

MOVE ON

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Music: "You'd Better Move On", Piet Veerman, "Dreams to Remember" CD, Trk 1 or iTunes

Seq: Intro, A, B, C, B, D, End

Time: 3:04

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Rhythm & Phase: Rumba Phase 4 +1 (Natural Top)

Difficulty: Above Average



INTRO

1-3 CP WALL WAIT 2;-; CUCARACHA 2X;-;

1-2 CP fcg Wall lead ft free wait 2;;

3-4 [Cucaracha 2X] CP Wall rk sd L, rec R, cls L, -; rk sd R, rec L, cls R, -;

PART A

1-4 BASIC;-; HALF BASIC; UNDERARM TRN;

1-2 [Basic] CP Wall rk fwd L, rec R, sd L, -; rk bk R, rec L, sd R, -;

3-4 [Half Basic; Underarm Trn] Rk fwd L, rec L, sd L; XRIB raise joined lead hands, rec L, sd R, - (*W trng RF under joined lead hands fwd L twd LOD, rec R trng to fce ptr, sd L, -;*)

5-8 REV UNDRARM TURN BFLY; THRU SERPIENTE BFLY SWVL TO;-; FENCELINE;

5 [Rev Underarm trn] XLIF twd DRW raise joined lead hands, rec R, sd L, - (*W trng LF under joined lead hands XRIF twd RLOD trng LF, rec L trng to fce ptr, sd R, -;*)

6-7 [Thru Serpiente] Thru R twd LOD, sd L, XRIB ronde L CCW, -; XLIB, sd R, thru L twd RLOD swvl LF, -;

8 [Fenceline] Bfly Wall thru R with soft knee both looking LOD, rec L trng to fce ptr, sd R, -;

9-12 OPEN BREAK; SPOT TURN; HAND TO HAND; AIDA;

9 [Open Bk] Bfly Wall rk bk L (*W rk bk R*) extend trailing hnds out to side, rec R bring trailing hand in, sd L, -;

10 [Spot Turn] Thru R twd LOD swvl /12 LF to fce RLOD, rec L trng to fce ptr, sd R, -;

11 [Hand to Hand] Swvl LF on R rk bk L to fce LOD, rec R trng to fce ptr, sd L to Bfly Wall, -;

12 [Aida] Thru R twd LOD taking trailing hands thru twd LOD, sd L twd LOD trng to fce ptr, cont trng step bk R to "V" fcg RLOD with lead hands extended twd RLOD;

13-16 SWITCH CRS BFLY RLOD; VINE 3 RLOD; NY RLOD; SPOT TURN LOD CP;

13 [Switch Cross] Bring lead hands bk trng to fce ptr sd L twd LOD, rec R twd RLOD, XLIF, -;

14 [Vine 3] Bfly Wall sd R, XLIB, sd R, -;

15 [NY] Swvl RF to R thru L twd RLOD with straight leg taking leads forward twd RLOD and extend trailing hands up and out, rec R trng to fce ptr, sd L, -;

16 [Spot Turn] Thru R twd LOD swvl /12 LF to fce RLOD, rec L trng to fce ptr, sd R, -;

17-18 BASIC CP WALL;-;

17-18 [Basic] CP Wall rk fwd L, rec R, sd L, -; rk bk R, rec L, sd R, -;

PART B

1-4 SD WALKS;-; CROSS BODY;-;

1-2 [Sd Walks] Loose CP Wall sd L, cls R, sd L, -; cl R, sd L, cls R, -;

3-4 [Cross Body] Fwd L, rec R trng 1/4 LF to fce LOD, sd R twd COH lower joined lead hands to waist, - (*W rk bk R, rec L, fwd R across M's body twd COH, - to "L" position*); rk bk R, rec L trng to fce COH raise lead hands to CP, sd R twd LOD, - (*W fwd L, fwd R trng LF to fce M, sd L twd LOD, -;*)

5-8 CROSS BODY-W Roll LF 4 to SHAD WALL;-; SHAD CUCARACHA CROSS RLOD; SHAD SD WLK 3 RLOD;

5 [Cross Body-W Trans] Fwd L twd COH, rec R trng 1/4 LF to fce RLOD, sd R twd Wall lower joined lead hands to waist, - (*W rk bk R, fwd L, fwd R across M's body twd Wall, -;*)

6 (QQQQ) Rk bk R, rec L trng to fce Wall, cls R with W on M's rt side release lead hands and join left hands and M's rt hand on W's waist, - (*W fwd L, fwd R trng LF, fwd L cont trng to Shad Wall, cls R to Shadow on M's rt side*);

7 [Shad Cucaracha Cross] In Rt Shad fcg Wall both with left ft free rk sd L, rec R, XLIF twd RLOD, -;

8 [Sd Walks] In Rt Shad fcg Wall both rt feet free sd R, cls L, sd R, -;



9-12 SHAD FENCELINE 2X;-; SHAD SERPEINTE SWVL TO;-;
9-10 [Shad Fenceline 2X] Shad Wall both lft ft free XLIF twd DRW, rec R, sd L, -; XRIF twd DLW, rec L, sd R, -;
11-12 [Shad Serpiente] Shad Wall both lft ft free thru L twd RLOD, sd R, XLIB ronde R CW, -; XRIB, sd L twd LOD, thru R twd LOD swvl RF on R to fce Wall, -;

