**It’s Not Easy**

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RECORD:  
Song Name: It’s Not Easy  
Artist: Tanz Orchester Klaus Hallen  
CD: More Cartoon Songs for Dancing  
Track: 5  
Download from iTunes  
Time: 2:46 (Play at 100%)

FOOTWORK:  
Woman Opposite unless noted (Women’s footwork in Parentheses)

RHYTHM:  
Foxtrot  Roundalab PHASE: 3 + 2 (Diamond Turns, In and Out Runs)

DIFFICULTY: Average

SEQUENCE:  
Intro, A, B, C, D, C (1-11), End  
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**Intro**

1-2 **CP DLC – Wait 1 Measure; Dip Back and Recover**;  
(1-2) CP DLC wait 1 meas; bk L (W fwd R) with knee flexed leaving R fwd (W L bk) , - , rec fwd R , tch L ;

**Part A**

1-4 **Diamond Turns ; ; ; ; ;**;  
(1-2) fwd L turning LF on the diagonal, - , cont LF trn sd R , bk L with ptr outside M in BJO ; trn LF bk R , - , sd L , fwd R outside ptr in BJO ;  
(3-4) fwd L turning LF on the diagonal, - , cont LF trn sd R , bk L with ptr outside M in BJO ; trn LF bk R , - , sd L , fwd R to CP DLC ;

5-8 **2 Left Turns ; ; Whisk ; Pickup to LOD ;**;  
(5-6) fwd L comm up to 1/4 LF trn , - , cont trn up to 1/8 sd R diag across LOD , cl L ; bk R comm up to 1/4 LF trn , - , cont trn up to 1/8 sd L twd LOD to CP WALL , cl R ;  
(7-8) fwd L, - , fwd and sd R comm rise to ball of foot, XLib of R cont to full rise on ball of foot to SCP ; thru R comm L trn leading W to CP, - , sd and fwd L comp trn, cl R (thru L comm LF trn to CP, sd and bk R comp trn , cl L) to CP LOD ;

9-12 **Forward Run Two ; forward Run Two to BJO ; Fishtail ; Forward Lock Twice ;**;  
(9-10) fwd L , - , fwd R , fwd L ; fwd R , - , fwd L , fwd R outside ptr blending to BJO ;  
(11-12) Xlib loosely , as bdy comm to trn RF take a small stp to sd R completing 1/4 RF bdy trn , fwd L with L shoulder lead , Xrib loosely ; fwd L , XRib , fwd L , XRib ;

13-16 **Walk and Face ; Whisk ; Through and Chasse to Banjo ; Maneuver to CP RLOD ;**;  
(13-14) fwd L , - , fwd R trn to fc ptr blending to CP WALL , - ; fwd L , - , fwd and sd R comm rise to ball of foot, XLib of R cont to full rise on ball of foot to SCP ;  
(15-16) thru R , - , sd L/cl R , sd L to BJO ; fwd R beg RF upr bdy trn , - , cont RF trn sd L , cl R (W bk L beg RF upr bdy trn , - , sd R , cl L) to CP RLOD ;
17-20 Spin Turn to CP DLW ; Box Finish to CP DLC ; 2 Left Turns ;

(17-18) comm RF upper bdy trn bk L toe pivoting 1/2 RF to fc LOD, -, fwd R between W feet heel to toe cont RF trn keeping L leg extended bk and sd, comp trn sd and bk L (comm RF upper bdy trn fwd R between M feet heel to toe pivoting 1/2 RF, bk L cont trn brush R to L, comp trn sd and fwd R) to CP DLW ; bk R comm 1/4 LF trn, -, sd L, cl R to DLC ;
(19-20) fwd L comm up to 1/4 LF trn, -, cont trn up to 1/8 sd R diag across LOD, cl L ; bk R comm up to 1/4 LF trn, -, cont trn up to 1/8 sd L twd LOD to CP WALL, cl R ;

21-22 Vine 3 ; Pickup to SCAR LOD

(9-10) sd L, -, XRib (XLib), sd L ; thru R comm L trn leading W to CP, -, sd and fwd L comp trn, cl R (thru L comm LF trn to CP, sd and bk R comp trn , cl L) to SCAR LOD ;

Part B

1-4 Cross Hover 3X to SCP DLC ; ; Pickup to CP LOD ;

