LAZY CRAZY DAYS

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Music: "Those Lazy Crazy Hazy Days of Summer" Nat King Cole - Download from buymusic.com
Rhythm/Phase: Quickstep 6  Released: July 2006
Sequence: Intro, A, B, A Mod, C, B, A Mod, Ending

INTRO

1-3  CONTRA CHK; REC; SWITCH;
1  ‘Roll’ (Contra Chk) CP/DRC Commence LF upper body trn with strong R sd lead chk fwd L,-,-,-;
2  ‘Out’ (Rec) Rec R commence strong RF trn leaving L foot almost in place,-,-,-;
3  ‘Those’ (Switch) Continue strong RF trn rec L to face DW,-,-,-;

PART A

1-4  TIPPLE CHASSE; ,, BK LK; BK,, TIPPLE CHASSE;--;
SQQ  1  {Tipple Chasse} Fwd R commence RF trn, -, sd L DW with R sd stretch, cl R;
SQQ  2  {Bk Lk Bk} bk R, lk LIF of R;
SS  3  {Tipple Chasse} bk L commence RF trn,-;
QQS  4  {Fwd Lk Fwd} Fwd L, lk RIB of L, fwd L,-;
SQQ  5  {Fc Sd Cl} Fwd R trng RF to fc WALL,-, sd L, cl R to L;
SQQ&  6  {Pt,-, Roll 3 to BJO} Pt L to sd,-, commence LF roll to BJO/DW L,-, R,-, L,-;

9-12  MANUV,, SD CL; SPN TRN OVERTRND;,, to SKIP LKS & HOP;-
SQQ  9  {Manuv Sd Cl} Fwd R outsld ptr trng RF,-, cont trn to fc RLOD & ptr sd L, cl R;
SS 10  {Spin Trn Overtrnd} Comm RF trn bk L pvtg ½ RF fc LOD,-, fwd R between W’s ft cont trn,-;
SQQ 11  Recover sd & bk L fc DRW,-, (W Sd R, tap toe LIB of R, hold,-);
QQS& 12  Bk R w/lift, lk LIF, bk R w/hop,-;

13-16 OUTSIDE CHG SCP; THRU CHASSE SCP;,, THRU; TIPSY PT HOLD;
SQQ 13  {Outsd Chg SCP} Bk L,-, bk R trng LF, sd & fwd L to SCP/LOD (W Fwd R,-, fwd L, fwd R to SCP/LOD);
SQQ 14  {Thru Chasse SCP} Thru R,-, sd L, cl R to L (W Thru L,-, sd R, cl L to R);
SS 15  Fwd L commence to trn LF,-, sd & bk R cont trn, bk L with R sd stretch to BJO/DRC;
QQ 16  Fwd L commence trn LF,-, sd & bk R cont trn, bk L with R sd stretch to BJO/DRC;

7-8  REVERSE CORTE;,, STP BK;
SS  7  {Rev Corte Stp Bk} Bk R trng LF,-, continue LF trn on R [with L sd stretch], (W Fwd L,-, fwd R trng LF,-);
SS  8  {Qk Op Rev} thru R,- (W Thru L commence LF trn blending to CP,-);

PART B

1-6  V-6;; MANUV,, SD CL; OP IMP ~ QK OPEN REVERSE;;
QQS  1  {V-6} With R side lead bk R [with R sd stretch], lk LIF of R, bk R,-;
SQQ  2  Bk L [with R sd stretch],-,-, bk R trng LF [no sway], sd & fwd L [with L sd stretch];
SQQ  3  {Manuv Sd Cl} Fwd R outsld ptr trng RF,-, cont trn to fc RLOD & ptr sd L, cl R;
SS  4  {Op Imp} Comm RF trn bk L,-, cl R to L heel trn,- (W fwd R,-, sd & fwd L trn RF,-);
SS  5  Cont body trn RF sd & fwd L to SCP/DC,-, (W sd & fwd R to SCP/DC,-,) {Qk Op Rev} thru R,- (W Thru L commence LF trn blending to CP,-);
SQQ  6  Fwd L commence to trn LF,-, sd & bk R cont trn, bk L with R sd stretch to BJO/DRC;

7-8  RUNNING BK LKS;; BK HOVER to SCP;;,, PU;
QQQQ  9  {Running Bk Lks} Bk R, lk LIF of R, bk R, bk L;
QQS  10  Bk R, lk LIF of R, bk R,-;
SS  11  {Bk Hvr to SCP} Bk L,-, sd & bk R slight rise,-, (W Fwd R,-, sd & fwd L trng RF,-);
SS  12  Rec fwd L,-, (W Rec fwd R,-) {PU} thru R picking up W to CP,-;

