IN THIS LIFE

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MUSIC: CD - The Best of Collin Raye Direct Hits - “In This Life” Track #7  RELEASED: July 2007
SEQUENCE: Intro, A, B, A, B, Ending  SPEED: As on CD or MD  E-Mail: cworlock@tampabay.rr.com
RHYTHM: Slow Two-Step  PHASE: (Soft) VI  FOOTWORK: Described for M - W opp (or as noted)

INTRO

1 - 4  WAIT: WAIT: OPEN BASICS:
---  1-2 - Wait 2 measures in close CUDDLE EMBRACE POS M’s L arm around the W w/l hand almost reaching her
L shoulder blade & R arm around W r hand on the lower center of W’s back (R arm around the top of M’s
L arm w/r hand on top of M’s L shoulder and L arm around the top of M’s R arm w/l hand barely reaching
M’s R shoulder) M’s head is down & looking to the L and W’s head is turned R & tilted in close to M’s chest;;
3 - Sd L trng slightly RF release ptr from trail arm to V-shape LEFT ½ OPEN POS FCING RLOD,*, XLIB of L, rec L;
4 - Trng LF sd R release ptr from lead arm & scooping ptr up w/r arm to V-shape ½ OPEN POS FCING LOD,*,
XLIB of R, rec R comm RF tm;

5 - 8  TRAVELING R TRN; w/ZIG ZAG; L TRN INSIDE ROLL TO HANDSHAKE; SIDE DRAW TCH:
5 - Cont RF tm crossing in front of W sd & bk L to CP RLOD,*, XLIB of L pressure wgt, twist tm 5/8 RF on both
feet to fc DLW & shift full wgt bk to L (fwd R LOD between M’s feet, cont RF tm around M fwd L twd WALL,
fwd R twd RLOD checking) to end CONTRA BJO M FCING DLW;
6 - Fwd R twd LOD outside ptr trng RF,*, cont RF tm sd L, bk R to SDCR M FCING DRW;
7 - Trng LF sd & fwd L LOD,*, cont LF tm fwd & sd R raise joined lead hands & release ptr from trailing arm, fwd
& across L (trng LF sd & bk R,*, cont LF tm fwd & sd L, fwd R cont trng LF under joined lead hands to fc M);
s-- 8 - Taking W’s R hand & placing it in your R hand trng slightly LF to fc ptr sd R twd LOD,*, draw L to R & touch
end fcng M FCING COH w/R handshake & L arms extended out to side,;

PART A

1 - 4  UNDERARM TRN; OPEN BREAK; LADY UNDER L TO M’s SHADOW &; LARIAT TO M’s
VARSOUVENI REVERSE;
1 - Sd L,*, bk R, rec L (sd R,*, fwd & across L trng RF under joined R hands, fwd R cont RF tm to fc M);
2 - Sd R,*, apart L extending L arm out to sd, rec R;
3 - Sd L leading W fwd to tm LF under joined R hands brushing R to L,*, sd R, XLIB of R (fwd R tm ½ LF under
R handshake,*, sd L, taking M’s L hand w/your L hand fwd R) to end in M’s SHADOW POS FCING WALL;
4 - Releasing R hands bk R leading W fwd around you as you comm to raise L hands,*, rec L trng ¾ LF under L
hands & re-join R hands, cl R to L raising hands (curving RF around M fwd L twd RLOD,*, fwd R twd DRC,
trng RF sd L twd COH) to end in momentary M’s VARSOUVENI POS FCING RLOD;

5 - 8  DOUBLE HAND OUTSIDE ROLL; BACK BREAK w/HEAD LOOPS; SHOULDER TUCK & SPIN;
FWD BREAK HANDS LOW;
5 - Lowering L hands & lifting R hands over M’s head high fwd L shaping L to ptr,*, fwd R taking R hands over
W’s head & lowering them as you comm to raise L hands, fwd L raising L hands over W’s head (fwd R
comm RF tm,*, sd & bk L trng RF under joined R hands, fwd R cont RF tm under joined R hands)
6 - Trng LF sd R taking L hands over M’s head to rest on M’s L shoulder & release,*, XLIB of R raising R hands over
W’s head to rest on W’s R shoulder, extend L arm out to sd rec R to end mod ½ OPEN POS FCING
RLOD hands joined w/M’s R arm over the top of W’s L arm;
7 - Fwd L leading W slightly in front w/LF tm,*, fwd R w/R hand lead W to spin RF & release her, fwd L (fwd &
across R trng slightly LF in front of M,*, fwd L LOD free spin RF 1 full turn, fwd R tm ½ RF to fc M);
8 - Joining both hands low fwd R,*, fwd L flexing knee slightly, rec R (bk L,*, bk R flexing knee slightly, rec L);