(1-2) fwd L with slight crossing action comm to rise and beg 1/4 LF trn, -, sd and slightly fwd R cont to rise and comp the 1/4 LF trn, diag fwd L to BJO lowering at end of step (bk R with slight Xing action comm to rise in body and beg 1/4 LF turn, -, sd and slightly bk L cont to rise and comp 1/4 LF turn, diag bk to BJO lowering at and of step) to BJO DLC ; fwd R with slight crossing action comm to rise and beg 1/4 RF trn, -, sd and slightly fdw L cont to rise and comp the 1/4 RF trn, diag fwd R to SCR lowering at end of step (bk L with slight Xing action comm to rise in body and beg 1/4 RF turn, -, sd and slightly bk R cont to rise and comp 1/4 RF turn, diag bk to BJO lowering at and of step) to SCAR DLW ;
(3-4) fwd L with slight crossing action comm to rise and beg 1/4 LF trn, -, sd and slightly fwd R cont to rise and comp the 1/4 LF trn, diag fwd L to SCP lowering at end of step (bk R with slight crossing action comm to rise in body, -, sd and slightly bk L cont to rise , diag bk to SCP lowering at and of step) to SCP LOD ; thru R comm L trn leading W to CP, -, sd and fwd L comp trn, cl R (thru L comm LF trn to CP, sd and bk R comp trn , cl L) to CP LOD ;

5-8 Progressive Box ; ; Turn Left and Right Chasse to BJO ; Back to a Back Lock Back ;

(5-6) fwd L, -, sd R, cl L ; fwd R, -, sd L, cl R ;
(7-8) fwd L comm LF upper body trn , -, sd R cont trn/cl L , sd R comp trn to BJO ; bk L, -, , bk R/XLif of R, bk R ;

9 Impetus to SCP DLC :

(9) comm RF upper body trn bk L, -, cl R cont RF heel turn 3/8 , comp trn fwd L (comm RF upper body trn fwd R between M's feet heel to toe pivoting RF 1/2 , -, sd and fwd L cont RF trn around man brush R to L , comp trn fwd R) to SCP DLC ;
Part C

1-4 **Through Face Close; Half Box; Box Finish; Turn Left and Right Chasse to BJO:**
(1-2) thru R, -, fwd and sd L trng twd ptr to CP DLW, cl R; fwd L, -, sd R, cl L;
(3-4) bk R comm 1/4 LF trn, -, sd L, cl R to DLC; fwd L comm LF upper body trn, -, sd R cont
trn/cl L, sd R comp trn to BJO;

5-8 **Impetus to SCP DLC; Through and Chasse to SCP; Through and Chasse to Banjo; Maneuver:**
(5-6) comm RF upper body trn bk L, -, cl R cont RF heel turn 3/8, comp trn fwd L (comm RF upper
body trn fwd R between M's feet heel to toe pivoting RF 1/2, -, sd and fwd L cont RF trn
around man brush R to L, comp trn fwd R) to SCP DLC; thru R, -, sd L/cl R, sd L to SCP
DLC;
(7-8) thru R, -, sd L/cl R, sd L to BJO; fwd R beg RF upr bdy trn, -, cont RF trn sd L, cl R (W bk L
beg RF upr bdy trn, -, sd R, cl L) to CP RLOD;

9-12 **2 Right Turns to CP WALL; Hover to SCP; Start In and Out Runs:**
(9-10) bk L comm trn up to 1/4 RF, -, sd R cont RF trn up to 1/4, cl L; fwd R comm trn up to 1/4
RF, -, sd L con RF trn up to 1/4 to CP WALL, cl R;
(11-12) fwd L, -, fwd and slightly sd R rising to ball of foot, sd and slightly L to tight SCP LOD; fwd R
comm RF trn, -, sd and bk L to CP DLW, bk R (fwd L, -, fwd R, fwd L) to BJO;

13-16 **Finish In and Out Runs; Maneuver; Over Spin Turn; Back and Chasse to Semi:**
(13-14) bk L trn RF, -, sd and fwd R bet W's feet cont RF trn, fwd L (fwd R comm RF trn, -, fwd and
sd L cont trn, fwd R) to SCP DLC; fwd R beg RF upr bdy trn, -, cont RF trn sd L, cl R (W bk L
beg RF upr bdy trn, -, sd R, cl L) to CP RLOD;
(15-16) comm RF upper bdy trn bk L toe pivoting 1/2 RF, -, fwd R between W feet heel to toe cont
RF trn keeping L leg extended bk and sd, comp trn sd and bk L (comm RF upper bdy trn fwd R
between M feet heel to toe pivoting 1/2 RF, bk L toe cont trn brush R to L, comp trn sd and
fwd R) to fc DRW; bk R comm LF trn, -, sd L/cl R, sd L to SCP LOD;

