IN THESE SHOES?

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MUSIC: Download Amazon or iTunes “In These Shoes” Kirsty MacColl Tropical Brainstorm
Cut music at 2.50, slow music 6%-9% or for comfort.

PHASE: 4+2+1 (Double Cuban Break), (Hip Bump)

RHYTHM: Cha Cha
SPEED: slowed for comfort

DIFFICULTY: Average

TIMING: 1,2,3&4 except as noted
RELEASE DATE: APRIL 2012

FOOTWORK: Described for Man - Woman opposite (or as noted in parentheses)
SEQUENCE: Intro, A, B, Interlude, A Mod, END … or if music is NOT cut. A Mod 2, End 2

INTRO

1-4 In BFLY Lead ft free Wait 2 meas ;; Fenceline Twice ;;
1-2 Wait 2 Meas. in Bfly Lead Ft free;;
3-4 [FENCELINE 2X] XLIF of R looking toward DRW (W look DRC), recover R, side L/ close R , side L; XRIF of L looking toward DLW (W look DRC), recover L, side R/ close L ; side R ;

PART A

1-4 Half Basic ; to a Fan facing LOD ; New Yorker Twice ;;
2 [FACING FAN] Back R , recover L commencing to turn L face ¼ to face LOD leading W to commence RF turn to back toward LOD; side R / close L, side R ; (W forward L , commence RF turn ¼ still facing partner step back R, small step back L / lock RIFL , small step back L into Fan position;)
3-4 [NEW YORKER 2x] Turning right ¼ to face WALL check forward L, recover R turning left ¼ to face partner , side L/ close R , side L to face LOD ; (W turning left ¼ to face WALL check forward R , recover L turning right ¼ to face partner , side R/ close L , side R to face partner ;) Turning left ¼ to face COH check forward R , recover L turning right ¼ to face partner , side R/ close L ,side R to face LOD ; (W turning right ¼ to face COH check forward L , recover R turning left ¼ to face partner , side L/ close R , side L to face partner ;)

5-8 NewYorker to Skaters join L hands fc LOD ; Wlk 2 Cha ; 1 Sliding Door (*); Rock Apt, Recover & face Cha ;
5 [New Yorker W TRN TO SKATERS] Turning right ¼ to face WALL check forward L, recover R turning left ¼ to face LOD leading W to turn RF to skaters position LOD, small side L/ recover R, close L Man’s left hand in W's left, Man’s right hand on W right shoulder blade ; (W turning left ¼ to face WALL check fwd R , recover L commence turning right 3/4 over next 3 steps to face LOD in skaters slightly in front of partner, small side R cont turn/ close L , in place R to face LOD ;)
6 [WLK 2 & CHA] Forward R, forward L, forward R/ lock LIBR, forward R ; (W forward L, forward R, forward L/ lock RIBL, forward L ;) then release hands
7 [SLIDING DOOR] (*) Rock side L, recover R, XLIF of right / side R, XLIF of right ; (W side R, recover L, XRIF of left / side L, XRIF of left still facing LOD ;)
8 [APT, RECVR & FC CHA] Side R, recover L turning left to face partner & COH, side R/ close L, side R BFLY ;

9-12 Half Basic; to a Fan ; Hockeystick fc DLC ;;
10 [FAN M FC COH] Back R leading W to step fwd , recover L, small side step R/ close L , small side step R ending facing COH and W in fan position ; (W fwd L in between M’s feet turning left to face LOD , back R to RLOD , small step back L / lock RIFL , small step back L ending in fan position ;)
11-12 [HOCKEY STICK] Forward L , recover R, close L/ in place R , in place L raising lead arm’s and looking at each other ; back R leading W to direct to DLC, recover L to face DLC and partner leading the W to turn LF under lead arm’s, forward R/ lock LIBR, forward R to end in LOP FCNG position M facing DLC lead hand's about waist height ; (W close R to L , forward L, forward R/ lock LIBR, forward R looking at the M and shaping slightly to him ; forward L toward DLC , forward R and at the end of the beat on the “and” count turn sharply LF½ to face partner , back L toward DLC/ lock RIFL , back L ;)
13-16 Cross Body BFLY WALL ;; Double Cuban ;; Spot Trn

