

TITLE: MY MAN CHA
DANCE BY: Dorothy Sanders, 6406 Moorhaven Dr.Louisville, Ky 40228 (502)239 5760
MUSIC: Windsor 4535 available from Palomino thequelady@bellsouth.net
FOOTWORK: Opposite,except where noted
RHYTHM: CHA **PHASE:** III **SPEED:** 40-42 AVG 10/14

SEQUENCE: INT A B A END

INT

1-4 **BFLY;; 1/2 BASIC; UNDERARM TRN;;**

1-4 fwd L,rec R,sd L/cls R,sd L; XRib,rec L,sd R/cls L,sd R(W under RF); BFLY

-A-

1-4 **CHASE;:::**

1-2 fwd/trn L,rec R,fwd L/cls R,fwd L; fwd/trn R,rec L,fwd R/cls L,fwd R;(W fwd/trn L,rec R,fwd L/cls R,fwd L;)

3-4 fwd L,rec R,bk L/cls R,bk L;(W fwd/trn R,rec L,fwd R/cls L,fwd R;) bk R,rec L,fwd R/cls L,fwd R;

5-8 **VINE 2 FC-FC; VINE 2 BK-BK; SLIDING DOORS;;**

5-6 sd L,XRib,sd L/cls R,fwd L; sd R,XLib,sd R/cls L,fwd R OP;

7-8 rk apt L,rec R,XLif/sd R,XLif; rk apt R,rec L,XRif/sd L,XRif OP;

9-12 **CIRCLE & CHA; TOG & CHA BFLY/BJO; LARIAT;;**

9-12 circle away L,R,L/R,L; tog R,L,R/L,R BJO; ip L,R,L/R,L (W circle RF around M) ip R,L,R/L,R BFLY;

13-16 **1/2 BASIC; CRAB WK; SD WK; CUCARACHA;**

13-16 fwd L,rec R,sd L/cls R,sd L; XRif,sd L,XRif/sd L,XRif; sd L,cls R,sd L/cls R,sd L; sd R,rec L,cls R/stp L,stp R;

-B-

1-4 **BASIC;; SHLDR-SHLDR;;**

1-2 rk fwd L,rec R,sd L/cls R,sd L; rk bk R,rec L,sd R/cls L,sd R;

3-4 rk fwd L,rec R,sd L/cls R,sd L(W Xib); rk fwd R,rec L,sd R/cls L,sd R (W Xib);

5-8 **FENCELINE;; 1/2 BASIC; WHIP;**

5-6 BFLY X lunge L,rec R,sd L/cls R,sd L; X lunge R,rec L,sd R/cls L,sd R;

7-8 fwd L,rec R,sd L/cls R,sd L; bk trn R trng LF,rec L,sd R/cls L,sd R COH;

9-16 **REPEAT MEAS 1-8 Wall;:::;**

17-20 **NY OP; WK & CHA; WK & CHA; SPOT TRN;**

17-18 X lunge L LOP,rec R,sd L/cls R,fwd L OP; fwd R,fwd L,fwd R/cls L,fwd R;

19-20 fwd L,fwd R,fwd L/cls R,fwd L; XRif trng LF,rec trn L,sd R/cls L,sd R; BFLY

END

1-4 **1/2 BASIC; UNDERARM TRN; BREAK BK OP; STEP CHA/CHA/CHA**

1-4 fwd L,rec R,sd L/cls R,sd L; XRib,rec L,sd R/cls L,sd R(W under RF); bk L OP,rec R,fwd L/cls R,fwd L; ip R,L,R;

SMILE !