ RF upper bdy rotation to SCP, -, rec R to BJO, - (fwd R swvl RF on ball of R ft to SCP, -, fwd L swvl LF on ball of L ft to BJO, );

11-12  Repeat meas 15 PART B; thru R, -, fwd & sd L w/ LF upper bdy trn ldg W to CP, cl R to SCAR LOD (thru L comm LF trn, -, fwd & sd R in frnt of M trng LF to CP, cl L to SCAR);

ENDING

1-5  CROSS HOVER SCP; THRU CHASSE SCP; THRU FACE CLOSE; HOVER; CHAIR & RAISE LEAD ARMS;

1-3  Repeat meas 1-3 PART C;

4-5  Repeat meas 5 PART A; ck thru R w/ lun action, -, raise ld arms, -;
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CUE CARD

SEQUENCE: INTRO AB AB INTLD C B(5-16) ENDING

INTRO (4 Meas)
CP LOD Wt 2 Meas ; ; 2 Sd Tchs ; Dip Bk & Rec ;

PART A (16 Meas)
Fwd Run 2 2x ; ; 2 L Trns ;
Hvr ; Thru Chasse BJO ; Manuv ; Hes Chg ;
Tele SCP ; Chr Rec Fc ; Box ; ;
Twsty Vin 3 ; Manuv ; Spn Trn ; Box Fin ;

PART B (16 Meas)
Diam Trn SCAR ; ; ;
X Hvr 3x SCP ; ; Pu ;
Tele SCP ; I/O Runs ; ; Thru Fc Cl ;
Wsk ; Thru Hvr BJO ; Bk Hvr SCP ; Pu ;

PART A (16 Meas)
Fwd Run 2 2x ; ; 2 L Trns ;
Hvr ; Thru Chasse BJO ; Manuv ; Hes Chg ;
Tele SCP ; Chr Rec Fc ; Box ; ;
Twsty Vin 3 ; Manuv ; Spn Trn ; Box Fin ;

INTLD (4 Meas)
Intrpd Box SCAR ; ; ;

PART C (12 Meas)
X Hvr SCP ; Thru Chasse SCP ; Thru Fc Cl ; Wsk ;
Wing ; Tele SCP ; Hvr Falwy ; Slp Pvt ;
Ck Fwd (W Develope) ; Outsd Swvl 2x ; Bk Hvr SCP ; Pu SCAR ;

PART B (5-16)
X Hvr 3x SCP ; ; Pu ;
Tele SCP ; I/O Runs ; ; Thru Fc Cl ;
Wsk ; Thru Hvr BJO ; Bk Hvr SCP ; Pu SCAR ;

ENDING (5 Meas)
X Hvr SCP ; Thru Chasse SCP ; Thru Fc Cl ; Hvr ;
Chr & Raise Ld Arms ;