MY LADY IN RED

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MUSIC: “Lady In Red” by Chris de Burgh avail A & M Record, or download from iTunes, Rhapsody, and other sites. CD “Into The Light”

FOOTWORK: opposite unless indicated.

SPEED: adjust for comfort. (increased by 8% on CD or download, increase to 48 rpm on record)

RHYTHM: BOLERO RAL PHASE V + 1 [Turkish towel]

SEQUENCE: INTRO A B INTER A B INTER A(1-8) END  Corrected 10/09

INTRO

1-6 WAIT;; HIP RKS; RONDE TO SYNCO INSIDE U/A TRN; NYR; X BDY;
1-2 CP WALL lead ft free wait;;
3 [HIP RKS]; Rk sd L,—, rk sd R, rk sd L,—;
4 [RONDE TO SYNCO INSIDE U/A TRN] sd R ronde L ft CCW ,—, sd & bk L/sd R leading W to trn LF under jnd lead hnds, XLIF (W sd L ronde R ft CW,—, sd & bk R/sd L trn LF under jnd lead hnds, cont LF trn sd R) end feg ptr WALL;
5 [NYR] Lead hnds jnd sd R,—, fwd L with straight leg Xing LIF of R (RIF of L) twd RLOD with sl bdy trn, rec R to fc ptr;
6 [X BDY] sd & bk L trng LF lead W to XIF of M,—, bk R w/slipping action cont LF trn, fwd L to fc ptr COH jn R/R hnds (W sd & fwd R,—, fwd L XIF of M trng LF, small sd R) end feg ptr COH jn R/R hnds;

PART A

1-4 HALF MOON;; START HALF MOON; U/A TRN TO TURKISH TOWEL BOTH FC LOD;
1-2 [HALF MOON] With R/R hnds jnd REPEAT MEAS 1 of PART A facing COH & end feg WALL keep handshake;
3 [START HALF MOON] With R/R hnds jnd REPEAT MEAS 1 of PART A facing COH & end feg WALL keep handshake;
4 [U/A TRN TO TURKISH TOWEL BOTH FC LOD] sd L,—, XRIB of L lead W trn RF under jnd R hnds, rec L trng 1/4 LF to fc LOD (W sd R,—, XLIF of R comm RF trn under jnd R hnds, fwd R cont RF trn to fc LOD bhd M) join both hnds in low varsuv W bhd M both feg LOD;

5-8 FINISH TURKISH TOWEL;; M TRN TO FC (HIP RKS); HIP LIFT;
5 Sd R,—, bk L, rec R (W sd L,—, fwd R, rec L);
6 Sd L,—, bk R, rec L (W sd R,—, fwd L, rec R);
7 [M TRN TO FC (HIP RKS)] release hnd hold fwd R trng LF 1/2, —, rec fwd L, cl R (W rk sd L,—, rk sd R, rk sd L);
8 [HIP LIFT] sd L draw R to L,—, with ball of R ft touching floor straighten R knee, bend R knee;
PART A (CONT)

9-12

OP BRK TO; FULL NATURAL TOP;

9  [OP BRK] With lead hnds jnd sd & fwd R with bdy rise, bk L lowering, fwd R blending to CP;

10-12  [FULL NATL TOP] In CP feg RLOD comm RF trn sd & bk L, XRIB of L, sd L; cont RF trn XRIB of L, sd L, XRIB of L; cont RF trn sd L, XRIB of L, sd L (W fwd R stepping betw M’s ft, sd L, XRIF of L; sd L, XRIF of L, sd L; XRIF of L, sd L, cl R) end feg ptr COH;

PART B

1-4

NYR; RIFF TRN; U/A TRN; PREPARE AIDA;

1  [NYR] Fcg COH REPEAT MEAS 5 INTRO;

2  [RIFF TRN] sd L raising lead hnds to lead the W to spin RF undr jnd hnds, cl R to L, sd L keep lead hnds up, cl R to L (W sd & fwd R comm RF spin one full trn undr jnd hnds, cl L to R completing spin, fwd R comm RF spin one full trn undr jnd hnds, cl L to R completing second spin) end feg ptr COH;

