INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES : ; AIDA to RLOD ; SWITCH ROCK ;

[Wait] BFLY POS WALL ld ft free wt 2 meas ; ; [Aida to RLOD] Thru L, sd R trng LF, bk L cont LF trn to V-bk-to-bk pos LOD, ;- [Switch Rock] Sd & bk R trng RF to fc ptr, hip rk L, hip rk R, -;

DEEL A

01-04 ALEMANA INTO a LARIAT/ M TURN to FC ; ; ; DOOR :

[Alemana Into a Lariat/ M Turn to Fe] Fwd L, rec R, cl L to R (W bk R, rec L, fwd & sd R to l-sd of M), ;- [Bk R, rec L, sd R (W fwd XLlf turn RF, fwd R cont turn, sd L to bjo M), ;- [Rk bk L, rec R, sd L trng ½ LF on last stp to fc W and COH (W circ CW armd M passing R shldrs stepping fwd R.L, w/ jnd ld hnds passing ovr M's hd to fc LOD then swvl ¼ RF on R to fc M and WALL) to COH, ;- [Door] Sd R w/ partial wgt, rec L, XRif (W XLlf), -;

05-08 ENDING CRAB WALK ; THRU SERPIENTE ; ; FENCE LINE ;


09-12 CROSS BODY / W SPIRAL ; ; BASIC 1/2 to NATURAL TOP ; ;

[Cross Body/W Spiral ] Fwd L, rec R, sd & bk L trng ½ LF (W bk R, rec L, fwd R spiraling 7/8 LF under joined ld hands) to “L” CP M fcg RLOD W fcg WALL, ;- [Bk R contg LF trn, rec L comp LF trn, sd R (W comm trng LF fwd L, fwd & sd R cont trng LF to fc ptr, sd L) to BFLY WALL ; [Basic ½ to Natural Top] Fwd L, rec R to CP, sd & fwd L trng RF (W bk R, rec L to CP, fwd R bet M's ft trng RF) to CP RLOD, ;- [XRib, sd L, cl R (W sd L, fwd R bet M's ft, cl L) to CP WALL, -;

13-16 NATURAL OPENING OUT/W SPIRAL into a FAN ; ; ALEMANA & r-hndshk ; ;

[Natural Opening Out/ W Spiral Into a Fan] Lunge sd L on ball of Ft w/ pressure into floor and slight body turn RF, rec R, cl L (W bk R w/ ½ RF trn, rec L, fwd R Spiral 7/8 LF), ; [Bk R, rec L, sd R (W fwd L, fwd R trng ½ LF, bk L to fc RLOD) to “L” pos ld hands joined, - ; [Alemana] Fwd L, rec R, cl L (W cl R, fwd L, fwd R trng RF to fc ptr), ;- [Raisg jnd ld hnds sm sd & bk R, rec L, fwd & sd R (W trng RLF undr jnd hnds fwd L, fwd R cont RF turn, fwd & sd L to fc ptr) to r-hndshk, -;

PART B

01-04 SHADOW NEW YORKER ; UNDERARM TURN ; SHADOW BREAK to OP ; START PARALLEL BREAKS ;

[Shadow New Yorker] w/ r-hndshk Thru L (W thru R) to LOP RLOD w/ M’s L-arm xtd bhd W’s bk, rec R to fc ptr, sd L, ; [Underarm Turn] Raisg trail hnds palm to palm XRib, rec L, sd R (W XLlf comm RF trn under trail hnd, cont RF trn rec R fc COH, sd L) keep r-hndshk WALL, ;- [Shadow Break to OP] XLlf (W XRib) trng both to LOD w/ W’s L-arm xtd bhd M’s bk, fwd R, L to OP LOD, ; [Start Parallel Breaks] w/ R-hndshk Rk bk R leading W across in front, rec L, fwd R to fc Line (W fwd L trng ½ LF in front of M, fwd R trng ½ LF to fc WALL, sd & fwd L) [similar to W whip action] to LOP LOD, -;

05-08 FINISH PARALLEL BREAKS ; SEND W to FAN ; START STOP & GO HOCKEY STICK ;

[Finish Parallel Breaks to OP] w/ r-hndshk Fwd L trng ½ LF in front of W, fwd R trng ½ LF to fc Wall, sd & fwd L (W rk bk R allowing M to pass across in front, rec L, fwd R to fcg LOD ) [similar to M whip action] to OP LOD, ;- [Send W to a Fan] Fwd R, cl L to fcg ptr chng to ld hnds, sd R (W fwd L, fwd R trng ½ LF, bk L) to Fan Pos, ;- [Start Stop & Go Hockey Stick] Chk fwd L, rec R raising L arm to lead W to a LF underarm turn, sd L fcg wall bringing lead arm down sharply and placing R hand on W’s bk to an “L” pos (W cl R, fwd L, fwd R, trng sharply ½ LF undr jnd hands to fc LOD), ;- [Interrupt w/ 2 Swivels] [SS] Rk sd R trng bdy slightly LF, -, rk sd L trng bdy slightly RF (W fwd L swvl LF ½, -, fwd R swvl RF ½) still in “L” pos, -; [these rocks are in opposite direction]
09-12 FINISH STOP & GO : HOCKEY STICK ; ; NEW YORKER ;

{Finish Stop & Go} XRib, rec L, cl R (W fwd L, fwd R trng ½ LF to fc RLOD, bk L) to Fan Pos, - ; {Hockey Stick} Fwd L, rec R, cl L (W cl R, fwd L, fwd R), - ; Sm bk R, rec L, long fwd R (W fwd L, fwd R trng sharply 5/8 LF undr jnd lead hnds, bk L) to LOP-FCG DRW, - ; {New Yorker} XLif (W XRif) to LOP, rec R to fc ptr, sd L , - ;

13-16 AIDA ; SWITCH & RECOVER : SHOULDER to SHOULDER TWICE ; ;

{Aida} Thru R, sd L comm trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD, - ; {Switch & Rec} [SS] Trn LF to fc ptr sd & bk L, -, rec R, -; {Shoulder to Shoulder x 2} Fwd L to SCAR, rec R to fc, sd L, -; Fwd R to BJO, rec L to fc, sd R, - ;

ENDING

01-02 AIDA to RLOD ; SWITCH & RECOVER to LEFT LUNGE EXTEND ARMS to SIDE ;

{Aida to RLOD} Repeat meas 3 Intro ; {Switch & Rec to a L Lunge} [SS] Trn RF to fc ptr sd & bk R, -, lunge sd L with soft L knee keeping R leg extended & trng bdy sltly LF& extend arms to sd , - ;