

JUST ONE MORE TIME

[Embrasse Moi]



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Music : Casa Musica The Latin Classics Vol. 1 CD-2 Track 2 e-mail : d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm : Bolero Phase V + 2 [Checked Rope Spin, Rudolph Ronde]
Sequence : Intro - A - B - C - Bmod - Ending **Speed** : 23 MPM
Timing : SQQ unless noted by side of measure **Footwork** : Opposite except where noted
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INTRO

1 - 4 WAIT; SHAD FENCE LINE; SLIP PVT W SYNC ROLL TO FC; BASIC END;

- 1 {Wait} Shadow COH both R ft free wait 1 meas;
2 {Shadow Fence Line} [same footwork] Sd R with body rise,-, XLIF with bent knee, bk R;
3 {Slip Pivot W Syncopated Roll To Face} Sd L rise,-, slip bk R, fwd L cont trn to fc Wall
(SQ&Q) (W sd L rise,-, slip bk R/fwd L comm roll LF, sd R cont roll to fc ptr);
4 {Basic Ending} Blend to CP sd R rise,-, fwd L with slipping action and with flexing knee, bk R;

PART A

1 - 4 HI-LINE & HIP RKS; SD LUNGE & BK BRK; SYNC BOLERO WK; SWITCH & BK BRK TO FC;

- 1 {Hi-Line & Hip Rocks} Sd & slightly fwd L to Hi-Line Pos,-, rk sd R rolling hip CW, rec L
hip roll CCW end CP Wall;
2 {Side Lunge & Back Break} Release hnds lunge sd R with slightly sway left hnds extended sd,-,
trn to Half OP LOD bk L, fwd R;
SQ&Q 3 {Syncopated Bolero Walk} Fwd L rise,-, fwd R/L, R;
4 {Switch & Back Break To Face} Fwd L sharply trn 1/2 RF to Left Half OP RLOD,-, bk R, rec L
trn to fc ptr & Wall;

5 - 8 LUNGE BRK; OVRTRND X BODY w/DBL CONTRA CHKS:::

- 5 {Lunge Break} Blend to LOP Fcg sd & fwd R rise,-, lower on R with slight body trn RF lead W to
bk lunge, rise on R with slight body trn LF to rec (W sd & bk L rise,-, bk R with contra check like
action, rec fwd L) end LOP Fcg Wall;
6 {Overturned Cross Body With Double Contra Checks} Sd & bk L comm trn LF rise blend to CP,-;
strongly slip bk R with flex knee cont trn, fwd L cont trn (W sd & fwd R rise,-, fwd L XIF of M
flex knee trn LF, sm sd R cont trn to fc ptr) end CP RLOD;
7 cont trn LF on L sd R twd RLOD rise,-, with LF upper body trn flex knees with strong right
shoulder lead chk fwd L in CBMP, rec R;
8 pt L sd & bk,-, repeat contra check action chk fwd L, rec R end CP wall;

9 - 12 X BODY; HORSESHOE TRN;; REV UNDERARM TRN;

- 9 {Cross Body} Sd & bk L trn LF rise,-, slip bk R flex knee cont trn, fwd L cont trn to fc COH (W sd & fwd R rise,-, fwd L XIF of M flex knee trn LF, bk R cont trn to fc ptr) end CP COH;
- 10-11 {Horseshoe Turn} Release trail hnds sd & fwd R with right side stretch to “V” pos-, slip thru L chk cont shape, rec R raise lead hnds; fwd L comm circle walk trn LF to fc COH,-, fwd R cont trn to fc RLOD, fwd L complete circle walk to fc ptr end LOP Fcg Wall;
- 12 {Reverse Underarm Turn} Sd R rise,-, XLIF flex knee raise lead hnds, bk R (W sd L rise,-, XRIF flex knee trn 3/4 LF under jnd lead hnds, fwd L cont trn to fc ptr) end LOP Fcg Wall;

13 - 16 UNDERARM TRN TO CHKD ROPE SPIN;; FENCE LINE w/ARM; SYNC CHG SD TO FC;

- 13 {Underarm Turn} Sd L rise,-, XRIB flex knee raise lead hnds, fwd L (W sd R rise,-, XLIF flex knee trn 3/4 RF under jnd lead hnds, fwd R cont trn to fc ptr) end LOP Fcg Wall;
- 14 {Checked Rope Spin} Cl R raise jnd lead hnds to lead W to spiral RF,-, rk sd L, rec R (W sd & fwd L spiral RF 1 full trn,-, walk around M with jnd lead hnds fwd R, L to fc LOD);
- 15 {Fence Line With Arm} Sd L trn 1/2 LF (W fwd R trn 1/4 RF) to fc ptr,-, lunge thru R with sweeping trail arm CCW (W CW), rec L trn to fc ptr end LOP Fcg COH;
- SQ&Q 16 {Syncopated Change Sides To Face} Raise jnd lead hnds and passing behind W sd & fwd R trn LF to fc RLOD,-, fwd L/fwd R lower jnd hnds, fwd L cont trn to fc ptr & Wall (W fwd L under jnd lead hnds trn RF,-, fwd R/fwd L, fwd R cont trn to fc ptr) end LOP Fcg Wall;

