INTRO

**MEXICO CITY**

Music: Tony Christie

[www.amazon.de/the tony christie story]

Track #7 Time:3:17 Slow Down w/ -10%

Available from choreographer

**Rhythm:** Rumba **Phase:** V+U (Several)

**Footwork:** Opposite except where (Noted)

**Release Date:** May 18

**Choreo:** Jos Dierickx  Beverlosestwg 14b2 3583 Paal Belgium

**Email:** jos.dierickx@telenet.be

**Sequence:** INTRO AB BRIDGE AB B END

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INTRO

01-04  **BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; ALEMANA ; ;**


PART A

01-04  **OP BREAK/W INSIDE TURN to WHEEL ; MAN WINDMILL ARMS to BJO WALL ; SLINGSHOT / W SPIRAL to FAN ; ;**

[Op Break/W Insd Turn to Wheel] Rk Bk L, rec R comm RF ¼ trn & Lift l-hand prepg to lead W to turn under raised lead hnds, sd L (W rk bk R, fwd L comm LF turn under raised lead hnds to wall, fwd R cont LF R to LOD) to L-Pos M fcg RLOD/W fcg LOD, -: [M Windmill Arms to BJO WALL] Fwd & bk R ½ turn LF using your l-hand, place lady’s r-hand on your waist then release lead hand hold lower r-arm and extend l-arming upward to allow lady to pass from behind your l-side, sd L & sd placement r-hand on lady’s back and lower l-arm, fwd R cont LF turn to BJO outsd ptr on W’s r-sd take lady’s r-hand in your l-hand and end in BJO with lady slightly offset to M’s r-sd (W swivel ½ LF on R wheel CW fwd L, R, L swivel to M’s r-sd) to BJO WALL, -: [Slingshot / W Spiral to Fan] Lunge sd L trng 1/8 RF extend lead arms slightly rightward [leading lady to step back] hip rk R, hip rk L (W [QQQQ] swiveling on L rk bk R to LOD, rec L comm LF turn to LOD, fwd R, spiralg 7/8 LF), -: Bk R, rec L, cl R (W fwd L comm LF turn, sd & fwd R cont LF turn to fcg WALL, bk L) to fan Pos M fcg WALL/W fcg RLOD, -;

05-08  **START STOP & GO INTO CROSS BODY ; ; SCALOP ; ;**

[Start Stop & Go Into Cross Body] Chk fwd L, rec R raising L-arm to lead W to a LF underarm turn, sd L fcg wall bringing lead arm down sharply and placing R-hand on W's bk to an "L" pos (W cl R, fwd L, fwd R trng sharply ½ LF under jnd lead hands to fcg LOD), -: [M Windmill Arms to BJO WALL] Bk R comm LF trn to CP, rec L comp LF trn to CP COH, sd R (W swivel LF on R fwd L comm LF trn, fwd & sd R to CP cont LF trn to fc ptr, sd L) to CP COH, -: [Scallop] Trng sharply to SCP RLOD XLib (W XRib), rec R trng sharply to CP, sd L, -: Thru R trng sharply to SCP RLOD, sd L trng sharply to CP, cl R, -;

09-12  **CHASE w/ UNDERARM PASS ; ; THRU SERPIENTE ; ;**

[Chase / W Underarm Pass] [relsng trail hnds] Fwd L trng RF ½ keepig ld hnds jnd w/ palm upwards, rec R, small fwd L (W bk R, rec L, fwd R twd M’s L sd), -: Bk R raisg ld hnds, rec L, sd R (W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L) to BFLY WALL, -: [Thru Serpiente] Thru L, sd L, XRib (XRib), flare CW w/ r-ft ; XRib (W XLib), sd L, XRif (XLif), flare CW w/ L-ft ;

13-16  **REVERSE UNDERARM TURN ; AIDA ; SWITCH ROCK ; SPOT TURN & r-hndshk ;**

[Reverse Undarm Turn] Raisg jnd ld hnds XLif, rec R, sd L (W XRif undr jnd ld hnds trng LF ½ rec L contg LF trn to fc ptr, sd R) to BFLY WALL, -: [Aida] Thru R, sd L trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD, -: [Switch Rock] sd & bk L trng LF to fc ptr, hip rk R, hip rk L, -: [Spot Turn] Relg hnds XRif (W XLib) trng LF, rec L compg full trn, sd R to r-hndshk WALL, -;
PART B

