**JUANITA**

Time: 3:07 Slow Down with 5%
Available from Choreographer

Rhythm: Rumba  Phase: V+1+2U (Adv Alemana+Tummy Ck+Trade places)
Footwork: Opposite except where (Noted)
Release Date: July 2014

Choreo: Jos Dierickx  Beverlosestwg  14b2  3583  Paal  Belgium
Email: jos.dierickx@telenet.be
Sequence: INTRO ABC ABC A* C END

---

**INTRO**

BFLY POS WALL  LEAD FOOT  FREE  START IMMEDIATELY AFTER THE "THIRD" NOTE

**PART A**

01-04  BASIC ½ to a FULL NATURAL TOP ; ; ;

[Basic ½ to a Full Nat Top] Fwd L, rec R to CP com manuv action, trng RF sd L [ld hnds dwn], -; XRib, sd L, XRib (W sd L, XRif btw M’s ft, sd L), -; Sd L, XRib, sd L (W fwd XRif btw M’s ft, sd L, fwd XRif btw M’s ft), -; XRib, sd L, cl R (W sd L, fwd XRif btw M’s ft, cl L) to CP WALL,

05-08  CUDDLE THREE TIMES ; ; ; HIP ROCK :

[Cuddle x 3] Sd L, rec R, cl L placing L hnd on W’s R shldr blade (W trng ½ RF bk R with R arm out to sd, rec L, fwd R trng ½ LF plcg L hnd on M’s L shldr), -; Sd R, rec L, cl R placing R hnd on W’s L shldr blade (W trng ½ LF bk L with L arm out to sd, rec R, fwd L trng ½ RF plcg L hnd on M’s R shldr), -; Repeat meas 5 Part A to CP WALL ; [Hip Rock]
Leaving ft ip chg wgt w/ hip action apt ovr R ft, tog ovr L ft, apt ovr R ft,

**PART B**

01-04  OP HIP TWIST to FACING FAN LOD ; ; ; OP HIP TWIST to FACING FAN COH ;

[OP Hip Twist to Fcg Fan LOD] Chk fwd L, rec R, cl L (W bk R, fwd L, fwd L, pushg off M’s braced hnd swvl ¼ RF), -; Bk R, rec L trng ¼ LF, fwd R (W fwd L, trng LF sd R to RLOD, cont LF trn bk L) to LOD, -; [OP Hip Twist to fcg Fan COH] Repeat meas 1,2 Part B to COH ; ;

05-08  ADVANCED ALEMANA ; ; HAND to HAND TWICE ;

[Advanced Alemana] Fwd L, rec R, trng 1/8 RF sd L (W bk R, rec L, small fwd R), -; XRib trng RF, sd L compg 3/8 RF trn to fc, sd R (W trng RF undr hnds fwd L, fwd R cont trn, cntg RF trn to fc ptr fwd & sd L) to BFLY WALL,

[Hand to Hand x 2] XLib (W XRib) trng to OP LOD [extend ld hnds to sd], rec R to fc, sd L to BFLY, -; XRib (W XLib) trng to LOP RLOD[extend ld hnds to sd], rec L to fc, sd R to BFLY WALL,

09-12  AIDA to RLOD ; ROCK 3 & SWIVEL to FC ; SPOT TURN ; UNDERARM TURN ;

[Aida to RLOD] Thru R trng LF, bk L cont LF trn to V-bk-to-bk pos to LOD, -; [Rock 3 & Swivel to Fc] [QQQQ] Rk fwd R, rec L, fwd R swivel RF to fc, point R sd to LOD , -; [Spot Turn] XRif (W XLib) trng ½ LF, rec L comp 3/4 LF trn to fc ptr, sd R to BFLY WALL, -; [Underarm Turn] Rel jnd trl hnds XRib, rec L, sd R (W XLib under jnd hnds trng RF, rec R contg to trn to fc M, sd L) to BFLY WALL,

13-15  REVERSE UNDERARM TURN ; FENCE LINE w/ ARMS TWICE THE 2nd in 4 & R-HNDSHK ;

[Reverse Underarm Turn] Raisg jnd ld hnds XLib, rec R, sd L (W XRif undr jnd ld hnds trng LF ½, rec L contg LF trn to fc ptr, sd R) to BFLY WALL, -; [Fence Line w/ Arms ] XRif (W XLib) w/ bent knee sweep trl hnds over & tch ld hnds, rec L, sd R to BFLY WALL, -; [Fence Line w/ Arms in 4 & R-Hndshk] [QQQQ] XLib (W XRif) w/ bent knee sweep ld hnds over & tch trl hnds, rec R, sd L, sd R to BFLY WALL, -;
PART C

01-05 START CROSS BODY to TUMMY CHECK & BACK ; ; ; FINISH CROSS BODY ; SHADOW NEW YORKER in 4 ;
   Keeping R-Hndshk Thru L to LOP RLOD M bhd W, rec R to fc ptr, sd L, sd R, -;

06-10 REPEAT MEAS 01-05 PART C to BFLY WALL ; ; ; ;

PART A*

01-04 FULL NATURAL TOP ; ; ;
   [Full Nat Top] Repeat meas 1,2,3,4 Intro ; ; ;

05-07 CUDDLE TWICE ; ; SLOW HIP ROCK 2 & R-HNDSHK ;
   [Cuddle x 2] Repeat meas 5,6 Intro ; ; [Slow Hip Rock 2 & R-Hndshk] [SS & Hnds low] Rk sd L rollg L hip sd & bk, -;
   rk sd R rollg R hip sd & bk & R-Hndshk, -;

ENDING

01-05 START CROSS BODY to TUMMY CHECK & BACK ; ; ; FINISH CROSS BODY ; CROSS CHECK & HOLD ;
   [Start Cross Body to Tummy Ck & Back & Finish Cross Body] Repeat meas 1,2,3,4 Part C to COH ; ; ; [Cross Ck & Hold] [S] In BFLY XLif (W XRif) twd LOD [M on the outsd fcg COH] w/ bent knee, -,-,-;