INTRO

1-4 WAIT; RIGHT FOOT CUCARACHA; OPPOSING SPOT TRN; CROSS LUNGE RECOV FC;

- 1-2 \{Wait\} Wait 1 meas no hnds joined fc wall R ft free for both;
QQS 1-2 \{Cucaracha\} Both with R foot press sd, recov L, cl R as hand goes out to sd and sweeps up CCW and down in front,-;
QQS 3-4 \{Spot Trn\} Both L ft XLIF of R trn ¼ RF, recov R trn ¼ RF, sd L to fc,-;
QQS 3-4 \{Cross Lunge\} Join R forearms cross lunge both with R look away from ptr, recov L, sd R sweep L arms up in front of body CCW,-;

5-8 OPPOSING SPOT TRN M TRANS; OPEN HIP TWIST LADY OVERTRN; FAN; CURL;

QQQQ 5-6 \{Spot Trn Trans\} Both L ft XLIF of R trn ¼ RF, recov R trn ¼ RF, sd L to fc, cl R to L (W sd L,,-);
QQS 5-6 \{Hip Twist\} Chk fwd L, recov R, cl L to R (W bk R, recov L, fwd R twd M swvl ½ RF fc wall),-;
QQS 7-8 \{Fan\} Bk R, recov L, sd R (W trn to LOD fwd L, fwd R trn LF, bk L leaving R extended fwd no wgt),-;
QQS 7-8 \{Curl\} Fwd L, recov R, cl L as lead W to trn LF under raised L hnd (W cl R to L, fwd L, fwd R trn LF under joined hnds end fcng LOD),-;

PART A

1-4 FAN; ALEMANA TO CONTINUOUS ROPESPIN;;;

QQS 1-2 \{Fan\} Bk R, recov L, sd R (W fwd L twd LOD, fwd R trn LF, bk L leaving R extended fwd no wgt),-;
QQS 1-2 \{Alemana W Spiral\} Fwd L, recov R, cl L leading W to trn RF (W cl R, fwd L, fwd R begin RF swvl to fc ptr),-;
QQS 3-4 \{Cont Alemana\} Bk R, recov L, cl R lift lead hnds to cause W to spiral (W fwd L cont RF trn under joined lead hnds, fwd R cont RF trn, fwd L to M’s R sd spiral RF),-;
QQS 3-4 \{Continuous Rope Spin\} Like cucaracha press sd L, recov R, cl L (W fwd R, L, R arnd M to his L sd),-;

5-8 CONT CONTINUOUS ROPESPIN;;; BASIC:

QQS 5-6 \{Cont Rope Spin\} Rk bk R, recov L trn ½ LF fc COH, sd R (W fwd L, R, L arnd M end behind M),-;
QQS 5-6 Press sd L, recov R trn ¼
MOMENT TO MOMENT

LF fc RLOD, cl L (W fwd R, L, R arnd M end at his R sd), -;

QQS 7-8  {Cont Rope Spin} Fwd R trn LF ½ fc LOD, recov L to fc LOD,
QQS  sd R (W fwd L, R arnd M to fc ptr, sd L), -;

{Basic} Fwd L, recov R trn RF ¼, sd L cont RF trn (W fwd R to CP), -;

9-12 NATURAL TOP 3; LADY SLOW SPIRAL; LADY SLOW STEP TO BJO

QQS 9-10  {Nat Top} XRB of L cont RF trn, sd L cont trn, XRB of L fcing
HOLD near LOD (W sd L cont RF trn, XRB of L cont trn, sd L), -;
(W S-)  {Lady Slow Spiral} Hold but lift lead arms to cause slow spiral
(QQS  (W step fwd R spiral LF take the entire mesure to end fc RLOD
outside ptr);

-QQQ 11-12  {Lady to Bjo Qk Opening Out with Swvls} Trn body RF no wgt
(W SQQ) chg, - , fwd L with RF body trn to open lady out, recov R trn LF
QQS  (W step fwd L to BJO on & ct trn sharply RF to fc DW,-, break
bK R, recov L swvl LF to BJO); Move wgt and hips slgtly bk and
forth sd L, recov R, recov L (W XRB of L swvl RF on his R sd,
XLIF or R swvl LF, XRB of L swvl RF fc LOD), -;

13-16 FAN; PREPARE HOCKEY STICK TO TANDEM; LADY LOWER &

QQS 13-14  {Fan} Bk R, recov L, sd R (W fwd L twd LOD, fwd R trn LF, bk
QQS  L leaving R extended fwd no wgt), -;

{Hockey Stick to Tandem} Fwd L, recov R, sd L pl hnds on W’s shoulders wgt on both ft (W
cL R, fwd L, fwd R to tandem drop hnds bring L ft next to R), -;

QQQQQ 15-16  {Lower & Rise} Put some pressure on W’s shoulders to make her
(W ----) lower as you hip rock R, L, R, L (W with no wgt chg lower bring
QQS  both knees twd LOD,-, rise bringing knees twd RLOD and then
straighten first moving R arm out to sd & up CCW then down in
front of body as L arm moves out to sd & up CW then down,-);

{Hockey Stick End} Bk R, recov L, fwd R join lead hnds (W fwd
QQS  L, fwd R trn LF to fc ptr, bk L), -;

PART B

1-4 BASIC; TORNILLO WHEEL 3; ADVANCED HIP TWIST; AIDA;

QQS 1-2  {Basic} Fwd L, recov R, sd L trn LF to BJO ( W bk R, recov L,
QQS  fwd R to BJO), -;

{Tornillo Wheel} Wheel RF Fwd R, L, R
(W ----)&

supporting W end fcing LOD (W bring L knee up to M’s R hip ft
pt down rise to R toe as M brings you arnd but on & ct step fwd
in BJO L), -;

