MY HEART CRIES FOR YOU
Music: Anita Bryant
www.amazon.com/ Cd Kisses Sweeter Than Wine
Track # 2 Time 2:49
Slow Down w/ -7% Available from choreographer
Rhythm: Waltz Phase: III+1U (Interrupted Box)
Footwork: Opposite except where (Noted)
Release Date: Dec 16
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
Email: jos.dierickx@telenet.be
Sequence: INTRO AB AB AA END
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INTRO
01-02 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ;
[Wait] BFLY POS WALL Id ft free wt 2 meas ; ;

PART A
01-04 WALTZ AWAY ; CALIFORNIA TWIRL ; BACK UP WALTZ ; SIDE to FACE & DRAW ;
[Waltz Away] [Relsng lead hands] Sd & Fwd L trng LF to LOD, R, L ; [California Twirl] Raisg jnd trail hds fwd R, L, R curvg RF if of W (W curvg LF undr Jnd hds) to OP RLOD ; [Back Up Waltz] Bk L, R, L ; [Sd to Fc & Draw] [SS] Sd R trng to fc, draw L to BFLY COH , -;
05-08 TWISTY BALANCE L & R ; ; TWISTY VINE SIX in BFLY ; ;
[Twisty Balance L & R] Sd L, XRib (WXLib) trng 1/8 RF, rec L to WALL ; Sd R, XLib (WXRib) trng 1/8 LF, rec R to BFLY COH ; [Twisty Vine 6 in BFLY] In BFLY Sd L, XRib (WXLib) trng to OP RLOD ; Sd R trng to fc, draw L to BFLY COH , -;
09-12 TO RLOD WALTZ AWAY ; CALIFORNIA TWIRL ; BACK UP WALTZ ; SIDE to FACE & DRAW ;
[To RLOD Waltz Away] [Repeat meas 1 Part A to OP RLOD ; [California Twirl] Repeat meas 2 Part A to OP LOD ; [Back Up Waltz] Repeat meas 3 Part A ; [Sd to Fc & Draw] Repeat meas 4 Part A to BFLY WALL ;
13-16 INTERRUPTED BFLY BOX ; ; ;
[Interrupted BFLY Box] [In BFLY] Fwd L, sd R, cl L ; Raisg jnd ld hnds bk R, sd L, cl R (W undr raised arms circ RF ½ L, R, L) ; Fwd L, sd R, cl L (W cont circg R, L, R) to BFLY WALL ; Bk R, sd L, cl R to BFLY WALL ;

PART B
01-04 TWIRL VINE ; PICK UP SIDE CLOSE ; 2 LEFT TurnerS ; ;
[Twirl Vine] Sd L, XRib, sd L (W full RF trn undr jnd ld hnds fwd R, sd & bk L, fwd R) to SCP LOD ; [Pick Up Sd Cl] Sm fwd R, sm sd L, cl R (W fwd L trng LF, fwd & sd R contg LF trn in front of M, cl L) to CP DLC ; [2 Left Turns] Fwd L stg LF trn, sd R contg LF trn, cl L ; Contg LF trn bk R, sd L contg LF trn, cl R to CP WALL ;
05-08 HOVER ; THRU HOVER to BJO ; BACK HOVER to SCP ; PICK UP to SCAR ;
[Hover] Fwd L, fwd & sd R (W bk & sd L & brush R), rec L to SCP LOD ; [Thru Hover to BJO] Thru R, fwd L risg, rec R (W thru L, fwd & sd R trng LF risg & brushg L, contg LF trn fwd L) to BJO LOD ; [Bk Hover to SCP] Bk L, sd & bk R risg, rec L (W fwd R, sd & fwd L w/ slight rise, rec R) to SCP LOD ; [Pick Up to SCAR] Repeat meas 2 Part B to SCAR DLW ;
09-12 3 PROGRESSIVE TWINKLES ; ; ; FORWARD FACE CLOSE ;
[3 Prog Twinkle to BJO] XRib & slightly fwd, sd R & slightly fwd, cl L blending to BJO (W XRib & slightly bk, sd L & slightly bk, cl R blending to BJO) ; [Prog Twinkle to SCAR] XRib & slightly fwd, sd L & slightly fwd, cl R blending to SCAR (W XRib & slightly bk, sd R & slightly bk, cl L blending to SCAR) ; [Prog Twinkle to BJO] Repeat meas 9 Part B ; [Fwd Fc Cl] XRib & slightly fwd, sd L & slightly fwd trng RF to fcg WALL, cl R ;
Page 2: My Heart Cries For You

13-16  WHISK : MANEUVER : OVERSPIN TURN : BOX FINISH to DLW :
[Whisk] Fwd L, fwd & sd R stg rise to ball of ft, XLib (W XRib) cont to full rise to ball of ft to SCP DLW ;
{Maneuver} Fwd R trng RF, sd L in front of W, cl R (W fwd L, fwd R, cl L) to CP RLOD ; {Over Spin Turn} Trng upper bdy RF bk L pvtg ½ RF & leavg R in frt, fwd R heel to toe btw W’s ft contg RF trn, rec sd & bk L compg ¾ RF trn (W trng upper bdy RF fwd R btw M’s ft pvtg ½ RF, bk L contg trn & brush R to L, contg RF trn sd & fwd R) to CP DRW ; {Box Finish to DLW} Bk R, sd & bk L trng 1/4 LF, cl R to BFLY DLW ;

ENDING

01-06  WALTZ AWAY & TOGETHER ; ; [On the word “TO”] DIP BACK & [On the word “MY”] RECOVER ;
TWISTY VINE SIX ; ; DIP BACK & HOLD ;
{Waltz Away & Together} Repeat meas 1 Part A ; Fwd R, fwd & sd L, cl R to CP WALL ; {Dip Bk & Rec} [On the word"TO"] [SS]Bk L w/ flexed knee, - , [On the word"MY"] rec R to CP WALL ; {Twisty Vine 6} In CP Sd L, XRib (W XLif) trng 1/8 RF to SCAR DRW, sd L to fc ; XRif (W XLib) trng to BJO DLW, sd L to fc, cl R ; {Dip Bk & Hold} [S] Bk L w/ flexed knee, - , - ;