Morning Has Broken

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Music: Morning Has Broken  By Phil Coulter – Serenity  
Download Available at Amazon.com  Time 2:52

Rhythm: Waltz  Phase 4 + 1 Unphased (Interrupted Box)

Footwork: Opposite Unless Noted  Difficulty - Average


Intro

1-4  LOP/FCG DRW WAIT;;  STEP TOG TCH;  BOX FINISH;

1-2  Lop/Fcg ptr DRW w/lead hnds joined Wait;;
3  {Step Tog Tch} Fwd L (W Fwd R) to CP, tch R to L, 
4  {Box Finish} Bk R comm LF trn, sd L, cl R to BJO DLC;

5-8  HOVER;  THRU SIDE CLOSE;  TWIRL VINE;  PKUP SIDE CLOSE;

5  {Hover} Fwd L, sd & fwd R w/rise, rec fwd L to SCP LOD;
6  {Thru Side Close} Thru R trng fc ptr, sd L, cl R;
7  {Twirl Vine} Sd L, XRB, sd L(W RF twirl R,L,R) to SCP LOD;
8  {Pickup Sd Cl} Small fwd R, sd L, cl R leading W to pkup endg CP DLC;

Part A

1-4  DIAMOND TURNS;;;;

1-4  {Diamond Turns} Fwd L trng LF, cont trn sd R, bk L to BJO;  Bk R trng LF, 
   Sd L, fwd R;  Fwd L trng LF, sd R, bk L;  Bk R trng LF, sd L, fwd R to BJO DLC;

5-8  TELEMARK;  IN & OUT RUN;;  THRU SCP CHASSE;

5  {Telemark} Fwd L comm LF trn, sd R cont LF trn (W Heel Trn), sd & slightly 
   fwd L to SCP;
6-7  {In & Out Run} Thru R comm RF trn, sd & bk L to CP, bk R to BJO (W fwd L, 
   fwd R between M’s feet, fwd L to bjo);Bk L trng RF, sd & fwd R between W’s 
   feet cont RF trn, fwd L (W Fwd R comm RF trn, fwd & sd L cont trn,fwd R) to 
   end SCP LOD;
8  {Thru SCP Chasse} Thru R to fc ptr, sd L/cl R, sd L to SCP;

9-13  THRU CHASSE BJO;  FWD FWD LK FWD;  MANUV;  SPIN TURN;

BOX FINISH;

9  {Thru Chasse Bjo} Thru R trng Fc ptr, sd L/cl R, sd L to BJO;
10  {Fwd Fwd Lk Fwd} Fwd R, fwd L/Lk RIB, fwd L;
11  {Manuv}Fwd R trng RF in frt of W, sd L, cl R to fc RLOD;
12  {Spin Turn} Bk L pivoting ½ RF to fc LOD, fwd R between W’s feet cont RF trn to 
   DLW, sd & bk L;
13  {Box Finish} Bk R trng LF, sd L, cl R to CP DLC;
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Part A Cont

14-20  2 LEFT TURNS;;  WHISK;  PKUP TO S/C;  X HOVER 3X’S;;;

14-15  (2 Left Turns) Fwd L comm LF trn, cont LF trn sd R, cl L; Bk R cont LF trn, sd L cont trn to fc wall, cl R (W Bk R comm LF trn, sd L cont trn, cl R; Fwd L cont trn, sd R complete trn, cl L);
16  (Whisk) Fwd L to CP, fwd & sd R w/rise, XLIB of R;
17  (Pickup To S/C) Fwd R picking W up to S/C pos, Sd L cl R to S/C DLW;
18-20  (X Hover 3X’S) XLIF of R, sd R rising, rec L to Bjo; XRIF of L, sd L rising, rec R to S/C; XLIF of R, sd R rising, rec L to BJO;

21-23  MANUV;  2 QTR RIGHT TURNS;;

21  {Manuv} Repeat Meas 11 of Part A;
22-23  (2 Qtr Right Turns) Bk L trng ¼ RF, sd R, cl L; Fwd R trng ¼ RF, sd L, cl R to CP LOD;

INTL

1-4  FWD WALTZ;  DRIFT APT;  TWINKLE OUT;  TWINKLE IN;

1  {Fwd Waltz} Fwd L, fwd R, cl L;
2  {Drift Apt} Fwd R, in plc L, in plc R (W bk L, bk R, cl L) to LOP FCG LOD;
3  {Twinkle Out} Thru L twd Wall comm LF trn, cont LF trn sd R, cl L, to OP COH;
4  {Twinkle In} Thru R twd COH comm RF trn, cont RF trn sd L, cl R to CP LOD;

