Makin' My Heart Go Boom

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CD: Deja Nu, Track 7  Artist: Dion  MP3 Available from iTunes & others, CD from Amazon, CDBaby & others  
Rhythm: Two Step  RAL Phase II  Difficulty Level: Easy  
Footwork: Opposite unless noted (Woman's Footwork in parentheses)  
Timing: Standard RAL 2 Step unless noted.  Time @ 45 RPM: 2:56  

Meas

INTRO
1 - 2  CP WALL WAIT 2;;
    1 – 2  CP feng WALL lead feet free for both wait 2 meas;;

PART A
1 - 4  LEFT TRNG BOX;;;;
    1 – 4  [Lft Trng Box] Sd L, Cl R to L, Fwd L trng ¼ LF; ··-; Sd R, Cl L to R, Bk R trng ¼ LF, ·-; Sd L, Cl R to L, Fwd L trng ¼ LF; ·-; Sd R, Cl L to R, Bk R trng ¼ LF, - to CP/WALL;
5 - 8  SD CL 2X; SD, STP THRU; HITCH DBL;;;
9 - 12  CIRCLE AWAY 2 2 STPS;; STRUT TOG 4;;
    9 – 10  [Circle Away 2 2 Stps] Separating from ptr & moving away in a curving pattern fwd L, cl R to L, fwd L, - ; continuing curving pattern away from ptr fwd R, cl L to R, fwd R completing curve to fc ptr 4-6 ft apt, - ;    11 – 12  [Strut Tog 4] With Upper body swagger fwd L, -, fwd R, - ; Fwd L, -, fwd R, - to BFLY/Wall;

REPEAT PART A

PART B
1 - 4  SKATE L & R; SD 2 STP; SKATE R & L; SD 2 STP;
    1 – 2  [Skate L & R] Releasing contact with ptr swivel LF on R & stp fwd on L/draw R to L swinging arms to lf, - , swivel RF on L & stp fwd on R/draw L to R swinging arms to rt, - (Swivel RF on L & stp fwd on R/draw L to R swinging arms to rt, -, swivel LF on R & stp fwd on L/draw R to L swinging arms to left, -);    [Sd 2 Stp] Sd L, cl R to L, sd L, - ;    3 – 4  [Skate R & L] Releasing contact with ptr swivel RF on L & stp fwd on R/draw L to R swinging arms to rt, -, swivel LF on R & stp fwd on L/draw R to L swinging arms to lf, - (Swivel LF on R & stp fwd on L/draw R to L swinging arms to lt, -, swivel RF on L & stp fwd on R/draw L to R swinging arms to left, -);    [Sd 2 Stp] Sd R, cl L to R, sd R, - ;
5 - 8  BOX APT; BOX TOG; KNOCK 5X & HOLD;;;
    5 – 6  [Box Apt] Sd L, cl R to L, bk L, - ; [Box Tog] Sd R, cl L to R, f wd R twd ptr h nds high & closed like a fist, - ;    7 – 8  [Knock 5X & Hold] With action like knocking on a door both h nds twd ptr’s h nds knock 5X; , [Hold] In feng position hold prepare to blend to CP/Wall, - , - ;

REPEAT PART A

PART C
1 - 4  VINE 3, TCH; WRAP; UNWRAP; CHG SDS;
    1 – 2  [Vine 3, Tch] sd L, xrib, sd L, - ; [Wrap] Lowering trailing hnds sd R, small sd L, small sd R (W trn LF under joined ld h nds L, R, L,tch R) to wrap pos LOD, - ;
3 – 4  [Unwrap] release ld hnds sip L, R, L, (W trn RF, R, L, tch L) to OP LOD, -; [Chg Sds] with trail hnds joined trn RF (W LF) and W fwd R, fwd L, fwd R to BFLY COH, -;

5 - - 8  FC TO FC; BK TO BK; VINE APT; VINE TOG BFLY;
5 – 6  [Fc to Fc] Sd L, cl R to L, sd L trng LF away from ptr to slight bk to bk pos retain trailing hands joined, -;
[Bk to Bk] Sd R, cl L to R, sd R trng RF to OP/RLOD, -;

9 - - 12  VINE 3, TCH; WRAP; UNWRAP; CHG SDS;
9 – 12  Fcng COH Repeat Meas 1 to 4, Part C to end CP/Wall; ; ; ;

REPEAT PART A

REPEAT PART B

REPEAT PART A

END

1 - - 4  BOX;; BK HITCH; SCIS THRU;
1 – 2  [Box] Sd L, cl R to L, fwd L, -; Sd R, cl L to R, bk R, -;

