JUST HOLD ME

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Music: “Just hold me” by Maria Mena - Time: 04:27 Speed: 46,5
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Footwork: Opposite – except where noted
Rhythm: Rumba Ph. IV + 1 + 1 (Cuddle, Head Loop)

Sequence: Intro - A - B - Inter - A - B - C - B 1-15*) - end

Intro

1-4 Wait 2 meas;; Cucarachas with arms;;
    1-2 [low Bfly wall] lead feet free wait 2 meas;;
    3-4 [low Bfly] Sd L, rec R, cl L, - ; Sd R, rec L, cl R, - ;
{as you step sd L bring L arm out and up then down again in a circle, same to the other side)

Part A

1-4 Open Break: Whip the Lady across; Reverse Underarm turn; Underarm turn:
    1 [Bfly] Rock apt L extend R arm up with palm out, rec R lower arm, sd L, - ;
    2 Bk R comm LF turn, rec L cont LF turn to Bfly/COH, sd R, - ;
(W: Fwd L across man’s left side comm LF turn, fwd & sd R cont LF turn face wall, sd L, - ;)
    3 XLif of R, rec R, sd L, - ;
(W: XRif of L under joined lead hands turn ½ LF, rec L cont turn to face partner, sd R, - ;)
    4 Back R, rec L, sd R, - ;
(W: XLif of R under joined lead hands turn ½ RF, rec R cont turn to face partner, sd L, - ;)

5-8 Chase with a Peek-a-Boo;;
    5-8 Release hands fwd L turn ½ RF to face wall, rec fwd R, fwd L, - ;
Sd R look over L shoulder, rec L, cl R, - ; Sd L look over R shoulder, rec R, cl L, - ;
Fwd R turn ½ LF to face partner & wall, rec fwd L, fwd R, - ;

9-11 Side Walk to OP RLOD; Prog walk 3; Slide the Door;
    9 [Bfly] Sd L, cl R, sd & fwd L to OP face RLOD, - ;
    10 [OP RLOD] Fwd R, fwd L, fwd R, - ;
    11 [OP RLOD] Sd L, rec R, XLif of R to change sides behind lady to LOP RLOD, - ;

12-14 Circle away & together;; Fence Line;
    12-13 [LOP RLOD] Circle RF fwd R, fwd L, fwd R, - ; Fwd L, fwd R, fwd L to Bfly wall, - ;
(W: Circle LF fwd L, fwd R, fwd L, - ; Fwd R, fwd L, fwd R, - ;)
    14 [Bfly] Cross lunge R in front, rec L, sd R, - ;

15-16 Cucarachas with arms;;
    15-16 Repeat meas 3-4 of Intro

Part B

1-4 Alemana;; Keep hands low ½ Lariat to Shadow; Side Walk to a Fan;
(W: Bk R, rec L, sd R comm RF turn under joined lead hands, - ; Cont RF turn fwd L, cont RF turn fwd R, sd L to face COH on man’s right side, - ;)
    3 Step in place L, R, - ;
(W: Circle CW around M with joined lead hands low so that they wrap around man’s waist fwd R, fwd L, fwd R to Shadow Pos man in front release hands place right hand on man’s back, - ;)
    4 [Shad wall] Sd R, cl L, sd R to Fan Pos, - ;
(W: slide right hand on man’s left arm sd L, cl R, sd L to Fan Pos, leaving R foot extended, - ;)
5-8  **Hockeystick;; New Yorker; Fence Line to right handshake:**

5-6  [Fan Pos] Fwd L, rec R, cl L, -; Bk R, rec L, fwd R following Lady, -;
    (W: Cl R, fwd L, fwd R, -; Fwd L, fwd R turning ½ LF face partner, sd & bk L, -;)
7  [Bfly] Thru L to OP Pos face RLOD, rec R to face partner, sd L, -;
8  [Bfly] Cross lunge R in front, rec L, sd R and join right hands, -;

9-12 **Reverse Underarm turn with man’s head loop; 2 Cuddles;; Lady out to a Fan:**

9  [right handshake] XLif of R, rec R lead woman to turn, sd L to CP take right hands over man’s head and put woman’s right hand on man’s left shoulder, -;
    (W: Xril of L turn ½ LF under joined lead hands, rec L cont turn to face partner, sd R, -;)
10-11  Sd R lead woman to open out, rec L, cl R placing right hand on woman’s left shoulder blade, -;
    Sd L lead woman to open out, rec R, cl L to Bfly, -;
    (W: turn 3/8 LF to face DRW bk L free arm out to the side, rec R to face partner, sd L place left hand on man’s right shoulder, -; turn 3/8 RF to face DLW bk R free arm out to the side, rec L to face partner, sd R, -;)
12  [Bfly] Bk R bring arms down, rec L, sd R leading woman to Fan Pos, -;
    (W: Fwd L, sd & bk R turn ¼ LF, bk L leave R foot extended fwd, -;)

13-16 **Hockeystick;; New Yorker; Fence Line:**

13-16 Repeat meas 5-8 of part B, but end in 1st) in Bfly 2nd) in right handshake
*) 3rd time thru part B: omit meas 16 and go to End

**Interlude**

1-4  **New Yorker: Thru to a Serpiente;; Fence Line:**

1  [Bfly] Thru L to OP Pos face RLOD, rec R to face partner, sd L, -;
2  Thru R, sd L, XRib of L (W: XLib of R), fan L CCW (W: CW);
3  XLib of R (W: XRib of L), sd R, thru L, fan R CCW (W: CW);
4  Cross lunge R in front, rec L, sd R, -;

**Part C**

1-4  **In right handshake Flirt;; Solo Fence Line, twice;;**

1-2  [right handshake] Fwd L, rec R, sd L, -; Bk R, rec L, sd R, -;
    (W: Bk R, fwd L, fwd R turn ½ LF to Varsouienne Pos, -; Bk L, rec R, sd L slide across in front of man to Left Varsouvienne Pos, -;)
3-4  [Left Vars] release hands cross lunge in front L twds RLOD arms extended to the side, rec R, sd L, -; Cross in front lunge R twds LOD, rec L, sd R, -;
    (W: Cross lunge R twds LOD, rec L, sd R, -; Cross lunge L twds RLOD, rec R, sd L, -;)

5-8  **Finish the Chase;; ½ Basic into a Fan;;**

5-6  [no hands] Fwd L, rec R, bk L, -; Bk R, rec L, fwd R to Bfly, -;
    (W: Fwd R turning ½ LF to face COH, rec fwd L, fwd R, -; Fwd L, rec R, bk L, -;)
7-8  [Bfly] Fwd L, rec R, sd L, -; bk R bring lead hands down, rec L, sd R lead woman to Fan Pos, -;
    (W: Bk R, rec L, sd R, -; Fwd L, sd & bk R turn ¼ LF, bk L leave R foot extended fwd, -;)

9-11  **Alemana Preparation; Fence Line; Cucaracha in 4;;**

9  [Fan Pos] Fwd L, rec R, cl L leading woman to face, -;
    (W: cl R, fwd L, fwd R turning ¼ RF, -;)
10  [Bfly] cross lunge R in front, rec L, sd R, -;
11  [Bfly] Sd L, rec R, cl L, step in place R;

**End**

1  **Thru to a Fence Line & hold.**

1  [Bfly] Cross lunge R twds LOD & hold extend arms and smile,