Repeat A
Repeate Intl

Part B

1-4  TELEMARK;  NAT’L HOVER F’WAY;  BK BK LK BK;  SLIP PIVOT;

1  {Telemark} Fwd L comm LF trn, sd R cont LF trn (W Heel Trn), sd & slightly Fwd L to SCP;
2  {Nat’l Hover F’way} Fwd R w/slight RF body trn, fwd L cont RF trn w/rise, rec bk R;
3  {Bk Bk Lk Bk} Bk L, bk R/Lk LIF, bk R;
4  {Slip Pivot} Bk L, bk R comm LF, fwd L (W bk R comm LF trn pivoting on ball of foot, fwd L cont LF trn, bk R);

5-8  FWD FWD LK FWD;  CK FWD LADY DEVELOPE;  BK HOVER SCP;

THRU CHASSE BJO;
5  {Fwd Fwd Lk Fwd} Fwd R fwd L/Lk RIB, fwd L;
6  {Ck Fwd Lady Develope} Fwd R outsdr ptr ckg, (W bk L bring R foot up left leg to knee, extend R foot fwd);
7  {Bk Hover Scp} Bk L, sd & bk R w/slight rise, rec L (W fwd R, sd & fwd L trng to Scp w/rise & brush R to L, fwd R);
8  {Thru Chasse Bjo} Thru R trng to fc ptr, sd L, cl R, sd L to Bjo;

9-11  MANUV;  SPIN TURN;  BOX FINISH;

9  {Manuv} Repeat Meas 11 of Part A;
10  {Spin Trn} Repeat Meas 12 of Part A;
11  {Box Finish} Repeat Meas 13 of Part A;
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Part B Cont

12-18 INTERRUPTED BOX TO S/C;;;; TWINKLE BJO; FWD SD CLOSE; WHISK;

12-15 {Interrupted Box} Fwd L, sd R, cl L; Bk R, sd L, cl R (W Bk R, sd L, cl R; Fwd L comm RF trn under joined ld hnds, fwd R cont RF trn, fwd L); Fwd L, sd R, cl L (W cont RF trn fwd R, fwd L cont trn, fwd R to fc ptr); Bk R, sd L, cl R Pkup W to S/C Pos (W fwd L, sd R, cl L picking up to S/C) to end DLW;
16 {Twinkle Bjo} XLIF(XRIB), sd R, cl L to BJO LOD;
17 {Fwd Sd Cl} Fwd R trng to fc ptr & wall, sd L, cl R;
18 {Whisk} Repeat Meas 16 of Part A;

19-23 WING; TURN L & R CHASSE BJO; IMPETUS; PKUP SD CL; CANTER;

19 {Wing} Fwd R, draw L to R, tch L trng upper body LF (W Fwd L begin around M with a slight LF trn, Fwd R cont around M, Fwd L to a tight S/C Pos);
20 {Turn L & R Chasse Bjo} Fwd L comm LF upper body trn, sd R/cl L, sd R (W bk R comm LF upper body trn, sd L/cl R, sd L) to end BJO;
21 {Impetus Scp} Bk L comm RF trn, Cl R(Heel Trn) cont trn, sd& fwd L to SCP LOD;
22 {Pkup SD Cl} Sm fwd R, sd L, cl R leading W to pkup endg CP LOD;
23 {Canter} To COH Sd L, draw R to L, cl R;

Ending

1-4 1 LEFT TURN; BACK WALTZ; 1 RIGHT TURN; FWD WALTZ;

1 { 1 Left Trn} Fwd L trng LF, bk R cont LF trn to fc RLOD, cl L;
2 {Back Waltz} Bk R, bk L, cl R;
3 { 1 Right Turn} Bk L comm RF trn, sd R cont RF trn to fc LOD, cl L;
4 {Fwd Waltz} Fwd R, fwd L, cl R;

5-8 2 LEFT TURNS;; HOVER;;;; PKUP TO S/C;

5-6 { 2 Left Turns} Repeat Meas 14-15 of Part A;;
7 {Hover} Fwd L, sd & fwd R w/rise, rec fwd L to SCP;
8 {Pkup to S/C} Sm fwd R, sd L, cl R picking W up to S/C pos;

9-14 TWINKLE TO BJO; FWD SIDE CLOSE; INTERRUPTED BOX;;;;

9 {Twinkle To Bjo} Repeat Meas 16 of Part B;
10 {Fwd Side Close} Repeat Meas 17 of Part B;
11-14 {Interrupted Box} Fcg Wall Repeat Meas 13 thru 15 of Part B;;;;

15-16 CANTER; LUNGE SIDE & HOLD;

15 {Canter} Sd L, draw R to L, cl R;
16 {Lunge Side & Hold} Lunge sd L w/ soft knee to LOD & Hold, - - -