LUNA SORRENTINA

Music: Casa Musica
www.danceshopper.com/The Ballroom Mix 8
Cd 1  Track # 6  Time:2:47
Available from choreographer

Rhythm: Waltz  Phase: V
Footwork: Opposite except where (Noted)
Release Date: Sept 15
Choreo: Jos Dierickx  Beverlosestwg 14b2  3583 Paal Belgium
Email: jos.dierickx@telenet.be
Sequence: INTRO AB AB END

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INTRO

01-04  CP DRW LEADFOOT FREE WAIT 2 MEASURES ; ; FORWARD HOVER ; OP FINISH to DLW ;
{Wait} CP DRW ld ft free wt 2 meas ; ; {Fwd Hover} Fwd L to DRW, fwd R risp to ball of ft , rec L (W bk R , bk L & brush R to L, fwd R) to CP DRW ; {OP Finish} Bk R, bk & sd L trng ¾ LF, fwd R to BJO DLW ;

05-09 HOVER TELE ; NATURAL HOVER FALLAWAY ; CHECK BACK & RECOVER to WHIPLASH BJO ;
BACK BACK/Lock BACK ; HESITATION CHANGE ;
{Hover Tele} Fwd L, fwd & sd R rising & trng 1/8 RF, sd & fwd L to SCP LOD ; {Natural Hover Fallaway} Fwd R, fwd L risp & trng RF, rec R (W fwd L, trng RF fwd R, rec L) to SCP DRW ; {Ck Bk & Rec to a Whiplash BJO} [1,2,-] Bk L in SCP ckg, rec R pt L to DRW trn body LF to swivel W, - (W bk R in SCP ckg, rec L swivel LF ronde R CCW) to BJO DRW ; {Bk Bk/lk Bk} (12&3) Bk L, bk R/lk Lif, bk R to BJO ; {Hesitation Chng} [1,2,-] Trng upper bdy RF bk L, sd R contg RF trn, draw L to CP DLC ;

PART A

01-04 DIAMOND TURN ; ; ; ;
{Diamond Turn} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO ; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R ; Staying in BJO & trng LF fwd L, compg ¼ LF trn sd R, bk L ; Bk R in BJO trng RF, sd L compg ¼ LF trn, fwd R to BJO DLC ;

05-08 VIENNESE TurnerS ; ; HOVER TELE ; THRU SYNCOPATED VINE ;
{Viennese Turns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (W bk R stg LF trn, sd L cont trn, cl R) ; Bk R cont LF trn, sd L cont trn, cl R (W fwd L cont LF trn, sd R cont trn, XLif) to CP DLW ; {Hover Tele} Repeat meas 5 Intro ; {Thru Syncop Vine} [1,2&3] Thru R, sd L/XRib (W XLif), sd L to SCP LOD ;

09-12 NATURAL WEAVE ; ; FWd FWd/LOCK FWd ; OP NATURAL ;
{Natural Weave} Fwd R trng RF, sd L, bk R (W fwd L, R between M’s ft, fwd l) to BJO DRW ; Bk L, bk R in CP trng LF, cont LF trn fwd L to SCP LOD ; {Fwd/Fwd Lock Fwd} [1,2&3] Fwd R, fwd L/XRib, fwd L ; {OP Natural} Fwd R stg RF trn , cont trn sd & bk L, bk R w/ R sd Id (W bk L trng RF, fwd R between man’s feet , fwd L) to BJO DRC ;

13-16 OVER SPin TURN INTO a RIGHT LOCK ; ; THRU CHASSE to SCP ; CHAIR & SLIP ;
{Over Spin Trn Into a R Trng Lk} Stg RF upper bdy trn bk L pvtyg 1/2 RF to fc LOD, fwd R between W’s ft heel to toe cont trn leavg L leg xtd bk & sd, rec L (W stg LF upper bdy trn fwd R between M’s ft heel to toe pvtg 1/2 RF, bk L cont trn brush R to L, fwd R between M’s ft) to CP DRW ; [1&2,3] Bk R right sd lead comm RF trn/ XLif to fc COH, slight left sd lead cont RF trn sd & fwd R between W’s feet, cont RF trn fwd L (W fwd L comm RF trn/XRib, fwd & sd L cont RF trn, fwd R) to SCP DLC ; {Thru Chass to SCP} [1,2&3] Thru R, sd to fc prtn L/cl R, fwd L to SCP LOD ; {Chair & Slip} Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (W ck fwd L, rec R swvlg 5/8 LF, fwd L) to CP DLC ;
PART B

