MY HEART WILL GO ON V

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RECORD: Amazon MP3 Download Celine Dion “My Essential Love Collection” Track 10 “My Heart Will Go On” SPEED: Same as MP3 TIME: 4:40

FOOTWORK: Opposite, directions to man except as noted (W’s in parentheses)

RHYTHM: Bolero Phase V DIFFICULTY: Ave

TIMING: {S,Q,Q} Unless noted otherwise RELEASED: May 2014, Rev 2

SEQUENCE: INTRO, A, B, Interlude 1, A, B, Interlude 2, C, END

INTRO

1-8 WAIT; CUDDLES x2;;HIP RK 2 SLO; PREP AIDA; AIDA LN w HIP RKs; SWITCH RK; HIP LIFT;

1 {CUDDLE pos & WALL, lead ft free, wait one measure} Wait;

2-3 {Cuddle 2x} Sd L, leading W to open out,-,Sd R, cl L (Sd R starting ½ LF trn, -, bk L fing LF trn, Rec R trng RF to fc ptr); Sd R leading W to open out, -, Sd L, cl R (Sd L starting ½ RF trn, -, bk R fing RF trn, Rec L trng LF to fc ptr);

{S,S} 4 {Hip Rk 2 Slo} In CUDDLE pos, rk sd L, -, rk sd R,[to lo BFLY], -, [as wt chgs roll hips to wtd ft];

5 {Prep Aida} [to LOD] Sd L op out slightly, -, thru R comm RF trn (W trn LF) jn trail hnds, sd L cont RF trn to OP/RLOD;

6 {Aida Ln w Hip Rks} Bk R to “V” bk to bk pos,-, rk fwd L, rec R [rolling hips to wtd ft];

7 {Switch Rk} Sd & bk L trn LF to fc ptr bring jnd trail hnds thru, -, rec R, cl L;

8 {Hip Lift} Sd R to CP, -, tch L to R w slight pressure on L ft lift L hip, lower L hip no wgt chg;

PART A

1-4 BASIC;; TRNG BASIC [M fc COH];;

1-2 {Basic} Sd L, -, bk R, fwd L; Sd R, -, fwd L, bk R;

3-4 {Trng Basic} Sd L slight RF trn,-, trn LF slip pvt action bk R, sd & fwd L trn LF to fc COH (W Sd R,-, fwd L trn LF ¼ w slip pvt action, sd & bk R trn LF ¼ ); Sd R, -, slight LF body trn fwd L w contra ck action, rec R (W sd L,-, bk R w contra ck like action, fwd L);

5-8 ½ BASIC; REV UNDRM TRN [wrp W to fc RLOD]; BL WLK 6 [both fc COH];;

5 ½ Basic} Sd L, -, bk R, fwd L;
6  \{Rev Undrm Trn\}  Sd R raise jnd ld hnds, -, XLIF R, rec R lower ld hnd to wrp W (W Sd L comm LF trn,-, XRIF L trng LF undr jnd ld hnds, fwd L fin LF trn to fc RLOD in wrp pos);

7-8  \{Bl Wlk\}  Fwd L, -, fwd R , fwd L; fwd R, -, fwd L, fwd R [both fc COH];

**9-12  SWHRTS x2;; HIP RK [M in 2]; SHDW FNC LN:**

9-10  \{Swhrts x2\}  Sd L, -, slip fwd R, rec L (W Sd R, -, slip bk L, rec R); Sd R, -, slip fwd L, rec R  (W Sd L, -, slip bk R, rec L);

{M-S, S}11  \{Hip Rk, M in 2\}  Rk sd L, -, rk sd R, -, (W Rk sd R, -, rec L, rec R)

12  \{Shdw Fnc Ln\}  Sd L, -, lun thru R, rec L (W sd L, -, lun thru R, rec L);

**13-16  SHDW FNC LN; SPT TRN (W in 2 to fc ptr); SHLDR-SHldr x2;;**

13  \{Shdw Fnc Ln\}  Sd R, -, lun thru L, rec R (W sd R, -, lun thru L, rec R);

