JURASSIC PARK RUMBA

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MUSIC: WELCOME TO JURASSIC PARK  CD: 25 TOP RUMBAS, ROSS MITCHELL
RHYTHM: RUMBA  LEVEL: AVG  REV: 2012
PHASE: IV  +UP (Hockey Stick w/Tummy Check)
FOOTWORK: OPPOSITE (WOMAN’S IN PARENTHESSES)
SEQUENCE: INTRO, A, B (1-8), C, A(1-15), END,

INTRO

1-4  WAIT; WAIT; CUCARACHA TWICE;;
1-2 - Wait 2 measures in BFLY POS (opt low bfly) M FCING WALL both lead foot free;;
3-4 - CUCARACHA TWC: Side L, recover R, close L, -; Side R, recover L, close R, -

PART A

1-8  HALF BASIC; TO FAN; START THE HOCKEY STICK WITH TUMMY CHECK;
TO A FAN; HOCKEY STICK;; SHOULDER TO SHOULDER TWICE;;
1-2  HALF BASIC to a FAN: Fwd L, rec R, bk & sd L -; FAN: Bk R, rec L, small sd R
shaping twd W (W Fwd L, trng LF ¼ stp sd & bk R, bk L, bk L leaving R extended fwd w/
no weight) end M fcg WALL W fcg RLOD;
3 - START HKY STK: Fwd L, rec R, cl L (W Cl R, fwd L, fwd R,);
4 - TUMMY CK TO A FAN; Twd LOD cross check R & placing R hnd on front of W’s R
hip to stop her fwd progress, rec L leading W to fan, small sd R (W Fwd L ckg & extend
arms fwd, rec R, bk L, leaving R extended fwd w/no weight ending in fan pos);
5-6 - HKY STK: Fwd L, rec R, cl, L (W Cl R, fwd L, fwd R); Bk R, rec L lead W to trn LF
under joined lead hnds to fc M, fwd R end BFLY REV WALL (W Fwd L, fwd R trng LF
undr joined lead hnds to comm fcg ptr, bk L end fcg ptr in BFLY);
7-8 - SHD TO SHD TWC: Fwd L to SCAR BFLY, rec R,sd L,-; Fwd R to BJO BFLY, rec
L, sd R,- to fc ptr & wall,-;

9-16  CROSS BODY;; NEW YORKER TWC;; CROSS BODY;; NEW YORKER TWC;;
9-10 - CROSS BODY: Fwd L, rec R, sd L trng LF 1/4,- (W bk R, rec L, fwd R to ‘L’ pos,-); Bk
R trng LF, fwd L finish if trn, sd & fwd R,- (W fwd L outsrd M, fwd R trng LF 1/2, sd & bk L,-);
11-12 - NY TWC: Strong XLIFR straight leg thru to LOP, rec R to fc, sd L,-; Strong XRIFL
straight leg thru OP, rec L to fc, sd R,-
13-16 - From M fcg COH: Repeat meas 9-12 of Part A;;;

PART B

1-8  BACK BREAK TO OP LOD; PROGRESSIVE WALK 6;; THRU FC CL; CHASE;;;;
1-4 - BK BRK: Swvl on R XLIBR to OP, rec R, fwd L,-; PROG WK 6: Bring knee thru
first as you stp fwd R, L, R,-; Bring knee thru first as you stp fwd L, R, L,-; THRU FC CL:
Fwd R, fwd & sd L to fc ptr & wall, cl R to L,-;
5-8 - CHASE: fwd L trn RF 1/2, rec fwd R, fwd L,-; fwd R trn LF 1/2 (W trn RF 1/2), rec
fwd L, fwd R,-; fwd L (W trn LF 1/2), rec R, bk L,-; bk R, rec L, fwd R,-;
PART A (1-8)

1-8  HALF BASIC; TO FAN; START THE HOCKEY STICK WITH TUMMY CHECK;
TO A FAN; HOCKEY STICK;; SHOULDER TO SHOULDER TWICE;;;
1-8  Repeat meas 1 thru 8 in Part A;;;;;;;;

PART C

1-8  CRAB WALK 3; W UNWIND 2 FAN; FENCE LINE; CRAB WALK 3; W UNWIND 2
FAN; FENCE LINE; BASIC;;;
1-3  CRAB WK 3: Fcg ptr & wall twd RLOD XLIFR, sd R, XLIFR,-; W UNWIND/FAN:
Unwind RF keep wgt on heel of L & ball of R end with weight on L fcg COH,-,- (W wlk
arnd M fwd L, fwd R comm to fc ptr, fan L trng RF fc ptr & wall no wgt on L),--; FNC LN: X
lunge RIFL (W LIFR), rec L, sd R,-;
4-6  CRAB WK 3: W UNWIND/FAN; FNC LN: Fcg ptr & COH Crb Wk twd lod. Repeat
meas 1 thru 3 of Part C end fcg ptr & wall;;;
7-8  BASIC: Fwd L, rec R, sd L,-; Bk R, rec L, sd R,-;

9-16  HAND TO HAND TWICE;; REVERSE U’ARM TURN; U’ARM TURN; TO LARIAT 6;;
TIME STEP TWC;;;
9-10  HND TO HND TWC: Swvlg on R XLIBR to OP, rec R to fc ptr, sd L,-; Swvlg on L
XRIBL to LOP, rec L to fc ptr, sd R,-;
11- REV UNDRM TRN: Raising jnd lead hnds comm RF trn XLIF thru ckg, rec R to fc
ptr, sd L fcg ptr & wall (Under jnd lead hnds XRIFL comm ½ LF trn, rec L complete LF
trn to fc ptr, sd R,-);--;
12 - UNDRM TRN: Raising jnd lead hnds trn body slightly RF XRIB (Under lead hnds
XLIF comm ½ RF trn.), rec L trng body to fc ptr, (Rec R complete RF trn to fc ptrr, ), sd R
(L,-) to fc ptr twd R sd,-;
13-14  LARIAT 6: Shape twd W slight 1/8 RF trn raising jnd lead hnds sip L, R, L,-
(Under jnd lead hnds W circ arnd M CW R, L, R,-); Comm fcg wall Sip R, L, R,- (W cont
arnd M L, R, sd L to fc M),--; 15-16 TIME STP TWC: No hnds fcg ptr XLIBR, rec R, sd L,-; Fcg ptr XRIBL, rec L, sd
R,-;

PART A (1-15)

1-15  HALF BASIC; TO FAN; START THE HOCKEY STICK WITH TUMMY CHECK;
TO A FAN; HOCKEY STICK;; SHOULDER TO SHOULDER TWICE;; CROSS BODY;;
NEW YORKER TWC;; CROSS BODY;; NEW YORKER;
1-15  REPEAT MEAS 1 THRU 15 OF PART A;;;;;;;;

END

1  TO LN CHECK THRU REC SD LUNGE (TO REVERSE/HOLD):
1 - CK THRU REC SD LUNGE: XRIFL stp thru straight leg like you would begin a New
Yorker, rec L fcg ptr, to rev lod lunge sd R,-hold:
OR NEW YORKER REC SIDE LUNGE TO REV;