MOVE IT LIKE THIS

Choreographers: Milo & Grace Ferry, 629 Arnold Lane, Colo. Springs, Co 80904  Milograce@aol.com  719-475-1553
Rhythm: Cha Cha Cha  Phase IV + 2  Stop & Go Hockey Stick, Double Cubans
Music:  Ballroom Dancers.com, Latin Music 5, Baha Men Track 2, Shortened at end Also Slowed
Sequence Intro, A, B, C, A, A mod, A, END  September 2013

INTRO

1-4  WAIT; WAIT; FULL BASIC;;
   (WAIT) WAIT 2 MEASURES BOTH FACING WALL (LADY ON MAN'S LEFT), BOTH LEFT FOOT FREE
   1,2,3,4;  (FULL BASIC)  FWD L, REC R, SD L/CL R, SD L;  BK R, REC L, SD R/CL L, SD R;

A

1-8  SIDE DRAW LEFT (WITH SHOULDER SHAKE) TOUCH; SHAKE IT; SIDE DRAW RIGHT TOUCH; SHAKE IT; SIDE CLOSE TURN TO FACE CENTER TOUCH; HIP BUMP 3 TO
   FACE REVERSE; ROCK BACK RECOVER TO THREE FORWARD CHA'S;;
   1,2,3;  (SIDE DRAW LEFT (WITH SHOULDER SHAKE))  SD L TOWARD LN DRAWRING R FOOT TO L ON COUNT 2 & 3
   1,2,3;  TOUCHING R TO L; SHAKE YOUR HIPS
   1,2,3;  (SIDE DRAW RIGHT TOUCH(WITH SHOULDER SHAKE))  TO REV LINE SIDE DRAW L TO R WITH A TOUCH 1,2,3, AND SHAKE YOUR HIPS
   1,2,3;  (SIDE CLOSE TURN)  SD L TO LINE, CL R, SD L TURNING ON BALL OF FOOT TO FACE CENTER 7 TOUCH R TO L
   1,2,3;  (HIP BUMP THREE TO FACE REVERSE) WITH R FOOT LIFT KNEE AND EXTEND FOOT TO LINE, TO DL CAND TO CENTER ALSO EXTENDING HIP IN THOSE DIRECTIONS;
   1,2,3,4;  (ROCK BACK, RECOVER TO THREE FORWARD CHAS)  BOTH WITH R FOOT FREE RK, BACK RECOVER L,
   5&6  FWD R/Locking L IN BACK OF R, FWD L, FWD R/Locking L IN BACK OF R, FWD L/Locking R IN BACK OF
   7&8  L, FWD R  (FACING REV WITH LADY IN BACK OF MAN)

B

1-16  BASKETBALL TURNS 4 SLOWS;; OPPOSITE FENCE LINE; SPOT TURN MAN FACE WALL LADY IN 4 TO FACE MAN; ALAMANA;; (TO) LARIAT;; CROSS BODY (COH);;
   CROSS BODY TO WALL;; FULL BASIC;; OPEN HIP TWIST TO SIDE BY SIDE (LADY IN 4);
   1,2,3,4  (BASKETBALL TURNS 4 SLOWS)  FWD L TRNG ¼ TO FACE LINE, RECOVER R THEN HE TAKES 2 SMALL
   STEPS  TOWARD PARTNER L THEN R (SHE TAKES ONE STEP FWD L TO REV RECOVERING TO LINE R
   THEN ONE STEP TO LINE L TRNG TO REVERSE AND RECOVERING R TO FACE PARTNER
   1,2,3,4;  (OPPOSITE FENCE LINE)  IN BUTTERFLY XLIF OF R, REC ON R, SD L/CL R, SD L;
   1,2,3,4;  (SPOT TURN MAN FACE WALL LADY IN 4 TO FACE MAN;)  XR TO COH TRNG ¼ LFT FC ON BALL OF
   (1,2,3,4);  (CROSS R IN FRONT OF LEFT TURNING TOWARD WALL, THEN FWD L BEGIN TURNING TO FACE
   PARTNER FORWARD R CONTINUING TURN L THEN FACE PARTNER)
   1,2,3,4;  (ALAMANA; TO LARIAT;)  FWD, REC, SD/CL, SD; BK,REC, SD/CL,SD;  TO LARIAT IN PLC STP, STP, STP/STP, STP, STP STP, STP,
   STP/STP, STP;  (FWD, FWD, FWD/CL, FWD; FWD, FWD, FWD/CL SD);
   1,2,3,4;  (CROSS BODY (COH))  FWD, REC TRN, SD/CL, SD;  BK TRN, REC, SD/CL SD;
   1,2,3,4;  (CROSS BODY TO WALL)  FWD, REC TRN, SD/CL, SD;  BK TRN, REC, SD/CL SD;
   1,2,3,4;  (FULL BASIC)  FWD, REC, SD/CL, SD; BK, REC, SD/CL, SD;
   1,2,3,4;  (OPEN HIP TWIST TO SIDE BY SIDE(LADY IN 4); CK FWD, REC, BK/CL, BK; (RK BK, REC, FWD/LK, FWD (1,2,3,4);
   SWVL); WALK IN 4 TO MAN'S RIGHT SIDE L, R, L, R;
Repeat A

