

KINGSTON TOWN

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MUSIC: MP3 Download Amazon.com "Kingston Town" Artist: UB-40
FOOTWORK: Opposite For Woman Except Where Noted
NOTE: May use [Option fwd/lck/fwd – or – bk/lck/bk] where applicable
RHYTHM: CHA, CHA
DANCE LEVEL: Phase IV+1 (Opn Hip Twist)
SPEED: 45 RPM
RELEASED: OCT 2010

SEQUENCE: INTRO – A – B – A (MOD) – C – B – A (MOD) - END

INTRO

1 – 8 **BTFY FCNG WALL WAIT;; SD-DRW-TCH L & R;; PEEK-A-BOO CHASE – HND SHK;;;;**
(Sd-Drw-Tch L & R) Sd L-, drw tch R-; sd R-, drw tch L-; **(Peek-A-Boo Chase – Hnd Shk)** Rlsng hnds & trng ½ rt fc sd L, rcvr R to COH, fwd L/clo R, fwd L; sd R look ovr lft shldr at Woman, rcvr L, in plc R/L,R; sd L look ovr rt shldr at Woman, rcvr R, in plc L/R,L; trng ½ lft fc sd R, rcvr L to HND SHK/WALL, fwd R/clo L, fwd R; **(Woman rlsng hnds bk R, rcvr L Man in frnt, fwd R/clo L, fwd R; sd L, rcvr R, in plc L/R,L; sd R, rcvr L, in plc R/L,R; fwd L, rcvr R, bk L/clo R, bk L;)**

PART A

1 – 9 **OPN HIP TWST; FAN; HCKYSTIK;; RVS CRABWLK – TWICE;; FNCLINE; SPT TRN; OPN BRK;**
(Opn Hip Twst) Fwd L, rcvr R, bk L/clo R, bk L; **(Woman bk R, rcvr L, fwd R/clo L, fwd-swiv R ¼ rt fc to fc LOD; Fan)** Bk R, rcvr L, in plc R/L,R to FAN POSITION; **(Woman fwd L, chng to lead hnds & trng ½ lft fc sd & bk R, bk L/lck R, bk L;)** **(Hckystik)** Fwd L, rcvr R, in plc L/R,L; bk R, rcvr L, diag out twds BTFY RLOD/WALL fwd R/clo L, fwd R; **(Woman clo R to L, fwd L, fwd R/clo L, fwd R; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L/clo R, bk L;)** **(Rvs Crabwlk – Twice)** Staying in BTFY/WALL thru L, sd R, thru L/sd R, thru L; sd R, thru L, sd R/clo L, sd R; **(Fncline)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd L; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R; **(Opn Brk)** In BTFY/WALL rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L;

10 – 16 **CRABWLK – TWICE;; FNCLINE; ALEMANA;; HND TO HND – TWICE;;**
(Crabwlk – Twice) Staying in BTFY/WALL thru R, sd L, thru R/sd L, thru R; sd L, thru R, sd L/clo R, sd L; **(Fncline)** Staying in BTFY/WALL thru-lunge R, rcvr L, sd R/clo L, sd R; **(Alemana)** Fwd L, rcvr R, sd L/clo R, sd L; cross R bhnd, rcvr L, sd R/clo L, sd R to BTFY/WALL; **(Woman bk R, rcvr L, sd R/clo L, sd R; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R, sd L/clo R, sd L;)** **(Hnd To Hnd - Twice)** Rlsng lead hnds trng ½ lft fc bk L, trng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ½ rt fc bk R, trng ½ lft fc rcvr L to BTFY, sd R/clo L, sd R;

PART B

1 – 7 **OPN BRK; UNDRARM TRN; FNCLINE; WHIP & TWL – CTR; N-YRKR; SPT TRN; OPN BRK;**
(Opn Brk) Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L;)** **(Fncline)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd L; **(Whip & Twl – Ctr)** Cross lead hnds ovr trail hnds trng ½ lft fc bk R, trng ½ lft fc fwd L to BTFY/COH, sd R/clo L, sd R; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to fc Man, undr lead hnds twl full lft fc trn in plc L/R,L;)** **(N-Yrkr)** Rlsng trail hnds trng ½ rt fc thru L, trng ½ lft fc rcvr R to BTFY, sd L/clo R, sd L; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L;

8 – 14 **WHIP – WALL; HND TO HND – TWICE;; BRK BK – OPN & CHA; SWIV -2 & CHA; SLIDING DOOR – TWICE;;**
(Whip – Wall) Cross lead hnds ovr trail hnds trng ½ lft fc bk R, trng ½ lft fc fwd L to BTFY/COH, sd R/clo L, sd R; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to fc Man, sd L/clo R, sd L;)** **(Hnd To Hnd - Twice)** Rlsng lead hnds trng ½ lft fc bk L, trng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ½ rt fc bk R, trng ½ lft fc rcvr L to BTFY, sd R/clo L, sd R; **(Brk Bk – Opn & Cha)** Rlsng lead hnds & trng ½ lft fc bk L, rcvr R to OPN/LOD, fwd L/clo R, fwd L; **(Swiv -2 & Cha)** With swiv action fwd R, fwd L, fwd R/clo L, fwd R; **(Sliding Door – Twice)** Sd L, rcvr R, bhnd Woman cross L in frnt/sd R, cross L in frnt to LOPN/LOD; sd R, rcvr L, bhnd Woman cross R in frnt/sd L, cross R in frnt to OPN/LOD;