{W-S, S}14  \{Spt Trn\}  Sd L, -, comm LF trn XRIF L, fwd L fin LF trn to fc ptr & COH (W Sd L, -, comm LF trn XRIF L, fin LF trn to fc ptr & WALL, tchL);

15-16  \{Shldr-shldr x2\}  Sd R, -, fwd L & across in frnt of W to SCAR(W bk R & across behind L), rec R; Sd L, -, fwd R & across in frnt of W to BJO(W bk L & across behind R), rec L;

**PART B**

**1-4  HIP RK; L SD PASS; HORSESHOE TRN;;**

1  \{Hip Rock\}  Rk sd R, -, rec L, rk R [rolling hip to weighted ft]

2  \{L Sd Pass\}  Fwd L to SCAR shape bdy to ptr trn W RF, -, rec bk R comm LF trn, sd & fwd L fin LF trn (W Fwd R trn RF w bk to M but shaping to ptr, -; sd & fwd L comm LF trn, bk R fin LF trn to fc ptr);

3-4  \{Horseshoe Trn\}  Sd & fwd R to slight “V” pos, -, ck thru L, rec R in “V” raising ld hnds; fwd L comm LF (W RF) circle wlk, -, fwd R cont LF circle wlk leading W undr jnd ld hnds, fwd L to LOD;

**5-8  PREP AIDA; AIDA LN & SWCH; XBDY [WALL & hndshk]; [start] HALF MOON;**

5  \{Prep Aida\}  Fwd R, -, thru L comm LF trn (W trn RF) jn trail hnds, sd R cont LF trn to OP/RLOD;

{S, S}6  \{Aida Ln & Swch\}  Bk L to “V” bk to bk pos, -, Sd & bk R trn RF to fc ptr [bring trail hnds thru], -;

7  \{X Bdy\}  sd & bk L trn LF ¼, -, bk R cont trn LF ¼, fwd & sd L [end fcg WALL] (W Fwd R XIF of M, -, fwd L comm LF trn, sd & bk R to fc ptr in hndshk);

8  \{[[start] Half Moon\}  Sd R trng RF to slight “V” w ptr, -, ck fwd L shaping to ptr, bk & rec R to fc ptr (W Sd L trng LF to slight “V” w ptr, -, slp fwd R w LF trn shaping to ptr, bk & rec L to fc ptr);

**9-12  [fin] HALF MOON; LUN BRK; TRNG BASIC [M fc WALL];;**
9  \{[fin] Half Moon\} Sd & fwd L trng LF, -, slp bk R trng LF shaping to ptr, rec fwd L to fc ptr & COH (W Sd & fwd R trng RF slightly away from ptr, -, fwd L in front of M trng LF, bk R trng to fc ptr);

10  \{Lun Brk\} Sd & fwd R, lower on R extend L to sd & bk, rise on R bringing W fwd (W Sd & bk L, -, bk R contra ck sit line action, rec fwd L);

11-12  \{Trng Basic\} Repeat meas 3-4 of A but end fcng WALL;

13-16 HIP RK 2 SLO; BASIC;; DIP & REC to CUDDLE POS:

{S,S} 13  \{Hip Rk 2 Slo\} Repeat meas 4 of Intro in CP;

14-15  \{Basic\} Repeat meas 1-2 of A;;

{S,S} 16  \{Dip & Rec\} Bk & sd L rising, then lowering, -, rec R, -, (W fwd & sd R, -, rec L) to CUDDLE pos;

INTERLUDE 1

1-4 HIP RK 2 SLO; CUDDLES x2;;HIP RK 2 SLO:

{S,S} 1  \{Hip Rk 2 Slo\} Repeat meas 4 of Intro [but stay in CUDDLE pos];

2-3  \{Cuddle 2x\} Repeat meas 2-3 of Intro;;

{S,S} 4  \{Hip Rk 2 Slo\} Repeat meas 4 of Intro;

REPEAT A
REPEAT B

INTERLUDE 2

1-8 HIP RK 2 SLO; CUDDLES x2;;HIP RK 2 SLO; HIP LIFT; OP OUT x2;; HIP LIFT;