C

1-22 2 Sliding Doors in Tandem;; Circle Away and Together;; Double Cuban Breaks;; ½ Basic to a Fan;; Stop & Go Hockey Stick;; Hockey Stick;; Shoulder to Shoulder 2x;; Start a Chase ½ Tandem to Wall;; Pek-A-Boos;; Finish the Chase;; Open Hip Twist to Side by Side Lady in 4;;

1,2,3,4; {2 Sliding Doors in Tandem} SD L, REC R, X L/S R, CL; SD R, REC L, X R /S L TO CL;
1,2,3,4; {Circle Away and Together} In Clockwise Motion FWD L, R Comm RGT Face Turn, FWD L/FWD R, Cont Turning RGT Face FWD L; FWD R, Cont TRN RGT Face FWD L, FWD R/FWD L, FWD R Face Wall; (Counter Clockwise FWD L, FWD R, FWD L/FWD R, FWD L Comm TRN Left Face in 4 Steps Continue to Face Man; R, L, R, L);
18,28,38,4; {Double Cuban Breaks} XIF/REC, SD/REC, XIF/REC, SD; XIF/REC, SD/REC, XIF/REC, SD;
1,2,3,4; {Half a Basic to a Fan} FWD L, REC R, SD L/C/L R, SD L; BK R, REC L, SD R/C/L R, SD; (BK R, REC L, FWD R/FWD L, FWD R; FWD L To Man Step Side & Back & To Line R/L, Back R);
1,2,3,4; {Stop & Go Hockey Stick} FWD L, REC R, SD L/C/L R, SD L Lead Woman TRN Lft Face Under Lead Hands (CL R, FWD L, FWD R/Cross LF In BK FWD R Quick Lft Fac Turning Under Lead Hand Facin Lod); Soften Lft Knee Cross Lunge R In Front To Line R Hand on Woman's Back, REC L TRNG Woman Right Face Under Lead Hands, SD R/C/L R, SD R; (Sit Lunge BK L, REC R TRN Right Face Under Lead Hands BK L/Cross R In Front, BK Left);
1,2,3,4; {Hockey Stick} FWD L, REC R In Place L/C/L R, L Lead Woman FWD (CL R, FWD L, FWD R/XLub, FWD R); BK R Slightly Behind L, REC LTWD RLW Turn Woman Lft Face Under Lead Hands, FWD R/XLub, FWD R RLW; (FWD L Toeing Out, FWD R RLW Turn Left Face Under Lead Hand, BK L/XRIF, BK L);
1,2,3,4; {Shoulder to Shoulder 2x} RK FWD, REC, SD/C/L, SD; (RK BK, REC, SD/C/L, SD);
1,2,3,4; {Open Hip Twist to Side by Side(Lady in 4)} CK FWD, REC, BK/C/L, BK; (RK BK, REC, FWD/LK, FWD (1,2,3,4); SWVL); Walk in 4 TO Man's Right Side L, R, L, R;

Repeat A

Modified C

1-18 2 Sliding Doors in Tandem;; Circle Away and Together;; ½ Basic to a Fan;; Stop & Go Hockey Stick;; Hockey Stick;; Start a Chase ½ Tandem to Wall;; Pek-A-Boos;; Finish the Chase;; Open Hip Twist to Side by Side Lady in 4;;

