Lullaby For You

Choreo: Casey & Sharon Parker, 11168 Loduca Dr, Manteca, Ca. 95336   email: trustme@pacbell.net
Music: "Lullaby For You" (2:55) available Casa Music download, CD "Freedom"
Artist: F.R.P.   **Sug. Speed:** 100% (as downloaded)
Footwork: Opposite, unless noted (W's footwork in parenthesis)   **Difficulty:** Ave
Rhythm: Waltz   **Phase:** III + 2 (Diamond Turn, Op In & Out Runs)
Sequence: Intro--A--B--A--B--C--A--End   **Released:** Nov 2014

Intro

1 – 4   Wait 2 meas;; Sway Apt & Tog BFLY ;;

1-2   OP LOD no hnds joined lead ft free Wait 2 meas3-4 [Sway Apt & Tog] Sd L with L sd stretch, draw R to L, tch R;
Sd R with R sd stretch and trng to fc ptr, draw L to R, tch L BFLY WALL;

Part A

1 – 4   Waltz Away & Tog;; Twirl Vine 3; Pickup [LOD];

1-4   [WZ Away & Tog] Releasing lead hnds Fwd L trng away from ptr, Sd & Fwd R, Close L;   Sd & Fwd R trng to fc ptr, Sd &
Fwd L, Cl R BFLY WALL;   [Twirl Vine 3] leading W to trn under jnd lead hnds Sd L, XRIB L, Sd L (Sd & Fwd R trng RF
under jnd lead hnds, Sd & Bk L cont trn, Sd R; [Pickup] Thru R beginning to lead W to trn LF, Sd & Fwd L to CP, Cl R CP
LOD;

5 – 8   Trn L & R Chasse BJO; Bk Bk/Lk Bk; Imp SCP; Pickup DLC;

5   [Trn L & R Chasse BJO] Fwd L commence LF upper body turn, Sd R cont turn/Cl L, Sd R complete trn to BJO;
6   [Bk Bk/Lk Bk] Bk L, Bk R/ Lk L in front of R (Lk R in back of L), Bk R;
7   [Imp SCP] Bk L trng RF, Cl R heel trn cont trn (Sd & Fwd L cont trn around M), complete trn fwd L in tight SCP DLC;
8   [Pickup DLC] Thru R beginning to lead W to trn LF, Sd & Fwd L to CP, Cl R CP DLC;

9–12   2 LF Trns;; Whisk; Thru Chasse BJO;

9-10   [2 LF Trns] Fwd L commence LF trn, cont trn Sd R, Cl L; Bk R commence LF trn, cont trn Sd L, Cl R CP WALL;
11   [Whisk] Fwd L, Fwd & Sd R rising, XLIB R (XRIB L) cont rise to tight SCP;
12   [Thru Chasse BJO] Thru R trng to fc, Sd L/Cl R, Sd L to BJO;

13–16   Fwd Fwd/Lk Fwd; Manuv; Spin Trn; Box Fin DLC;

13-14   [Fwd Fwd/Lk Fwd] Fwd R, Fwd L/Lk R, Fwd L;   [Manuv] Fwd R trng RF, Sd & Fwd L, Cl R CP RLOD;
15   [Spin Trn] commence RF upper body trn Bk L pivoting RF, Fwd R between W's feet cont trn, Sd & Bk L;
16   [Box Fin] Bk R commence LF trn, Sd L, Cl R CP DLC;

Part B

1 – 4   Diamond Trn 3/4 ;;; Bk Half Box to SCAR;

1-4   [Diamond Trn 3/4] Fwd L trng LF, cont trn Sd R, Bk L partner outside in BJO; Bk R trng LF, Sd L, Fwd R outside partner
in BJO; Fwd L trng LF, cont trn Sd R, Bk L partner outside in BJO; [Bk Half Box SCAR] Bk R, Sd L to SCAR DLW, Cl R;

5 – 8   Cross Hover SCP; Sync Vine; Thru Fc Cl; Canter Once [1st time BFLY WALL] [2nd time CP WALL];

5-8   [Cross Hover SCP] Fwd L with slight crossing action begin to rise , Sd & slightly Fwd R with slight RF trn cont rise, Fwd L
to tight SCP LOD; [Sync Vine] Thru R trng to fc, Sd L/XRIB L (XLIB R), Sd R; [Thru Fc Cl] Thru R trng to fc, Sd L, Cl R
BFLY WALL;   [Canter] Sd L, Draw R, Cl R [1st time end BFLY WALL] [2nd time end CP WALL];

Part C

1 – 4   Hover SCP; Op In & Out Runs;; Thru Sd Bhd BFLY;

1   [Hover SCP] Fwd L, Fwd & slightly Sd R rising, Sd & Fwd L to tight SCP;
2-3   [Op In & Out Runs] Fwd R starting RF trn, Sd & Bk L DLW cont trn, Sd & Fwd R to Left Half OP LOD (Fwd L, Fwd R
between M's feet, Fwd L) ; Fwd L leading the W to cross in front of M , Fwd R between W's feet, Fwd L (Fwd R starting
RF trn, Sd & Bk L DLW cont trn, Sd & Fwd R to Half OP LOD) ;
4   [Thru Sd Bhd] Thru R trng to BFLY WALL, Sd L, XRIB l (XLIB R);

5 – 8   Roll 3; Thru Sd Cl BFLY; Canter 2X;;

5-8   [Roll 3] commence LF trn (RF) Sd & Fwd L, cont trn Sd & Bk R, cont trn Sd & Fwd L to BFLY; [Thru Sd Cl] Thru R fc, Sd L,
Cl R BFLY WALL; [Canter 2X] Sd L, Draw R, Cl R; Sd L, Draw R, Cl R;

Ending

1 – 4   2 LF Trns;; Hover SCP; Slow Chair;

1-4   [2 LF Trns] Fwd L commence LF trn, cont trn Sd R, Cl L; Bk R commence LF trn, cont trn Sd L, Cl R CP WALL;
[Hover SCP] slowing down Fwd L, Fwd & slightly Sd R rising, Sd & Fwd L to tight SCP;
[Slow Chair] slow lunge Fwd R, - , slow look back over inside shoulder to RLOD;