01-04  TELEMARK to SCP ; IN & OUT RUNS ; ; THRU RIPPLE CHASSE ;

[Telemark to SCP] Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R) to SCP DLW ; [In & Out Runs] Trng RF fwd R, sd & bk L to CP RLOD, bk R (W fwd L, fwd R between M’s ft, fwd L) to BJO RLOD ; Trng RF bk L, cont trn fwd R between W’s ft, sd & fwd L (W trng RF fwd R, cont trn sd L in frrt of M, cont trn fwd & sd R) to SCP LOD ; [Thru Ripple Chasse] Thru R, swaying & lookng twd DRW ovr next 2 steps sd L/cl R, sd & fwd L loosing sway & blendg to SCP DLC ;

05-08  WEAVE 6 to BJO ; ; OP NATURAL ; BACK & CHASSE/W TWIRL to SCAR ;

[Weave 6 to BJO] Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO) ; Bk L LOD, bk R trng LF trn, sd & fwd L (W fwd R outsd ptr, fwd L to CP contg LF trn, sd & bk R) to BJO DLW ; [OP Natural] Repeat meas 12 Part A ; [Bk & Chasse /W Twirl to SCAR] Sd & bk L trng RF, sd R/cl L raising ld hand (W fwd L/cl R trng RF under ld arms), sd & fwd R to SCAR DLW ;

09-12  FORWARD CHECK/W DEVELOPE ; OP FINISH DLC ; OP REVERSE TURN ; HOVER CORTE ;

[Fwd Ck/W Develop] Fwd L to DLW outsd W ckg, - ; (W bk R, bring L ft up R leg to insd of R knee, extend L ft fwd) ; [OP Finish] Repeat meas 4 Intro to DLC ; [OP Reverse Turn] Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (W bk R comm LF trn, cl L [heel trn], fwd R outsd ptr) to BJO RLOD ; [Hover Corte] Bk R, trng LF sd & fwd L LOD leavg R leg in pl, compg ½ LF trn rec R (W fwd L, trng LF sd & fwd R & brush L to R, fwd L) to BJO DLW ;

13-16  SLIP PIVOT ; HOVER CROSS w/ SYNCOPATED ENDING ; ; DOUBLE REVERSE SPIN to LOD ;

[Slip Pivot] Bk L, bk R trng LF, fwd L (W bk R, trng ½ LF slip L fwd, sd & bk R) to BJO DLW ; [Hover Cross & Syncopate the End] [SQQ; Q&QQ] Fwd R twd WALL begin RF trn, cont RF trn sd L, cont RF trn fwd R (W Bk L begin RF trn, cl R to L [heel turn] cont RF trn, cont RF trn sd & slightly back L backing DLW) to SCAR DLW ; Fwd L small step on toes/rec R, trng LF & blending briefly to CP sd L, Xrif to BJO DLC ; [Dbl Reverse Spin] [1.2- /W1&2.3] Fwd L comp LG trn, sd R cont LG trn, spin LF on ball of R bringing L beside R w/ no wgt & keep knees flexed (W bk R com LF trn on R heel, cont trn on R heel & cl L/sd & bk R contg trn, XLif) to CP LOD ;

ENDING

01-02  QUICK DIAMOND 4 ; DIP BACK & HOLD ;

[Qk Diamond 4] [1.2&3] Fwd L stg to trn LF, sd R contg LF trn/bk L compg 1/4 LF trn to BJO DLW, bk R to CP LOD ; [Dip Bk & Hold] [1,--] Bk L with soft L knee keeping R leg extended & trn bdly sitly LF, - , - ;