13-14 [CROSSBODY FC WALL] Forward L, recover R, side L turning LF with foot turned ¼ body trn 1/8 / close R, side L ; Back R, cont LF turn small forward L, side R/ close L, side R; (W Back R, recover L, forward R / lock LIBR, forward R stay on right side ending in L-SHAPE Pos ; forward L commence turn left, forward R turning ½ LF, side L / close R, side L) face WALL BFLY;

[DBL CUBAN TO RLOD] 1&2&3&4 Body weight stays mainly over right foot throughout this measure until the last step cross LIFR/ recover R , side L/ recover R , cross LIFR/ recover R , side L; (W same as M with opposite foot ;)

15 [SPOT TRN] Cross RIF of L and turn to face LOD then turn sharply LF ½ turn to face RLOD, forward L to RLOD turn sharply LF ¼ turn to face partner , sd R/ close L , side R to end facing partner lead hands joined ; (W same as M with opposite foot ;)

PART B

1-4 Mod Chase with Underarm Trn fc COH ;; New Yorker ;; Aida RLOD

1-2 [MODIFIED CHASE w/ INSIDE UNDERARM TURN] Join lead hands Forward L turning ½ RF, recover R, forward L/ lock RIB of L, forward L (W Back R, recover L behind & to M’s left side, forward R/ lock LIB of R, forward R) ; Checking forward action step back R raising Lead arm to lead lady under LF, recover L to BFLY COH, side R/ close L, side R (W Fwd L, fwd R turning ½ LF to face ptrn in BFLY, side L/ close R, side L) ;

3 [NY TO FC] Turning right ¼ to face LOD check forward L , recover R turning left ¼ to face partner BFLY, side L/ close R , side L to face COH ; (W turning left ¼ to face LOD check fwd R , recover L turning right ¼ to face partner , side R/ close L , side R to face partner ;)

4 [AIDA] Thru R toward RLOD, forward & side L turning left to face partner , continue turn to face LOD back R/ lock LIB of R, back R ending in a “V” back to back position facing LOD; (W thru L twd RLOD , fwd & side R turning right to face partner , continue turn to face LOD back L/ lock RIF of L , back L ending in a “V” back to back position ;)

5-8 Switch Cross; Crab Walk ending ; Start Chase to Tandem COH ;;

5 [SWITCH CROSS] Turning left (W right) to face partner side L to BFLY, recover R , traveling to RLOD cross LIF of R/ side R, cross LIF of R ending BFLY COH ;

6 [CRAB WALK ENDING] Side R, cross LIF of R, side R/ close L, side R; dropping hands

7-8 [START CHASE TANDEM] Forward L turning RF ½, recover forward R, forward L /lock RIB of L, forward L (W back R no turn, recover L, forward R/ lock LIB of R, forward R); Forward R turn LF ½, recover forward L, forward R/ lock LIB of R, forward R to face COH in Tandem (W forward L turning RF ½, recover forward R, forward L/lock RIB of L, forward L);

9-12 Cucarachas Twice ;; Finish Chase fc COH BFLY ;;

9-10 [CUCARACHAS] Stepping RLOD Side L , recover R, close L/ in place R, in place L ; Stepping LOD Side R , recover L, close R/ in place L, in place R ;

11-12 [FINISH CHASE] Forward L turning RF ½, recover forward R, forward L /lock RIB of L, forward L (W Forward R turning ½ RF, recover forward L, forward R/ lock LIB of R, forward R); Forward R turn LF ½, recover forward L, forward R/ lock LIB of R, forward R to face in BFLY COH (W Forward L no turn, recover R, back L/lock RIF of L, back L);

13-16 Fenceline Twice ;; Mod Chase with Underarm Trn fc WALL ;;

13-14 [FENCILINE 2X] Repeat Meas 3-4 of Introduction ;;

