Lucky As I Am

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Music: Universal Music Canada – Album Lucky - Track 7 by Molly Johnson (See note at end)
Rhythm and Phase: West Coast Swing – IV+ 1 unphased (sugar side break hug and freeze)
Sequence: Intro AB C AB End Released 2009 October 17 Difficulty: Average Version 3

INTRO

1-4 WAIT;; CHICKEN WLKS 2 SLOW: 4 QUICK;

S,,S;; {Chicken wlks 2 slow & 4 quick} Bk L, -, bk R, (W fwd w/swivel action R,, L,);
Q,Q,Q,Q: bk L, bk R, bk L, bk R (W fwd R, L, R, L,);

PART A

1-4 KICK/BALL CHANGE,, SUGAR PUSH;; U/ARM TRN,, SD BRK & FREEZE;;

Qa,Q, {Kick/ball change} Small kick L (W use R) fwd/replace L on ball of foot, cl R to L,
Q,Q,tch,Q, {Sugar push} Bk L, bk R; tch L fwd, fwd L, XRIB L/sd L, sd R (W fwd R, fwd L; tch R, bk
Qa,Q, L/cl R, fwd L,);
Q,Q,Qa,Q, {U/arm trn} Bk L trn rt, fwd R trn rt, fwd L/cl R, fwd L facing ptrn & RLOD; XRIB L/sd L,
Qa,Q, sd R (W fwd R, fwd L under jnd lead hnds, fwd R/L, Rtrn lft, bk L/ cl R, fwd L facing ptrn),
Qa,hold; {Sd brk & freeze) Sd L/sd R w/feet apart, hold (W sd R/sd L w/feet apart, hold);

5-8 SAILOR SHUFFLES: WRAPPED WHIP;; THROWOUT;

Qa,Q,Qa,Q, {Sailor shuffles} XLIB R/sd R, sd L, XRIB L/sd L, sd R;
Q,Q,Qa,Qa, {Wrapped whip} Bk L, rec R trng rt, sd L cont rt trn/cl R, sd & fwd L bhnd ptrn (W fwd R,
Q,Q,Qa,Q, f wd L, fwd R/cl L, bk R); XRIB L cont trn, sd L round ptrn, face ptrn & RLOD XRIB L/ sd
Qa,Q, sd R (W Bk R, bk L, cl R, cl L,);
Qa,Qa,Qa,Q, {Throwout} Trn lft sd L LOD/cl R, cont trn lft sd L COH, XRIB L/ sd L, sd R (trn lft sd &
fwd R LOD/XLIF R, cont trn face ptrn sd R, bk L/cl R, fwd L);

PART B

1-4 SWIVEL BK/BK; SWIVEL TO FACE; SUGAR SD BRK HUG & FREEZE; RK 4;

S,,,; {Swivel bk/bk} Lead hnds jnd fwd L trn rt w/lowering action to bk-to-bk,, rise up & raise M’s
rt W’s lft hnds above heads,;
S,,,; {Swivel to face} Lower & rec R trng to face ptrn,, rise to low BFLY posn,;
Q,Qa,Q,hold; {Sugar sd brk hug & freeze} Bk L, bk R/sd L, sd R, hold (W fwd R, fwd L/fwd R between
Q,Q,Q,Q, M’s feet, sd L, hold) into a grudge hold;
{Rk 4} With rolling action of body rk lft, rk rt, rk lft, rk rt – option lowering & rising;

5-7 SUGAR PUS W/CHEST-PUSH ENDING;; SUGAR TUCK & SPIN,;;

Q,Q,tch,Q, {Sugar push w/chest-push ending} In grudge posn bk L, Bk R, pnt L fwd, use lft side to push
Qa,Q, ptrn away fwd L join lead hnds; XRIB L/sd L, sd R,
Q,Q,tch,Q, {Sugar tuck & spin} Bk L, bk R bring ptrn close in low BFLY; tch L, fwd L raise jnd lead
Qa,Q, h nds & pull gently lower trail hnds, XRIB L/sd L, sd R (W tch R, fwd R spin rt 1 trn, bk L/cl
Q,Q,Q,Q, R, bk L) keeping lead hnds jnd is optional;

8-12 U/ARM TRN OVER TURNED;; TO TURKEY WLKS 8,;; LEFT SD PASS*;;

Q,Q,Qa,Q, {U/arm trn overturned} Bk L trn rt, fwd R trn rt, fwd L/cl R, fwd L trn rt to face COH; in
Qa,Q, place R/L, R (W fwd R, fwd R under jnd lead hnds, fwd R/L, R trng lft; cont trn lft to face
COH L/R, L) end LOP,
Q,Q,Q,Q, {Turkey wlks 8} Release hnds & M passing bhnd W sd L, cl R; sd L, cl R, sd L, cl R; trng rt
Q,Q,Q,Q, to face LOD sd L, cl R (W sd R, cl L; sd R, cl L, sd R, cl L; trng lft to face RLOD sd R, cl L),
Q,Q, {Left sd pass*} Bk L trn rt, cl R trn cl R to ptrn; RLOD & L sd L, cl R, cl L, cl R;
PART C

1-4 SAND STEP TOGETHER W/ATTITUDE; 4 TIMES;;;
Q,Q,S,; {Sand step together 4 times w/attitude} Progressing twd ptnr tch toe of L to instep of R, tch
Q,Q,S,; heel of L to instep of R, XLIF R w/a shrug action, (W perfoms same action starting w/R);
Q,Q,S,; repeat three more times progressing twd ptnr starting w/alternate feet;; end in CP facing
Q,Q,S,; RLOD;
5-9 SCP STEP KICK TWICE; FACE KICK TWICE; SD DRAW LEFT; AND APART RIGHT; W/CARESSING ACTION;
Q,kick, {SCP step kick twice} Open to SCP stp fwd L (W fwd R) WALL, kick R (W kick L) twd
Q,kick; WALL, fwd R, kick L;
Q,kick; {Face kick twice} Blend to CP RLOD cl L (W cl R), kick R between W’s legs (W kick L
Q,kick; outside M), cl R (W cl L), kick R outside W (W kick L between M’s legs);
Shold;Shold; {Sd draw left and right} Sd L, draw R to L & tch, hold,; sd R, draw L to R & tch, hold,;
hold; {Hold w/caressing action} Release ptnr but keep lead hnds jnd (W gently caresses M’s rt
cheek)§See note.

REPEAT PART A {Start facing RLOD}
REPEAT PART B {Start facing RLOD}

END

1-2 2 SLOW CHICKEN ; 4 QUICK CHICKEN WLKS;
S,,S,; {2 slow chicken wlks} Lead hnds jnd M bk RLOD L,, R, (W fwd w/swvl action R,, L,);
Q,Q,Q,Q; {4 quick chicken wlks} M cont bk L, R, L, R (W swiveling R, L, R, L);
3-4 2 SLOW CHICKEN WLKS; SUGAR SD BRK HUG & FREEZE;
S,,S,; {2 Slow chicken wlks} Lead hnds jnd M backing up L,, R, (W fwd w/swvl action R,, L,);
Q,Qa,Q,hold; {Sug sd brk hug & freeze} Bk L, bk R/sd L, sd R, hold (W fwd R, fwd L/fwd R between M’s
feet, sd L, hold) into a cuddle hold;

*First time through Part B release jnd lead hnds and separate to about 5 feet.

§Wait for completion of 3 syncopated percussion notes before continuing with Part A.

Note: From the original recording, tempo has been slowed by 13% and measures 25 to 44 have been deleted.
If full-length version of the music is used, the sequence is: Intro AB AB C AB End