01-04 TRADE PLACES TWICE ; ; TRADE PLACES/W SPIRAL ; W OUT to COH :
[Trade Places x 2] [With r-hnds jnd] Rp ap L, rec R trng ¼ RF to fc RLOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & COH stepping sd & bk L (W rk ap R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & WALL stepping sd & bk R) joining l-hnds, ; ; [With l-hnds jnd] Rp ap L, rec L trng ¼ LF to fc RLOD beh W then rel jnd l-hnds, cont to trn LF to fc ptr & WALL stepping sd & bk R (W rk ap R, rec R trng ¼ RF to fc RLOD in front of M then rel jnd l-hnds, cont RF trn to fc ptr & COH stepping sd & bk L) to WALL, ; ; [Trade Places / W Spiral] [With r-hnds jnd] Rp ap L, rec R comm to pass R shldrs while trng ¼ RF and keeping R hnds jnd, cont RF trn to fc ptr & WALL stepping sd & bk R (W rk ap R, rec R trng ¼ RF to fc RLOD in front of M then rel jnd l-hnds, cont RF trn to fc ptr & WALL stepping sd & bk L) to WALL, ; ; [Trade Places x 2]

05-08 BASIC ½ to LOW BFLY ; DBL HANDHOLD UNDERARM TURN ; STACK HANDS OP BREAK to FACE :
CHANGE SIDES/W UNDERARM :
[Basic ½ to Low BFLY] Fwd L, rec R, cl L (W bk R, rec L, sd R) to LOW BFLY, ; ; [Dbl Handhold Underarm Turn] [Raisg ld-arm high & bringing tl-arm up to R-shoulder level] XRib & taking L-arm first over W's head, rec L taking R-arm over W's head, sd R (W Xrif trng RF under ld-arm, rec R contg to trn under tl-arm to fc M, sd L) to stacked hnds Lft over r-hnds, ; ; [Stacked Hands OP Break to Fc] With stacked hnds Apt L, rec R, fwd L to fcfg W's r-sd, ; ; [Change Sides /W Underarm] Fwd R to COH twd W's R-sd comm trng LF to fc W under stacked hnds, small fwd L cont RF turn to fc, sd R (W fwd L to WALL twd M's R-sd trng LF under stacked hnds chg sds, cl R cont LF turn to fc, sd R) to BFLY WALL, ; ;

09-12 BASIC HALF Into FULL NATURAL TOP ; ; ; ;
[Basic ½ Into Full Natural Top] Fwd L, rec R, cl L (W bk R, rec L, trng ¼ RF Fwd R) to CP RLOD, ; ; Cont RF trn XRib, compg ¼ RF trn sd L, XRib (W sd L, XRif btw M's ft, sd L) to CP WALL, ; ; Cont RF trn sd L, XRib, cont RF trn sd L (W Xrif, cont RF trn sd L, XRif), ; ; XLib, cont RF trn sd R, cl L (W cont RF trn sd L, XRif, cl L) to CP WALL, ; ;

13-16 CUDDLE/W SPIRAL to FAN ; ; HOCKEY STICK [2nd & 3rd TIME: r-hndshk] ; ;
[Cuddle /W Spiral to a Fan] Sd & slightly fwd L shapg twd ptr, rec R, cl L raisg jnd ld hnds (W trng RF ½ bk R, trng LF ¼ to LOD, fwd R, spiral 7/8 LF under joined ld hands), ; ; XRib, cl L, sd R (W fhd L, fhd R trng ½ LF fc RLOD, bk L) to Fan Pos, ; ; [Hockey Stick] Fwd L, rec R, cl L (W cl R, fhd L, fhd R), ; ; Sm bk R, rec L, long fwd R (W fhd L, fhd R trng sharply 5/8 LF undr jnd lead hnds, bk L) to LOP-FCG DRW [2nd & 3rd TIME: r-hndshk], ; ;

BRIDGE

01-02 ALEMANA ; ;
[Alemana] Repeat meas 3,4 Intro ; ;

ENDING

01-04 TRADE PLACES TWICE ; ; TRADE PLACES/W SPIRAL ; W OUT to COH :
[Trade Places x 2] Repeat meas 1,2 Part B ; ; [Trade Places / W Spiral] Repeat meas 3 Part B ; ; [W Out to Fc] Repeat meas 4 Part B ; ;

05-07 CHASE w/ UNDERARM PASS ; ; To RLOD AIDA & EXTEND :
[Chase / W Underarm Pass] Repeat meas 9,10 Part A ; ; [Aida to RLOD & Extend] Xg ld hnds ovr trl hnds to RLOD Thru L, sd R trng LF, bk L contg LF trn to “V” bk to bk pos & extend lead arms upwards, ; ;