13-16 SHAD FENCELINE; SYNC BREAK BACK TO FAN; ALEMANA BFLY;-;
13 [Shad Fnceline] Shad Wall both lft ft free XLIF twd DRW, rec R, sd L, -;
14 (QQ&S) [Brk to Sync Fan] Rk bk R, rec L lead W to Fan Pos, sd R, - (*W rk bk R, rec L trng LF/cont trng cls R, bk L to Fan Pos, -*);
15-16 [Alemana] Rk fwd L, rk R, cls L, - (*W cls R, fwd L, fwd R, -*); raise lead hands to palm to palm XRIB lead W to RF 1/2 turn, rec L trng W 1/2, cls R, - (*W fwd L twd DLC trng 1/2 undr joined lead hands, rec fwd R trng RF to fce ptrn, sd L, -*) to BFLY Wall;

PART C

1-4 BASIC;-; NY; AIDA;
1-2 [Basic] BFLY Wall rk fwd L, rec R, sd L, -; rk bk R, rec L, sd R, -;
3 [NY] Swvl RF to R Thru L twd RLOD with straight leg taking leads forward twd RLOD and extend trailing hands up and out, rec R trng to fce ptrn, sd L, -;
4 [Aida] Thru R twd LOD taking trailing hands thru twd LOD, sd L twd LOD trng to fce ptrn, cont trng step bk R to "V" fcg RLOD with lead hands extended twd RLOD;

5-8 SWITCH ROCK; SPOT TURN; BREAK BK OP; NY LOD to BFLY;
5 [Switch Rk] Bring lead hands bk trng to fce ptrn sd L twd LOD, rec R twd RLOD, rk sd L, -;
6 [Spot Turn] Thru R twd LOD swvl /12 LF to fce RLOD, rec L trng to fce ptrn, sd R, -;
7 [Brk Bk Op LOD] Swvl LF on R bk L to fce LOD, rec R, fwd L to OP LOD, -;
8 [NY] Thru R twd LOD with straight leg taking trailing hands forward twd LOD and extend lead hands up and out, rec L trng to fce ptrn, sd R, -;

9-12 HALF BASIC; FAN; ALEMANA CP;-;
9-10 [Hlf Basic; Fan] Fwd L, rk R, sd L, -; bk R, rec L trng W LF, sd R, - (*W fwd L, fwd R trng LF to fce RLOD, bk L to Fan Pos fcg RLOD, -*);
11-12 [Alemana] Rk fwd L, rk R, cls L, - (*W cls R, fwd L, fwd R, -*); raise lead hands to palm to palm XRIB lead W to RF 1/2 turn, rec L trng W 1/2, cls R, - (*W fwd L twd DLC trng 1/2 undr joined lead hands, rec fwd R trng RF to fce ptrn, sd L, -*) CP Wall;

13-16 CONTINUOUS SIDE WALKS;-;-; SLOW MERENGUE;
13-15 [Cnt Sd Wlks QQS; QQQQ; QQS] CP Wall sd L, cls R, sd L, -; cls R, sd L, cls R, sd L; cls R, sd L, cls R, -;
16 SS [Slow Merengue] Sd L, -, cls R, -;

PART D

1-8 EXTENDED CHASE WITH LIMP CP WALL;-;-;-;-;-;
1-4 Fwd L trng RF, cont trng fwd R twd COH, fwd L, -; fwd R trng slightly LF, soften R knee lk LIB, fwd R trng twd COH, -; fwd L twd COH trng slightly RF, soften L knee lk RIB, fwd L twd COH, -; fwd R trng LF, rec fwd L twd Wall, fwd R, -; (*W rk bk R, rk fwd L, fwd R, -; fwd L trng slightly RF, soften L knee lk RIB, fwd L twd COH, -; fwd R trng slightly LF, soften L knee lk LIB, fwd R twd COH, -; rk fwd L trng RF, cont trng fce Wall fwd R, fwd L, -;*)
5-8 In Tandem fcg Wall both with lead ft free fwd L trng slightly RF, soften L knee XRIB, fwd L twd Wall, -; fwd R trng slightly LF, soften R knee XLIB, fwd R twd Wall, -; fwd L trng slightly RF, soften L knee XRIB, fwd L twd Wall, -; rk fwd R, rec L, cls R, - to CP Wall; (*W fwd R trng slightly LF, soften R knee XLIB, fwd R twd Wall, -; fwd L trng slightly RF, soften L knee XRIB, fwd L twd Wall, -; fwd R trng slightly LF, soften R knee XLIB, fwd R twd Wall, -; fwd L trng RF, rec fwd R, cls L, -;*)

END

1-5 BK BASIC TO; NATURAL TOP CP WALL;-;-; FWD TO RIGHT LUNGE;
1 [Bk Basic to] Bk L, rec R trng RF to CP RLOD, sd L twd Wall, -;
2-4 [Nat Top] CP RLOD XRIB trng RF, sd L cont trng, XRIB, -; sd L cont trng RF, XRIB, sd L, -; XRIB, sd L, cls R, - (*W sd L, XRIF, sd L, -; sd R, XLIF, sd R, -; XLIF, sd R, cls L, -;*)
5 SS [Fwd to Rt Lunge] Fwd L soften left knee, -, sd fwd R btwn ptrn's feet with right side lead head to right, - (*W bk R on soft knee, -, sd bk L with head to left with left side lead, -;*)

