La Puerta

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Music: CD WEA Latina 75805, Luis Miguel, Romance, Track 3 or WallMart download

Footwork: Opposite, directions for man (lady as noted)
Phase & Rhythm: Phase IV+1 (hinge) +1 (sync tm basic) - Bolero

Difficulty: Difficult
Sequence: Intro, A, B, C, B (1-15), End 2007 ver 1.3

INTRO

1-8 WAIT 1; TIME STEP with ARMS; BFLY OPENING OUTS twice;; UNDERARM TURN; MAN'S UNDERARM TURN; SPOT
TURNS; FORWARD BASIC;

INTRO

1 [WAIT 1]Opn facing hnds to sdes fc WALL trail feet free;
2 [TIME STEP w/ARMS SQQ] Sd R rise hnds thru cntr up & out to bfly, -, slight trn LF (RF) XLIBR (XRIBL), rec R bfly
WALL sft knee;
3-4 [OPEN OUTS SQQ SQQ] Sd L rise,., body trn LF pnt rght leg RLOD extnd arms lwr, bring lady to fcng bfly; rise cl R,., body
trn RF pnt lft leg LOD extnd arms lwr, bring lady to fcng bfly WALL; (sd R bfly rise, -, trn LF XLIBR, rec R tm RF fc ptrn sft
knee; sd L rise, -, trn RF XRIBL, rec L tm LF fc ptrn bfly sft knee;)
5 [UNDERARM TURN SQQ] Bk L slght RF tm raise rght hands rise,., bk R sft knee lead lady under, rec L fc WALL (sd & fwd
R LOD,., fwx L tm RF undr raised arms soft knee, rec R cont trn RF to fc sft knee);
6 [MAN'S UNDERARM TURN] Trn RF sd & fwr R RLOD release lead hnds jn trail hnds ,., thru L tm RF undr trail hnds soft
knee, rec R cont trn RF to fc sft knee fc WALL (sd & bk L,., bk R XIBL lead man undr trail hnds, rec sd & fwr L);
7 [SPOT TURN SQQ] Trn LF (RF) sd & fwr L "v" pos LOD rise,., thru R tm LF (RF) soft knee, rec L cont tm LF (RF) to fc
WALL opn fcng pos sft knee;
8 [FWD BASIC SQQ] Sd & fwr R to cp fc WALL rise,., ck fwx L sml stp slght contra ck action, rec bk R cp WALL ;

Part A

1-8 BASIC;; CROSS BODY to BFLY; SHOULDER to SHOULDERS twice;; NEW YORKER; UNDERARM TURN; REVERSE
UNDERARM TURN;

Part A

1-2 [BASIC SQQ SQQ] Sd & bk L cp rise,., bk R slght XIBL sft knee, rec sd & fwx L cp fc WALL sft knee; sd & fwr R cp fc WALL
rise,., ck fwx L sml stp slght contra ck action, rec bk R cp WALL;
3 [CROSS BODY SQQ] Trn LF sd & bk L to "L" shpe DRC rise,., trn LF bk R in sdcr toe in sft knee, cont LF tm fwx L to bfly
sdcar fc COH (sd & fwr R to DRC,.; fwx L strt LF tm, sd & fwr R);
4-5 [SHOULDER to SHOULDERS SQQ SQQ] Sd & fwr R to bfly sdcar rise fc COH,.-, ck fwx L in sdcar sft knee, rec bk R tm LF; 
sd & fwx L to bfly bjo rise,., ck fwr R in bnjo, rec bk L fc COH bfly;
6 [NEW YORKER SQQ] Trn LF (RF) sd & fwr R LOD rise,., trn LF (RF) cl thr L soft knee, rec R tm fc COH soft knee;
7 [UNDERARM TURN SQQ] Bk L slght RF tm raise rght hands rise,., bk R sft knee lead lady under, rec L fc COH (sd & fwr R
LOD,., fwx L tm RF undr raised arms soft knee, rec R cont trn RF to fc sft knee);
8 [REV UNDERARM SQQ] Sd & fwr R LOD rise,., ck thr L soft knee raise lead hnds, rec R tm to fc COH soft knee (sd & fwr L
LOD rise,., thru R tm LF Undr lead hnds soft knee, rec L cont tm LF to fc sft knee);

9-16 CROSS BODY; START an AIDA; AIDA LINE & HIP ROCKS; FACE & ROLL 2; FENCE LINE with ARMS twice;; SPOT
TURN; FORWARD BASIC;