15-16 [MODIFIED CHASE w/ INSIDE UNDERARM TRN] Retaining lead hands Forward L turning ½ RF, recover R, forward L/ lock RIB of L, forward L (W Back R, recover L behind & to M’s left side, forward R/ lock LIB of R, forward R) ; Checking forward action step back R raising Lead arm to lead lady under LF, recover L to BFLY WALL, side L/ close L, side R to face WALL (W Forward L, forward R turning ½ LF to face ptrn in BFLY, side L/ close R, side L) ;

17-20 New Yorker ; to a Fan ; Hockey stick ;;

17 [NEW YORKER] Turning right ¼ (W turning left) to face RLOD check forward L , recover R turning left ¼ to face partner BFLY, side L/ close R, side L to face partner;

18 [FAN M FC WALL] Back R leading W to step fwd , recover L , small side step R/ close L , small side step R ending facing WALL and W in fan position ; (W fwd L in between M’s feet turning left to face RLOD , back R , small step back L/ lock RIFL , small step back L ending in fan position ;)
19-20  [HOCKEY STICK] Forward L , recover R , close L/ in place R , in place L raising lead arm’s and looking at each other ; back R leading W to direct to DRW , recover L to face DRW and partner leading the W to turn LF under lead arm , forward R/ lock LIBR , forward R to end in LOP FCNG position M facing DRW lead hand’s about waist height ; (W close R , forward L , forward R/ lock LIBR , forward R looking at the M and shaping slightly to him ; forward L toward DRW , forward R and at the end of the beat on the “and” count turn sharply LF ½ to face partner , back L toward DRW/ lock RIFL , back L ;)

INTERLUDE

1-4  Alemana to Hndshk ;; Flirt ; to a Fan ;
1-2  [ALEMANA] Forward L , recover R , close L raising lead arm up to prepare for the alemana turn/ in place R , in place L ; back R on diag toward DLC leading the lady to step forward under joined lead hands , recover L , close R/ in place L , in place R changing hands to a rt Handsake ; (W back R , recover L , small step forward R/ lock LIBR , small step forward R slightly to M’s left side ; forward L then on the “and” count turn sharply RF ½ turn , forward R then on the “and” count turn sharply right to face partner , toward M’s right side forward L/ lock RIFL , forward L ;)
3  [FLIRT] Forward L, recover R, back L/ cross RIF of L, back L leading W to Varsouvienne position ; (W Back R, release R turning left face , cont turning to Varsouvienne position back R/ cross LIF of R, small back R;)
4  [to/a FAN] Back R, leading W to move in front recover L, release Varsouvienne hold to Lead hands and lead W to Fan position small side R/ close L, small side R; (W Rock back L, recover R moving in front of M, side & back L turning ¼ RF to face M/ cross RIF of L, back L;)

6-8  Hockey Stick ;; New Yorker Handshake ; Back Basic Lady in 4 (trn LF) to Varsou ;
5-6  [HOCKEY STICK] Forward L , recover R , close L/ in place R , in place L raising lead arm’s and looking at each other ; back R leading W to DRW , recover L to face DRW and partner leading the W to turn LF under lead arm , forward R/ lock LIBR , fwd R to end in LOP FCNG position M facing DRW lead hand’s about waist height ; (W close R , forward L , forward R/ lock LIBR , forward R looking at the M and shaping slightly to him ; forward L toward DRW , forward R and at the end of the beat on the “and” count turn sharply LF ½ to face partner , back L toward DRW/ lock RIFL , back L ;)
7  [NEW YORKER to Hndshk] Turning right ¼ (W turning left) to face RLOD check forward L , recover R turning left ¼ to face partner BFLY, side L/ close R , side L to face partner to a R handshake;
8  [BACK BASIC, W TRANS 4 to Varsou] 123&4 (1,2,3,4) Back R bring W forward & start to turn her to Varsouvienne to face WALL , recover L, small forward R / close L, in place R ; (W forward L starting to turn, small forward R turn LF ½ to face WALL in Varsouvienne, in place L, close R; ending in Varsouvienne position slightly in front on Man’s right side) both with left feet free

