



Make Love To Me WCS

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 Music: "Make Love to Me" by Anne Murray, from "The Best..So Far" CD, or Walmart.com music download, \$0.88
 West Coast Swing, Phase 4+2 (Cheek to Cheek, Whip Turn) +2 (Left Side Pass with Tuck & Twirl, Continuous Whip)
 Released: October 28, 2006 (Rev. 11/12/06) Difficulty: Suitable for clinic work
 Basic Timing: Standard, as specified (Lady's if different) Sequence: Intro, A, A, B, A Mod, C, A Mod, End
 Footwork: Described for Man—Lady opposite (or as noted) Tempo: Slow for comfort, 26 mpm recommended

INTRO

1-4 WAIT;; ROCK TO THROWOUT KICK BALL CHANGE;;

- 1-2 {**Wait**} Wait 2 meas. In SCP fcg LOD, lead feet free;;
 3-4 {**Rock to Throwout 123&4 5&6**} Rk bk L, rec R, sd L/cl R, sd L trng LF to LOD; [anchor] bk R under body/replace wt to L, replace wt to R sltly bk in LOP fcg LOD, (Rk bk R, rec L, fwd R trng LF/XLIF of R cont trn, bk R fcg RLOD; [anchor] bk L under body/replace wt to R, replace wt to L,) {**Kick ball change 7&8**} Kick L to sd down and up/step on ball of L under body, step R under body;

PART A

1-6 SUGAR PUSH;; TUCK & SPIN;; UNDERARM TURN;; LEFT SIDE PASS;;

- 1-3 {**Sugar push 1234 5&6**} LOP fcg LOD bk L, bk R, tap L, fwd L; [anchor step] R/L,R, (Fwd R, fwd L, tap R to L, bk R; [anchor step] L/R,L,) {**Tuck & spin 1234 5&6**} LOP fcg LOD bk L, bk R to tight BFLY hands low; Tap L, fwd L, [anchor step] R/L,R; (Fwd R, fwd L with slt RF trn to BFLY; Tap R beside L, swvl 1/2 RF on L to fc LOD fwd R spin 1/2 RF to fc RLOD, [anchor step] L/R,L;)
 4-6 {**Underarm turn 123&4 5&6**} LOP fcg LOD bk L, comm trng RF fwd R XIF of L trng RF leading Lady past rt sd under joined lead hands, sd L trng RF/cl R, fwd L to fc RLOD; [anchor step] R/L,R, (Fwd R, fwd L under joined lead hands, fwd R/L,R trng LF to fc LOD; [anchor step] L/R,L,) {**Left side pass 123&4 5&6**} LOP fcg RLOD bk L trng LF leading Lady twd Man's lf sd, rec R trng LF as Lady passes; Fwd L/cl R, fwd L cont trn to fc LOD, [anchor step] R/L,R; (Fwd R, fwd L; Fwd R/L, R trng LF to fc RLOD, [anchor step] L/R,L;) [*Note: In the Underarm turn and left side pass, Lady can substitute a French cross for the run (the first triple). Timing remains the same; her footwork for either figure becomes: Fwd R, fwd L fwd R trng 1/4 LF/XLIF of R cont trn, bk R, anchor step.*]

7-12 SUGAR PUSH;; TUCK & SPIN;; WRAPPED WHIP;; SIDE BREAKS;

- 7-9 {**Sugar push 1234 5&6 Sugar tuck & spin 1234 5&6**} See Part A, meas. 1-3;
 10-11 {**Wrapped whip 123&4 567&8**} LOP fcg LOD bk L to double handhold, fwd & XRIF of L comm RF trn, sd L cont LF trn bringing his lf -her rt hands over her head,/rec R trn 1/4 RF to fc RLOD, sd & fwd L in wrap pos. Lady to Man's rt sd; XRIB of L trng RF releasing his rt-her lf hands , fwd L trng to fc LOD, [anchor step] R/L,R; (Fwd R, fwd L, fwd R/cl L, bk R; Bk L, bk R, [anchor step] L/R,L fcg RLOD;) [*Note: Lady goes forward and back only with no turn, Man will rotate around her.*]
 12 {**Side breaks a1a2a3a4**} Sd L/sd R, replace L/replace R, sd L/sd R, replace L/replace R;

Repeat Part A

PART B

1-8 UNDERARM TURN SHAKE HANDS;; RIGHT SIDE PASS;; WHIP;; UNDERARM TURN SHAKE HANDS;; RIGHT SIDE PASS;;

- 1-3 {**Underarm turn 123&4 5&6**} Repeat Part A, meas.4-5 1/2 shaking hands on count 6;;, {**Right side pass 123&4 5&6**} LOP fcg RLOD rt hands joined swivel away from Lady to step fwd L LOD, rec R; Cl L/in place R, fwd L,[anchor step] R/L,R; (Fwd R, fwd L; Strtg LF trn sd & fwd R/XLIF cont LF trn , contg LF trn to fc RLOD bk R, [anchor step] L/R,L;)
 4-5 {**Whip 123&4 567&8**} LOP fcg LOD bk L, fwd RIF of L comm RF trn to loose CP, sd L cont trng RF/sml stp R under body, sd L fcg RLOD; XRIB of L trng RF, sd L cont trng RF, [anchor step] R/L,R; (Fwd R, fwd L trn 1/2 RF to loose CP fcg LOD, [coaster step] bk R/cl L, fwd R btw man's feet; Swvl 1/2 RF to fc RLOD bk L, bk R, [anchor step] L/R,L;)
 [Note: Starts and ends in left open facing position, partners each make 1/2 RF trn each measure]
 6-8 {**Underarm turn 123&4 5&6**} {**Right side pass 123&4 5&6**} Repeat Part B, meas. 1-3;;;

