

# KNOCK THREE TIMES

Doug and Cheryel Byrd

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MUSIC: "Knock Three Times (Digitally Remastered 1998)", Tony Orlando and Dawn, mp3 "The Definitive Collection",  
Track #2; Arista Records, Inc.; download available at [www.amazon.com](http://www.amazon.com)  
FOOTWORK: Opposite except where indicated Time: 3:00 @ Original Speed  
RHYTHM: Rumba RAL Phase IV + 2 [Sweetheart, Change Sway] + 1 [Fence Line Four]  
Degree of Difficulty: ABOVE AVG  
SEQUENCE: INTRO – A – B – BRIDGE – A – B (MOD) – INTLD – A (7-14) – B (MOD) (1-13) – ENDING

## MEAS:

### INTRODUCTION

**1-4 OP FCG WALL WAIT;; HAND TO HAND 2X BFLY;;**  
1-2 OP FCG WALL Wait ; wt ;  
3-4 Swvl ¼ LF and stp bk L to OP LOD, rec R to fc ptr, sd L, - ; swvl ¼ RF and stp bk R to LOP RLOD, rec L to fc ptr, sd R to BFLY WALL, - ;

### PART A

**1-4 REVERSE UNDERARM TURN; BACK BASIC; SOLO ROLL 6 RLOD TO BFLY;;**  
1-2 XLif (W XRif and comm LF trn undr jnd ld hnds), rec R (W cont LF trn to fc ptr), sd L to BFLY WALL, - ; bk R, rec L, sd R ;  
3-4 XLif comm trng RF (W XRif comm trng LF), fwd R RLOD cont trn, sd L to bk to bk pos, - ; bk R cont trn, bk L cont trn, sd R to BFLY WALL, - ;

**5-8 FENCE LINE; SPOT TURN TO HNDSHK;; FLIRT;;**  
5-6 XLif and trn ¼ to RLOD, rec R to fc ptr, sd L, - ; XRif and comm LF trn, rec L cont trn to fc ptr, sd R to HNDSHK, - ;  
7-8 Fwd L, rec R, sd L to VARS (W bk R, rec L, fwd R and trn LF to VARS), - ; rk bk R, rec L, sd R to L VARS, - (W rk bk L, rec R, sd L, -) ;

**9-12 SWEETHEART; SWEETHEART TO BFLY; VINE 8;;**  
9-10 Fwd L twd wall w/slight LF trn keeping L hnd around W's waist extend R arm out to sd twd DRW, rec R taking R hnd to W's waist, sd L crossing to the other sd of W, - (W bk R twd COH w/L sd ld extending arms out to sd L arm twd DLC & R arm twd DRW, rec L, small sd R crossing to the other sd of M, -) ; fwd R twd wall w/slight RF trn keeping R hnd around W's waist extend L arm out to sd twd DLW, rec L removing R hnd from W's waist, sd R to BFLY WALL, - (W bk L w/R sd ld comm LF trn, rec R cont LF trn, sd L, -) ;

Q,Q,Q,Q 11 Sd L, XRif (W XLib), sd L, XRif (W XLif) ;  
Q,Q,Q,Q 12 Sd L, XRif (W XLib), sd L, XRif (W XLif) ;

**13-14 TWIRL VINE 3; NEW YORKER BFLY;**  
13-14 Sd L, XRif, sd L to BFLY WALL, - (W twrl RF undr jnd ld hnds R, L, R, -) ; XRif (W XLif) and turn ¼ to OP LOD, rec L to fc ptr, sd R to BFLY WALL, - ;

### PART B

**1-4 SAND STEP; ROCK SIDE RECOVER; CRAB WALKS;;**  
Q,Q,S 1 Tch L toe to R instp, tch L heel to R instp, XLif of R (W XRif), - ;  
Q,Q 2 Rk sd R, rec L ;  
Q,Q,S 3 XRif twd LOD (W XLif), sd L, XRif (W XLif), - ;  
Q,Q,S 4 Sd L, XRif (W XLif), sd L, - ;

**5-8 AIDA; SWITCH CROSS; ROCK 3; NEW YORKER BFLY;**  
5-6 Stp thru R begin trng RF, sd L cont trng RF, bk R to V-pos bk to bk ld hnds jnd, - ; bk L trng ¼ LF, rec sd R, XLif, - ;  
7-8 Rk sd R, rec L, rk sd R, - ; XLif (W XRif) and trn ¼ to LOP RLOD, rec R to fc ptr, sd L to BFLY WALL, - ;

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## PART B (cont)

- 9-12 SAND STEP; ROCK SIDE RECOVER; CRAB WALKS RLOD;;**  
Q,Q,S 9 Tch R toe to L instp, tch R heel to L instp, XRif of L (W XLif), - ;  
Q,Q 10 Rk sd L, rec R ;  
Q,Q,S 11 XLif twd RLOD (W XRif), sd R, XLif (W XRif), - ;  
Q,Q,S 12 Sd R, XLif (W XRif), sd R, - ;
- 13-14 FENCE LINE FOUR; SIDE DRAW CLOSE;**  
Q,Q,Q,Q 13 XLif (W XRif) w/ bent knee, rec R, sd L, cl R ;  
Q,Q,S 14 Sd L, draw R twd L, cl R, - ;