1-4  Repeat INTERLUDE 1;;;

5  \{Hip Lift\} Sd L to cp, -, tch R to L w slight pressure on R ft lift R hip, lower R hip no wgt chg;

6-7  \{Op Out x2\} Sd R [to dbl hnd hold], -, lower on R extend L to sd with trail hnds dwn & slight RF trn to RLOD, rise on R no wgt chg (W sd & fwd L trn RF 3/8, -, rk bk R lower slightly w soft knee, rec L); cl L to R, lower on L extend R to sd with trail hnds dwn & slight LF trn to LOD, rise on L no wgt chg (W sd & fwd R trn LF ½, -, rk bk L lower slightly w soft knee, rec R);

8  \{Hip Lift\} Repeat meas 8 of Intro;

PART C

1-4 FNC LN [w arms] x2;; TRNG BASIC [M fc COH];;

1-2  \{Fnc In w arms x2\} Sd L, lun thru R with ld hnds jnd sweep trail hnds out, up & dwn betwn ptrs, rec L; Sd R, lun thru L, with trail hnds jnd sweep ld hnds out, up & dwn betwn ptrs, rec R;

3-4  \{Trng Basic\} Repeat meas 3-4 of A;
NYR [hndshk]; HALF MOON;; FWD BRK [fc RLOD in lo BFLY];

{Nyr} Sd L, -fwd R w slipping action lowering & comm trn to sd by sd pos, rec L to fc ptr;

{Half Moon} Repeat meas 8-9 of B, but end fcng WALL;;

{Fwd Brk} Sd & fwd R extend M’s R & W’s L arms out to sd,-, fwd L, rec R [trng RF ¼ to fc RLOD in lo BFLY];

BK WLKS [w arms] x2;; XBDY [WALL]; FWD BRK;

{Bk Wlks w arms x2} Bk L [raise trail hnds up, out & down to lo BFLY], -, bk R, bk L; Bk R[raise ld hnds up, out & down to lo BFLY], -, bk L, bk R;

{X Bdy} sd & bk L trn LF ¼, -, sm bk R, fwd & sd L [end fcg WALL] (W Fwd R XIF of M, -, fwd L comm LF trn, sd & bk R to fc ptr);

{Fwd Brk} Sd & fwd R extend M’s R & W’s L arms out to sd,-, fwd L, rec R [end lo BFLY];

BK WK (w arms) [to COH]; OPN BRK; FNC LN [w arms] x2;;

{Bk Wlk w arms} [to COH] Repeat Meas 9;

{Op Brk} sd R extend M’s R & W’s L arms out to sd,-, bk L, rec R;

{Fnc ln w arms x2} Repeat meas 1-2;;

BASIC;;

{Basic} Repeat meas 1-2 of A,;;

END

OP OUT x2;; HIP RKS x2;; [to LOD] PREP AIDA; AIDA LN, SWCH & REC; DIP w LEG CRAWL & EXTEND ARMS;

{Op Out x2} Sd L [to dbl hnd hold], -, lower on L extend R to sd with trail hnds dwn & slight LF trn to LOD, rise on L no wgt chg (W sd & fwd R trn LF ½, -, rk bk L lower slightly w soft knee, rec R); cl R to L,-, lower on R extend L to sd with trail hnds dwn & slight RF trn to RLOD, rise on R no wgt chg (W sd & fwd L trn RF 3/8, -, rk bk R lower slightly w soft knee, rec L);

{Hip Rks x 2} Hnds jnd low & btwn ptrs rk sd L,-, rec R, rk L [rolling hip to weighted ft]; rk sd R,-, rec L, rk R [rolling hip to weighted ft];

{Prep Aida} Repeat meas 5 of Intro;

{Aida Ln, Swch & Rec} Bk R to “V” bk to bk pos,-, Sd & bk L trn LF to fc ptr bring jnd trail hnds thru, rec R;

{Dip w Leg Crawl & Hold} Bk & sd L rising, then lowering as W gives leg crawl, -, hold (W fwd & sd R, lifting L knee along M’s R leg, -, hold) [both extend ld arms];