PART A Mod

- 1-12 SUGAR PUSH;,, TUCK & SPIN;,, UNDERARM TURN;,, LEFT SIDE PASS with TWO-HAND TUCK & TWIRL;,, SUGAR PUSH;,, TUCK & SPIN;,, WRAPPED WHIP;,, SIDE BREAKS;
- 1-3 {**Sugar push 1234 5&6**} {**Tuck & spin 1234 5&6**} Repeat Part A, meas. 1-3;,,
- 4-6 {**Underarm turn 123&4 5&6**} Repeat Part A, meas.4-5 ½ ;,, {**Left side pass with two-hand tuck & twirl 1234 5&6**} LOP fcg RLOD bk L trng LF leading Lady twd Man's lf sd, rec R trng LF to fc wall taking both hands; tap L brg lead hands twd Man's lf shoulder ready to twirl Lady RF under joined lead hands, fwd L trng twd LOD, [anchor step] R/L,R; (Fwd R, fwd L trng LF to fc ptr; Tap R, sd & fwd R twd LOD, fwd L comm. RF trn/cl R cont. trn, cont trn bk L to fc RLOD in LOP;)
- 7-9 {**Sugar push 1234 5&6**} {**Tuck & spin 1234 5&6**} Repeat Part A, meas. 1-3;,,
- 10-11 {**Wrapped whip 123&4 567&8**} Repeat Part A, meas. 10-11;,,
- 12 {**Side breaks a1a2a3a4**} Repeat Part A, meas. 12;

PART C

- 1-8 SUGAR PUSH;,, CHEEK TO CHEEK;,, CONTINUOUS WHIP;,, SUGAR PUSH KICK BALL CHANGE;,,
- 1-3 {**Sugar push 1234 5&6**} Repeat Part A., meas. 1-2 ½ ;,, {**Cheek to Cheek 1234 5&6**} LOP fcg LOD bk L, rec fwd R comm RF trn to face wall; Lift lf knee up cont RF spin on R tchg Man's lf hip to Lady's rt hip, XLIF of R trng LF to fc Lady, [anchor step] R/L, R; (Fwd R, fwd L comm LF trn to fc wall; Lift rt knee up cont LF trn tchg rt hip to Man's lf hip, XRIF of L trng RF to fc Man, [anchor step] L/R, L;)
- 4-6* {**Continuous whip 123&4 5678 9 10 11&12**} LOP fcg LOD bk L, fwd & XRIF of L comm RF trn, sd L/sml stp R under body, sml sd L fc RLOD in loose CP; Cl R to L, sd L trng RF arnd Lady, sml fwd R twd Lady, sd L arnd Lady; Sml fwd R twd Lady, sd L arnd Lady releasing Lady to LOP, [anchor step] R/L,R; (Fwd R, fwd L trng ½ RF to fc LOD, [coaster] bk R/cl L, fwd R btw Man's feet; Swvl ½ RF to fc RLOD bk L, fwd R, swvl ½ RF to fc LOD bk L, fwd R; Swvl ½ RF to fc RLOD bk l, bk R, [anchor step] L/R,L;) [Note:* See alternative figures below for Meas. 4-8]
- 7-8* {**Sugar push 1234 5&6**} Repeat Part A, meas. 1-2½;,,{**Kick ball change 7&8**} Repeat Intro, meas. 3 ½-4;

Repeat PART A Mod

ENDING

- 1-4 SUGAR PUSH;,, LEFT SIDE PASS;,, MAN FORWARD 3 & LUNGE LADY SIDE CLOSE SIDE & POSE;
- 1-3 {**Sugar push 1234 5&6**} Repeat Part A, meas. 1-2 ½ ;,, {**Left side pass 123&4 5&6**} LOP fcg LOD bk L trng LF leading Lady twd Man's lf sd, rec R trng LF as Lady passes; Fwd L/cl R, fwd L cont LF trn to fc RLOD, [anchor step] R/L,R; (Fwd R, fwd L; Fwd R/L, R trng LF, [anchor step] L/R, L;)
- 4- {**Man forward 3 & lunge Lady side close side & pose 1234**} LOP fcg RLOD drop hands fwd L with "flirting fingers" in low BFLY, R, L, sd lunge R twd Lady's lf sd to put rt arm around her waist fcg wall; (Trng RF to fc wall sd R twd RLOD, cl L, sd R, tap L while putting rt hand behind head and lf hand on hip as Man puts his rt arm around her waist;)

NOTES ON WEST COAST SWING:

This rhythm is danced with many interpretations but RAL has attempted to standardize it so that WCS round dances can be choreographed and taught with some consistency. Figures are subject to many modifications. For example: Lady may replace the tap step with a triple in the Sugar Push, altering her timing to 123&4 5&6, without affecting what her partner does.

Consider the following as basic rules:

1. No rock recover (except for variations): All steps begin walking forward for Lady; Man will move away from Lady to lead her forward.
2. Movement occurs in a slot except for rare variations. Being in the slot means Lady works in a straight line up and down line of dance while Man works in a slot across the Lady's line of dance as well as up and down line of dance. Lady's job is to move from one end of the slot to the other, unless the Man blocks her path thereby sending her back to the end of the slot where she started.
3. Each figure ends with a tripling action, usually an anchor step (or in some figures a twirl for Lady). The alternative, the coaster step, is discouraged because it shifts the Lady's momentum forward before the next figure starts, bypassing the resistance necessary to allow Man to lead her. The coaster step survives mainly as Lady's triple step in the middle of a whip turn.