May Each Day

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Music:  Artist: Andy Williams  CD: “Days Of Wine And Roses” Track #12 COL-CD-6485  Suggested speed:29MPM (as on the CD)

Footwork:  Opposite, directions for man (lady as noted)  [Note: Timing indicates weight changes only]  Rhythm & Phase: Waltz VI  Sequence: Intro A A B A End

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Meas INTRO

1-2  WAIT; W ROLL TO BJO;
1  Wait 1 meas in OP Pos both fcg DLC trailing hnds jnd trailing ft pointed sd & bk;
2  {W Roll to Bjo} Fwd R leading W roll LF, fwd L, joining lead hnds fwd R outside ptr assuming BJO (W fwd L comm rolling LF 1/2, sd R cont rolling LF to fc M, bk L ptr outside) end BLO/DLC;

PART A

1-4  OPEN REV TRN; HOVER CORTE; OUTSIDE SPIN CHECK; CURVED FEATHER;
1  {Open Rev Trn} BJO/DLC fwd L comm trng LF, cont trng LF sd R twd LOD, cont trng LF bk L ptr outside (W bk R comm trng LF, cont trng LF sd L twd LOD, cont trng LF fwd R outside ptr) end BJO/RLOD;
2  {Hover Cor-te} Bk R comm trng LF, cont trng LF sd L hovering, cont trng LF rec R (W fwd L comm trng LF, cont trng LF sd R hovering, cont trng LF rec L) end BJO/DLW;
3  {Outside Spin Check} Bk L small step ptr outside comm trng RF, fwd R cont trng RF to fc COH, cont trng RF on R sd & bk L w/ checking motion (W fwd R outside ptr comm trng RF, cont trng RF cl L, cont trng RF fwd R w/ checking motion) end CP/DLW;
4  {Curved Feather} Fwd R comm cuving RF, sd & fwd L cont cuving RF w/ L-shoulder lead, fwd R outside ptr w/ checking motion (W bk L comm cuving RF, cont cuving RF sd & bk R, bk L ptr outside w/ checking motion) end BJO/DRW;

5-8  BK PASSING CHG; BK TO TUMBLE TRN; BK TO PROM SWAY & CHG SWAY TO OVERSWAY;;
5  {Bk Passing Chg} BJO/DRW maintaining the pos bk L ptr outside, bk R, bk L ptr outside end BJO/DRW;
12&3  {Bk to Tumble Trn} Bk R trng LF, sd L/fwd R outside ptr comm trng LF, cont trng LF on R slip L fwd lowering (W fwd L trng LF, sd R/bk L ptr outside comm trng LF, cont trng LF on L slip R bk lowering) end CP/DRC;
12- --- 7-8  {Bk to Prom Sway & Chg Sway to Oversway} Bk R, trng LF to fc WALL sd L twd LOD, sway to L looking LOD; Slowly chg sway to R flexing L-knee & extending R twd RLOD, -;

9-12  FALLAWAY RONDE TO BJO; OUTSIDE SWIVEL & QK WING; DBL REV SPIN W TRANS; SPLIT RONDE & SLIP;
9  {Fallaway Ronde to Bjo} OVERSWAY Pos/WALL sd R flexing knee ronde L CCW, XLIB momentary in SCP/LOD, bk R leading W swivel LF (W sd L ronde R CW, XIRIB, swivelng LF on R fwd L) end BJO/LOD;
12- 10  {Outside Swivel & Qk Wing} Bk L leading W swivel RF, fwd R, rotate upper body LF leading W walk aroud (W fwd R outside ptr swiveling RF to SCP, fwd L comm curving LF around M/fwd R cont curving LF, cont curving LF around M fwd L w/ checking motion) end SCAR/DLC;
12- 11  {Db1 Rev Spin W Trans} Fwd L outside ptr comm trng LF, cont trng LF sd R, spin LF on R to fc LOD (W bk R comm trng LF, cont trng LF on R-heel cl L/cont trng LF sd & bk R, cont trng LF XLIB/shift wgt to R) end CP/LOD;
-23 12  {Split Ronde & Slip} Lowering on R ronde L CCW comm trng LF, cont trng LF XLIB, cont trng LF on L slip R bk under body (W lowering on R ronde L CCW comm trng LF, cont trng LF XLIB/cont trng LF sd & bk R, cont trng LF slip L fwd) end CP/DRW;
PART A (cont’ed)

