JUMP JIVE AND WAIL
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Record: CD, Ross Mitchell, Dancing with Time, Track 17
Rhythm & Phase: SS, IV Footwork: Opposite except where noted slow down for comfort

INTRO

1 - 4 WAIT 2;; SWIVEL TOG TO CP;;
1-2 Wait 6 feet apt M feg WALL ld feet free;;
3-4 Swvl 1/8 RF on R fwd L, -, swvl ¼ LF on L fwd R, -; Swvl ¼ RF on R fwd L, -, swvl 1/8 LF on L fwd R to CP WALL, -;

PART A

1 - 6 FALLAWAY ROCK – FALLAWAY THROWAWAY;; LINK ROCK – CHG PLACES R TO L;;
1-3 In SCP LOD rk bk L, rec R to fc, sd L, -; Rec R, -, in SCP LOD rk bk L, rec R to fc; Sd & fwd L, -, rec sd & bk R to LOP LOD, -;
4-6 Rk apt L, rec R, fwd L twd ptr, -; Trn RF sd R to CP fc WALL, -, in SCP rk bk L, rec R to fc; Sd L ld W to trn RF undr jnd ld hnds, -, rec R to LOP LOD, -;
7 - 12 CHG PLACES L TO R – BASIC ROCK TO CP;; R TRNG FALLAWAY TWICE;;
7-9 Rk apt L, rec R, fwd L ld W to trn LF undr jnd ld hnds, -; Sd R to LOP fc WALL, -, rk apt L, rec R; Sd & fwd R, -, sd R to CP fc WALL;
10-12 In SCP LOD rk bk L, rec R to fc, sd & fwd L trn ¼ RF, -; Cont RF trn sd R to CP COH, in SCP RLOD rk bk L, rec R to fc, sd & fwd L trn ¼ RF, -, cont RF trn sd R to CP WALL;

PART B

1 - 6 PRETZEL TRN;; SHOULDER SHOVE – CHG HNDS BHND BK;;
1-3 In SCP rk bk L, rec R to fc, rel CP keep ld hnds jnd sd L trn ½ RF to bk-to-bk, -; Sd R twd LOD, -, X rk L, rec R; Sd L trn ½ LF to fc, -, sd R to LOP WALL, -;
4-6 Rk apt L, rec R, trn to fc RLOD sd L twd ptr slght dwn bring ld shldrs tog, -; Push apt sd & bk R to LOP WALL, -, rk apt L, rec R; Fwd L trn LF chg W R hnd to R and bk to L, -, sd & bk R to LOP fc COH, -;
7 - 12 WINDMILL TWICE;; BASIC ROCK TO CP – R TRNG FALLAWAY;;
7-9 Rk apt L, rec R, fwd L com LF trn in tlt BFLY, -; Cont LF trn sd & bk R to BFLY WALL, -, rk apt L, rec R; Fwd L com LF trn in tlt BFLY, -, cont LF trn sd & bk R to BFLY COH, -;
10-12 Repeat actions meas 7½ - 10½ PART A to CP fc WALL;;

END

1 - 3 CHG HNDS BHND BK – BASIC ROCK INTO SD LUNGE WITH ARMS;;
1-3 Rk apt L, rec R, fwd L trn LF chg W R hnd to R and bk to L, -; Sd & bk R to LOP fc WALL, -, rk apt L, rec R; Sd L blend to CP WALL lower into knee, -, slide R into CP Lunge, in Lunge Pos strecht to the R bring ld hnds up and down over the last beats of music;