PART B

1 - 4 SD TO TRADE PLACES 3X;;; X BODY W 5 STEP TRN;

- 1 {Side To Trade Places 3 Times} Sd R rise jn R-R hnds,-, rk apt L flex knee free L arm extended up & out, rec R trn 1/4 RF (W LF) to both fc RLOD M bhnd W release jnd R-R hnds;
- 2 sd L rise trn 1/4 RF (W LF) to fc ptr & COH jn L-L hnds,-, rk apt R flex knee free R arm extended up & out, rec L trn 1/4 LF (W RF) to both fc RLOD M bhnd W release jnd L-L hnds;
- 3 sd R rise trn 1/4 LF (W RF) to fc ptr & Wall jn lead hnds,-, rk apt L flex knee free trail arm extended up & out, rec L end LOP Fcg Wall;
- (SQ&Q&) 4 {Cross Body W 5 Step Turn} Sd & bk L rise to momentary SCP,-, slip bk R lead W to underarm roll, fwd L twd LOD (W sd & fwd R,-, underarm roll 1 1/2 LF L/R, L/R) end LOP Fcg LOD;

5 - 8 FWD BRK; SYNC BK BOLERO WK w/ARM; BK BOLERO WK w/ARM TO FC; OPN BRK;

- 1 {Forward Break} Release jnd lead hnds & jn R-R hnds sd & fwd R rise,-, fwd L flex knee with contra chk like action, rec bk R end Hndshk LOD;
- SQ&Q 2 {Syncopated Back Bolero Walk With Arm} Bk L release jnd R-R hnds and sweep CW jn L-L hnds,-, bk R/L R;
- 3 {Back Bolero Walk With Arm To Face} Release jnd L-L hnds and sweep CCW jn R-R hnds bk L,-, trn RF to fc Wall sd R, release jnd R-R hnds and jn lead hnds XLIF (W fwd R,-, fwd L, fwd R trn RF to fc ptr) end LOP Fcg Wall;
- 4 {Open Break} Sd & fwd R rise trail arm extended sd throughout,-, bk L lowering, fwd R;

9 - 12 CHKD R PASS TO SHAD; WHEEL 6;; SIT LINE REC TRN TO M’S VALSOV;

- 9 {Checked Right Pass} Fwd & sd L rise comm trn RF raise jnd lead hnds to create window M’s R hnd on W’s R hip,-, cont trn XRIB around W flex knee release lead hnds, cont trn sd & fwd L jn L-L hnds (W fwd R rise,-, XLIF flex knee, sd & bk R) end Shadow COH;
- 10-11 {Wheel 6} Wheel RF fwd R,-, L, R; L,-, R, L (W bk L,-, R, L; R,-, L, R) end Shadow DRC;
- 12 {Sit Line Recover Turn To M’s Valsouvienne} Cont wheel fwd R rise trn RF to fc LOD,-, keep L-L hnds jnd bk L flex knee leave R leg extended, rec fwd R trn 1/4 RF jn R-R hnds (W cl L trn LF to fc ptr,-, bk R flex knee leave L leg extended, rec L trn 1/4 LF) end M’s Valsouvienne Wall;

13 - 16 SWEETHEART 3X W OUT TO FC;; HIP RKS;

- 13-14 {Sweetheart Twice} Sd L rise with left sd stretch raise jnd L-L hnds,-, slip bk R with left sd lead to contra chk action, rec L with right sd stretch (W sd R rise with right sd stretch,-, slip fwd L with right sd lead to contra chk action, rec R); repeat same movement on opposite ft and arm action;
- 15 {Sweetheart W Out To Face} Release hnds with bending R elbow and repeat meas 13 Part B (W sd R rise,-, fwd L trn LF to fc ptr & COH with hooking her L arm to his crook, bk R) end Low Bfly Wall;
- 16 {Hip Rocks} Rk sd R rolling hip CW,-, rec L with hip roll CCW, rec R with hip roll CW;

PART C

1 - 4 X BODY; R LUNGE REC R LUNGE; INSD SWVL PVT 2; RUDOLPH & SYNC REV TWIRL;

- 1 {Cross Body} Repeat meas 9 Part A end CP COH;
- 2 {Right Lunge} Flex L knee sd & fwd R twd DLC flex R knee slight body trn to left look at ptr (W look well left),- , rec L, rec R repeat lunge action;
- 3 {Inside Swivel Pivot 2} Bk & slightly sd L draw R toe with flaring action to L lead W to swivel RF to momentary SCP,-, thru R pivot 1/2 RF, bk L cont pivot to fc LOD (W fwd R between M’s feet swivel RF to SCP,-, thru L, fwd R pivot RF) end CP LOD;
- SQ&Q 4 {Rudolph Ronde & Syncopated Reverse Twirl} Fwd R between W’s feet as if to start pivot RF but stop action by flexing R knee keep L ft bk with left sd stretch,-, rec L trn RF to fc Wall lead W to rev twirl/sm sd R, XLIF (W bk L trn LF to SCP ronde R CW keep right sd into M,-, XRIB comm rev twirl/L, R) end LOP Fcg Wall;