1,2,3,4; {2 Sliding Doors in Tandem} SD L, REC R, X L/S R, CL; SD R, REC L, X R /S L TO CL;
1,2,3,4; {Circle Away and Together} In Clockwise Motion FWD L, R Comm RGT Face Turn, FWD L/FWD R, Cont Turning RGT Face FWD L; FWD R, Cont TRN RGT Face FWD L, FWD R/FWD L, FWD R Face Wall; (Counter Clockwise FWD L, FWD R, FWD L/FWD R, FWD L Comm TRN Left Face in 4 Steps Continue to Face Man; R, L, R, L);
1,2,3,4; {HALF A BASIC TO A FAN} FWD L, REC R, SD L/CL L, SD L: BK R, REC L, SD R/CL L, SD R; BK R, REC L, FWD R/FWD L, FWD R; FWD L TO MAN STEP SIDE & BACK & TO LINE R/L, BACK R;
1,2,3,4; {STOP & GO HOCKEY STICK} FWD L, REC R, SD L/CL L, SD L LEAD WOMAN TRN LFT FACE UNDER LEAD HANDS (CL R, FWD L, FWD R/CROSS LFT IN BK FWD R QUICK LEFT FAC TURNING UNDER LEAD HAND FACIN LOD); SOFTEN LFT KNEE CROSS LUNGE R IN FRONT TO LINE R HAND ON WOMAN'S BACK, REC L TRNG WOMAN RIGHT FACE UNDER LEAD HANDS, SD R/CL L, SD R; (G'T LUNGE BK L, REC R TRN RIGHT FACE UNDER LEAD HANDS BK L/CROSS R IN FRONT, BK LEFT);
1,2,3,4; {HOCKEY STICK} FWD L, REC R IN PLACE L/CL R, L LEAD WOMAN FWD (CL R, FWD L, FWD R/XLIB, FWD R); BK R SLIGHTLY BEHIND L, REC LTWD RLW TURN WOMAN LFT FACE UNDER LEAD HANDS, FWD R/XLIB, FWD R RLW; (FWD L TOEING OUT, FWD R RLW TURN LEFT FACE UNDER LEAD HAND, BK L/XRIF, BK L);
1,2,3,4; {START A CHASE ½ TANDEM TO WALL; PEEK-A-BOOS; FINISH THE CHASE} FWD L, TRN RIGHT FACE TO FACE COH, REC R, IN PLACE L/R, L; BK L, FACE COH; FWD R, TURNING RIGHT FACE TO WALL IN TANDEM WITH LADY, FWD L, R/L R; SD R, REC L, IN PLACE R/L, R; SD L, REC R, IN PLACE L/R, L; FWD R, REC L, IN PLACE R/L, R; FACING WALL, FWD L, REC R, IN PLACE L/R, L;
1,2,3,4; {OPEN HIP TWIST TO SIDE BY SIDE(LADY IN 4)} CK FWD, REC, BK/CL, BK; (RK BK, REC, FWD/LK, FWD (1,2,3,4); SWVL); WALK IN 4 TO MAN'S RIGHT SIDE L, R, L, R;

REPEAT A

1-12 SIDE DRAW LEFT (WITH SHOULDERS SHAKE) TOUCH; SHAKE IT; SIDE DRAW RIGHT TOUCH; SHAKE IT; SIDE CLOSE TURN TO FACE CENTER TOUCH; HIP BUMP 3 TO FACE REVERSE; ROCK BACK RECOVER TO THREE FORWARD CHAS;

1,2,3; {SIDE DRAW LEFT (WITH SHOULDERS SHAKE)} SD L TOWARD LN DRAWING R FOOT TO L ON COUNT 2 & 3
1,2,3; TOUCHING R TO L; SHAKE YOUR HIPS
1,2,3; {SIDE DRAW RIGHT TOUCH(WITH SHOULDERS SHAKE)} TO REV LINE SIDE DRAW L TO R WITH A TOUCH 1,2,3; AND SHAKE YOUR HIPS
1,2,3; (SIDE CLOSE TURN) SD L TO LINE, CL R, SD L TURNING ON BALL OF FOOT TO FACE CENTER 7 TOUCH R TO L
1,2,3; (HIP BUMP THREE TO FACE REVERSE) WITH R FOOT LIFT KNEE AND EXTEND FOOT TO LINE, TO DLC AND TO CENTER ALSO EXTENDING HIP IN THOSE DIRECTIONS;
1,2,3,4; (ROCK BACK, RECOVER TO THREE FORWARD CHAS) BOTH WITH R FOOT FREE RK, BACK RECOVER L, 5&6 FWD R/LOCKING L IN BACK OF R, FWD L, FWD R/LOCKING L IN BACK OF R, FWD L/LOCKING R IN BACK 7&8 L, FWD R (FACING REV WITH LADY IN BACK OF MAN)

END

1-2 SIDE DRAW LEFT (WITH SHOULDERS SHAKE) TOUCH; SHAKE IT; SIDE DRAW RIGHT TOUCH; SHAKE IT;

1,2,3 1,2,3; (END); THIS TIME JUST FACING REVERSE SIDE DRAW LEFT WITH SHOULDERS SHAKE TOUCH SHAKE IT; SIDE DRAW RIGHT TOUCH WITH SHOULDERS SHAKE, SHAKE IT;