MOVES LIKE JAGGER

CHOREO: Peg & John Kincaid, 9231 Limestone Place, College Pk, MD 20740
(301) 935-5227 kincaidcpa@aol.com www.dancerounds.info/kincaid/

MUSIC: “Moves Like Jagger” by Maroon 5 3:21 download Amazon.com
Slowed 8%. adjust for comfort.

RHYTHM: CHA RAL phase IV + 1[dbl Cubans]

FOOTWORK: Opposite unless otherwise indicated.

SEQUENCE: INTRO A B A C B A C BRIDGE B C END Released 4/2012

INTRO

1-8
WAIT;; TWIST VINE 8 W/ SNAPS;; CHASE;;;;
1-2 Op feg ptr WALL lead ft free wait;;;
3 [TWIST VINE] Sd & bk L, XRIB of L snap fingers, sd & fwd L, XRIF of L
snap fingers (W sd & fwd R, XLIF of R snap fingers, sd & bk R, XLIB of L
snap fingers);
4 REPEAT MEAS 3 INTRO;
5 [CHASE] Fwd L trng 1/2 RF, rec fwd R to fc COH, fwd L/cl R, fwd L
(W bk R, rec L, fwd R/cl L, fwd R);
6 Fwd R trng 1/2 LF, rec fwd L to fc WALL, fwd R/cl L, fwd R (W fwd L
trng 1/2 RF, rec fwd R to fc WALL, fwd L/cl R, fwd L);
7 Fwd L, rec R, bk L/cl R, bk L (W fwd R trng 1/2 LF, rec fwd L to fc ptr
COH, fwd R/cl L, fwd R);
8 Bk R, rec L, fwd R/cl L, fwd R ( fwd L, rec R, bk L/cl R, bk L);

PART A

1-4
ALEMANA TO LARIAT 1/2 M FC COH;;; FENCE LINE;
1 [ALEMANA] Fwd L, rec R, sd L/cl R, sd L;
2 Bk R, rec L leading W to trn under jnd lead hnds, sd R/cl L sd R (W fwd L
trning 1/2 RF undr jnd lead hnds, fwd R cont RF trn to fc ptr, sd L/cl R, sd
L to end on M’s R sd);
3 [LARIAT ½] Keep the lead hnds raised sd L, rec R, in plc L/R trng LF to fc
COH, sd L (W fwd R moving CW arnd the M on his R sd, fwd L trng RF to
fc ptr WALL, sd R/cl L, sd R) jn both hnds;
4 [FENCELINE] In BFLY COH thru R twd RLOD with bent knee, rec L to
fc ptr, sd R/cl L, sd R;

5-8
CRAB WLKS;; SPOT TRN & WHIP;;
5 [CRAB WLKS] COH BFLY XLIF of R, sd R, XLIF of R/cl R, XLIF of R;
6 Sd R, XLIF of R, sd R/cl L, sd R;
7 [SPOT TRN] XLIF of R trng 1/2 RF, rec R cont RF trn 1/2, sd L/cl R, sd L
jn both hnds;
8 [WHIP] Bk R comm 1/2 LF trn leading W to XIF of M on his L sd, rec fwd
L cont LF trn to fc WALL, sd R/cl L, sd R (W fwd L on M’s L sd, fwd R comm
LF trn to fc ptr, sd L/cl R, sd L);

9-12
BRK BK TO OP FOR TRIPLE CHAS;; AIDA TO BK TRIPLE CHAS;;
9-10 [BRK BK TO OP TRIPLE CHAS] Release lead hnds bk L trng 1/4 LF to fc
LOD, rec fwd R, fwd L/lk RIB of L, fwd L; fwd R/lk LIB of R, fwd R, fwd
L/lk RIB of L, fwd L;
11-12 [AIDA BK TRIPLE CHAS] Fwd R trn RF, sd L cont RF trn, bk R/lk LIF
of R, bk R to “V”bk/bk pos; bk L/lk RIF of L, bk L, bk R/lk LIF of R, bk R;
PART A (CONT)

13-16 SWITCH RK; SPOT TRN; SHLDR/SHLDRS::
13 [SWITCH RK] Trng LF to fc ptr sd L bringing jnd hnds thru, rec sd R, sd L/cl R, sd L;
14 [SPOT TRN] XRIF of L trng 1/2 LF, rec L cont LF trn 1/2, sd R/cl L, sd R in both hnds;
15-16 [SHLDR/SHLDRS] In BFLY fwd L to SCAR, rec R to fc ptr, sd L/cl R, sd L; Fwd R to BJO, rec L to fc ptr, sd R/cl L, sd R;