17-18 **Through and Chasse to Semi; Through Face Close:**
(17-18) thru R, -, sd L/cl R, sd L to SCP LOD; thru R twd LOD, -, fwd and sd L trng twd ptr to CP
WALL, cl R;
Part D

1-4  **Whisk ; Hover Fallaway ; Slip Pivot to BJO ; Maneuver ;**
   (1-2) fwd L, -, fwd and sd R, XLib ; fwd R, -, fwd L rising to ball of foot, rec R ;
   (3-4) bk L, -, bk R comm LF trn keeping L leg ext , fwd L (bk R comm LF pivot, -, comp LF trn fwd L , bk R ) to BJO ; fwd R beg RF upr bdy trn, -, cont RF trn sd L, cl R (W bk L beg RF upr bdy trn, -, sd R, cl L) to CP RLOD ;

5-8  **Spin Turn to CP DLW ; Box Finish to CP DLC ; 2 Left Turns to CP WALL ; ;**
   (5-6) comm RF upper bdy trn bk L toe pivoting 1/2 RF to fc LOD, -, fwd R between W feet heel to toe cont RF trn keeping L leg extended bk and sd, comp trn sd and bk L (comm RF upper bdy trn fwd R between M feet heel to toe pivoting 1/2 RF, bk L cont trn brush R to L, comp trn sd and fwd R) to CP DLW ; bk R comm 1/4 LF trn, -, sd L, cl R to CP DLC ;
   (7-8) fwd L comm up to 1/4 LF trn, -, cont trn up to 1/8 sd R diag across LOD , cl L ; bk R comm up to 1/4 LF trn, -, cont trn up to 1/8 sd L twd LOD to CP WALL , cl R ;

9-11  **Vine 3 ; Through Face Close to CP WALL ; Whisk ;**
   (9-10) sd L, -, XRib (XLib) , sd L ; thru R twd LOD, -, fwd and sd L trng twd ptr to CP WALL , cl R ;
   (11) fwd L, -, fwd and sd R comm rise to ball of foot , XLib cont to full rise on ball of foot to SCP ;

**Ending**

1-4  **Through and Chasse to SCP ; Through Face Close to CP WALL ; Box ; ;**
   (1-2) thru R, -, sd L/cl R , sd L to SCP LOD ; thru R twd LOD, -, fwd and sd L trng twd ptr to CP WALL, cl R ;
   (3-4) fwd L, -, sd R, cl L ; bk R, -, sd L, cl R ;

5  **Dip Back and Kiss ;**
   (5) bk L with knee flexed leaving R fwd, -, -, - ;
It’s Not Easy (Head Cues)

Foxtrot Phase 3 + 2 (Diamond Turns, In and Out Runs)

Intro (2) CP DLC – Wait 1 Measure; Dip Back and Recover;

A (22) Diamond Turns;;; 2 Left Turns;; Whisk; Pickup; Forward Run Two;
Forward Run Two Blending to BJO; Fishtail; Forward Lock Twice; Walk and Face; Whisk;
Through and Chasse to Banjo; Maneuver; Spin Turn; Box Finish to DLC;
Two Left Turns;; Vine 3; Pickup to SCAR LOD;

B (9) Cross Hover 3X to SCP;; Pickup; Progressive Box;; Turn Left and Right Chasse to BJO;
Back to a Back Lock Back; Impetus to SCP;

C (18) Through Face Closed; Half Box; Box Finish to DLC; Turn Left and Right Chasse to Banjo; Impetus
to SCP; Through and Chasse to SCP; Through and Chasse to BJO; Maneuver; Two Right Turns to;;
Hover to SCP; In and Out Runs;; Maneuver; Over Spin Turn to; Back and Chasse to SCP;
Through and Chasse to SCP; Through Face Close;

D (11) Whisk; Hover Fallaway; Slip Pivot to BJO; Maneuver; Spin Turn; Box Finish to DLC;
Two Left Turns;; Vine 3; Through Face Close; Whisk;

C (1-11) Through Face Closed; Half Box; Box Finish; Turn Left and Right Chasse to Banjo;
Impetus to SCP; Through and Chasse to SCP; Through and Chasse to BJO; Maneuver to;
Two Right Turns;; Hover to SCP;

End (5) Through and Chasse to SCP; Through Face Close; Box;; Dip Back and Kiss;