IT IS YOU

Choreographer: František Čermák
Music: Song: “It is You” Artist: Dana Glover Album: Shrek, Track 02
Rhythm: Waltz IV + 1 (Hinge)
Date: 9.6.2006
Sequence: Intro – A – A – B – C – End

INTRO

1-9 WAIT:: UNWRAP APT IN 3; TOG TCH to BFLY; ROLL 3 to SCP; IN & OUT RUNS::
THRU to a HINGE; SLOW REC to BFLY, w TRANS;
1-2 [Wait Wrap Love Pos Lead Foot Free] wrap pos fc LOD W’s head on M’s R shoulder,
M’s head on W’s head, both lead foot free;;
3-4 [Unwrap Apt in 3] the hands in front are released, small steps sd L, cl R, sd L; (W sd R trn
RF ½, sd L trn RF ½, sd R to OP LOD;) [Tog Tch] stp R tog, tch L to BFLY;
5-7 [Roll 3 to SCP] sd L trng LF (W RF), fwd R to fc R LOD, bk L continue trn LF to SCP;
[In & Out Runs] fwd R commence RF trn, fwd & sd L cont RF trn fc R LOD, bk R C/BJO; bk
L commence RF trn sd & fwd R cont RF trn fc L LOD, sd & fwd L SCP/LOD; (W: Fwd L, fwd R
btwn M’s feet, fwd L to C/BJO; fwd R outside ptr, fwd & sd cent RF trn, fwd R SCP/LOD;)
8-9 [Thru to a Hinge] thru R, sd & fwd L to L lunge trng body RF to R LOD leave R leg extd (W
thru L, sd R trn ¼ LF, cross L beh of R); [Slow Rec to BFLY, W Trans] slow rec R (bk R to
BFLY, cl L;)

PART A

1-10 WLZ AWAY; BOTH ROLL ACROSS; TWINKLE THRU; THRU CHASSE to R LOD; THRU,
FC, CL to CP;; SD, DRAW TCH; LEFT TRNG BOX ½;;
1-2 [Wlz Away] sd L trn to OP LOD, fwd R, cl L; [Both Roll Across] roll beh W sd R trn RF ¼,
fwd L trn RF ½, bk R trn ¼ to OP LOD; (W roll in front of M sd L trn LF ¼, fwd R trn LF ½,
bk L trn ¼ to OP LOD;)
3-5 [Twinkle Thru] thru L, sd R, cl L to CP COH; [Thru Chasse to R LOD] thru L, sd L/ cl R, sd
L to SCP R LOD; [Thru, Fc, Cl] thru R, sd L, cl R to CP COH;
6-8 [Serpiente] sd L, beh R, flare L; beh L, sd R, thru L; [Sd, Draw Tch] sd L, draw tch L;
9-10 [LF Trng Box ½] fwd L trn LF ¼, sd R, cl L; bk R trn LF ¼, sd L, cl R to CP/W; (W bk R trn
LF ¼, sd L, cl R; fwd L trn LF ¼, sd R, cl L;)
11-20 DIP BK & TWIST; PIVOT 3; TWISTY VINE 3; MANEUVER; OPEN IMPETUS; CROSS
PIVOT to SCAR; SERPIENTE; SD, DRAW TCH; LEFT TRNG BOX ½;;
11-12 [Dip Bk & Twist] bk L take full weight with knee slightly bend R leg is extendet, twist upper
body ¼ LF; [Pivot 3] rec R trn RF 1/8, sd L trn RF ½, sd R continue trn RF 3/8 to CP/W;
L, cl R;
15-16 [Open Impetus] bk L trng RF, cl R to L heel trn; fwd L (W fwd R trng RF, fwd & sd L arnd M
cont trn, fwd R) SCP LOD; [Cross Pivot to SCAR] fwd R in front of W begin a RF trn, sd L
continue RF trn, fwd R to SCAR (W do LF cont RF trn, W between M’s feet trn ½
RF, sd & bk L to SCP;
17-18 [Twinkle to BJO RLOD] fwd L, pt L twd SCP R LOD,;
19-20 [Outside Change to SCP] bk L, bk R trng LF, sd & fwd L to SCP fng LOD/COH (W waltz
fwd R, L with slight LF trn, R and slightly sd to SCP fng LOD/COH); [Whiplash] in SCP thru
R, trng RF pt L hold ending in CP, ;(W thru R, -, swivel on L to fc partner and pt R hold
ending in CP;)
21-32 OUTSIDE SWIVEL with DEVELOPE; CHASSE to SCP; WHIPLASH; OUTSIDE SWIVEL
with DEVELOPE; CHASSE to SCP; IN & OUT RUNS;; THRU, FC, CL; LEFT TRNG
BOX;;;
21-22 [Outside Swivel with Develope] bk L,-, ; (W fwd R, on R swivel RF to SCP with Develope-
bring L foot up R leg to outside of R knee, extend L foot fwd;) [Chasse to SCP] thru R, sd
L/ Cl R, sd & fwd L to SCP;
23-24 [Whiplash] in SCP thru R, trng RF pt L hold ending in CP.; (W thru L, swivel on L to fc partner and pt R hold ending in CP.); [Outside Swivel with Developé] bk L, (W fwd R, on R swivel RF to SCP with Developé-bring L foot up R leg to outside of R knee, extend L foot fwd.)

