Morning Has Broken

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Music: Morning Has Broken  By Phil Coulter – Serenity  
Download Available at Amazon.com  Time 2:52

Rhythm: Waltz  Phase 4 + 1 Unphased (Interrupted Box)

Footwork: Opposite Unless Noted  Difficultly - Average


Intro

1-4  LOP/FCG DRW WAIT;;_STEP TOG TCH;_BOX FINISH;
1-2  Lop/Fcg ptr DRW w/lead hnds joined Wait;;
3  {Step Tog Tch} Fwd L (W Fwd R) to CP, tch R to L,·
4  {Box Finish} Bk R comm LF trn, sd L, cl R to BJO DLW;

5-8  HOVER;_THRU SIDE CLOSE;_TWIRL VINE;_PKUP SIDE CLOSE;
5  {Hover} Fwd L, sd & fwd R w/rise, rec fwd L to SCP LOD;
6  {Thru Side Close} Thru R trng fc ptr, sd L, cl R;
7  {Twirl Vine} Sd L, XRIB, sd L(W RF twirl R,L,R) to SCP LOD;
8  {Pickup Sd Cl} Small fwd R, sd L, cl R leading W to pkup endg CP DLC;

Part A

1-4  DIAMOND TURNS;;;;
1-4  {Diamond Turns} Fwd L trng LF, cont trn sd R, bk L to BJO;  Bk R trng LF,  
Sd L, fwd R;  Fwd L trng LF, sd R, bk L;  Bk R trng LF, sd L, fwd R to BJO DLC;

5-8  TELEMARK;_IN & OUT RUN;;_THRU SCP CHASSE;
5  {Telemark} Fwd L comm LF trn, sd R cont LF trn (W Heel Trn), sd & slightly  
fwd L to SCP;
6-7  {In & Out Run} Thru R comm RF trn, sd & bk L to CP, bk R to BJO (W fwd L,  
fwd R between M’s feet, fwd L to bjo);Bk L trng RF, sd & fwd R between W’s  
feet cont RF trn, fwd L (W Fwd R comm RF trn, fwd & sd L cont trn,fwd R) to  
end SCP LOD;
8  {Thru SCP Chasse} Thru R to fc ptr, sd L/cl R, sd L to SCP;

9-13  THRU CHASSE BJO;_FWD FWD LK FWD;_MANUV;_SPIN TURN;

BOX FINISH;
9  {Thru Chasse Bjo} Thru R trng Fc ptr, sd L/cl R, sd L to BJO;
10  {Fwd Fwd Lk Fwd} Fwd R, fwd L/Lk RIB, fwd L;
11  {Manuv}Fwd R trng RF in frt of W, sd L, cl R to fc RLOD;
12  {Spin Turn} Bk L pivoting ½ RF to fc LOD, fwd R between W’s feet cont RF trn to  
DLW, sd & bk L;
13  {Box Finish} Bk R trng LF, sd L, cl R to CP DLC;
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Part A Cont

14-20  2 LEFT TURNS;;  WHISK;  PKUP TO S/C;  X HOVER 3X’S;;;
  14-15  {2 Left Turns} Fwd L comm LF trn, cont LF trn sd R, cl L; Bk R cont LF trn, sd L cont trn to fc wall, cl R (W Bk R comm LF trn, sd L cont trn, Cl R; Fwd L cont trn, sd R complete trn, cl L);
  16  {Whisk} Fwd L to CP, fwd & sd R w/ rise, XLIF of R;
  17  {Pickup To S/C} Fwd R picking W up to S/C pos, Sd L cl R to S/C DLW;
  18-20  {X Hover 3X’S} XLIF of R, sd R rising, rec L to Bjo; Xrif of L, sd L rising, rec R to S/C; XLIF of R, sd R rising, rec L to BJO;

21-23  MANUV;  2 QTR RIGHT TURNS;;
  21  {Manuv} Repeat Meas 11 of Part A;
  22-23  {2 Qtr Right Turns} Bk L trng ¼ RF, sd R, cl L; Fwd R trng ¼ RF, sd L, cl R to CP LOD;

Int'l

1-4  FWD WALTZ;  DRIFT APT;  TWINKLE OUT;  TWINKLE IN;
  1  {Fwd Waltz} Fwd L, fwd R, cl L;
  2  {Drift Apt} Fwd R, in plc L, in plc R (W bk L, bk R, cl L) to LOP FCG LOD;
  3  {Twinkle Out} Thru L twd Wall comm LF trn, cont LF trn sd R, cl L, to OP COH;
  4  {Twinkle In} Thru R twd COH comm RF trn, cont RF trn sd L, cl R to CP LOD;

5-6  DIP BACK;  REC TCH;
  5-6  {Dip Back} Dip bk L, su-, ;  {Recover Tch} Rec R, su-, tch L;

