MACHINE GUN CHA

Choreo: Mary Trankel & Don Gilder, 5306 Talisman Ct, Missoula MT 59803
(406) 251-2127 e-mail: dondgilder@trankelresearch.com Web site: http://www.trankel-gilder.com
Music: Machine Gun download @walmart.com or other online music store, or contact choreographers
Artist: The Commodores Album: Anthology - Track #1
Phase: 3 Footwork: Opposite, directions for man except as noted (W’s in parentheses)
Rhythm: Cha Release Date: JAN, 2006
Sequence: Intro –A—B—A—C—D—C---END
Suggested Speed: As on download (no adjustment to original source)

MEAS

INTRO

1-9

[BFLY WALL M’S L LADY’S R FT FREE] WAIT 2 MEAS;; NEW YORKER TWICE;; SHOULDERS TO SHOULDER TWICE;; HAND TO HAND TWICE;; 2 SIDE CLOSES;

1-2 In BFLY pos wait 2 Meas;;
3-4 Step thru L twd RLOD with straight leg trng to side by side pos, rec R to fc ptr, sd L/cl R/ sd L to BFLY;
5-6 Fwd L to BFLY SDCAR, rec R to fc ptr, sd L/cl R/ sd L; Fwd R to BFLY BJO, rec L to fc ptr, sd R/cl L/ sd R;
7-8 Behind L trng to sd by sd, rec R to fc ptr, sd L/cl R/ sd L; bhd L trng to sd by sd, rec L to fc ptr,

PART A

1-8

CHASE;;;; ½ BASIC; WHIP; ½ BASIC; WHIP:

1-2 Fwd L trng RF ½, rec fwd R to COH, fwd L/cl R/ fwd L; fwd R trng LF ½, rec fwd L, fwd R/cl L/ fwd R;
3-4 Fwd L, rec R, bk L/cl R/ bk L; bk R, rec L, fwd R/ cl L/ fwd R to BFLY;
5-6 Fwd L, rec R, sd L/cl R/ sd L; bk R trng ¼ LF , rec L cont trng LF ¼ to fc COH, sd R/cl L/ sd R;
7-8 Fwd L, rec R, sd L/cl R/ sd L; bk R trng ¼ LF , rec L cont trng LF ¼ to fc WALL, sd R/cl L/ sd R;

PART B

1-9

BASIC;; NEW YORKER TWICE;; SHOULDER TO SHOULDER TWICE;; HAND TO HAND TWICE;; 2 SIDE CLOSES;

1-2 In BFLY fwd L, rec R, sd L/cl R/ sd L; bk R, rec L, sd R/ cl L/ sd R;
3-4 Step thru L twd RLOD with straight leg trng to side by side pos, rec R to fc ptr, sd L/cl R/ sd L to BFLY;
5-6 Fwd L to BFLY SDCAR, rec R to fc ptr, sd L/cl R/ sd L; Fwd R to BFLY BJO, rec L to fc ptr, sd R/cl L/ sd R;
7-8 Behind L trng to sd by sd, rec R to fc ptr, sd L/cl R/ sd L; bhd R trng to sd by sd, rec L to fc ptr,

PART C

1-9

BASIC;; NEW YORKER TWICE;; 2 SIDE CLOSES; CHASE;;;;

1-2 In BFLY fwd L, rec R, sd L/cl R/ sd L; bk R, rec L, sd R/ cl L/ sd R;
3-4 Step thru L twd RLOD with straight leg trng to side by side pos, rec R to fc ptr, sd L/cl R/ sd L to BFLY;
5-6 Fwd L to BFLY SDCAR, rec R to fc ptr, sd L/cl R/ sd L; Fwd R to BFLY BJO, rec L to fc ptr, sd R/cl L/ sd R;
6-7 Fwd L trng RF ½, rec fwd R to COH, fwd L/cl R/ fwd L; fwd R trng LF ½, rec fwd L, fwd R/cl L/ fwd R;
8-9 Fwd L, rec R, bk L/cl R/ bk L; bk R, rec L, fwd R/ cl L/ fwd R to BFLY;
PART D

1-16  BFLY VINE 8;; SLOW POINT SIDE,, BHD SIDE THRU (4 TIMES);;;;
      TRAVELING DOOR; TRAVELING DOOR TO OP LOD; WALK TWICE;;;
      FWD & BACK BASICS;; SLIDE THE DOOR TWICE;; CIR AWAY & TOG CHA;;

1-2   In Bfly Sd L, XRIB, sd L, XRIF; sd L, XRIB, sd L, XRIF;
3-4   Slow pt L (W R) to sd twd LOD,, XLIB (W XRIB) of R/sd R/ XLIB of R;
      Slow pt R (W L) to sd twd RLOD,, XRIB (W XLIB) of L/sd L/ XRIF of L;
5-6   Repeat Meas 3 & 4 of part D;;
7-8   Rk sd L, rec R, XLIF/sd R/ XLIB; rk sd R, rec L, XRIF/sd L/ XRIF bindg to OP LOD;
9-10  Fwd L, fwd R, fwd L/cl R/ fwd L; fwd R, fwd L, fwd R/cl L/ fwd R;
11-12  Fwd L, rec R, bk L/cl R/ bk L; bk R, rec L, fwd R/cl L/ fwd R;
13-14  Rk apt L, rec R, XLIF/sd R/ XLIB; rk apt R, rec L, XRIF/sd L/ XRIF;
15-16  Releasing hnds start LF circular pattern fwd L trng twd COH (W RF circular pattern fwd R twd WALL),
      Fwd R, fwd L/cl R/ fwd L; Fwd R cont LF trn twd ptr & Wall (W cont RF trn twd ptr & COH fwd L),
      Fwd L, fwd R/cl L/ fwd R;

ENDING

1-5  CHASE PEEK-A-BOO;;;; APT PT;

1-2   Fwd L trn ½ RF, rec fwd R, fwd L/cl R/fwd L; sd R look over L shoulder, rec L, cl R/in place L/ R;
3-4   Sd L look over R shoulder, rec R, cl L/in place R/ L; fwd R trn ½ LF, rec fwd L, fwd R/cl L/ fwd R to BFLY;
5    Apt L, pt R twd ptr, -;