15 – 18 **CUCARACHA – FC; BK ½ BASIC; OPN BRK; UNDRARM TRN – HND SHK;**
(Cucaracha – Fc) Sd L, trng ½ rt fc rcvr R, in plc L/R,L to BTFY/WALL; **(Bk ½ Basic)** Bk R, rcvr L, fwd R/clo L, fwd R; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Undrarm Trn – Hnd Shk)** Rlsng trail hnds cross R bhnd, rcvr L to HND SHK/WALL, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L;)**

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PART A (MOD)

1 – 8

OPN HIP TWST; FAN; HCKYSTIK;; RVS CRABWLK – TWICE;; FNCLINE; SPT TRN;
(Opn Hip Twst) Fwd L, rcvr R, bk L/clo R, bk L; **(Woman bk R, rcvr L, fwd R/clo L, fwd-swiv R ¼ rt fc to fc LOD;)** **(Fan)** In HND SHK bk R, rcvr L, in plc R/L,R to FAN POSITION; **(Woman fwd L, chng to lead hnds & trng ½ lft fc sd & bk R, bk L/lck R, bk L;)** **(Hckystik)** In FAN POSITION fwd L, rcvr R, in plc L/R,L; bk R, rcvr L, diag out twds BTFY RLOD/WALL fwd R/clo L, fwd R; **(Woman clo R to L, fwd L, fwd R/clo L, fwd R; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L/clo R, bk L;)** **(Rvs Crabwlk – Twice)** Staying in BTFY/WALL thru L, sd R, thru L/sd R, thru L; sd R, thru L, sd R/clo L, sd R; **(Fncline)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd L; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R;

PART C

1 – 6

FNCLINE – OPN & CHA; RK FWD/RCVR & BK TRIPLE CHA'S,,, RK BK/RCVR & FWD TRIPLE CHA'S,,,
(Fncline - Opn) Staying in BTFY/WALL thru-lunge L, trng ½ lft fc rcvr R, fwd L/clo R, fwd L;
(Rk Fwd/Rcvr & Bk Triple Cha's) Fwd R, rcvr L, bk R/clo L, bk R; bk L/clo R, bk L, bk R/clo L, bk R;
(Rk Bk/Rcvr & Fwd Triple Cha's) Bk L, rcvr R, fwd L/clo R, fwd L; fwd R/clo L, fwd R, clo L/fwd R, clo L;

7 – 8

SPT TRN; HND TO HND – TWICE;;
(Spt Trn) Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R; **(Hnd To Hnd - Twice)** Rlsng lead hnds trng ½ lft fc bk L, trng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ½ rt fc bk R, trng ½ lft fc rcvr L to BTFY, sd R/clo L, sd R;

REPEAT PARTS “B” & “A (MOD)”

END

1 – 7

SHLDR TO SHLDR – TWICE – LFT HND STAR;; UMBRELLA TRNS;; N-YRKR; AIDA; SWITCH RK;
(Shldr To Shldr – Twice – Lft Hnd Star) Staying in BTFY/WALL cross L in frnt **(Woman cross R bhnd)**, rcvr R, sd L/clo R, sd L; cross R in frnt **(Woman cross L bhnd)**, trng ½ rt fc rcvr L to LFT HND PALM STAR, fd R/clo L, fwd R; **(Umbrella Trns)** In lft hnd palm star Man fcng RLOD fwd L, rcvr R, bk L/clo R, bk L; **(Woman bk R, trng ½ lft fc undr arched hnds fwd L, bk R/clo L, bk R;)** bk R, trng ½ lft fc undr arched hnds fwd L, bk R/clo L, bk R to fc LOD; **(Woman bk L, trng ½ rt fc undr arched hnds fwd R, bk L/clo R, bk L;)** bk L, trng ½ rt fc undr arched hnds fwd R, bk L/clo R, bk L to fc RLOD; **(Woman bk R, trng ½ lft fc undr arched hnds rcvr L, bk R/clo L, bk R;)** bk R, trng ½ lft fc fwd L to BTFY/WALL, sd R/clo L, sd R; **(Woman bk L, trng ½ rt fc fwd R, sd L/clo R, sd L;)** **(N-Yrkr)** Rlsng trail hnds trng ½ rt fc thru L, trng ½ lft fc rcvr R to BTFY, sd L/clo R, sd L; **(Aida)** Cross trail hnds ovr lead hnds trng ½ lft fc thru R, rlsng trail hnds & trng 5/8 rt fc bk L to “V” bk to bk position to fc RLOD, bk R/clo L, bk R; **(Switch Rk)** Arcing lead hnds up & twds LOD trng 5/8 lft fc sd L to BTFY/WALL, rcvr R, twds LOD sd L/clo R, sd L;

8

THRU PNT & HOLD;
(Thru Pnt & Hold) Rlsng lead hnds & trng ½ rt fc thru pnt R & hold;