## BRIDGE

- 1-2 HAND TO HAND 2X BFLY;;**  
1-2 Repeat meas 3-4 Intro

## PART A

- 1-4 REVERSE UNDERARM TURN; BACK BASIC; SOLO ROLL 6 RLOD TO BFLY;;**  
**5-8 FENCE LINE; SPOT TURN TO HNDSHK;; FLIRT;;**  
**9-12 SWEETHEART; SWEETHEART TO BFLY; VINE 8;;**  
**13-14 TWIRL VINE 3; NEW YORKER BFLY;**

## PART B (MOD)

- 1-4 SAND STEP; ROCK SIDE RECOVER; CRAB WALKS;;**  
**5-8 AIDA; SWITCH CROSS; ROCK 3; NEW YORKER BFLY;**  
**9-12 SAND STEP; ROCK SIDE RECOVER; CRAB WALKS RLOD;;**  
**13-15 FENCE LINE FOUR; SIDE DRAW TOUCH; NEW YORKER;**  
Q,Q,Q,Q 13 XLif (W XRif) w/ bent knee, rec R, sd L, cl R ;  
Q,Q,S 14 Sd L, draw R twd L, tch R, - ;  
Q,Q,S 15 XRif (W XLif) and trn ¼ to OP LOD, rec L to fc ptr, sd R to BFLY WALL, - ;

## INTERLUDE

- 1-2 REVERSE UNDERARM TURN; MAN UNDERARM TURN;**  
1-2 Repeat meas 1 Part A ; XRif and comm LF trn undr jnd ld hnds, cont LF trn to fc ptr L, sd R to BFLY WALL, - (W XLif, rec R, sd L, -) ;
- 3-6 CHASE PEEK-A-BOO HNDSHK;;;;**  
3-4 Fwd L trng ½ RF, rec fwd R, fwd L, - ; sd R (looking over L shldr), rec L, in plc R, - ;  
5-6 Sd L (looking over R shldr), rec R, in plc L, - ; fwd R trng ½ LF, rec fwd L, fwd R to HNDSHK, - ;

## PART A (7-14)

- 1-4 FLIRT;; SWEETHEART; SWEETHEART TO BFLY;**  
**5-8 VINE 8;; TWIRL VINE 3; NEW YORKER BFLY;**

## PART B (MOD) (1-13)

- 1-4 SAND STEP; ROCK SIDE RECOVER; CRAB WALKS;;**  
**5-8 AIDA; SWITCH CROSS; ROCK 3; NEW YORKER BFLY;**  
**9-12 SAND STEP; ROCK SIDE RECOVER; CRAB WALKS RLOD;;**  
**13 FENCE LINE FOUR;**

## ENDING

- 1-2 LUNGE TWIST; CHANGE SWAY;**  
1-2 Lun L w/ bent knee, - , twst upper bdy to fc RLOD, - ; Slowly tilt R twd RLOD w/ bent knee while twstg upper bdy to fc LOD and trn head twd LOD, - , - , - ;

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## HD Cues

**SEQ:** INTRO – A – B – BRIDGE – A – B (MOD) – INTLD – A (7-14) – B (MOD) (1-13) – ENDING

**INTRO:** OP FCG WALL WT;; HND TO HND 2X BFLY;;

**PART A:** REV UNDRM TRN; BK BAS; SOLO ROLL 6 RLOD TO BFLY;;  
FNC LINE; SPT TRN HNDSHK; FLIRT;;  
SWHRT; SWHRT TO BFLY; VIN 8;;  
TWRL VIN 3; NY BFLY;

**PART B:** SNDSTP; RK SD REC; CRB WLKS;;  
AIDA; SWCH X; RK 3; NY BFLY;  
SNDSTP; RK SD REC; CRB WLKS RLOD;;  
FNC LINE 4; SD DRAW CL;

**BRIDGE:** HND TO HND 2X BFLY;;

**PART A:** REV UNDRM TRN; BK BAS; SOLO ROLL 6 RLOD TO BFLY;;  
FNC LINE; SPT TRN HNDSHK; FLIRT;;  
SWHRT; SWHRT TO BFLY; VIN 8;;  
TWRL VIN 3; NY BFLY;

**PART B:** SNDSTP; RK SD REC; CRB WLKS;;  
(MOD) AIDA; SWCH X; RK 3; NY BFLY;  
SNDSTP; RK SD REC; CRB WLKS RLOD;;  
FNC LINE 4; SD DRAW TCH; NY;

**INTLD:** REV UNDRM TRN; M UNDRM TRN; CHS PEEK-A-BOO HNDSHK;;;

**PART A:** FLIRT;; SWHRT; SWHRT TO BFLY;  
(7-14) VIN 8;; TWRL VIN 3; NY BFLY;

**PART B:** SNDSTP; RK SD REC; CRB WLKS;;  
(MOD) (1-13) AIDA; SWCH X; RK 3; NY BFLY;  
SNDSTP; RK SD REC; CRB WLKS RLOD;;  
FNC LINE 4;

**ENDING:** LUN TWST; CHG SWAY;