9-12  Forward & Back Basic (Both L ft) ;; Parallel Chase (to fc LOD) ;;
9-10  [FWD & BK BASIC] (Same ft work for both) In Varsouvienne facing WALL Forward L , recover R, back L / lock RIF of L, back L ; Back R , recover R, small forward R to lock LIB of R, forward R W will be slightly in front of M ;
11-12  [PARALLEL CHASE] Side L turning RF to Left Varsouvienne, recover forward R, forward L/ lock RIB of L, forward L; Side R turning LF, continue LF turn forward L to right Varsouvienne, forward R / lock LIB of R, forward R to face LOD ;

13-16  Forward & Back Basic ;; Forward Fan M in 4 to face LOD ; Press- Hip bump 3 ;
13-14  [FWD & BK BASIC] In Varsouvienne facing LOD Repeat Meas 9-10 of Interlude ;
15  [FWD M in 4 TO FCNG FAN] 1,2,3,4 (123&4) Forward L lead W forward facing LOD ; (W fwd L turning left to face RLOD , back R to LOD , small step back L/ lock RIFL , small step back L ending in fan position fcng ptrn ;)
16  [PRESS (tch), HIP BUMP 3] 1,2,3,4 On beat 1-In place, bring L foot slightly fwd of R with left knee bent and heel up off ground and very little weight on ball of left foot similar to a touch, keep majority of body weight over trailing foot but poise left side forward, M’s hands on hips, over counts 2,3,4 hip bump into Right hip 3 even counts by slightly dropping the raised left heel slightly lower then raise allowing the weight to settle into the right hip - ; (W on beat 1-in place, bring R foot slightly forward of L with right knee bent and heel up off ground and very little weight on ball of right foot similar to a touch, keep majority of body weight over trailing foot but poise right side forward, W hands on hips, over counts 2,3,4 hip bump into Left hip by lower & raising the right heel allowing weight to settle into the left hip - ;)
PART A MOD

1-4 Alemana ;; New Yorker Twice ;;
1-2 [Alemana] (Facing LOD) Forward L, recover R, close L raising lead arm up to prepare for the Alemana turn/in place R, L; Back R on diag toward DLC leading the lady to step forward under joined lead hands, recover L, close R in place L, in place R then lead W to face; [W back R, recover L, small step fwd R/ lock LIBR, small step fwd R slightly to M's left side; forward L then on the "and" count turn sharply RF ½ turn, forward R then on the "and" count turn sharply right to face partner, toward M fwd L/ lock RIBL, fwd L ;]
3-4 [New Yorker 2X] Repeat Part A Meas 3-4 ;;

5-8 New Yorker W Mod Rfc Wrap fc LOD ; Walk 2 & Cha ; 1 Sliding Door (*) ;
Rock Apart Recover & Forward Cha ;
5-8 Repeat Meas 5 8 of Part A ;;;;

9-12 New Yorker ; & Whip ; Half Basic ; & Fan ;
9 [New Yorker] Thru with straight leg L twd LOD side by side, recover R to face ptnr, side L/close R, side L BFLY;
10 [Whip] Back R turning ¼ LF, recover L cont to turn ¼ to face WALL, side R/close L, side R; (W Fwd L, fwd R turning ½ LF to face partner, side L/ close R, side L ;)
12 [FAN M FC WALL] Back R leading W to step forward , recover L , small side step R/ close L , small side step R ending facing WALL and W in fan position ; (W forward L in between M's feet turning left to face R LOD , back R to LOD , small step back L/ lock RIFL , small step back L ending in fan position ;)