Repeat A
Repeat Int'l

Part B

1-4  TELEMARK;  NAT’L HOVER F’WAY;  BK BK LK BK;  SLIP PIVOT;
  1  {Telemark} Fwd L comm LF trn, sd R cont LF trn (W Heel Trn), sd & slightly Fwd L to SCP;
  2  {Nat’l Hover F’way} Fwd R w/ slight RF body trn, fwd L cont RF trn w/ rise, rec bk R;
  3  {Bk Bk Lk Bk} Bk L, bk R/Lk LIF, bk R;
  4  {Slip Pivot} Bk L, bk R comm LF, fwd L (W bk R comm LF trn pivoting on ball of foot, fwd L cont LF trn, bk R);

5-8  FWD FWD LK FWD;  CK FWD LADY DEVELOPE;  BK HOVER SCP;

THRU CHASSE BJO;
  5  {Fwd Fwd Lk Fwd} Fwd R fwd L/Lk RIB, fwd L;
  6  {Ck Fwd Lady Develope} Fwd R outsld ptr ck, (W bk L bring R foot up left leg to knee, extend R foot fwd);
  7  {Bk Hover Scp} Bk L, sd & bk R w/ slight rise, rec L (W fwd R, sd & fwd L trng to Scp w/ rise & brush R to L, fwd R);
  8  {Thru Chasse Bjo} Thru R trng to fc ptr, sd L, cl R, sd L to Bjo;
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Part B Cont

9-11 MANUV; SPIN TURN; BOX FINISH;
9 (Manuv) Repeat Meas 11 of Part A;
10 (Spin Trn) Repeat Meas 12 of Part A;
11 (Box Finish) Repeat Meas 13 of Part A;

12-18 INTERRUPTED BOX TO S/C;;; TWINKLE BJO; FWD SD CLOSE; WHISK;
12-15 (Interrupted Box) Fwd L, sd R, cl L; Bk R, sd L, cl R (W Bk R, sd L, cl R; Fwd L comm RF trn under joined ld hnds, fwd R cont RF trn, fwd L); Fwd L, sd R, cl L (W cont RF trn fwd R, fwd L cont trn, fwd R to fc ptr); Bk R, sd L, cl R Pkup W to S/C Pos (W fwd L, sd R, cl L picking up to S/C) to end DLW;
16 (Twinkle Bjo) XLIF(XRIB), sd R, cl L to BJO LOD;
17 (Fwd Sd Cl} Fwd R trng to fc ptr & wall, sd L, cl R;
18 (Whisk) Repeat Meas 16 of Part A;

19-23 WING; TURN L & R CHASSE BJO; IMPETUS; PKUP SD CL; CANTER;
19 (Wing} Fwd R, draw L to R, tch L trng upper body LF (W Fwd L begin around M with a slight LF trn, Fwd R cont around M, Fwd L to a tight S/C Pos);
20 (Turn L & R Chasse Bjo} Fwd L comm LF upper body trn, sd R/cl L, sd R (W bk R comm LF upper body trn, sd L/cl R, sd L) to end BJO;
21 (Impetus Scp) Bk L comm RF trn, Cl R(Heel Trn) cont trn, sd & fwd L to SCP LOD;
22 (Pkup SD Cl} Sm fwd R, sd L, cl R leading W to pkup endg CP LOD;
23 (Canter} To COH Sd L, draw R to L, cl R;

Ending

1-4 1 LEFT TURN; BACK WALTZ; 1 RIGHT TURN; FWD WALTZ;
1 1 Left Trn} Fwd L trng LF, bk R cont LF trn to fc RLOD, cl L;
2 (Back Waltz} Bk R, bk L, cl R;
3 (1 Right Turn} Bk L comm RF trn, sd R cont RF trn to fc LOD, cl L;
4 (Fwd Waltz} Fwd R, fwd L, cl R;

5-8 2 LEFT TURNS;; HOVER;; PKUP TO S/C;
5-6 (2 Left Turns) Repeat Meas 14-15 of Part A;;
7 (Hover} Fwd L, sd & fwd R w/rise, rec fwd L to SCP;
8 (Pkup to S/C} Sm fwd R, sd L, cl R picking W up to S/C pos;

9-14 TWINKLE TO BJO; FWD SIDE CLOSE; INTERRUPTED BOX;;;
9 (Twinkle To Bjo} Repeat Meas 16 of Part B;
10 (Fwd Side Close} Repeat Meas 17 of Part B;
11-14 (Interrupted Box} Fcg Wall Repeat Meas 12 thru 15 of Part B;;;

15-16 CANTER; LUNGE SIDE & HOLD;
15 (Canter} Sd L, draw R to L, cl R;
16 (Lunge Side & Hold} Lunge sd L w/ soft knee to LOD & Hold, -};