13-16  CONTRA CHECK REC TO BJO; MANUV; SPIN TRN; BOX FIN:
13  {Contra Check Rec to Bjo} CP/DRW flexing R-knee fwd L w/ R-shoulder lead looking at W, rec R, sd & fwd L (W flexing L-knee bk R w/ L-shoulder lead looking well L, rec L, sd & bk R) end BJO/DLW;
14  {Manuv} Fwd R outside ptr comm trng RF, fwd & sd L cont trng RF, cl R end CP/RLOD;
15  {Spin Trn} Bk L comm trng RF, cont trng RF fwd R twd LOD, cont slightly trng RF sd & bk L twd DRC end CP/DLW;
16  {Box Fin} Bk R comm trng LF, cont trng LF sd L twd DRC, cl R end CP/DLC;

PART B

1-4  DBL REV SPIN; CHECKED REV & SLIP; DBL NAT SPIN; CLOSED WING:
12-  1  {Dbl Rev Spin} CP/DLC fwd L comm trng LF, cont trng LF sd R, spin LF on R to fc LOD (W bk R comm trng LF, cont trng LF on R-heel cl L/cont trng LF sd & bk R, cont trng LF XLIF) end CP/LOD;
12-  2  {Checked Rev & Slip} Fwd L comm trng LF, cont trng LF sd & fwd R around W looking R w/ sway to R, trng RF slip L bk under body (W bk R, trng LF on R-heel cl L & rise on toes looking L, trng RF slip R twd) end CP/DLW;
12-  3  {DbI Nat Spin} Fwd R comm trng RF, cont trng RF sd & fwd L, spin RF on L tch R rotating body RF to lead W fwd (W bk L comm trng RF, trng RF on L-heel cl R cont trng RF/sd & fwd L around M, fwd R outside ptr) end BJO/LOD;
12-  4  {Closed Wing} Fwd R, rotate upper body LF, cont rotate upper body LF (W bk L, sd R IF of M, fwd L outside ptr w/ R-shoulder lead) end SCAR/DLC;

5-8  TRN LF & R CHASSE TO BJO; BK & PIVOT 2; SLOW RUDOLPH RONDE; BK W SWIVEL TO THROWAWAY OVERSWAY LINE:
12&3  5  {Trn LF & R Chasse to Bjo} SCAR/DLC fwd L trng LF to fc COH, sd R twd LOD/cl L, sd & bk R end BJO/DRC;
12&3  6  {Bk & Pivot 2} Bk L ptr outside trng RF, fwd R btwn W’s ft comm pivot RF, bk L cont pivot RF to fc LOD end CP/LOD;
12&3  7  {Slow Rudolph Ronde} Fwd R btwn W’s ft leading W ronde, cont rotate body RF leading W ronde, - (W bk L comm ronde R CW, swiveling RF on L cont ronde R CW, -) end SCP/LOD;
12&3  8  {Bk W Swivel to Throwaway Oversway Line} XLIB under body in SCP, slightly rising on L rotate body LF, flexing L-knee cont rotate body LF extending R twd RLOD looking at W (W XRIB under body, slightly rising swivel LF on R, flexing R-knee cont swivel LF extending L sd & bk twd DLW;

9-12  RISE TO SAME FT LUNGE LINE; PICK-UP TO TELESPIN ENDING TO BJO; MANUV; OVERTRN SPIN TRN;
9-12  9  {Rise to Same Ft Lunge Line} Rise on L leading W swivel RF, cl R, flex R-knee w/ sway to R extending L sd & bk twd LOD/chg sway to L (W rise on R comm swiveling RF ronde L CW, cont swivel RF on R to fc LOD, flexing R-knee extending L fwd twd LOD/chg sway to R) end Same Ft Lunge Line/WALL (W fcg LOD);
9-12 10  {Pick-up to Telespin Ending to Bjo} Swivel LF on R picking up W/fwd L comm trng LF, sd & fwd R cont trng LF, cont trng LF sd & fwd L (W fwd L comm trng LF to fc M/bk R cont trng LF, cont trng LF on R-heel cl L, cont trng LF sd & bk R) end BJO/DLW;
12&3 11  {Manuv} Fwd R outside ptr comm trng RF, fwd & sd L cont trng RF, cl R end CP/RLOD;
12&3 12  {Overtrn Spin Trn} Bk L comm trng RF, cont trng RF fwd R twd LOD, cont trng RF bk L twd LOD end CP/RLOD;
PART B (cont’d)

