LET YOUR LOVE FLOW

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Music: Let Your Love Flow by The Bellamy Brothers (3:17 Version)
From the CD album The Bellamy Brothers Greatest Hits, Vol. 1
Available from iTunes Music Downloads

Rhythm/Phase: Cha Cha Phase III + 1 (Alemana)
Music Speed: As downloaded
Footwork: Opposite throughout directions for M (and for W where noted).
Sequence: Introduction A B A B B Ending

INTRODUCTION (4 Measures) . . . .
BFLY FCNG PARTNER & WALL LEAD FEET FREE WAIT 2 MEAS;; FENCE LINE TWICE;;
[1 & 2] In bfly pos fcng partner & wall with lead feet free wait 2 measures;; [3 & 4] Twd RLOD cross lunge thru L with bent knee look direction of lunge, rec R trng to fc partner, sd L/cl R, sd L; Twd LOD cross lunge thru R with bent knee look direction of lunge, rec L trng to fc partner, sd R/cl L, sd R;

PART A (16 Measures) . . . .
FULL BASIC;; NEW YKR REV; SPOT TURN LOD; BRK BK OP FC LOD & CHA; WALK 2 & CHA; CIRCLE AWAY 2 & CHA; TOG 2 & CHA BFLY;; SHLDR TO SHLDR TWICE;;
FENCE LINE REV; CRAB WALK; TRVLNG DOOR TWICE BFLY;; CUCARACHA L & R;;

PART B (16 Measures) . . . .
ALEMANA;; LARIAT;; HND TO HND TWICE;; REV UNDERARM TURN; UNDERARM TURN; CHASE A/ DBL PEEK-A-BOO BFLY;;
[1 & 2] Fwd L, rec R, sd L/cl R, sd L lead W to turn rf; Bk R, rec L, sd R/cl L, sd R; (W bk R, rec L, sd R/cl L, sd R commence rf swivel; Continue rf turn under joined lead hands fwd L, continue rf turn fwd R, sd L/cl R, sd L to fc partner; ) [3 & 4] Step in place L, R, L/R, R; Step in place R, L, R/L, R; (W circle M clockwise with joined lead hands fwd R, fwd L, fwd R/cl L, fwd R; Fwd L, fwd R, fwd L/cl R trng to fc partner, sd L;) [5 & 6] Commence if turn to side by side pos fcng LOD XLIB, rec R to fc, sd L/cl R, sd L; Commence rf turn to side by side pos fcng LOD XLIB, rec R to fc, sd R/cl L, sd R; [7] Twd RLOD XLIF of right, rec R to fc, sd L/cl R, sd L; (W commence if turn XRIF of left under joined lead hands trng 1/2, continue turn rec L to fc partner, sd L/cl R, sd R;) [8] Bk R, rec L, sd R/cl L, sd R; (W commence rf turn 1/2 XLIF of right under joined lead hands, rec R complete rf turn to fc partner, sd L/cl R, sd L;) [9 – 16] Fwd L trng 1/2 rf, rec R, fwd L/cl R, fwd L; Sd L look over left shldr, rec L, cl R/step in place L, step in place R; Sd L look over right shldr, rec R, cl L/step in place R, step in place L; Fwd R trng 1/2 If, rec L, fwd R/cl L, fwd R; Sd L, rec R, cl L/step in place R, step in place L; Sd R, rec L, cl R/step in place L, step in place R; Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R bind bfly pos fcng wall; (W bk R, rec L, fwd R/cl L, fwd R; Sd L, rec R, in place L/R, L; Sd R, rec L, in place L/R, L; Fwd L trng 1/2 rf, rec R, fwd L/cl R, fwd L; Sd R look over left shldr, rec L, in place R/L, R; Sd L look over right shldr, rec R, in place L/R, L; Fwd R trng 1/2 If, rec L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L bind bfly pos;

ENDING (3 Measures) . . . .
FULL BASIC;; CHUG APART & POINT;