QQS 3-4  {Adv Hip Twist} Fwd L on ball of foot trn body R, recov R,
QQS  XLIB of R cause W to swvl (W swvl ½ RF to step bk R, recov L
swvl ½ LF, fwd R outside ptr swvl ½ RF to fc LOD), -;

{Aida} Fwd R, fwd L trn RF, bk R in slgt “V” pos,-;

5-8 SWITCH & SWVL; THRU TO FAN; ALEMANA;

QQS 5-6  {Switch & Swvl} Trnig LF to fc ptr sd L check bringing joined
QQS  hnds thru, recov R to LOP, fwd L swvl LF to fc LOD,-;
{Thru to Fan} Thru R, cl L to R fc wall, sd R (W fwd L twd LOD, fwd R trn LF, bk L leaving R extended fwd no wgt),-;

7-8 {Alemana} Fwd L, recov R, cl L leading W to trn RF, bk R, recov L, cl R to L (W cl R, fwd L, fwd R start RF swvl to fc ptr, fwsd L across body cont RF trn under joined lead hnds, fwd R cont RF trn, fwd L to M’s R sd),-;

9-12 CUDDLES 3 TIMES::; SLOW BODY ROLL::

{Cuddles} Press sd L as open lady to R sd in ½ OP, recov R, cl L bring W across in front (W opening up swvl RF on L sd R, recov L to fc ptr, sd R),-; Press sd R as open lady to L sd in ½ LOP, recov L, cl R bring W across in front (W opening up swvl LF on R sd L, recov R to fc ptr, sd L);

10-11 {Cuddle} Press sd L as open lady to R sd in ½ OP, recov R, cl L bring W across in front join lead hnds in CP (W opening up swvl RF on L sd R, recov L to fc ptr, sd R),-;

{Body Roll} Roll the body slowly starting to the L then bk then R and then fwd while the W leans over the M and then the M over the W and end upright no wgt chg;

13-16 SLIP TELEMARK TO ½ OP; OPEN IN & OUT RUNS WITH ARMS::

MAN TRN TO SCAR CHECK;

&QQS 13-14 {Slip Telemark} On the & ct slip R ft bk under body as make ¼ trn LF/ fwsd L, sd & fwd R arnd W, fwsd L in ½ OP DW (W slip fwsd L/ bk R, cl L to R heel trn, fwd R in ½ OP),-;

{In & Out Run} Fwd R, fwd L, sd & fwd R across W, trn RF to ½ LOP as you lift R arm causing W’s arm to lift as well fwsd R (W fwsd L, fwsd R, fwsd L),-;

15-16 {In & Out Run} Fwd L, fwsd R, fwsd L lifting L arm to cause W’s arm to lift (W fwsd R, fwsd & sd L across M, trn RF to ½ OP fwsd R),-;

{Man trn SCAR} Fwd R trn RF stay on inside of circle, sd L cont RF trn, bk R checking in SCAR fc RLOD (W fwsd L, R, L),-;

INTERLUDE

1-4 ZIG ZAG OUTSIDE SWVL; 2 SLOW SWVLS; THRU TO FAN; CURL;

QQS 1-2 {Zig Zag Outside Swvl} Fwd L trn LF, sd R, bk L in BJO trn body RF to cause W to swvl (W bk R, sd L, fwsd R to BJO swvl ½ RF to SCP),-;

{Slow Swvls} Fwd R trn body LF, recov L trn body RF (W fwsd L swvl ½ LF, fwsd R in BJO swvl ½ RF to SCP),-;

QQS 3-4 {Thru to Fan} Thru R, cl L to R fc wall, sd R (W fwsd L twd LOD, fwd R trn LF, bk L leaving R extended fwd no wgt),-;

{Curl} Fwd L, recov R, cl L as lead W to trn LF under raised L hnd (W cl R to L, fwd L, fwd R trn LF under joined hnds end fcsing LOD),-;
REPEAT A
REPEAT B

ENDING

1-4  ZIG ZAG OUTSIDE SWIVEL; THRU TO PROMENADE SWAY & CHG SWAY; FALLAWAY RONDE & SLIP; TWO TELEMARKS;

QQS  1-2  {Zig Zag Outside Swvl}  Slowing down with music fwd L trn LF, sd R, bk L in BJO trn body RF to cause W to swvl (W bk R, sd L, fwd R to BJO swvl ½ RF to SCP),; {Prom Sway & Chg} Slowing considerably thru R, fwd L in prom sway, chg to oversway,; 

QQ-  3-4  {Fallaway Ronde & Slip}  Recov R while ronde L CCW,-, bk L well under body, slip R ft bk to CP DC; 

QQS  4-6  {Telemark}  Fwd L, sd & fwd R arnd W, sd L to “L” pos fc wall (W bk R, cl L to R heel trn, chg wgt to R with L knee bent fc LOD),; 

W Q&Q&S  5-7  {Cont Two Telemarks}  On & ct slip R ft bk to CP/ fwd L, sd & fwd R arnd W, sd L to “L” pos fc wall (W fwd L pick-up to CP/ bk R, cl L to R heel trn, chg wgt to R with L knee bent fc LOD),; 

{Lady 5 Step Trn}  Lead the lady to roll across to a lunge line bodies fc Ing wall looking at each other with trail arms high rk bk R, recov L, sd R l (W fwd L trn LF/ cl R cont LF trn, fwd L trn LF/ cl R cont LF trn, sd L to lunge line),; 

QQS  7  {Both Roll}  Roll across behind W trning LF L, R, L to lunge line look at each other (W roll across RF R, L, R to lunge line),;
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MOMENT TO MOMENT (GOSS) 4620
(FC WALL LADY NO HANDS BOTH R FREE)
(SPEED 44 - NOT DONE)