13-16 MINI TELESPIN;;,, CONTRA CHK & SWITCH;;
SS 13  {Mini Telespin} Fwd L commence to trn LF,-, sd R trng 3/8 LF between steps 1 & 2, (W Bk R commence to trn LF,-, L ft closes to R heel trn 1/2 LF between stps 1 & 2,-);
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- S 14  Bk & sd L no wt light pressure inside edge of toe keeping L sd in to W, trn body LF no wt to lead W to CP
(QQS) commencing spin LF, -, f wd L continue LF spin on L drawing R to L under body, - (W Fwd R keeping R sd to M, f wd L trng LF f wd ptrn, f wd R to CP keeping head to L spinning LF, -);
SS 15  Cl R to L CP/DRC, - {Contra Chk & Switch} Comm LF upper body trn with strong R sd lead chk f wd L, -;
SS 16  Rec R comm strong RF trn leaving L foot almost in place, -, continue strong RF trn rec L to face DW, -;

PART A MODIFIED

1-4  TIPPLE CHASSE; ,, BK LK; BK,, TIPPLE CHASSE, -;
5-8  FWD LK FWD, -; FC, SD CL; PT,; ROLL 3 to BJO,;
9-12  MANUV,; SD CL; SPN TRN OVERTRND,; to SKIP LKS & HOP,;
13-16 OUTSIDE CHG SCP; PU LK; CLSD TELE ~ STP FWD;:
QQQ 14  {PU Lk} Fwd R DW, -; with LF trn f wd L with L sd stretch to pickup W, lk RIB of L fc DC;
SS 15  {Clsd Tele} Fwd L start LF trn, -, sd R arnd W cont trn (W cl L to R heel trn, -);
SS 16  Fwd L to BJO/DW, -; {Stp Fwd} f wd R, -;

PART C

1-4  RUNNING FWD LKS,; MANUV,; SD CL; begin PVT to HAIRPIN;
QQQQ 1  {Running Fwd Lks} Fwd L, lk RIB of L, f wd L, f wd R;
QQS 2  Fwd L, lk RIB of L, f wd L, -;
QQQ 3  {Manuv Sd Cl} Fwd R outsdt ptr trng RF, -, cont trn to fc RLOD & ptr sd L, cl R;
SS 4  {Pvt to Hairpin} Bk L ptrt 1/2 RF, -, f wd R, -;
5-8  cont PVT to HAIRPIN ~ PVT TO RUMBA X; OP IMP ~ STP THRU,;
QQS 5  Fwd L strong curve to R [with L sd stretch], f wd R outsdt ptr chkg on toe in BJO/DRW [with L sd stretch],
{Pvt to Rumba X} Bk L ptrt 1/2 RF, -;
SS 6  Fwd R ptrt RF, -, sd & f wd L with L shld leadg [with L sd stretch], cross RIB of L trng RF on toes;
SS 7  {Op Imp ~ Stp Thru} Comm RF trn bk L, -, cl R to L heel trn, - (W f wd R, -, sd & f wd L trn RF, -);
SS 8  Cont body trn RF sd & f wd L to SCP/LOD, - (W sd & f wd R to SCP/LOD, -) thru R, -;
9-12 CHASSE 4; SCOOP TO BJO; FISHTAIL; FWD LK FWD;
QQQQ 9  {Chasse 4} Blendg to CP/WALL with R sd stretch sd L, cl R to L, sd L, cl R to L;
SS 10  {Scoop to BJO} Slide L with L sd stretch [long sd stp], -, with L sd stretch cl R to L
trng LF to BJO, -;
QQQ 11  {Fishtail} XLIB of R, trn body RF to stp sd R, cont RF body trn f wd L to BJO, lk RIB of L;
QQS 12  {Fwd Lk Fwd} Fwd L, lk RIB of L, f wd L, -;
13-16 MANUV,; SD CL; OP IMP ~ STP THRU; to TIPSY PT & HOLD;
QQQ 13  {Manuv Sd Cl} Fwd R outsdt ptr trng RF, -, cont trn to fc RLOD & ptr sd L, cl R;
SS 14  {Op Imp} Comm RF trn bk L, -, cl R to L heel trn, - (W f wd R, -, sd & f wd L trn RF, -);
SS 15  Cont body trn RF sd & f wd L to SCP/LOD, -, (W sd & f wd R to SCP/LOD, -) {Thru Tipsy Pt Hold} thru R
commence RF trn in front of W, - (W thru L, -);
SS 16  Repeat Meas 16 Pt A

Repeat Pt B
Repeat Pt A Mod

ENDING

1-3  RUNNING FWD LKS,; MANUV,; SD CL;
1-3  Repeat Pt C measures 1-3, -;
4-6  PVT to HAIRPIN ~ OP IMP,;
SS 4  {Pvt to Hairpin} Repeat meas 4 Pt C;
QQS 5  Repeat 1st half of meas 5 Pt C, - {Op Imp} comm RF trn bk L, -;
SS 6  Cl R to L heel trn, -, cont body trn RF sd & f wd L to SCP/LOD, - (W sd & fwd L trn RF, -, sd & fwd R to
SCP/LOD, -);
7-8  STP THRU,; DBL CHASSE & PT;
QQQ 7  Thru R, -, fc ptr/WALL sd L, cl R;
QQS 8  Sd L, cl R, pt L LOD look LOD, -;