9 -12  HOLD LADY WRAP & RUN 2; TRN R & BREAK; SWEETHEART SWITCH; TRN R & BREAK;
--QQ 9 - Leaving L foot pointing fwd twd LOD hold & lead W to tm LF under joined lead hands,*, fwd & sd L, fwd &
across R (fwd R tm sharply 3/8 LF under joined lead hands to wrap pos leaving L foot pointing twd LOD,*,
fwd & sd L, fwd & across R) to WRAP POS FCING DLW;
10 - Fwd & sd L LOD tm ¼ RF,*, XLIB of L, rec L to end in LEFT WRAP POS FCING DRW;
11 - Fwd R twd DRW tm sharply ½ LF to wrap pos fcng DLC,*, cont LF tm small sd L twd RLOD leading W to
step further sd, cont LF tm small fwd & across R completing ¾ LF tm allowing W in front of you to end
having changed sides in WRAP POS FCING DRC;
12 - Fwd & sd L RLOD tm ¼ RF,*, XLIB of L, rec L to end in LEFT WRAP POS FCING DLC;
13-16 FWD 3 LADY ACROSS TO VARSOUV; HOLD LADY TRN R & BREAK; LADY FREE DOUBLE ROLL L; (CLOSING UP) BASIC ENDING PICKING UP;
13 - Fwd R leading W in front comm to raise both hands in momentary TANDEM POS LOD, sd & fwd L cont to raise hands & change hands to end with L to L and R to R, fwd R (sd & fwd R in front of M, fwd L, fwd R) to end in momentary W’s VARSOUVIESE POS FCING LOD;
--QQ 14 - Leaving L foot pointing bk twd RLOD hold & release joined L hands leading W fwd to trn RF to handshake,- (SQQ)
15 - Trng RF fwd & sd L checking leading W to roll L & release handshake,-, trng slightly RF rec R, XLIB of R (fwd R releasing R handshake, spiral 7/8 LF, cont LF tm fwd L twd RLOD, fwr R trn ¾ LF to fc M);
16 - Trng slightly LF sd R blending to CP WALL, XLIB of R, rec R leading W in front (sd L, XRIC of L, rec L comm LF tm in front of M);

PART B

1 - 4 START TRIPLE TRAVELER; HORSESHOE TURN ENDING TO; RONDE OPEN VINE;
1 - Trng LF sd & fwd L LOD, cont LF tm fwd & sd R raise joined lead hands & release ptr from trailing arm, fwd & across L (trng LF sd & bk R, cont LF tm fwd & sd L, fwr R cont trng LF under joined lead hands to fc M);
2 - Fwd & sd R, spiral 7/8 LF under joined lead hands, fwr L comm to bring lead hands down, fwr R cont to sweep lead hands down & back (fwd & sd L shaping RF to M, fwd & across R, fwr & sd L);
3 - Raising joined lead hands behind you fwr L twd LOD toeing in & shaping to ptr,-, curve walk fwr R twd COH allowing W to pass inside under joined lead hands, fwr L twd RLOD;
4 - Fwd R RLOD trng ½ LF releasing lead hands to join trailing hands as you round L ft CCW (R ft CW) to brief OPEN POS FCING LOD, bk L, trng RF sd & fwr R releasing trailing hands;

5 - 8 w/OUTSD ROLL TO BFLY; BASIC ENDING; BOTH UNDERARM TO; ½ OPEN LUNGE BASIC;
5 - Cont LF tm joining lead hands low fwrd & across L,-, raising joined lead hands to lead W under RF sd & fwr R, fwr L & across L (fwr L & across R,-, fwr & sd L trng RF under joined lead hands, fwr R cont RF tm to fc M);
6 - Trng slightly LF sd R joining both hands, fwr R, XLIB of R, rec R to BFLY POS FCING WALL;
7 - Sd L,-, taking trailing arm thru to LOD fwrd & across R trng LF under joined lead hands, rec L cont LF tm;
8 - Cont LF tm sd R flexing knee as you scoop ptr up w/R arm to V-shape ½ OPEN POS FCING LOD, rec L, fwr & across R comm RF tm;

9 -12 2 SWITCHES; M IN FRONT TO BK TRAVELING X-CHASSE; LADY PASS BY;
9 - Fwd L DLW changing sides & sharply trng RF scooping ptr up w/L arm,-, fwr & sd R, fwrd & across L (fwr L,-, fwr & sd L, fwrd & across R) to end in V-SHAPE LEFT ½ OPEN POS FCING LOD;
10 - Fwd R leading W & scooping ptr up w/R arm,-, fwrd L & sd, fwr & across R (fwr L DLW changing sides & sharply trng RF,-, fwr & sd R, fwr & across L) to end in V-SHAPE ½ OPEN POS FCING LOD;
11 - Fwd & across L in front of W trng RF to fc ptr & join both hands low,-, cont slight RF tm sd & bk R twd DLC, XLIB of R (fwr R,-, trng slightly RF sd & fwrd L twd DLC, XRIC of L) to end FCING M FCING DRC;
12 - Trng LF small bk R LOD leading W to pass by,-, cont LF tm sd & fwrd L, XRIC of L (trng LF fwrd L LOD,-, fwr & sd L cont LF tm, XLIB of R) to end FCING M FCING DLW hands still joined low;