13-16 Hockey stick ;; New Yorker in 4 ; Press, Hip bump 3 ;
13-14 [HOCKEY STICK] Forward L, recover R, close L/ in place R , in place L raising lead arm's and looking at each other; back R leading W to direct to DRW , recover L to face DRW and partner leading the W to turn LF under lead arm's , forward R/ lock LIBR , forward R to end in LOP FCNG position M facing DRW lead hand's about waist height ; (W close R , forward L , forward R/ lock LIBR , forward R looking at the M and shaping slightly to him ; forward L toward DRW , forward R and at the end of the beat on the "and" count turn sharply LF ½ to face partner , back L toward DRW/ lock RIFL , back L ;)
15 [NEW YORDER IN 4] 1,2,3,4 Thru with straight leg L toward WALL side by side, recover R to face ptnr, side L, recover onto R ;
16 [PRESS (TCH), HIP BUMP 3] On beat 1-In place, bring L foot slightly fwd of R with left knee bent and heel up off ground and very little weight on ball of left foot similar to a touch, keep majority of body weight over R (weighted) trailing foot but poise left side forward, M's hands on hips, over counts 2,3,4 hip bump into Right hip 3 even counts by slightly dropping the raised left heel slightly lower then raise allowing the weight to settle into the right hip - ; (W on beat 1-in place, bring R foot slightly fwd of L with right knee bent and heel up off ground and very little weight on ball of right foot similar to a touch, keep majority of body weight over L (weighted) trailing foot but poise right side forward, W hands on hips, over counts 2,3,4 hip bump into Left hip by lower & raising the right heel allowing weight to settle into the left hip - ;)

END

1-4 Alemana to Hndshk ;; Flirt to/a Fan ;;
5-8 Hockey Stick ;; Spot Trn RLOD ; Back Basic Lady Transition (trn LF in 4) to Varsou ;
9-12 (Both ft) Forward & Back Basic ;; Parallel Chase fc LOD ;
13-16 Forward & Back Basic ;; Forward Facing Fan M Trans in 4 LOD ; Press- Hip bump 3 ;
1-16 Repeat Interlude ;;;; ;;;; ;;;; ;;;;

Note: (*) Option: Cucaracha W unwrap left face twd COH to LOP fc LOD;
If couple desires, you can replace the Sliding Door with a Cucaracha where the Woman unwraps toward COH while doing the cha, cha to left face to LOP facing LOD.

Footwork: [CUCARACHA W UNWRAP TO LOP LOD] Side L , recover R, in place L/ close R, in place L ; (W side R, recover L commencing to turn left face in a rolling action in front of partner, small side R cont turn / close L, side R to end in LOP facing LOD ;)
if music is not cut….continue with - A Mod 2 then End 2

A Mod 2

1-4 Alemana;; NY (2x);
5-8 NY W Mod Rfc Wrap fc LOD; Wlk 2 Cha; 1 Sliding Door (*); Rk Apt & fwd cha;
1-8 Repeat meas 1-8 of Part A (Mod);;;;

9-12 NY; Aida; Switch Cross; Cucaracha;
9-11 Repeat meas 3-5 of Part B;;
12 [CUCARACHA] Stepping LOD Side R turning to face ptnr, recover L, close R/ in place L, in place R;

13-16 Crossbody fc WALL;; Fwd Basic; to a Fan face LOD;
13-14 Repeat meas 13-14 of Part A;;
15-16 Repeat meas 1-2 of Part A;;

End 2

1-4 Alemana;; NY 2x;;
1-4 Repeat meas 1-4 of Part A (Mod);;;;

5-8 NY with W Mod Rfc Wrap Skaters fc LOD; Fwd & Back Basic;; Press, Hip bump 2;
5 Repeat meas 5 of Part A (Mod) ;
6-7 [FWD & BACK BASIC] Normal lead foot free for both in Skaters position Forward L, recover R, back L/ lock RIF of L, back L ; Back R, recover fwd L, fwd R/ lock LIB of R, fwd R;
8 [PRESS, HIP BUMP 2] On beat 1-In place, bring L foot slightly fwd of R with left knee bent and heel up off ground and very little weight on ball of left foot similar to a touch, keep majority of body weight over R (weighted) trailing foot but poise left side forward, M's hands on hips, over counts 2,3,hip bump into Right hip 2 even counts by slightly dropping the raised left heel slightly lower then raise allowing the weight to settle into the right hip may even bump woman's hip - ; (W on beat 1-in place, bring R foot slightly fwd of L with right knee bent and heel up off ground and very little weight on ball of right foot similar to a touch, keep majority of body weight over L (weighted) trailing foot but poise right side forward, W hands on hips, over counts 2,3,hip bump into Left hip by lower & raising the right heel allowing weight to settle into the left hip - ;)

9 Look at ptnr ;
9 [LOOK AT PTNR] After bumping hips with partner, pause all action and turn your head to look at partner with attitude;