Part B

9 [CROSS BODY SQQ] Trn LF sd & bk L to "L" shpe DRW rise,., trn LF bk R in sdcr toe in sft knee, cont LF tm fwx L to bfly
v" (sd & fwr R to DRW,.; fwx L strt LF tm, sd & fwr R tm LF);
10 [START AIDA SQQ] Sd & fwr R "v" pos RLOD rise,., thru L sft knee trn LF jn trail hnds (RF), sd RL tm LF prase lead hnds
stt rise (IRF);
11 [AIDA & HIP ROCK SQQ] Trn LF (RF) bk L rise slght "V" bk to bk pos fc LOD lead hnds up & out trail hnds fwx,., rk bk R soft
knee, rec bk L fc LOD;
12 [FACE ROLL 2 SQQ] Fwx R LOD tm RF (LF) rise fce ptrn tch lead hnds,., trn LF (RF) fwx L roll LF (RF) LOD, cont roll R to
fc ptrn & WALL;
13-14 [FENCE LINES w/ARMS SQQ SQQ] Sd & fwx L to bfly "v" LOD rise,., lwr ck thru R XIFL (LXIFR) softn knee sweep trail
hnds over & tch lead hnds, rec L tm RF (LF) hnds bk to bfly WALL; sd & fwr R to bfly "v" RLOD rise,., lwr ck thr L XIFR
(RXIFL) softn knee sweep trail hnds over & tch trail hnds, rec L tm LF (RF) hnds bk to bfly WALL;
15 [SPOT TURN SQQ] Trn LF (RF) sd & fwx L "v" pos LOD rise,., thru R soft knee trn LF (RF), rec L cont tm LF (RF) to fc
WALL opn fcng pos sft knee;
16 [FWD BASIC SQQ] Sd & fwr R to cp fc WALL rise,., ck fwx L sml stp slght contra ck action, rec bk R cp WALL ;

Part B

1-8 SYNCOPATED TURNING BASIC twice;; 3 SLOW HINGE & PICKUP;; TURNING BASIC; LUNGE BREAK; LEFT PASS;

PART B

1-2 [SYNC TRN BASICS SQQ&SQQ] Sd & bk L slght body tm RF rise (lady look rght),., trn LF slp ptrn action (lady cl head)
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LUNGE & ROCKS
4
FORWARD BREAK
SQQ
16
14
SPOT TURN & FACE
SQQ
10-11
BOLERO WALKS
SQQ
SQQ
RIGHT PASS
SQQ
15
SLIDING DOORS
SQQ
SQQ
12-13
CROSS BODY
SQQ
2
FENCE LINE ARM SWEEP SS
LUNGE & ROCKS
1
3
RIGHT PASS
SQQ
2
OPEN BREAK
SQQ
1-8
AIDA & SWITCH ROCK
SQQ
9
1
UNDERARM TURN
SQQ
1-3
OPEN RIGHT LUNGE & ROCK 2; CROSS BODY; TIME STEP; SPOT TURN; FORWARD BASIC;

[UNDERARM TURN SQQ] Bk l slght RF trn raise rght hands rise,-, bk R lead lady under sft knee, rec L fc WALL (sd & fwd R LOD,-, fwd L trn RF undr raised arms soft knee, rec R cont trn RF to fc sft knee);

[OPEN BREAK SQQ] Sd & slght F RF rise,-, release cp bk L soft sft knee ck action press lady bk lead hnd hold, rec sd & fwd R WALL (sd & bk L L,-, bk R sft knee ck action, rec sd & fwd L);

[RIGHT PASS SQQ] Fwd & sd L slghtRF trn RF to "L" pos fc LOD raise hnds to create window look at lady,-, loose XRIBL slght trn RF sft knee, slght trn RF rec L to fc WALL (fwd R look at man thru "window",-, fwd L sft knee sft slght trn LF, fwd R trn LF undr lead hnds fc man & COH);

[FORWARD BREAK SQQ] Sd & fwd R to opn fcng fc WALL rise,-, ck fwd L sml stp sft contra ck action, rec bk R fc WALL (sd & bk L opn fcng,-, bk R contra ck action sft sit line action, rec fwd L);

PART C

UNDERARM TURN; OPEN RIGHT & BOLEROS to line;; SLIDING DOOR twice;; SPOT TURN to FACE;

[UNDERARM TURN SQQ] Bk l slght RF trn raise rght hands rise,-, bk R lead lady under sft knee, rec L fc WALL (sd & fwd R LOD,-, fwd L trn RF undr raised arms soft knee, rec R cont trn RF to fc sft knee);

[OPEN BREAK SQQ] Sd & slght F RF rise,-, release cp bk L soft sft knee ck action press lady bk lead hnd hold, rec sd & fwd R WALL (sd & bk L L,-, bk R sft knee ck action, rec sd & fwd L);

[RIGHT PASS SQQ] Fwd & sd L slghtRF trn RF to "L" pos fc LOD raise hnds to create window look at lady,-, loose XRIBL slght trn RF sft knee, slght trn RF rec L to fc WALL (fwd R look at man thru "window",-, fwd L sft knee sft slght trn LF, fwd R trn LF undr lead hnds fc man & COH);

[FORWARD BREAK SQQ] Sd & fwd R to opn fcng fc WALL rise,-, ck fwd L sml stp sft contra ck action, rec bk R fc WALL (sd & bk L opn fcng,-, bk R contra ck action sft sit line action, rec fwd L);

REPEAT B (1-15)