PART B

1-4 DBL CUBAN BRKS;; FWD BASIC WRAP; BK BASIC UNWRAP;
1 [DBL CUBAN BRKS] In BFLY feg WALL lead ft free XLIF of R/rec R, sd L/rec R, XLIF of R/rec R, sd L;
2 XRIF of L/rec L, sd R/rec L, XRIF of L/rec L, sd R;
3 [FWD BASIC WRAP] BFLY WALL fwd L, rec R leading W to trn LF to wrap pos, in plc L/R, L (W bk R, rec L trng 1/2 LF undr raised arms to fc WALL, in plc R/L, R) end in wrap pos both fcg WALL;
4 [BK BASIC UNWRAP] Bk R, rec L leading W to trn RF to unwrap, in plc R/L, R (W bk L, rec R trng 1/2 RF under raised arms tofc ptr COH, in plc L/R, L);

5-8 TWIST VINE 8 WITH SNAPS;; CUCA TWICE;;
5-6 [TWIST VINE] Lead ft free REPEAT MEAS 3 & 4 INTRO;;
7-8 [CUCA X 2] Sd L, rec R, in plc L/R, L; Sd R, rec L, in plc R/L, R;
REPEAT PART A

PART C

1-8 CHASE;;;; NYR; SPOT TRN; TIME STEP TWICE;;
1-4 [CHASE] REPEAT MEAS 5-8 INTRO;;;;;
5 [NYR] Jn lead hnds thru L with straight leg opening out to RLOD, rec R to fc ptr, sd L/cl R, sd L;
6 [SPOT TRN] XRIF of L trng 1/2 LF, rec L cont LF trn 1/2 fe ptr WALL, sd R/cl L, sd R;
7-8 [TIME STEPS] No hnds jnd XLIB of R (W XLIB of L) moving both arms out to the side, rec R, bring arms in sd L/cl R, sd L; XLIB of L(W XLIB of R), rec L moving both arms out to the side, bring arms in sd R/cl L, sd R;
REPEAT PART B
REPEAT PART A
REPEAT PART C
BRIDGE

1 HIP RK 4:
1 BFLY WALL lead ft free rk sd L, sd R, sd L, sd R;
REPEAT PART B
REPEAT PART C
END

1-2 BRK BK TO OP; RUMBA AIDA & HOLD;
1 [BRK BK TO OP] Bk L trng 1/4 LF to OP LOD, rec fwd R, fwd L/cl R, fwd L;
2 [RUMBA AIDA] Through R, sd & bk L trng RF, cont RF trn bk R to “V” bk to bk pos raising trail arms out to the side as music fades, hold;
SEQUENCE: INTRO A B A C B A C BRIDGE B C END

INTRO wait;; twist vine 8 w/snaps;; chase;;;

PART A alemana to lariat ½ M fc COH;;; fence line;
       Crab wlk twice to LOD;; spot trn & whip;;
       Brk bk to Op for triple chas;; aida to bk triple chas;;
       Switch rk; spot trn; shldr/shldr twice;;

PART B dble Cuban brks;; fwd basic to wrap; bk basic to unwrap;
       twist vine 8 w/snaps;; cucaracha twice;;

PART A alemana to lariat ½ M fc COH;;; fence line;
       Crab wlk twice to LOD;; spot trn & whip;;
       Brk bk to op for triple chas;; aida to bk triple chas;;
       Switch rk; spot trn; shldr/shldr twice;;

PART C chase;;;; NYr; spot trn; time step twice;;

PART B dble Cuban brks;; fwd basic to wrap; bk basic to unwrap;
       Twist vine 8 w/snaps;; cucaracha twice;;

PART A alemana to lariat ½ M fc COH;;; fence line;
       Crab wlk twice to LOD;; spot trn & whip;;
       Brk bk to op for triple chas;; aida to bk triple chas;;
       Switch rk; spot trn; shldr/shldr twice;;

PART C chase;;;; NYr; spot trn; time step twice;;

BRIDGE hip rk 4;

PART B dble Cuban brks;; fwd basic to wrap; bk basic to unwrap;
       Twist vine 8 w/snaps;; cucaracha twice;;

PART C chase;;;; NYr; spot trn; time step twice;;

END brk bk to op; rumba aida & hold;