25-28 [Chasse to SCP] thru R, sd L/ Cl R, sd & fwd L to SCP; [In & Out Runs] fwd R commence RF trn, fwd & sd L cont RF trn fc RLOD, bk R C/BJO; bk L commence RF trn sd & fwd R cont RF trn fc LOD, sd & fwd L SCP/LOD; (W: Fwd L, fwd R btwn M's feet, fwd L to C/BJO; fwd R outside ptr, fwd & sd cent RF trn, fwd R SCP/LOD.) [Thru, Fc, Cl] thru R, fwd L to fc partner, cl R;

29-32 [Left turning box] fwd L trn LF ¼, sd R, cl L; bk R trn LF ¼, sd L, cl R to CP/COH; fwd L trn LF ¼, sd R, cl L; bk R trn LF ¼, sd L, cl R; (W bk R trn LF ¼, sd L, cl R; fwd L trn LF ¼, sd R, cl L.)

PART B

1-16 WLZ AWAY; LADY WRAP; FWD WLZ; PU, SD, CL; OPEN TELEMARK; CHASSE to SCP; WEAVE 6 to SCP;; WING; TRN L CHASSE to BJO RLOD; BK, BK, LK, BK; OPEN IMPETUS, CHASSE to SCP; CHAIR & SLIP to PU; 2 LF TRNS to BFLY;;

1-2 [Wlz Away] sd L trn to OP LOD, fwd R, cl L; [Lady Wrap] 3 small steps fwd R, L, R; (W sd & fwd L trn LF ¼, fwd R continue LF trn ¼, sd L continue LF trn to wrap pos LOD.)

3-4 [Fwd Wlz] fwd L, fwd R, fwd L; [PU, SD, Cl] small fwd R, sd L, cl R to CP LOD; (W fwd Lin front of M trn to CP LOD, sd r, cl l.)

5-6 [Open Telemark] fwd L trng LF, sd R cont trn, sd & fwd L (W bk R comm heel trn, chg wt to L, sd & fwd R) SCP DLW; [Chasse to SCP] thru R, sd L/ Cl R, sd & fwd L to SCP;

7-8 [Weave 6 to SCP] thru R trn DCL, fwd L trng LF (W fwd RIF of M), sd R DCL cont LF trn to CP; bk L trn LOD cont LF trn, bk R trn LF, sd & fwd L trn LOD SCP;

9-10 [Wing] fwd R, draw L toward R, tch L; (W fwd L in front of M trn slightly LF, fwd R around M continue trn LF, fwd L to SCAR LOD;) [Trn L Chasse to BJO RLOD] Fwd L, turning LF step side R / cl L to R to face COH, side and back R blending to BJO RLOD;

11-12 [Bk, Bk, Lk, Bk] bk L, bk R/lk L. bk r; [Open Impetus] bk L trng RF, cl R to L heel trn; fwd L (W fwd R trng RF, fwd & sd L arnd M cont trn, fwd R) SCP LOD;

13-14 [Chasse to SCP] thru R, sd L/ Cl R, sd & fwd L to SCP; [Chair & Slip to PU] thru R with lunge action, rec L no rise, slip bk R to CP LOD; (W lunge thru L, rec R, swivel LF on R and step fwd L to CP LOD.)


PART C

1-30 WLZ AWAY; BOTH ROLL ACROSS; TWINKLE THRU; THRU CHASSE to RLOD; THRU, FC, CL; SERPIENTE;; SD, DRAW TCH; LF TRNG BOX ½;; DIP BK & TWIST; PIVOT 3; TWISTY VINE 3; MANEUVER; OPEN IMPETUS; THRU, FC, CL; WHISK; WHIPLASH; OUTSIDE SWIVEL with DEVELOPE; CHASSE to SCP; WHIPLASH; OUTSIDE SWIVEL with DEVELOPE; CHASSE to SCP; IN & OUT RUNS;; THRU, FC, CL; LEFT TRNG BOX;;;

1-15 the same as Part A 1-15

16-17 [Thru, Fc, Cl] thru R, fwd to fc partner L, cl R; [Whisk] fwd L, fwd and sd R, cross L beh of R;

18-30 the same as Part A 20-32

END

1-7 TWRL VINE; THRU to a HINGE; SLOW REC, W TRANS; WLZ AWAY; LADY WRAP; FWD & PT & SLOW to WRAP LOVE POS;

1 [Twirl Vine] sd L, beh R, sd L; (W sd & fwd R trn ½ RF, sd & bk L trn ½ RF; sd R.)

2-3 the same as Intro 8-9

4-5 the same as Part B 1-2

6-7 [Fwd & Pt & Slow to Wrap Love Pos] fwd L, pt thru R, take head on W’s head (W head to M’s R shoulder);