5 - - 8  FIGURE 8;; ; ; ;
5 – 8  [Start Figure 8] Separating from ptr & moving away in a LF curving pattern fwd L, cl R to L, fwd L, -; continuing LF curving pattern away from ptr fwd R, cl L to R, fwd R completing curve to fc RLOD 4-6 ft apt, -; Cont curving LF bk twd ptr fwd L, cl R to L, fwd L, -; continue twd ptr fwd R, cl L to R, fwd R to pass rt shldrs, -;

9 - - 12  FIGURE 8;; ; ; ;
9 – 12  [Finish Figure 8] Pass rt shldrs fwd L away from ptr commencing to curve RF, cl R to L, fwd L, -; cont RF curve fwd R, cl L to R, fwd R to fc RLOD, -; Cont curving RF bk twd ptr fwd L, cl R to L, fwd L, -; continue twd ptr fwd R, cl L to R, fwd R to CP/COH, -;

13 - 16  BOX;; BK HITCH; SCIS THRU;
13 – 14  Fcng COH Repeat Meas 1 & 2, End;;
15 – 16  Fcng COH Repeat Meas 3 & 4, End;;

17 - 20  FIGURE 8;; ; ; ;
17 – 20  [Start Figure 8] Separating from ptr & moving away in a LF curving pattern fwd L, cl R to L, fwd L, -; continuing LF curving pattern away from ptr fwd R, cl L to R, fwd R completing curve to fc LOD 4-6 ft apt, -; Cont curving LF bk twd ptr fwd L, cl R to L, fwd L, -; continue twd ptr fwd R, cl L to R, fwd R to pass rt shldrs, -;

21 - 24  FIGURE 8;; ; ; ;
21 – 24  [Finish Figure 8] Pass rt shldrs fwd L away from ptr commencing to curve RF, cl R to L, fwd L, -; cont RF curve fwd R, cl L to R, fwd R to fc LOD, -; Cont curving RF bk twd ptr fwd L, cl R to L, fwd L, -; continue twd ptr fwd R, cl L to R, fwd R to BFLY/WALL, -;

25 – 28  QK VINE 8;; SLOW SD CL 2X;;
25 – 26  [Qk Vine 8] Sd L, XRI B, sd L, XRI F; Sd L, XRI B, sd L, XRI F to OP/LOD;
27 – 28  [Sd Cl 2X] Sd L, - cl R to L, -; Sd L, - cl R to L, -;

29  APT, PT;
29  [Apt, Pt] Maintain trailing hnd hold Stp apt L, -, pt R twds ptr & LOD, -;
Quick Cues

Makin’ My Heart Go Boom
(Phase II - Two Step)
(Weiss)

Intro  CP Wall Wait 2;;

A  Left Trng Box;;;;
    Sd Cl 2X; Sd Stp Thru; Hitch Dbl;;
    Circle Away 2 2 Stps;; Strut Tog 4;;

A  Left Trng Box;;;;
    Sd Cl 2X; Sd Stp Thru; Hitch Dbl;;
    Circle Away 2 2 Stps;; Strut Tog 4;;

B  Skate L & R; Sd 2 Stp; Skate R & L; Sd 2 Stp;
    Box Apt; Box Tog No Hnds; Knock 5X & Hold;;

A  Blend to CP Left Trng Box;;;;
    Sd Cl 2X; Sd Stp Thru; Hitch Dbl;;
    Circle Away 2 2 Stps;; Strut Tog 4;;

C  Vine 3 & Tch; Wrap; Unwrap; Chg Sds;
    Fc to Fc; Bk to Bk; Vine Apt 3; Vine Tog Bfly;
    Vine 3 & Tch; Wrap; Unwrap; Chg Sds;

A  Left Trng Box;;;;
    Sd Cl 2X; Sd Stp Thru; Hitch Dbl;;
    Circle Away 2 2 Stps;; Strut Tog 4;;

B  Skate L & R; Sd 2 Stp; Skate R & L; Sd 2 Stp;
    Box Apt; Box Tog No Hnds; Knock 5X & Hold;;

A  Left Trng Box;;;;
    Sd Cl 2X; Sd Stp Thru; Hitch Dbl;;
    Circle Away 2 2 Stps;; Strut Tog 4;;

End  Box;; Bk Hitch; Scis Thru;
     Figure 8;;;; ;;;;
     Box;; Bk Hitch; Scis Thru;
     Figure 8;;;; ;;;;
     Qk Vine 8;; Slow Sd, Cl 2X;; Apt, Pt;