5 - 8 NY; RIFF TRN; DBL UNDERARM TRN; SYNC VINE;

- 5 {New Yorker} Sd R rise trn RF,-, slip fwd L flex knee to LOP RLOD, bk R trn LF to fc ptr;
- 6 {Riff Turn} Sd L, lead W to spin RF under jnd lead hnds cl R, sd L, lead W to spin RF cl R (W sd R, spin RF 1 full trn on R cl L, sd R, spin RF 1 full trn on R cl L);
- 7 {Double Underarm Turn} Sweeping jnd lead hnds CW sd L rise,-, XRIF flex knee trn 3/4 LF under jnd lead hnds, fwd L cont trn to fc ptr (W sd R rise,-, XLIF flex knee trn 3/4 RF under jnd lead hnds, fwd R cont trn to fc ptr) end LOP Fcg Wall;
- SQ&Q 8 {Syncopated Vine} Blend to Bfly sd R rise,-, behind L/sd R, thru L;

PART B (mod)

**1 - 16 SD TO TRADE PLACES 3X;;; X BODY W 5 STEP TRN; FWD BRK;
SYNC BK BOLERO WK w/ARM; BK BOLERO WK w/ARM TO FC; OPN BRK;
CHKD R PASS TO SHAD; WHEEL 6;; SIT LINE REC TRN TO M'S VALSOV;
SWEETHEART 3X W OUT TO FC;;; SYNC HIP RKS;**

- 1-15 Repeat meas 1 thru 15 Part B;;;;;;; end Low Bfly Wall;
- SQ&Q 16 {Syncopated Hip Rocks} Rk sd R rolling hip CW,-, rec L with hip roll CCW/rec R with hip roll CW, rec L end LOP Fcg Wall;

END

1 - 4 HIP TWIST TO FAN PREP;; FAN TO HCKY STK W SPIRAL & OVRTRND TO FC;;

- 1-2 {Hip Twist To Fan Preparation} Sd & fwd R rise,-, fwd L flex knee, bk R lead W to M's right sd (W sd & bk L rise,-, bk R flex knee, fwd L to M's right sd);
cl L rise lead W to swivel LF,-, bk R flex knee, rec L
(W fwd R rise and swivel 1/4 LF to fc LOD,-, fwd L flex knee, fwd R trn 1/2 LF);
- 3-4 {Fan To Hockey Stick W Spiral & Overturned To Face} Sd & fwd R rise to Fan Pos,-, fwd L flex knee, bk R (W sd & bk L rise remain R leg extended sd & fwd,-, cl R flex knee, fwd L);
cl L rise raise jnd lead hnds to lead W to spiral LF,-, bk R flex knee, XLIF (W fwd R spiral LF 1 full trn,-, fwd L flex knee, fwd R trn 3/4 LF to fc ptr) end LOP Fcg Wall;

5 - 8 AIDA PREP; AIDA LINE & HIP RKS; FWD SPIRAL FC; AIDA PREP;

- 5 {Aida Preparation} Sd R rise to LOP slight "V" Pos RLOD rise,-, thru L flex knee trn LF (W RF), sd R cont trn release lead hnds;
- 6 {Aida Line & Hip Rocks} Trn LF (W RF) bk L rise to OP slight "V" Bk-To-Bk Pos LOD free lead hnds up & out jnd trail hnds fwd,-, rk sd R soft knee with hip roll CW (W CCW), rec L;
- 7 {Forward Spiral Face} Fwd R twd LOD rise release jnd trail hnds,-, fwd L flex knee spiral RF 1 full trn, fwd R cont trn to fc ptr jn trail hnds end OP Fcg Wall;
- 8 {Aida Preparation} Sd L rise to slight OP "V" shape,-, thru R flex knee comm trn RF, sd L;

**9 - 12 AIDA LINE & SWITCH LUNGE; REC SYNC FRONT VINE; SPOT TRN;
SD X LUNGE;**

- SS 9 {Aida Line & Switch Lunge} Trn RF (W LF) bk R rise to LOP slight "V" Bk-To-Bk Pos RLOD trail hnds up and out jnd lead hnds fwd,-, trn LF to fc ptr bring jnd lead hnds thru lunge sd L trail hnds extended sd,-;
- SQ&Q 10 {Recover Syncopated Front Vine} Rec R blend to Bfly,-, thru L/sd R, behind L
- 11 {Spot Turn} Sd R rise release hnds,-, XLIF (W XRIF) flex knee trn 3/4 RF (W LF), fwd R cont trn to fc ptr;
- SS 12 {Side Cross Lunge} Blend to Bfly sd L,-, cross lunge thru R look LOD,-;