13-16 RF TRNG LK TO SCP; QK OPEN REV; OPEN FIN TO BJO; CHG OF DIRECTION;
1&23 13 {RF Trng Lk to SCP} CP/RLOD bk R w/ R-shoulder lead comm trng RF/XLIF cont trng RF to fc almost COH, cont trng RF sd & slightly fwd R btwn W’s ft rising to CP, cont trng RF sd & fwd L (W fwd L w/ shoulder lead comm trng RF/XRIB cont trng RF, cont trng RF sd & fwd L around M, cont trng RF sd & fwd R) end SCP/DLC;
12&3 14 {Qk Open Rev} Fwd R, fwd L comm trng LF/cont trng RF sd & bk R, bk L ptr outside (W fwd L comm trng LF, sd & fwd R crossing IF of M cont trng LF/sd & fwd L, fwd R outside ptr) end BJO/RLOD;
12- 15 {Open Fin to Bjo} Bk R comm trng LF, cont trng LF sd & fwd L, fwd R outside ptr end BJO/DLW;
12- 16 {Chg of Direction} Fwd L comm trng LF, cont trng LF to fc DLC sd R, draw L to R end CP/DLC;

ENDING

1-4 DIAMOND TRN HALF; Sync BK TWISTY VINE; Sync TWIRL TO BFLY-SCAR;
1-2 1 {Diamond Trn Half} CP/DLC fwd L comm trng LF, cont trng LF sd R, bk L ptr outside end BJO/DRC; Bk R comm trng LF, cont trng LF sd L, fwd R outside ptr w/ checking motion end BJO/DRW;
1&23 3 {Sync Bk Twisty Vine} On vocal “Good” bk L ptr outside/swiveling RF cl R momentary end in SCAR/DLC, fwd L outside ptr, swiveling LF bk R end BJO/RLOD;
12&3 4 {Sync Twirl to Bfly-Scar} On vocal “And” bk L ptr outside, trng RF sd R leading W trn RF under jnd lead hnds/cl L, sd R trnng slightly RF to fc LOD (W fwd R outside ptr, fwd L comm trng RF under jnd lead hnds/sd R cont trng RF, cont trng RF sd & bk L) end BFLY-SCAR/LOD;

5-9 CHECK W DEVELOPE; OPEN FIN TO BJO; TELEMARK TO SCP;
W ROLL ACROSS TRANS TO LOP; CROSS CHASSE; CROSS CHECK & EXTEND;
1-- 5 {Check W Develope} BFLY-SCAR/LOD on vocal “Good” fwd L outside ptr, slightly sway to L leading W develope, - (W bk R ptr outside, slightly sway to R lifting L-kee, extend L-toe fwd);
1-4 6 {Open Fin to Bjo} On vocal “Night” rec R, sd L, fwd R outside ptr end BJO/DLC;
12- 7 {Telemark to SCP} Fwd L comm trng LF, cont trng LF sd & fwd R, cont trng LF sd & fwd L (W bk R comm trng LF, cont trng LF on R-heel cl L, cont trng LF sd & fwd R) end SCP/LOD;
12- 8 {W Roll Across Trans to LOP} XRIF w/ checking motion leading W fwd, rec L, pt R sd twd (W 123) RLOD (W fwd L comm rolling LF, cont rolling LF sd R, cont rolling LF sd L twd LOD) end LOP both fcg WALL; (now same footwork)
12&3 9 {Cross Chasse} XRIF, sd L/cl R, sd L;
1-- 10 {Cross Check & Extend} Flexing both knees XRIF, gradually straighten knees extending free hnds to sd as music fades out, -;