LOST IN THE DARKNESS

Choreographers: Michael & Regina Schmidt, Lebensbaumweg 21, 50767 Köln, Germany,
Tel.: 0049 – 221 – 7125029 e-Mail: rumsdance@gmx.de
web: www.rumsdance.de

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Record: CD, Casaphon – Ballroom Passion, Track 5

Rhythm & Phase: W, IV +1 (Outside Spin) +1 (Promenade Runs)
Tempo: Adjust for comfort

Timing: 1, 2, 3; except where noted
Footwork: Opposite except where noted

Sequence: INTRO – A – B – A – C – C – END

INTRO

1 - 4 WAIT 2;; SYNC VINE; SYNC PU & HOLD;
1-4 Wait in low BFLY, Man fcg DLW, trail feet free;; To DLC thru R to OP/ trn to fc sd L, XRib L [W:XLIB R], sd & fwd L to fc DLW; Thru R to OP/sd L twd COH, cl R to CP DLC, -Hold; [Timing (3-4): 1&,2,3; 1&,2,-;]

PART A

1 - 4 OPEN REV TURN; HOVER CORTE; OUTSIDE SPIN; MANEUVER;
1-2 Fwd L comm LF trn, fwd R keep trng LF, bk L to CBJO DRC; Bk R, sd & fwd L twd DLW trn LF, rec bk R to CBJO DLW;
3-4 Sm bk L rotate upper body RF, fwd R keep trng RF, bk L chckg in CP DLW; Fwd R, sd & fwd L trn RF, cl R to CP RLOD; [W(3): Fwd R outsdt ptr comm RF trn, sd & bk L arnd ptr keep trn, fwd R btw ptr feet to CP DRC;]
5 - 8 IMPETUS TO SCP; SYNC VINE; MANEUVER; HESITATION CHANGE;
5-6 Bk L comm RF trn, cl R keep trng RF, fwd L in SCP LOD; Repeat meas 3 of INTRO twd LOD;
7-8 Repeat meas 4 of PART A start from SCP; Bk L trn RF, sd R trn to DLC, -;

PART B

1 - 4 TELEMARK TO SCP; CHASSE TO SCP; THRU, FAN, CLOSE; RIGHT LUNGE, REC & SLIP;
1-2 Fwd L, fwd R strong LF trn [W: heel trn], fwd L in SCP DLW; Thru R, sd L/cl R, sd & fwd L to SCP LOD;
3-4 Thru R stay low, fan L from bhnd, cl L in CP WALL; Sd & fwd R, rec L, slip R bk trn LF to CP DLC;
5 - 8 ONE LEFT TURN; BACK & CHASSE TO BJO; MANEUVER; SPIN TURN;
5-6 Fwd L, sd & fwd R comm LF trn, cl L to CP RLOD; bk R, sd & bk L comm LF trn/cl R, sd & fwd L to CBJO DLW;
7-8 Repeat meas 4 of Part A start outsdt ptr; Bk L comm RF trn, fwd R btw ptrs feet keep trng RF, bk L to CP DLW;
9 BOX FINISH;

9 Bk R comm LF trn, sd L, cl R compl LF trn to CP DLC;
PART C

1 - 4  TELEMARK  TO SCP;  CHASSE TO SCP;  THRU, FAN, CLOSE;  RIGHT LUNGE, REC & SLIP;
1-4  Repeat meas 1-4 PART B;;;;;

5 - 8  VIENNESE TURNS;;;  BACK, SD, DRAW TO BJO;
5-6  SD & Fwd L, sd & fwd R comm LF trn, XLIF R compl LF trn to CP RLOD [W: Cl L];  Sd & bk R, sd & bk L comm LF trn, cl R to CP LOD [W: XLIF R];
7-8  Repeat meas 5 of Part C;  Bk R comm LF trn, sd L compl LF trn to CBJO DLW, draw L to R;

9 - 12  PROMENADE RUNS;;;;
9-10  Fwd R outsd ptr, fwd L to half OP LOD, thru R;  Sd & fwd L arnd ptr, sd & fwd R twd LOD to L half OP LOD, thru L;
[W(9-10): Bk L comm RF trn, sd & fwd R to half OP LOD, thru L;  Fwd R, fwd L to L half OP LOD, thru R;]
11-12  Fwd R, fwd L to half OP LOD, thru R;  Sd & fwd L arnd ptr, sd & fwd R twd LOD to L half OP LOD, thru L;
[W(11-12): Sd & fwd L arnd ptr, sd & fwd R twd LOD to half OP LOD, thru L;  Repeat meas 10 PART C;]

13 - 16  LACE ACROSS CHASSE;  MANEUVER;  SPIN TURN;  BOX FINISH;
13-14  Drop L hnd raise R hnd sml fwd R, sml sd & fwd L ld W to chng sds undr jnd trl hnds/cl R, sd & fwd L to OP feg ptr DLW;  Let go of trail hnds & blend to CBJO DLW & repeat meas 4 PART A start outsd ptr;
[W(13): Drop R hnd fwd L, fwd R chnge sds undr jnd trl hnds com RF trn/cl L cont RF trn, sd & bk L twd DLW;]
15-16  Repeat meas 8-9 Part B;;;

END

1 - 2  DRIFT APART & LOOK AWAY;  REC TO FC & CARESS.-
1-2  Both step apt with ld foot trn upper body away from ptr keep trl hnds jnd,-,-;  both sharp rec with trl foot twd ptr wave ld hnd with caressing movement twd cheek of ptr, -

SUGGESTED HEADCUES

INTRO  (BFLY FCG DLW, trail feet Free)  Wait 2;;  Sync Vine;  Sync PU & Hold;

PART A  Open Rev Trn;  Hover Corte;  Outside Spin;  Maneuver;
Impetus to SCP;  Sync Vine;  Maneuver;  Hesitation Change;

PART B  Telemark to SCP;  Chasse to SCP;  Thru, Fan, Close;  Right Lunge, Rec & Slip;
One Left Trn;  Back & Chasse to BJO;  Maneuver;  Spin Turn;  Box Finish;

PART C  Telemark to SCP;  Chasse to SCP;  Thru, Fan, Close;  Right Lunge, Rec & Slip;
Viennese Trns 3 Meas;;;;  Back, SD, Draw to BJO;
Promenade Runs 4 Meas;;;;
Lace Across Chasse;  Maneuver;  Spin Turn;  Box Finish;

END  Drift Apart & Look Away;  Rec to Fe & Caress,-