3  [U/A TRN] lead hnds jnd sd L, bk R lead W to trn RF undr jnd lead hnds, rec L (W sd & fwd R, fwd L trng 1/2 RF undr jnd lead hnds, cont RF trn rec fwd L to fc ptr);

4  [PREPARE AIDA] sd R, thru L, sd R comm LF trn;

5-8

AIDA LINE & SWITCH LUNGE; SPOT TRN; HORSESHOE TRN;

5  [AIDA LINE & SWITCH LUNGE] bk L to “V” bk to bk pos, sd R trng to fc ptr COH with lunging action;

6  [SPOT TRN] rec sd L, XRIF of L trng 1/2 LF, cont LF trn fwd L to fc ptr COH jn lead hnds;

7  [HORSESHOE TRN] sd & fwd R w/R sd stretch to “V” pos, thru L twd LOD w/checking action, rec R raising lead hnds;

8  Fwd L comm LF trn, fwd R start circle wlk L, fwd R cont trng L to fc ptr WALL (W fwd R, fwd L for tight RF trn undr jnd lead hnds, cont RF trn to fc ptr);

9-14

OP BRK; CK’D R PASS; NYR; U/A TRN; CUDDLE TWICE;

9  [OP BRK] REPEAT MEAS 9 PART A;

10  [CK’D R PASS] sd & fwd L raise jnd lead hnds comm RF trn plc R hnd on W’s R hip, cont RF trn sd & fwd R circling bhd W, sd & fwd L cont arnd W to fc ptr WALL (W fwd R on M’s R sd shaping to ptr, fwd L under jnd lead hnds Xing LIF of R with checking action, bk R) end feg ptr WALL;

11  [NYR] REPEAT MEAS 5 INTRO;

12  [U/A TRN] REPEAT MEAS 3 PART B feg WALL blend to CP;

13-14  [CUDDLES] release lead hnds in plc R leading W to open out, sd L, rec R (W w/L arm on M’s R shldr sd L, bk R swivel 1/4 LF on L ft, rec fwd L trng 1/4 RF to fc ptr); Lead hnd arnd W’s upper bk cl L leading W to open out, sd R, rec L (W w/R arm on M’s L shldr sd R, bk L swivelng 1/4 RF on R ft, rec fwd R trng 1/4 LF to fc ptr);
INTERLUDE

1-4  2 SLO HIP RKS; RONDE TO SYNCO INSIDE U/A TRN; NYR; X BDY;

1  [2 SLO HIP RKS]  Fcg ptr WALL CP rk sd R,-, rk sd L,-;
2  [ RONDE TO SYNCO INSIDE U/A TRN]  REPEAT MEAS 4 INTRO;
3  [NYR]  REPEAT MEAS 5 INTRO;
4  [CROSS BDY]  REPEAT MEAS 6 INTRO;
     REPEAT PART A
     REPEAT PART B
     REPEAT INTERLUDE
     REPEAT PART A (1-8)
     END

1-4  REV U/A TRN; X BDY FC WALL; PREPARE AIDA; AIDA LINE & SWITCH
     TO FC W/CARESS;

1  [REV U/A TRN]  fcg ptr RLOD sd R,-, XLIF of R leading W trn LF
     under lead hnds, rec R (W sd L,-, fwd R trng 1/2 LF undr jnd lead
     hnds, fwd L cont LF trn to fc ptr);
2  [X BDY FC WALL]  fcg ptr RLOD sd & bk L trng LF lead W to XIF of
     M,-, bk R w/slipping action cont LF trn, fwd L to fc ptr WALL (W sd
     & fwd R,-, fwd L  XIF of M trng LF, sm sd R to fc ptr COH);
3  [PREPARE AIDA]  REPEAT MEAS 4 PART B twd RLOD;
4  [AIDA LINE & SWITCH TO FC W/CARESS]  bk L to “V” bk/bk
     pos,-, sd R trng to fc ptr, look at ptr (W caress M’s fc);