Knock Three Times

Choreographer: Peter Gomez
Escondido, CA., 92026

Revision 2: February 01, 2006 (Originally Written February 10, 2000)

Record: RSO Records RS 872 77 NP 2660 (Flipside “Candida”)

Artist: Dawn Featuring Tony Orlando  Speed: 43-44 RPM

Footwork: Opposite unless noted (Woman’s footwork in parenthesis)

Sequence: Intro – A – B – Bridge I – A – B – Bridge II – C – B(1-11) – Ending

Meas

Intro

1 - 4
APART PT; TOGETHER BFLY; VINE 8;;

1-4 With trailing hands joined, apart L, point R; Tog to BFLY; Sd L, XIB R, Sd L, XIF R; Sd L, XIB R, Sd L, XIF R;

Part A

1-6
FWD & BK BASIC;; VINE 8;; CUCARACHA TWICE;;

1-4 Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R; Sd L, XIB R, Sd L, XIF R; Sd L, XIB R, Sd L, XIF R;

5-6 Sd L, rec R, cl L/SIP R, SIP L; Sd R, rec L, cl R/SIP L, SIP R;

7- 14
CHASE;;; VINE 8;; CUCARACHA TWICE;;

7-14 Fwd L tm RF ½, rec R, fwd L/cl R, fwd L (Bk R, rec L, fwd R/cl L, fwd L); Fwd R tm LF ½, rec L, fwd R/cl L, fwd R (Fwd R tm RF ½, rec R fmd L/cl R, fwd L); Fwd L, rec R, bk L/cl R, bk L (Fwd R tm LF ½, rec L, fwd R/cl L, fwd R); Bk R, rec L, fwd R/cl L, fwd R (Fwd L, rec R, bk L/cl R, bk L);

11-14 Repeat meas. 3-4 of Part A;; Repeat meas. 5-6 of Part A;;

Part B

1-3
STOMP/KNOCK 3 TIMES & HOLD; BACK BASIC TO BFLY; SHOULDER TO SHOULDER;

1-3 Stomp L, Stomp R, Stomp L & touch R, blend to BFLY, -: Bk R, rec L, fwd R/cl L, fwd R; Fwd L to SDCAR, rec R to fc, sd L/cl R, sd L;

4-7
SPOT TURN; CRAB WALKS;; SPOT TURN 4 & HOLD;

4-7 XIF R tmg LF 1/2, rec L tmg LF 1/2, sd R/cl L, sd R to BFLY; XIF L, sd R, XIF L/sd R, XIF L; Sd R, XIF L, sd R/cl L, sd R; XIF L tmg RF 1/2, rec R tmg RF 1/2, sd L/cl R, hold L-;

8–10
STOMP/KNOCK 3 TIMES & HOLD; BACK BASIC TO BFLY; SHOULDER TO SHOULDER;

1-3 Repeat meas. 1-3 of Part B;;;

11-12
SPOT TURN; STOMP TWICE & HOLD;

Repeat meas. 4 to Face; Stomp L, Stomp R, & hold, -, -;

Bridge I

1 – 2
RUMBA CUCARACHA TWICE TO BFLY;;

1-2 Sd L, rec R, cl L; Sd R, rec L, cl R;

Bridge II

1
VINE 4;

1 Sd L, XIB R, Sd L, XIF R in BFLY;

Presented at the 2006 Bakersfield Fiesta
Peter Gomez & Chama Lee
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Part C

1 – 6
FWD & BK BASIC;; VINE 8;; CUCARACHA TWICE TO BFLY;;
1-6 Repeat measures 1 - 4 of Part A;;; Repeat meas. 5-6 of Part A;;

7 – 12
ALEMANA TO CP;; HAND to HAND TWICE TO CP;; VINE 8 TO BFLY;;
7-10 Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, (W - Fwd L under joined lead hands trng 1/2 RF, fwd R continue trng 1/2 RF to fc ptr,) sd R/cl L, sd R to CP/W; Behind L trng LF (W – Behind R trng 1/2 RF) to side-by-side position, rec R to fc, sd L/cl R, sd L; Behind R trng RF (W – Behind L trng 1/2 LF) to side-by-side position, rec L to fc, sd R/cl L, sd R; Repeat measures 3-4 of Part A to BFLY;;

13 – 14
CUCARACHA TWICE;;
13-14 Repeat measures 5-6 of Part A;;

Ending

1-2
RUMBA SPOT TURN; SIDE, APART;;
1-2 XIF L trng RF 1/2, rec R trng RF 1/2, sd L/-, -; Sd R, apart L , point R to partner with trailing hands joined & extend lead hands;

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