13-16 TRAVELING X-CHASSE TWICE BLEND TO SEMI LOD; SD PROM SWAY CHG TO LADIES SLOW DELOPE;-
13 - Trng LF fwrd L LOD,-, cont LF tm sd & fwr R twd DLW, XLIB of R (trng LF bk R LOD,-, cont LF tm sd & bk L twd DLW, XRIC of L) to end FCING M FCING DL;
14 - Trng RF fwrd R LOD,-, cont RF tm sd & fwrd L LOD comm to raise joined lead hands, fwr & across R (trng RF bk L LOD,-, cont RF tm sd & fwr R LOD, fwrd & across L) to end SCP LOD;
S-- 15 - Sd & fwr L lift body upward & stretch R side to look over joined lead hands to SCP LOD, relax L knee keeping R leg extended with slight LF upper body rotation stretch L sd swiveling W’s R ft to CP look twd & over W (head well to L) now in CP DLW-
---- 16 - Raising straightening L leg encouraging W’s develope over meas (rise straightening R leg as you lift L foot up to inside of R knee,-, continue lifting L knee & kick L foot fwrds inside M’s R leg twd DRC);

17-20 FALLAWAY RONDE & BREAK TO; SLOW PIVOT 2 INTO; TRAVELING R TRN; w/ZIG ZAG;
17 - Sd & bk R trng upper body RF leading W to ronde as you ronde L ft CCW,-, XLIB of R, rec R comm RF tm (sd & fwrd L trng RF on L as you ronde R ft CW,-, bk R, rec L) to SCP LOD;
SS 18 - Cont RF tm sd & bk L to CP pivot ½ RF to fc LOD, fwr R between ptr’s feet pivot 3/8 RF to CP DRW,-;
19 - Cont RF tm sd & bk R to CP RLOD, XRIC of L pressure wgt, twist trn 5/8 RF on both feet to fc DLW & shift full wgt bk to L (fwrd L LOD between M’s ft,-, cont RF tm around M fwr L twd WALL, fwr R twd RLOD checking) to end CONTRA BJOS M FCING DLW;
20 - Fwd R twd LOD outsdr ptr trng RF,-, cont RF tm sd L, bk R to SDCR M FCING DRW;
**PART A**

**PART B**

**ENDING**

1 - 4 TRAILING HANDS UNDERARM TRN; SD HOLD w/M's SLOW HEAD LOOP; LADY CARESS; OPEN BASICS;

1 - Sd L releasing lead hands, bk R leading W under trailing hand, rec L sweeping trailing hand down (sd R, fbd & across L trng RF under joined trailing hands, fbd R cont RF tm to fc M);

2 - Sd R sweeping trailing hand back up, hold and take trailing hands over M's head to rest on his upper back;

3 - Hold thru measure leaving L arm extended out to sd (sweep R arm up & down to caress M's L side of face);

4 - Sd L trng slightly RF releasing trailing hands & scooping ptr up w/L arm to brief V-shape LEFT ½ OPEN POS FCING LOD, XRIB of L, rec L;

**NOTE:** This side step is right after the word 'by' and just before 'you'.

5 - 8 FINISH OPEN BASICS; (TO REV) TRAVELING R TRN; w/ZIG ZAG; L TRN INSIDE ROLL;

5 - Trng LF sd R release ptr from lead arm & scooping ptr up w/R arm to brief V-shape ½ OPEN POS FCING RLOD, XLIB of R, rec R comm RF tm;

6 - Cont RF tm crossing in front of W sd & bk L to CP LOD, XRIB of L pressure wgt, twist tm 5/8 RF on both feet to fc DRC & shift full wgt bk to L (fbd R RLOD between M's feet, cont RF tm around M fbd L twd COH, fbd R twd LOD checking) to end CONTRA BJO M FCING DRC;

7 - Fwd R twd RLOD outsde ptr trng RF, cont RF tm sd L, bk R to SDCR M FCING DLC;

8 - Trng LF sd & fbd L LOD, cont LF tm fbd & sd R raise joined lead hands & release ptr from trailing arm, fbd & across L (trng LF sd & bk R, cont LF tm fbd sd & L, fbd R cont trng LF under joined lead hands to fc M);

9 - 14 BASIC ENDING; PUSH AWAY SPOT TRN (SLIGHT PAUSE); TOGETHER HOLD & LOOK;;;;;

9 - Trng slightly LF sd R blending to CP, XLIB of R, rec R to CP FCING WALL;

10 - Pushing off joined lead hands & trng LF sd & fbd L twd COH, fbd R twd COH trng LF, rec L cont LF tm (push off joined lead hands & trng RF sd & fbd R twd WALL, fbd L twd WALL trng RF, rec R cont RF tm) to end FCING M FCING WALL;

**NOTE:** Music retards slightly in this measure.

11 - Slight pause before stepping fbd R on last note of music twd ptr & WALL leaving L ft pointed bk twd COH & joining both hands low look at ptr (fbd L leaving R ft pointed bk twd WALL & joining both hands low look at ptr);

**NOTE:** Timing is standard SQQ unless noted by side of measure and is reflective of actual weight changes.